

2010/11

# Gold Coast Mental Health Services Directory



## Gold Coast Services Directory Index

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**If you or someone you know is in a life threatening situation and in need of emergency assistance please dial 000 for Emergency Services. Other key services offering assistance include:**

<b>1300 729 686</b>	<b>MHAQ mhConnect Info &amp; Referral Service</b>
<b>13 11 14</b>	<b>Lifeline 24hr Counselling</b>
<b>1300 363 622</b>	<b>Salvo Careline 24 hr Counselling</b>
<b>1300 301 300</b>	<b>Parentline Telephone Counselling</b>
<b>1800 351 881</b>	<b>ARAFMI 24 hr Family &amp; Friends Support Line</b>
<b>1800 551 800</b>	<b>Kids Helpline 24 hr Counselling</b>
<b>1300 224 636</b>	<b>beyondblue Info Line</b>
<b>1800 187 263</b>	<b>SANE Information Helpline</b>

For non-life threatening situations, you may wish to consult with your GP and ask about a Mental Health Care Plan or contact your local Community Mental Health Service to arrange for an assessment.

For all Community Mental Health enquiries in the Gold Coast area, please call the Central Intake Office on (07) 5667 2000. Alternatively, you may wish to contact the Australian Psychological Society (APS) toll free on 1800 333 497 and request a referral to a psychologist practicing in your area.

## Accommodation & Housing

### ACCES Services Inc

P.O. Box 10, LOGAN CENTRAL QLD 4114  
92 Wembley Road, LOGAN CENTRAL QLD 4114  
**P: (07) 3412 8222**

**E:** accessinc@asi.org.au

**Web:** www.accessservicesinc.org.au

Community development, settlement and employment initiatives, and personal support programs to address the needs of disadvantaged community groups including migrants, refugees, humanitarian entrants and temporary protection visa holders.

### Beenleigh District Community Development Association Inc (Beenleigh Community Centre)

PO Box 230, BEENLEIGH QLD 4207  
Mansfield Walk, BEENLEIGH QLD 4207

**P: (07) 3287 2840**

**E:** bdcda@beenleigh.org.au

**Web:** www.beenleigh.org.au

Provides crisis counselling, information, referrals and other support for families and individuals, including collaboration with government departments and community-based agencies in the provision of supported housing, physical and mental health strategies and life-skills education.

### Blair Athol Accommodation & Support Program

93 Golden Four Drive, BILINGA QLD 4225

**P: (07) 5536 2173**

**E:** bathol@bigpond.com

**Web:** www.blairathol.org

Crisis accommodation for single men & women, families & young people. Crisis intervention & counselling and lifestyle support. 24/7 Crisis Line and business hours Information service.

### Blue Care

PO Box 1539, MILTON BC QLD 4064

**P: (07) 3377 3377**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Allied health services; Commonwealth Carer Respite Centres; Community Aged Care services; Disability services; Domestic & Lifestyle Care Assistance; Retirement Living; Pastoral care and counselling; Residential aged care; Respite services; and Volunteer services.

### Bond Loan Scheme

PO Box 4059, ROBINA TOWN CENTRE QLD 4230

**P: (07) 5583 2200**

**E:** ICCHousingEnquiries@smartservice.qld.gov.au

**Web:** www.public-housing.qld.gov.au

Interest free loan for people who cannot afford to pay a full rental bond for private accommodation. Applicants must meet eligibility criteria.

### Brisbane Homelessness Service Centre

PO Box 3449, SOUTH BRISBANE QLD 4101  
62-64 Peel Street, SOUTH BRISBANE QLD 4101

**P: (07) 3036 4444**

**E:** admin@bhsc.net.au

**Web:** www.bhsc.net.au

In conjunction with Micah Projects provides accommodation Information and Referral.

### Broadbeach Flatmate Centre

15 Albert Avenue, BROADBEACH QLD 4218

**P: (07) 5592 1800**

**E:** info@myflatmate.com.au

**Web:** www.broadbeachflatmatecentre.com.au

We find you a flatmate in the unit or house that you share. We find you share accommodation that already exists with someone who has a spare room.

### Canefields Clubhouse

Unit 2/10-13 Logandowns Drive,  
MEADOWBROOK QLD 4131

**P: (07) 3807 0951**

**E:** admin@canefieldsclubhouse.org.au /  
employment@canefieldsclubhouse.org.au

**Web:** www.canefieldsclubhouse.org.au

Psychosocial rehabilitation program assisting adults with a diagnosed mental illness to lead socially and vocationally satisfying lives.

### Caravan and Manufactured Home Residents Association Inc

Room 5 -182 Bay Terrace, WYNNUM QLD 4178

**P: (07) 3893 0733**

**E:** camratas@bigpond.net.au

Tenancy Law Advice to all Residents in Caravan ( Moveable Dwellings) and Manufactured Homes. CAMRA also provides Advocacy in relation to Tenancy Law and assists clients in the Tribunals ( QCAT Hearings ). Tenancy Advice Line outside the Brisbane Metro Area 1800 061 142.

### CASSI

PO Box 5629, GOLD COAST MC QLD 9726

**P: (07) 5574 0955**

**E:** info@cassi.org.au

**Web:** www.cassi.org.au

Supported accommodation for users with disabilities and high lifestyle support needs.

### Churches of Christ Care Housing

2/36 Harvest Ct, SOUTHPORT QLD 4215

**P: (07) 5503 0974**

**E:** carehousing@cofcqld.com.au

**Web:** www.care.cofcql.com.au

Housing options and emergency food, financial, legal and lifestyle assistance for individuals and families on low incomes who are homeless or at risk of becoming homeless. Includes crisis, short, medium or long term accommodation.

### Commonwealth Respite and Carelink Centres

**P: 1800 052 222**

**E:** commcarelink@health.gov.au

**Web:** www.commcarelink.health.gov.au

Information centres for older people, people with disabilities and those who provide care and services. Provide free and confidential information on community aged care, disability and other support services available locally, interstate or anywhere within Australia.

### Department of Communities

**P: 13 13 04**

**E:** enquiries@communities.qld.gov.au

**Web:** www.communities.qld.gov.au

Regional Service Delivery Operations; Strategy, Policy and Performance; Housing and Homelessness Services; Child Safety, Youth and Families, Community Participation; Sport and Recreation Services; Disability and Community Care Services; Multicultural Affairs Queensland; Aboriginal and Torres Strait Islander Services; Communities Property Portfolio.

### Department of Housing and Homelessness Services

**P: 1300 880 882**

**E:** ICCHousingEnquiries@smartservice.qld.gov.au

**Web:** www.public-housing.qld.gov.au

A range of housing assistance services through social housing, grant funding to community social housing, private rental support, bond loans, rental grants, and tenant support.

### Department of Housing and Homelessness Services - Gold Coast Area Office

PO Box 4059, ROBINA TOWN CENTRE QLD 4230

**P: (07) 5583 2200**

**E:** ICCHousingEnquiries@smartservice.qld.gov.au

**Web:** www.public-housing.qld.gov.au

Community & public housing, bond loans, rental grants.

### Department of Housing and Homelessness Services - Logan Area Office

PO Box 5, WOODRIDGE QLD 4114

11 Station Road, WOODRIDGE QLD 4114

**P: (07) 3884 9800**

**E:** ICCHousingEnquiries@smartservice.qld.gov.au

**Web:** www.public-housing.qld.gov.au

Community & public housing, bond loans, rental grants.

**Department of Human Services NSW Ageing, Disability and Home Care - Far North Coast**

PO Box 305, TWEED HEADS NSW 2485

Hutton House 40 Frances Street,  
TWEED HEADS NSW 2485

**P: (07) 5536 0400**

**E:** BMFNC@dadhc.nsw.gov.au

**Web:** www.dadhc.nsw.gov.au

Provides support and services to older people, people with disabilities, and their carers in NSW.

**Disability and Community Care Services**

**P: 1800 177 120**

**E:** disabilityinfo@disability.qld.gov.au

**Web:** www.disability.qld.gov.au

Provides support for sectors providing disability, community mental health, and home and community care.

**Endeavour Foundation**

PO Box 3555, TINGALPA DC QLD 4173

50 Southgate Avenue, CANNON HILL QLD 4170

**P: (07) 3908 7100**

**E:** Via website

**Web:** www.endeavour.com.au

Offers people with a disability a range of services including: accommodation; aged support; children focussed services; employment and education programs; and lifestyle support.

**Endeavour Services South East Queensland**

PO Box 1105, COORPAROO DC QLD 4151

49 Maynard Street, BURANDA QLD 4102

**P: (07) 3896 6000**

**E:** Via website

**Web:** www.endeavour.com.au

Residential Support Services offering 24hr one on one support, Learning and Lifestyle day support services and Business Services providing supported employment opportunities for people with a disability. Multiple service locations throughout South East Qld.

**Ethnic Communities Council of Queensland (ECCQ)**

PO Box 5916, WEST END QLD 4101

ECCQ House, 253 Boundary Street, WEST END QLD 4101

**P: (07) 3844 9166**

**E:** administration@eccq.com.au

**Web:** www.eccq.com.au

Advocacy; community development initiatives; state-wide health programs; support groups; cross cultural training; multicultural policy development and research and a resource and reference library.

**Family & Kids-Care Foundation Inc**

254 Jacaranda Avenue, KINGSTON QLD 4114

**P: (07) 3808 5288**

**E:** familykidscare@bigpond.com

**Web:** www.familyandkidscare.com.au

Various services for children and families in the community including practical and emergency assistance and accommodation support, crisis care, lifestyle support and educational/skills development programs. Telephone support is available 24/7.

**Federation Hub House**

PO Box 1759, SOUTHPORT QLD 4215

Owen Park, SOUTHPORT QLD 4215

**P: (07) 5591 1750**

**E:** clubfed\_supportteam@mifq.org.au

**Web:** www.mifa.org.au/federation-clubhouse

Provides a quiet space for people with mental illness to come together for social support and activities with individuals who may share similar experiences in life.

**FSG**

PO Box 2597, SOUTHPORT QLD 4215

16 Railway Street, SOUTHPORT QLD 4215

**P: (07) 5564 0655**

**E:** info@fsg.org.au

**Web:** www.fsg.org.au

Committed to innovation in human service delivery in Disability, Mental Health, Aged Care, Child Safety and Carer Support.

**Gold Coast Housing Company**

Suite 34 Ashmore Commercial Centre,

207 Currumburra Road ASHMORE QLD 4214

**P: (07) 5597 6300**

**E:** gchc@gchousingco.com.au

**Web:** www.gchousingco.com.au

Not for profit Community and Affordable housing provider. Provides high quality sustainable housing solutions, ranging from subsidised rental accommodation to home ownership.

**Goori House**

PO Box 1186, CLEVELAND QLD 4163

**P: (07) 3821 7633**

**E:** admin@goorihouse.org.au

**Web:** www.goorihouse.org.au

A 24/7 community based service providing brief intervention and diversion strategies for Indigenous men referred for alcohol and other drug problems.

**Headway Gold Coast Inc.**

25 Woodlands Way, ARUNDEL QLD 4214

**P: (07) 5574 4311**

**E:** admin@headwaygoldcoast.org

**Web:** www.headwaygoldcoast.org

Support for people (aged 18 to 65) with an acquired brain injury and their families - Transitional Accommodation - Residential Support - Community Support - Day Centre Internet Cafe.

**HOST (HOMELESSNESS OUTREACH SUPPORT TEAM)**

93 Golden Four Drive, BILINGA QLD 4225

**P: (07) 5536 5247**

**E:** bathol@bigpond.com

**Web:** www.blairathol.org

Information and referral for accommodation services throughout the Gold Coast Region. Supports people sleeping rough & those experiencing difficulty accessing the Homelessness Service Team.

**Integrated Family and Youth Service (IFYS)**

PO Box 1291, MAROOCHYDORE QLD 4558

**P: (07) 5438 3000**

**E:** admin@ifys.com.au

**Web:** www.ifys.com.au

Specialist support and intervention programs for children, young people and families. Provides accommodation, support and counselling services at various locations throughout Queensland.

**Kalwun Development Corporation**

PO Box 2123, NERANG QLD 4211

**P: (07) 5578 3434**

**E:** kalwunde@kalwun.com.au

**Web:** www.kalwun.com.au

Services and facilities for ATSI people in the areas of housing, health, aged care, child protection and family support, youth and employment. The Kalwun housing program provides affordable long-term accommodation.

**Kingston East Neighbourhood Group Inc**

P.O Box 622, WOODRIDGE QLD 4114

177 Meakin Road, SLACKS CREEK QLD 4127

**P: (07) 3808 1684**

**E:** admin@keng.org.au

**Web:** www.keng.org.au

Promotes personal well-being through access to information, resources and learning opportunities that respond to the needs of the community.

**Krurungal Aboriginal & Torres Strait Islander Corporation**

PO Box 544, COOLANGATTA QLD 4225

F5 & F9 Eastern Ave, COOLANGATTA QLD 4225

**P: (07) 5536 7911**

**E:** krurungal\_receptionist@live.com

**Web:** www.krurungal.com.au

Welfare, Housing and Resource Services.

**Life without Barriers**

Po Box 713, BEENLEIGH QLD 4207

**P: (07) 3442 6600**

**E:** qldstateadmin@lwb.org.au

**Web:** www.lwb.org.au

Assists children and young people, people living with a disability, people living with a mental health issue and other vulnerable persons to live safer and more enriched lives. Links 4 Life, Disability, Healthy Minds, Youth Justice, Immigration, and Homelessness programs.

**Life Without Barriers Foster Care Support Agency**

PO Box 758, PARADISE POINT QLD 4216

**P: 1800 192 055**

**E:** otterken@bigpond.com.au

**Web:** www.fostercaregoldcoast.com.au

Foster care placement of children and young people with challenging behaviours and complex needs aged 10-18yrs.

**Logan East Community Centre**

PO Box 1230, SPRINGWOOD QLD 4127

Corner Cinderella Drive & Vanessa Blvd,  
SPRINGWOOD QLD 4127

**P: (07) 3808 4529**

**E:** lecna@lecna.org.au

**Web:** www.lecna.org.au

Emergency relief; NILS; Information and referrals;  
Counselling; School holiday program; Playgroups;  
Recreation Groups; KNIT life-skills parenting program and  
Room Hire.

**Medi Aid Foundation**

PO Box 2092, SURFERS PARADISE QLD 4217

**P: (07) 5570 2604**

**E:** admin@oceanbluerealty.com.au

**Web:** www.oceanbluerealty.com.au

A privately owned and operated non-profit organisation which, in Queensland, provides subsidised accommodation for Seniors 55 years and over, who are suffering from social and financial hardship. Contact for more information.

**Mental Illness Fellowship of Queensland - Gold Coast**

Biggera Waters LPO, PO Box 168,

BIGGERA WATERS QLD 4216

Unit 3/14-28 Ivan Street, ARUNDEL QLD 4214

**P: (07) 5563 8855**

**E:** goldcoast@mifq.org.au

**Web:** www.mifq.org.au

Provides high quality lifestyle and accommodation support services on a needs basis that facilitates the development of independence, living skills and social networks within the community.

**Mission Australia Family Support**

PO Box 479, STONES CORNER QLD 4120

11 Cleveland Street, STONES CORNER QLD 4120

**P: (07) 3847 8411**

**Web:** www.missionaustralia.com.au

Employment training, housing solutions and counselling for young people affected by family breakdown, drug and alcohol abuse, and mental illness.

**Multicap**

PO Box 4013, EIGHT MILE PLAINS QLD 4113

269 Padstow Road, EIGHT MILE PLAINS QLD 4113

**P: (07) 3340 9000**

**E:** info@multicap.org.au

**Web:** www.multicap.org.au

Support options for people with multiple disabilities, and challenging and complex behaviours, their families and carers in Queensland. Offers centre based, older carer, and short term emergency placement Respite Services in various locations.

**On Track Community Programs Inc**

141 Minjungbal Drive, TWEED HEADS NSW 2486

**P: (07) 5524 9732**

**E:** admin@ontrack.ngo.org.au

**Web:** www.ontrack.ngo.org.au

Community based support services for people experiencing mental illness, disability, homelessness or extreme disadvantage and their families.

**Ozcare**

PO Box 912, FORTITUDE VALLEY QLD 4006

66 River Terrace, KANGAROO POINT QLD 4169

**P: (07) 3028 9000**

**E:** Via website.

**Web:** www.ozcare.org.au

Aged Care; Community Health; Community Care;  
Community Support - Drug and Alcohol Services,  
Community Access Disability Services, Homeless Men's  
Hostels, Women's Refuges and Shelters, Family  
Accommodation Programs, Rural Families Projects.

**Ozcare Keith Turnbull Place Labrador**

52 Imperial Parade, LABRADOR QLD 4215

**P: (07) 5558 7177**

**E:** cf.labrador@ozcare.org.au

**Web:** www.ozcare.org.au

Residential Centre-based Respite - 24 Hour Care, Low Care  
- Single Rooms with Ensuites, High Care, Special Care Unit,  
Married Couples Accommodation, Activities Program,  
Swimming Pool.

**Ozcare North Gold Coast Community Support**

PO Box 613, ASHMORE CITY QLD 4214

3 Frinton Street, SOUTHPORT QLD 4215

**P: (07) 5583 7860**

**E:** comcare.labrador@ozcare.org.au

**Web:** www.ozcare.org.au

Community Support - Family Accommodation Programs;  
HACC Homeless Outreach Program; Resident Support  
Program.

**Ozcare Ozanam Villa Burleigh**

20 Matilda Street, BURLEIGH HEADS QLD 4220

**P: (07) 5576 4055**

**E:** cf.burleigh@ozcare.org.au

**Web:** www.ozcare.org.au

Residential Centre-based Respite - 24 Hour Care, Low Care  
- Single Rooms with Ensuites and Balconies, High Care,  
Special Care Unit, Married Couples Accommodation, Fully  
Furnished Rooms, Activities Program, Library.

**Ozcare Parkwood Gardens**

PO Box 697, LABRADOR QLD 4215

100 Usher Avenue, LABRADOR QLD 4215

**P: (07) 5500 2400**

**E:** cf.parkwoodgardens@ozcare.org.au

**Web:** www.ozcare.org.au

Residential Centre-based Respite - 24 Hour Care, Low Care  
- Single Rooms with Ensuites, High Care, Special Care Unit,  
Married Couples Accommodation, Activities Program.

**Queensland Youth Housing Coalition**

PO Box 122, PADDINGTON QLD 4064

**P: (07) 3876 2088**

**E:** admin@qyhq.org.au

**Web:** www.qyhq.org.au

A peak body advocating for young homeless people and supporting the services that work with them. Youth housing and accommodation information; Youth Support Coordinators (YSCs); Website provides emergency accommodation providers.

**RentConnect**

**P: 1300 880 882**

**Web:** www.housing.qld.gov.au/renting/info/rentconnect

Assists clients to find and secure a private rental property.

**Residential Tenancies Authority**

**P: 1300 366 311**

**E:** claims.support@rta.qld.gov.au

**Web:** www.rta.qld.gov.au

Provides information about rights and responsibilities, dispute resolution for private, public and community run accommodation



**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120  
138 Juliette Street, GREENSLOPES QLD 4120  
**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spiritus ABRI HOME**

**P: (07) 5555 4888**

**Web:** www.spiritus.org.au

Offers high and low care for residents, respite care and secure dementia-specific care. Also offers residents a range of lifestyle services.

**Spiritus Community Care**

**P: 1300 785 853**

**Web:** www.spiritus.org.au

In-home Nursing and Personal Care; Community Aged Care Packages; Veterans' Home Care; In-home and centre based Respite Services; Social support services; Healthy living wellness programs; Domestic assistance; Palliative care; Chronic conditions self-management; Mobile Acute Care; Homeless Program.

**Spiritus TRACC**

**P: (07) 5578 0800**

**Web:** www.spiritus.org.au

A residential program for children and young people who have come from backgrounds of abuse and neglect including foster care; an intensive supported foster care (for children with challenging behaviours) and placement who are not yet able to be absorbed into foster care.

**Spiritus Youth Support Service**

**P: (07) 3386 2000**

**Web:** www.spiritus.org.au

Provides young people at risk of homelessness aged 12 to 17, and their families, with support during times of crisis. Counselling and/or mediation services are offered to all young people. Semi independent accommodation is also available to young people over the age of 16 years.

**St Vincent de Paul Society**

**P: (07) 3010 1000**

**E:** state.admin@svdpqld.org.au

**Web:** www.vinnies.org.au

Services for people in need include: aged care, migrant and refugee services, home, hospital, prison and detention centres visitation, homeless person's services, clothing and assistance centres, care for people with psychiatric disabilities, vocational services for people with a disability, drug, alcohol and gambling counselling, financial counselling, disaster recovery and street vans as well as specialised Vinnies Youth services.

**St Vincent de Paul Society - Gold Coast**

PO Box 418, LABRADOR QLD 4215

**P: (07) 5561 4710**

**E:** gcc.office.dc@svdpqld.org.au

**Web:** www.vinnies.org.au

Services to individuals and families including: Home, hospital, aged care and prison visitations; Emergency Assistance & Food Relief; Child & Family Programs, Counselling Services; Home Assistance; Beaudesert Food Division; Beaudesert Housing; and Vinnies Centres. Helpline: (07) 5561 4702. Home Assist: (07) 5598 1073 Home Maintenance: (07) 5561 4701.

**St. Joseph's Youth Service**

15-17 Frances Street, TWEED HEADS NSW 2485

**P: (07) 5589 1800**

**E:** admin@sjys.org.au

Youth Accommodation for 16-21yrs for up to 6 months.

Outreach service target group 14-25yrs. Lifeskills and goal setting programs. Emergency relief.

**Surfers Paradise Anglican Crisis Care Inc**

PO Box 11, ISLE OF CAPRI QLD 4217

36 Hamilton Avenue, SURFERS PARADISE QLD 4217

**P: (07) 5531 6013**

**E:** spacc@bigpond.com

Provides medium to long term accommodation for single homeless men. (NOT EMERGENCY) Target group 20-45 years without disabilities and not requiring constant supervision.

**Tenant Advice & Advocacy Service (Qld)**

7 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5591 1112**

Advice, Advocacy information & referral for people who rent their accommodation and are covered by Queensland Residential Tenancy Laws.

**Tenants' Union of Queensland**

**P: 1300 744 263**

**Web:** www.tuq.org.au

Statewide community organisation that provides services for residential tenants in Queensland and represents their interests.

**The Australian Red Cross**

PO Box 1822, MILTON QLD 4064

Humanity Place, 49 Park Road MILTON QLD 4064

**P: 1300 554 419**

**E:** qldredcross@redcross.org.au

**Web:** www.redcross.org.au/qld

Aged Care and Health Services - Community Visitors Scheme, Emergency Medical Accommodation Centres, Personal Helpers & Mentors Program; Business, Training and Employment Services; Emergency Services; Family

Support Services; First Aid, Health and Safety Services; Community Partnering; Youth and Development Services; Migration support.

**The Migrant Centre**

Shop 2B, 91 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5591 7261**

**E:** info@migrantcentre.org

**Web:** www.migrantcentre.org

Qualified migration & visa advise; Professional Counselling; Vocational Guidance; Employment; Mediation & Conflict Resolution; Information and referrals; Legal Referrals; Networking, Liaison, Advocacy and Lobbying; Translation & Interpreting; Housing, Rental/Tenancy.

**The Salvation Army Still Waters**

PO Box 888, ASHMORE CITY QLD 4214

**P: (07) 5591 1776**

**E:** stillwaters@aue.salvationarmy.org

**Web:** www.salvos.org.au

Short & medium term crisis accommodation for single women and women with children. Lifestyle support including Living skills and parenting skills.

**Transformations**

2 Monaco Street, SURFERS PARADISE QLD 4217

**P: (07) 5592 3677**

**E:** info@transformation.net.au

**Web:** www.transformation.net.au

Crisis accommodation for men, long term Residential Drug and Alcohol Rehabilitation, and Feeding & Community Life Skills programs.

**Wesley Mission Brisbane - Logan City Services**

PO Box 1147, BEENLEIGH QLD 4207

**P: (07) 3287 1290**

**E:** k.clayton@wmb.org.au

**Web:** www.wmb.org.au

Semi-supported independent accommodation for 16-21yrs. Advice, Advocacy and Referral services. Programs for young parents, FAB (family), HOPS (housing options) and more.

**YoungCare**

PO Box 725, SPRING HILL QLD 4004

75 St Pauls Terrace, SPRING HILL QLD 4000

**P: 1300 844 727**

**E:** info@youngcare.com.au

**Web:** www.youngcare.com.au

Respite, accommodation, and support for young Australians with high care needs. Youngcare Connect is a free dedicated counselling and referral line for people in need of disability information and advice.

**Youth & Family Service (Logan City) Inc.**  
PO Box 727, WOODRIDGE QLD 4114  
376 Kingston Road, SLACKS CREEK QLD 4127  
**P: (07) 3826 1500**

**E:** yfs@yfs.org.au

**Web:** www.yfs.org.au

YFS is a not-for-profit organisation, run by, for and with the local community. People of all ages in Logan City and the surrounding areas use YFS services. We aim to help people overcome problems and reach their goals in life. We offer many different services, from legal advice to disability support; from counselling to help finding work.

### Acquired Brain Injury

**Brain Injury Association of Queensland**  
PO Box 3356, SOUTH BRISBANE BC QLD 4101  
262 Montague Road, WEST END QLD 4101  
**P: (07) 3137 7400**

**E:** biaoq@braininjury.org.au

**Web:** www.braininjury.org.au

A NFP organisation for people with brain injury and their carers. For further information regarding services please contact BIAQ Resource Centre.

### Currumbin Clinic

37 Bilinga Street, CURRUMBIN QLD 4223

**P: (07) 5534 4944**

**E:** currumbinclinic@healthcare.com.au

**Web:** www.currumbinclinic.com.au

A private psychiatric clinic assisting those in need of psychiatric care whether it be mood, anxiety, psychiatric or drug and alcohol related.

### Headway Gold Coast Inc.

25 Woodlands Way, ARUNDEL QLD 4214

**P: (07) 5574 4311**

**E:** admin@headwaygoldcoast.org

**Web:** www.headwaygoldcoast.org

Support for people (aged 18 to 65) with an acquired brain injury and their families - Transitional Accommodation - Residential Support - Community Support - Day Centre Internet Cafe.

### MontroseAccess Gold Coast

PO Box 761, LABRADORE QLD 4215

Corner Allied Drive & Byth Street, ARUNDEL QLD 4214

**P: (07) 5509 9300**

**E:** information@montroseaccess.org.au

**Web:** www.montroseaccess.org.au

Community based therapy services, recreation programs and respite programs for children and young adults throughout Queensland with physically disabling conditions of varying severity, including acquired brain injury.

### Real Community Services (RCS) ABI Support

Po Box 1249, OXLEY QLD 4075

2145 Ipswich Road, OXLEY QLD 4075

**P: (07) 3725 6500**

**E:** abi@realcommunityservices.com.au

**Web:** www.realcommunityservices.com.au

Assistance to adults and children with an acquired brain injury. RCS collaborates with case managers, allied health professionals and families to provide targeted coordination and support staff to implement rehabilitation programs.

### Advocacy & Legal Support

#### Aboriginal & Torres Strait Islander Women's Legal and Advocacy Service (ATSIWLAS)

PO Box 5631, WEST END QLD 4101

32 Balaclava Street, WOOLLOONGABBA QLD 4102

**P: (07) 3392 3177**

**E:** reception@atsiwlac.com.au

**Web:** www.atsiwlac.com.au

This organisation provides legal advice, information and referrals for Aboriginal and Torres Strait Islander women, focusing on the areas of domestic violence, family violence and family law. Court support, family support and advocacy are also offered for women experiencing family violence, domestic violence and family law issues. Phone support and legal advice and referrals available for all areas of Queensland.

#### Aboriginal and Torres Strait Islander Legal Service (Qld)

PO Box 13035, SOUTH BRISBANE QLD 4003

Level 5, 183 North Quay, BRISBANE QLD 4000

**P: (07) 3025 3888**

**E:** info@atsils.org.au

**Web:** www.atsils.org.au

Criminal, civil and family law services to ATSI and families.

#### ACCES Services Inc

P.O. Box 10, LOGAN CENTRAL QLD 4114

92 Wembley Road, LOGAN CENTRAL QLD 4114

**P: (07) 3412 8222**

**E:** accessinc@asi.org.au

**Web:** www.accessservicesinc.org.au

Community development, settlement and employment initiatives, and personal support programs to address the needs of disadvantaged community groups including migrants, refugees, humanitarian entrants and temporary protection visa holders.

#### Adult Guardian

PO Box 13554, George Street BRISBANE QLD 4003

Level 3 Brisbane Magistrates Court,

363 George Street, BRISBANE QLD 4000

**P: (07) 3234 0870**

**E:** adult.guardian@justice.qld.gov.au

**Web:** www.justice.qld.gov.au/justice-services/guardianship/adult-guardian

Protects the rights and interests of adults with impaired capacity. If there is a report of exploitation, abuse or neglect of a person with impaired capacity, or a complaint about the actions of a person who has been given enduring power of attorney, the Adult Guardian can investigate.

#### Adults Surviving Child Abuse (ASCA)

PO Box 597, MILSONS POINT NSW 1565

King Room Level 1, Kirribilly Neighbourhood Centre,  
16 - 18 Fitzroy Street, KIRIRIBILLI NSW 2061

**P: 1300 657 380**

**E:** admin@asca.org.au

**Web:** www.asca.org.au

Information, referral, support and awareness programs for adult's affected by child abuse.

#### Alzheimer's Australia (Gold Coast)

90 Allied Drive, ARUNDEL QLD 4214

**P: (07) 5594 0270**

**E:** rhreception@alzgc.asn.au

**Web:** www.alzheimers.org.au

The peak body providing education, advocacy, information and support for Australians living with dementia, their families and carers. Providing: Support, Information and referrals, Education, Community advocacy and Centre based respite.

#### Australian Domestic and Family Violence Clearinghouse

University of New South Wales, SYDNEY QLD 2052

**P: (02) 9385 2990**

**Web:** www.austdvclearinghouse.unsw.edu.au

A national organisation, providing high quality information about domestic and family violence issues and practice including a library of research and resources and an online database of good practice programs.

#### Australian Drug Foundation (ADF)

PO Box 818, NORTH MELBOURNE VIC 3051

409 King Street, WEST MELBOURNE VIC 3003

**P: (03) 9278 8100**

**E:** adf@adf.org.au

**Web:** www.adf.org.au

Drug and alcohol Information Services including: The DrugInfo Clearinghouse; Somazone; The Australian Drug Information Network (ADIN) and The DrugInfo Resource Centre Library. Also undertakes community development, research via the Centre for Youth Drug Studies, and provides advocacy leadership and support through the Community Alcohol Action Network.

**Australian Human Rights Commission (AHRC)**

Level 8 Piccadilly Tower,  
133 Castlereagh Street, SYDNEY NSW 2000  
**P: (02) 9284 9600**  
**E:** complaintsinfo@humanrights.gov.au  
**Web:** www.humanrights.gov.au  
Australia's national human rights institution with the responsibility to protect and promote human rights throughout all Australia. Complaints Infoline: 1300 656 419

**Australian Indigenous Doctor's Association (AIDA)**

PO Box 3497, MANUKA ACT 2603  
Old Parliament House, 18 King Street Terrace,  
PARKES ACT 2600  
**P: (02) 6273 5013**  
**E:** aida@aida.org.au  
**Web:** www.aida.org.au  
AIDA is a representative organisation for Aboriginal and Torres Strait Islander practitioners. It advocates to improve Indigenous health and achieve equitable health and life outcomes and encourages Indigenous people to work in medicine by supporting Indigenous students and doctors.

**Australian National Council on Drugs (ANCD)**

PO Box 205, CIVIC SQUARE ACT 2608  
**P: (02) 6166 9600**  
**E:** Via Website  
**Web:** www.ancd.org.au  
The principal advisory body to government on drug policy and the website provides information on drug use in Australia, news and events, and reports and publications.

**Black and White Justice Foundation**

PO Box Q1353, QVB POST SHOP NSW 1230  
Level 11, 117 York Street, SYDNEY NSW 2000  
**P: (02) 9286 3133**  
**E:** Via website.  
**Web:** www.blackandwhitejustice.org.au  
Works with both white and Aboriginal Australian communities to provide practical and moral support in the following areas: General Advocacy, Legal advice and representation, Professional counselling, Legal strategy, and Media coordination.

**Blue Care Beaudesert Community Care and Allied Health Services**

PO Box 340, BEAUDESERT QLD 4285  
7 Duckett Street, BEAUDESERT QLD 4285  
**P: (07) 5541 2280**  
**E:** beaudesert.ds@bluecare.org.au  
**Web:** www.bluecare.org.au  
A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Brisbane Rape & Incest Survivors Support Centre (BRISSC)**

**P: (07) 3391 0004**  
**E:** admin@brissc.org.au  
**Web:** www.brissc.org.au  
A free, and confidential feminist service for women survivors of sexual violence and their supporters offering telephone support, information and referral; Individual support and counselling; Support groups and workshops; Community education and Social action.

**Bugalwena Services**

PO Box 904, TWEED HEADS NSW 2485  
Tweed Heads Hospital  
**P: (07) 5506 7597**  
An ATSI service providing Crisis Counselling, Listening, Resource Support, Advocacy and Referral Service.

**Canefields Clubhouse**

Unit 2/10-13 Logandowns Drive,  
MEADOWBROOK QLD 4131  
**P: (07) 3807 0951**  
**E:** admin@canefieldsclubhouse.org.au /  
employment@canefieldsclubhouse.org.au  
**Web:** www.canefieldsclubhouse.org.au  
Psychosocial rehabilitation program assisting adults with a diagnosed mental illness to lead socially and vocationally satisfying lives.

**Caravan and Manufactured Home Residents Association Inc**

Room 5 -182 Bay Terrace, WYNNUM QLD 4178  
**P: (07) 3893 0733**  
**E:** camratas@bigpond.net.au  
Tenancy Law Advice to all Residents in Caravan ( Moveable Dwellings) and Manufactured Homes. CAMRA also provides Advocacy in relation to Tenancy Law and assists clients in the Tribunals ( QCAT Hearings ). Tenancy Advice Line outside the Brisbane Metro Area 1800 061 142.

**Carers Australia**

1/16 Napier Close, DEAKIN ACT 2600  
**P: 1800 242 636**  
**E:** caa@carersaustralia.com.au  
**Web:** www.carersaustralia.com.au  
Carers Australia and the network of carers associations in each state and territory's purpose is to improve the lives of carers. We provide counselling, advice, advocacy, education and training and we also promote the recognition of carers to governments, businesses and the wider public. Carer Advisory and Counselling Service: 1800 242 636

**Carers Qld – Gold Coast**

2/1154 Gold Coast Highway, PALM BEACH QLD 4221  
**P: (07) 5534 2899**

**E:** cseely@carersqld.asn.au  
**Web:** www.carersqld.asn.au  
Provides information, community development, counselling, support services and advocacy. Carer Advisory and Counselling Service: 1800 242 636

**Carers Qld**

PO Box 179, HOLLAND PARK QLD 4121  
15 Abbott Street, CAMP HILL QLD 4152  
**P: 1800 242 636**  
**E:** cas@carersqld.asn.au  
**Web:** www.carersqld.asn.au  
The peak body for carers in Queensland and is dedicated to advancing the recognition of the carer's role. Providing information, community development, counselling, support services and advocacy.

**Centacare - Catholic Prison Ministry (CPM)**

PO Box 5251, WEST END QLD 4101  
Catholic Prison Ministry 1/53 Tribune Street, SOUTH BRISBANE QLD 4101  
**P: (07) 3846 7577**  
**E:** cpm@cpmqld.com  
**Web:** www.centacarebrisbane.net.au  
Services to people affected by the criminal justice system including: prison release program; court support; family support and advocacy; Liferaft; referral and networking.

**Children by Choice**

237 Lutwyche Road, WINDSOR QLD 4030  
**P: (07) 3357 5377**  
**E:** advocacy@childrenbychoice.org.au  
**Web:** www.childrenbychoice.org.au  
Counselling, information and referral for women on ALL options with an unplanned pregnancy: abortion, adoption and parenting. State-wide, free telephone counselling. Face-to-face counselling available at our Brisbane office.

**Citizens Advice Bureau & Gold Coast Legal Service Inc**

2/18 Bay Street, SOUTHPORT QLD 4215  
**P: (07) 5532 9611**  
**E:** citizens@advicebureau.org.au  
**Web:** www.advicebureau.org.au  
A non-profit community organisation that provides free legal advice, assistance, financial counselling and information to the Gold Coast community.



**Co.As.It. Italian Australian Welfare Association Inc.**  
PO Box 5017, Q SUPERCENTRE QLD 4218  
18 Fairway Drive, CLEAR ISLAND WATERS QLD 4221  
**P: (07) 5554 6599**

**E:** cristinai@coasit.asn.au

**Web:** www.coasit.asn.au

Respite and multilingual support services for members of CALD Communities. Individual & family crisis support programs; advocacy; community education; counselling; frail aged and disability day-respite and support.

**Commission for Children and Young People and Child Guardian**

PO Box 15217, BRISBANE CITY EAST QLD 4002

Level 17 53 Albert Street, BRISBANE QLD 4000

**P: (07) 3211 6700**

**E:** info@ccypcg.qld.gov.au

**Web:** www.ccypcg.qld.gov.au

Promotes and protects the rights, interests and well-being of all children and young people in Queensland. Helps with any complaints about the services a child is receiving or entitled to receive from a government Department or other government funded organization.

**Community Care Beenleigh Districts Inc**

Office 3 53 York Street, BEENLEIGH QLD 4207

**P: (07) 3807 7355**

**E:** commcarebeen@optusnet.com.au

**Web:** www.communitycarebeenleigh.com

Individual, relationship & financial counselling; Lifestyle workshops including anger management & self-esteem; Referral & Advocacy.

**Complaints Resolution and Referral Service**

**P: 1800 880 052**

**E:** crss@pwd.org.au

**Web:** www.crss.org.au

Helps people with disability sort out complaints about disability employment services and advocacy services funded by the Australian Government.

**Crime and Misconduct Commission (CMC)**

GPO Box 3123, BRISBANE QLD 4001

Level 2 North Tower Green Square,

515 St Pauls Terrace, FORTITUDE VALLEY QLD

**P: (07) 3360 6060**

**E:** mailbox@cmc.qld.gov.au

**Web:** www.cmc.qld.gov.au

Deals with major crime; integrity and conduct standards; complaints about public sector misconduct; research & prevention of crime & misconduct; intelligence analysis; confiscation of crime proceeds; protection of witnesses; and liaises with Indigenous communities to improve police relations and prevent crime & misconduct.

**Department of Housing and Homelessness Services**

**P: 1300 880 882**

**E:** ICCHousingEnquiries@smartservice.qld.gov.au

**Web:** www.public-housing.qld.gov.au

A range of housing assistance services through social housing, grant funding to community social housing, private rental support, bond loans, rental grants, and tenant support.

**Department of Justice and Attorney General - Dispute Resolution Branch**

GPO Box 149, BRISBANE QLD 4001

Level 1, 363 George Street, BRISBANE QLD 4000

**P: 1800 017 288**

**E:** mailbox@justice.qld.gov.au

**Web:** www.justice.qld.gov.au/justice-services/dispute-resolution

Mediation offers you an alternative way of settling disputes before they get to court. Trained mediators act as an impartial third party and you through a structured mediation process at centres throughout Queensland.

**Domestic Violence Prevention Centre Gold Coast Inc**

PO Box 409, SOUTHPORT QLD 4215

**P: (07) 5532 9000 (Counselling Line)**

**E:** info@domesticviolence.com.au

**Web:** www.domesticviolence.com.au

Services including crisis intervention, counselling for women and children, groups for women and children, court assistance, men's programs, community education and training, community awareness activities as well as having been the driver for the Gold Coast Domestic Violence Integrated Response.

**DVconnect Womensline**

P.O. Box 10575, Adelaide Street, BRISBANE QLD 4000

**P: 1800 811 811**

**Web:** www.dvconnect.org

A 24/7 service for women and their children experiencing domestic and/or family violence. Crisis intervention, support, information, advocacy, telephone counselling, referrals and importantly, state-wide coordination of emergency refuge and shelter placements.

**Ethnic Communities Council of Queensland (ECCQ)**

PO Box 5916, WEST END QLD 4101

ECCQ House, 253 Boundary Street, WEST END QLD 4101

**P: (07) 3844 9166**

**E:** administration@eccq.com.au

**Web:** www.eccq.com.au

Advocacy; community development initiatives; state-wide health programs; support groups; cross cultural training; multicultural policy development and research and a resource and reference library.

**Gold Coast Advocacy Inc**

PO Box 2560, SOUTHPORT QLD 4215

Southport Central Tower 1 (8th Floor),

56 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5564 0355**

**E:** gca@gca.org.au

**Web:** www.gca.org.au

Independent advocacy organisation for Gold Coast residents with a disability and those who are vulnerable.

**Gold Coast Centre Against Sexual Violence Inc**

PO Box 1924, SOUTHPORT QLD 4215

**P: (07) 5591 1164**

**E:** Via website.

**Web:** www.stopsexualviolence.com

A specialist Sexual Violence intervention and prevention service, providing counselling to women and young women who have been raped and/or sexually assaulted at any time in their lives as well as prevention education to the broader Gold Coast community. No referral is necessary.

**Kalwun Aboriginal-Islander Child Care Agency (AICCA)**

PO Box 3880, BURLEIGH DC QLD 4220

14 Kortum Drive, BURLEIGH HEADS QLD 4220

**P: (07) 5520 8600**

**E:** admin@aicca.com.au

**Web:** www.kalwun.com.au

Ensures ATSI people and their families have the right to culturally appropriate advocacy, support, resources and information during the child protection and alternative care process.

**Legal Aid Queensland**

44 Herschel Street, BRISBANE QLD 4001

**P: 1300 65 11 88**

**E:** feedback@legalaid.qld.gov.au

**Web:** www.legalaid.qld.gov.au

Free information about the law and the legal system. Works with partners to provide access to justice for disadvantaged Queenslanders by providing legal information, advice and representation.

**Logan Youth Legal Service**

376 Kingston Road, WOODRIDGE QLD 4114

**P: (07) 3826 1500**

**Web:** www.yfs.org.au/legal

Free legal information, advice and representation to young people aged under 18 in Logan City and surrounding areas. Some outreach services beyond this geographic area if service has capacity.

**Mental Health Act 2000**

**E:** mha2000@health.qld.gov.au

**Web:** www.health.qld.gov.au/mha2000

This site provides information, publications, factsheets and brochures about Queensland's mental health legislation.

**Mental Health Act Liaison Officer**

Mental Health Branch Queensland Health,  
FORTITUDE VALLEY QLD 4006

**P: 1800 989 451**

**E:** mha2000@health.qld.gov.au

**Web:** www.health.qld.gov.au/mha2000

Information and advice on Patient Rights, Justices Examination Order (JEO), Classified patient information order (CPIO), and other issues pertaining to the Mental Health Act 2000.

**Mental Health Law Clinic**

PO Box 3631, SOUTH BRISBANE BC QLD 4101

**P: (07) 3846 6317**

**E:** mhlc@qpilch.org.au

**Web:** www.qpilch.org.au

The Clinic's primary focus is to provide assistance in matters before the Mental Health Review Tribunal and legal problems arising from the application of the Mental Health Act 2000 (Qld). The Clinic cannot represent you before a tribunal or a court. However, if appropriate, we may be able to refer your matter for pro bono legal assistance to a law firm or barrister under one of our referral schemes. Assistance is provided over the telephone and in writing, no face to face interviews.

**Multicultural Development Association (MDA)**

512 Stanley Street, SOUTH BRISBANE QLD 4101

**P: (07) 3337 5400**

**E:** mailbox@mdabne.org.au

**Web:** www.mdainc.org.au

Provide settlement to refugees through client services, community development, employment and advocacy.

**Multicultural Families Organisation**

**P: (07) 5571 0381**

**E:** mfamilies@mfo.org.au

**Web:** www.mfo.org.au

Services to multicultural women and families. Referral, advocacy, counselling. Assistance with adjustment to a new country, and access to translators.

**National Association of Community Legal Centres**

PO Box A2245, SYDNEY SOUTH NSW 1235

**P: (02) 9264 9595**

**E:** naclc@clc.net.au

**Web:** www.naclc.org.au

The peak body for Community Legal Centres in Australia providing free referral, advice and assistance to people in

need. To find a Community Legal Centre please see the NACLC website or call the office for referral details.

**National Children's and Youth Law Centre (NCYLC),**

National Children's & Youth Law Centre, Law Building,  
First Floor, UNIVERSITY OF NSW 2052

**P: (02) 9385 9588**

**E:** admin@ncylc.org.au

**Web:** www.ncylc.org.au

A unique Community Legal Centre dedicated to addressing human rights issues for children and young people in Australia through Legal change and providing Advocacy, Education and Information.

**Office of the Director of Public Prosecutions**

GPO Box 2403, BRISBANE QLD 4001

State Law Building, 50 Ann Street, BRISBANE QLD 4000

**P: (07) 3239 6840**

**E:** mailboxodpp@justice.qld.gov.au

**Web:** www.justice.qld.gov.au/justice-services/justice-agencies/office-of-the-director-of-public-prosecutions  
Prosecutes criminal matters in the Magistrates (limited), District, Supreme and Mental Health Courts, the Court of Appeal and the High Court of Australia. There are three aspects to the work of the ODPP: legal preparation; court appearances and victim liaison work.

**Office of the Public Advocate**

GPO Box 149, BRISBANE QLD 4001

Level 1 State Law Building, 50 Ann Street,

BRISBANE QLD 4000

**P: (07) 3224 7424**

**E:** public.advocate@justice.qld.gov.au

**Web:** www.justice.qld.gov.au/justice-services/guardianship/public-advocate  
Systemic advocacy which promotes and protects the rights and interests of adults with impaired decision-making capacity. Does not deal with individual cases.

**Ozcare - Dementia Advisory and Support Services**

North Hill Drive, ROBINA QLD 4226

**P: (07) 5569 6200**

**E:** caroline.davitt2ozcare.org.au

**Web:** www.ozcare.org.au

A state-wide Home and Community Care (HACC) funded program designed to assist service providers, people living with dementia and their carers. Provides Client care co-ordination, Counselling/Support, Information, Advocacy, Education and Training.

**Prisoners Legal Service**

Level 1, 53 Tribune Street, SOUTH BRISBANE QLD 4101

**P: (07) 3846 3384**

**Web:** www.plsqld.com

A free legal service providing advice, advocacy and representation to incarcerated persons and their families on matters related to imprisonment.

**Qld Aged & Disability Advocacy Inc (QADA)**

121 Copperfield Street, GEEBUNG QLD 4034

**P: 1800 818 338**

**E:** info@qada.org.au

**Web:** www.qada.org.au

Advocacy support to recipients or potential recipients of HACC services, CACP's and EACH packages, and residents of aged care facilities, with issues regarding their service provision. Also provides an advocacy service to adults whose decision making capacity is being questioned with guardianship and administration matters.

**QPASTT – Qld Program of Assistance to Survivors of Torture and Trauma**

PO Box 6254, FAIRFIELD QLD 4103

50 Shottery Street, YERONGA QLD 4104

**P: (07) 3391 6677**

**E:** admin@qpastt.org.au

**Web:** www.qpastt.org.au

Services for adults, young people, children and families from refugee backgrounds, who have survived torture or war related trauma. Counselling, advocacy, group work, psycho-education, information sessions, recreational programs. Also offers capacity building and services to other organisations.

**Queensland Advocacy Inc.**

PO Box 3302, SOUTH BRISBANE BC QLD 4101

2nd Floor South Central, 43 Peel Street,

SOUTH BRISBANE QLD 4101

**P: (07) 3844 4200**

**E:** qai@qai.org.au

**Web:** www.qai.org.au

An independent, community-based systems advocacy and legal advocacy organisation for people with disability in Queensland.

**Queensland Association of Independent Legal Services (QAILS)**

PO Box 119, ANNERLEY QLD 4103

**P: (07) 3392 0092**

**E:** qails@clc.net.au

**Web:** www.qails.org.au

The state-based peak body representing funded and unfunded Community Legal Centres (CLCs) operating throughout Queensland.

**Queensland Injectors Health Network (QuiHN) Ltd**  
PO Box 2470, FORTITUDE VALLEY BC QLD 4006  
89-101 Gipps Street, FORTITUDE VALLEY QLD 4006  
**P: 1800 172 076**

**E:** manager.inhouse@quihn.org

**Web:** www.quihn.org

A state-wide NGO that addresses illicit drug use in the community by providing confidential clinical and non clinical counselling, social support services and life skills programs, non- residential rehabilitation programs, education and training, needle and syringe programs, health promotion, advocacy and outreach services, and information programs that relate to illicit drug use, blood borne viruses, sexual health, and/or psycho social and physical health issues affecting illicit drug users.

**Queensland Injectors Health Network (QuiHN) Ltd**  
PO Box 3499, BURLEIGH TOWN CENTRE QLD 4220  
12/99 West Burleigh Road, BURLEIGH HEADS QLD 4220  
**P: (07) 5520 7900**

**E:** coordinator.positivechanges@quihn.org

**Web:** www.quihn.org

Offers Positive Changes: individual and group counselling; Detox programs; Family support programs; Support groups; Needle & Syringe Programs and Support. Women's Circle group: an informal, non-judgmental child friendly space for women, with or without kids.

**Queensland Parents for People with a Disability Inc.**  
P O Box 466, SALISBURY QLD 4107  
2/70 Flanders Street, SALISBURY QLD 4107  
**P: (07) 3875 2101**

**E:** qppd@qppd.org

**Web:** www.qppd.org

Provides advice and information and is involved in Systems and Family Advocacy, has a state-wide membership.

**Queensland Public Interest Law Clearing House Inc.**  
PO Box 3631, SOUTH BRISBANE BC QLD 4101  
**P: (07) 3846 6317**

**E:** services@qpilch.org.au

**Web:** www.qpilch.org.au

A legal referral and service organisation. We refer civil law cases that meet our guidelines to firms and barristers for free legal assistance through 3 referral services: Public Interest Referrals; Bar Pro Bono Scheme; QLS Pro Bono Scheme. We also provide direct services through legal staff and volunteers in particular areas, currently: homelessness; administrative law (problems with government decision making); civil law for refugees; self-representation.

**Refugee and Immigration Legal Service (RAILS)**

PO Box 5143, WEST END QLD 4101

Level 1, 170 Boundary Street, WEST END QLD 4101

**P: (07) 3846 3189**

**E:** admin@rails.org.au

**Web:** www.rails.org.au

Works with volunteers to provide free legal advice, assistance and community education to disadvantaged people.

**The Migrant Centre**

Shop 2B, 91 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5591 7261**

**E:** info@migrantcentre.org

**Web:** www.migrantcentre.org

Qualified migration & visa advise; Professional Counselling; Vocational Guidance; Employment; Mediation & Conflict Resolution; Information and referrals; Legal Referrals; Networking, Liaison, Advocacy and Lobbying; Translation & Interpreting; Housing, Rental/Tenancy.

**The Public Trustee of Queensland**

GPO Box 1449, BRISBANE QLD 4001

444 Queen Street, BRISBANE QLD 4000

**P: 1300 360 044**

**E:** clientenq@pt.qld.gov.au

**Web:** www.pt.qld.gov.au

Services include:- Will-making (free service); Enduring Powers of Attorney; Deceased Estate Administration; Applications for Probate for Private Executors; Acting as Administrator; Acting as Financial Attorney; Acting as Trustee; Charitable Trusts - The Queensland Community Foundation; Forde Foundation; Lady Bowen Trust; Queensland Aboriginal and Torres Strait Islander Foundation; Auctions (Motor Vehicle, House, General); Management of Unclaimed Money, Property & Superannuation.

**The Public Trustee of Queensland - Gold Coast**

PO Box 876, SOUTHPORT QLD 4215

66 Nerang Street, SOUTHPORT QLD 4215

**P: 1300 360 044**

**E:** pt\_southport@pt.qld.gov.au

**Web:** www.pt.qld.gov.au

Services include:- Will-making (free service); Enduring Powers of Attorney; Deceased Estate Administration; Applications for Probate for Private Executors; Acting as Administrator; Acting as Financial Attorney; Acting as Trustee; Charitable Trusts - The Queensland Community Foundation; Forde Foundation; Lady Bowen Trust; Queensland Aboriginal and Torres Strait Islander Foundation; Auctions (Motor Vehicle, House, General); Management of Unclaimed Money, Property & Superannuation.

**The Queensland Alliance of Mental Illness and Psychiatric Disability Groups Incorporated**

PO Box 696, FORTITUDE VALLEY QLD 4006

Level 2, 266 Brunswick Street, FORTITUDE VALLEY QLD 4006

**P: (07) 3832 2600**

**E:** admin@qldalliance.org.au

**Web:** www.qldalliance.org.au

The peak body for the Queensland mental health community sector. Goals are social inclusion and community well-being; a community based, recovery focused mental health system focused; and improved access to information and strategies that promote mental health.

**Vision Australia**

**P: 1300 84 74 66**

**E:** info@visionaustralia.org

**Web:** www.visionaustralia.org

A non-profit leading provider of blindness and low vision services.

**Welfare Rights Centre Inc.**

PO Box 97, STONES CORNER QLD 4120

**P: (07) 3421 2510**

**Web:** www.wrcqld.org.au

A Community Legal Centre specialising in Centrelink and Disability Discrimination law only. We do not provide a face to face service, all initial contact is via the telephone.

**Women's Legal Service**

PO Box 119, ANNERLEY QLD 4103

387 Ipswich Road, ANNERLEY QLD 4103

**P: (07) 3392 0670**

**E:** admin@wlsq.org.au

**Web:** www.wlsq.org.au

Free legal advice and information. Telephone Line open 9.30am to 1.00pm weekdays. Rural Access Phone Advice Line: 1800 457 117, Tuesday from 9.30am - 1.00pm. Evening Drop-in or Telephone Advice Sessions Monday, Wednesday and Thursday nights 6.00pm-8.00pm.

**YHES House - Youth Health & Education Service**

161 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5528 5333**

**E:** admin@yhes.org.au

**Web:** www.yhes.org.au

Community organisation providing free services to youth and young parents (12 to 25 yrs) through individual support, counselling, advocacy & referral small groups such as childbirth education, new parent groups and health education

**Youth & Family Service (Logan City) Inc.**  
PO Box 727, WOODRIDGE QLD 4114  
376 Kingston Road, SLACKS CREEK QLD 4127  
**P: (07) 3826 1500**

**E:** yfs@yfs.org.au

**Web:** www.yfs.org.au

YFS is a not-for-profit organisation, run by, for and with the local community. People of all ages in Logan City and the surrounding areas use YFS services. We aim to help people overcome problems and reach their goals in life. We offer many different services, from legal advice to disability support; from counselling to help finding work.

### **Aged Support**

**Aged and Community Care Info Line**  
GPO Box 9848, CANBERRA ACT 2601  
**P: 1800 500 853**

**E:** admin@seniors.gov.au

**Web:** www.seniors.gov.au

Information about home and community care including financial assistance and legislation.

**Aged and Community Services Australia (ACSA)**  
Level 1, 36 Albert Road, SOUTH MELBOURNE VIC 3205  
**P: (03) 9686 3460**

**E:** info@agedcare.org.au

**Web:** www.agedcare.org.au

National peak body for organisations providing accommodation and care services to older people, people with a disability and their carers.

**Aged Care Assessment Team**  
2109 Gold Coast Hwy, MIAMI QLD 4220  
**P: 1300 130 143**

**E:** gchacat@health.qld.gov.au

**Web:** www.health.qld.gov.au

Assists elderly and carers to decide on the types of care to suit needs.

**Aged Care Assessment Team (ACAT) Centre**  
Suite 9-10 Riverside Professional Centre,  
80 - 82 Keith-Compton Drive, TWEED HEADS NSW 2485  
**P: (07) 5536 8283**

**Web:** www.ncahs.nsw.gov.au

This team provides an assessment service designed to establish the medical, physical, psychological and social needs of older people to assist them in making the most appropriate decisions to maintain an ongoing quality of life.

**Aged Care Australia**  
GPO Box 9848, CANBERRA ACT 2601  
**P: 1800 500 853**  
**E:** agedcare.website@health.gov.au  
**Web:** www.agedcareaustralia.gov.au

Online information source including Aged care home finder; Community care service finder; and Aged Care Assessment Team (ACAT) Finder.

**Aged Care Complaints Resolution Scheme**  
GPO Box 9848, CANBERRA ACT 2601  
**P: 1800 550 552**

**Web:** www.health.gov.au

A free service, which seeks to resolve complaints about the health, safety and/or welfare of people receiving aged care and is overseen by an independent Commissioner for Complaints.

**Aged Care Early Intervention and Management Services**  
Accommodation Block 1, 1-8 Nerang Street,  
SOUTHPORT QLD 2485  
**P: (07) 5519 8789**

**E:** aceim@health.qld.gov.au

**Web:** www.health.qld.gov.au

Coordinates the acute care of aged care facility residents and provides education and support to aged facility staff on the gold coast.

**Alzheimer's Australia (Qld)**  
PO Box 8141, WOOLLOONGABBA QLD 4102  
Unit 2, 9 Hubert Street, WOOLLOONGABBA QLD 4102  
**P: 1800 100 500**

**E:** info@alzqld.asn.au

**Web:** www.alzheimers.org.au

Alzheimer's Australia is the peak body providing education, advocacy, information and support for the 245,400 Australians living with dementia, their families and carers.

**Alzheimer's Association QLD**  
11 Abbotsford Road, BOWEN HILLS QLD 4006  
**P: 1800 639 331**

**E:** helpline@alzheimersonline.org

**Web:** www.alzheimersonline.org

A 24Hr Helpline providing information and support on Alzheimer's and other forms of dementia.

**Alzheimer's Australia (Gold Coast)**  
90 Allied Drive, ARUNDEL QLD 4214  
**P: (07) 5594 0270**

**E:** rhreception@alzgc.asn.au

**Web:** www.alzheimers.org.au

The peak body providing education, advocacy, information and support for Australians living with dementia, their families and carers. Providing: Support, Information and referrals, Education, Community advocacy and Centre based respite.

**Ashmore Retreat**  
19 Allunga Avenue, ASHMORE QLD 4214  
**P: (07) 5656 1000**

**E:** admin@ashmorelodge.com.au

**Web:** www.retreatcare.com.au

Respite Nursing Home Facility, also offers a home-help service including personal care needs, house cleaning, shopping, social outings and Ageing In Place service.

**BeauCare**  
PO Box 572, BEAUDESERT QLD 4285  
44 Tina Street, BEAUDESERT QLD 4285  
**P: (07) 5541 3762**

**E:** admin@beaucare.org.au

**Web:** www.beaucare.org.au

Provides a broad range of community services including child care, family support, youth development, community development and support services for the frail aged and people with a disability.

**Bethany Care Ltd**  
PO Box 441, ROBINA QLD 4226  
**P: (07) 5501 8070**

**E:** enquiries@bethanycare.org

**Web:** www.bethanycare.org

A range of lifestyle supports such as Women's 'Body Rock', men's groups, special events, Christian counselling, resource library for families, Community access and referrals. Assists people with disabilities aged 5-65 with intellectual, physical, sensory and psychiatric disabilities.

**Blue Care**  
PO Box 1539, MILTON BC QLD 4064  
**P: (07) 3377 3377**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Allied health services; Commonwealth Carer Respite Centres; Community Aged Care services; Disability services; Domestic & Lifestyle Care Assistance; Retirement Living; Pastoral care and counselling; Residential aged care; Respite services; and Volunteer services.

**Blue Care Amaroo Aged Care Facility**  
PO Box 692, BIGGERA WATERS QLD 4216  
68-78 Keith Compton, TWEED HEADS NSW 2485  
**P: (07) 5536 1388**

**E:** amaroo@bluecare.org.au

**Web:** www.bluecare.org.au

Residential Pastoral Care, Dementia & Respite Aged Care facility.



**Blue Care Beaudesert Community Care and Allied Health Services**

PO Box 340, BEAUDESERT QLD 4285  
7 Duckett Street, BEAUDESERT QLD 4285  
**P: (07) 5541 2280**

**E:** beaudesert.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Blue Care Beenleigh Community Care and Allied Health Services**

PO Box 484, BEENLEIGH QLD 4207  
32-50 Mt Warren Boulevard, MT WARREN PARK QLD 4207

**P: (07) 3287 2041**

**E:** beenleigh.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers. Volunteer Service also.

**Blue Care Coomera Community Care**

12 Jowett Street, COOMERA QLD 4209  
**P: (07) 5573 7433**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, or people with a disability.

**Blue Care Fassifern Community & Respite Care**

PO Box 152, BOONAH QLD 4310  
10a Macquarie Street, BOONAH QLD 4310  
**P: (07) 5463 2684**

**E:** fassifern.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Blue Care Labrador Gardens Aged Care Facility**

PO Box 692, BIGGERA WATERS QLD 4216  
83 Muir Street, LABRADOR QLD 4215  
**P: (07) 5571 3622**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Residential Dementia & Low and High Care Aged Care facility.

**Blue Care Lower South Coast/Tweed Community Care**

1 Pines Lane, ELANORA QLD 4221

**P: (07) 5534 6177**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, or people with a disability.

**Blue Care Milpera Cottage Respite Care**

PO Box 692, BIGGERA WATERS QLD 4216  
21 Meron Street, SOUTHPORT QLD 4215

**P: (07) 5532 6639**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Centre Based Respite

**Blue Care Southport Surfers Paradise Allied Health**

PO Box 692, BIGGERA WATERS QLD 4216  
Southport Business Park, Unit 5, 46 Smith Street, SOUTHPORT QLD 4215

**P: (07) 5555 4444**

**E:** southport.ds@bluecare.org.au

**Web:** www.bluecare.org.au

Professional allied health services to individuals at Southport Therapy Centre and at Blue Care residential aged care facilities. Some home visits available for people who are housebound.

**Blue Care Southport Surfers Paradise Lifestyle Community Care**

12 Ahern Street, LABRADOR QLD 4215

**P: (07) 5591 5016**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Personal Care, Social Support, In home and Centre Based Respite available.

**Blue Care Southport Surfers Paradise Nursing Community Care**

88 Muir Street, LABRADOR QLD 4215

**P: (07) 5532 0588**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

General Nursing Care, In home care for DVA. Free Grief Recovery Program; Northern (Labrador) and Southern (Elanora); program is run periodically throughout the year.

**Blue Care Tweed Coast Community Care**

Shop 4a / 34 Oyster Point Road, BANORA POINT NSW 2486

**P: (07) 5524 6277**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Community Care and Aged Care Home Support.

**Blue Care Woodlands Lodge Aged Care Facility**

29 Melbourne Road, ARUNDEL QLD 4214

**P: (07) 5509 9200**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Residential Pastoral Care, Dementia & Respite Aged Care facility.

**Broadbeach Meals On Wheels**

23 T E Peters Drive, BROADBEACH QLD 4218

**P: (07) 5526 2300**

**E:** brbmow@bigpond.net.au

**Web:** www.qmow.org

Delivered meals to frail, aged, younger disabled and their carers.

**CALD Community Action Group**

**P: (07) 5527 8013**

**E:** agnesmaddock@bigpond.com.au

Program for carers and care recipients with disability, mental illness, chronic medical conditions and/or frail-aged and who are from culturally and linguistically diverse backgrounds. Links to community services.

**Carelink**

PO Box 3194, LOGANHOLME QLD 4129

**P: 1800 888 002**

**E:** robyncr@ozcare.org.au

**Web:** www.ozcare.org.au

The Ozcare Carelink Medical Alarm ensures seniors and adults with a disability maintain a lifeline to those who care for them. The Alarm is a 24 hour monitoring system that connects clients to help whenever they need it.

**CHARM (Community Health Assessment Relearning & Maintenance Program)**

PO Box 429, MIAMI QLD 4220

2019 Gold Coast Highway, MIAMI QLD 4220

**P: 1300 780 128**

**Web:** www.gpgc.com.au

A program for frail aged and disabled people providing centre based diversional therapy and support for clients that are socially isolated or have problems with daily living skills. Patients can self refer or can be referred by their GPs.

**Co.As.It. Italian Australian Welfare Association Inc.**

PO Box 5017, Q SUPERCENTRE QLD 4218

18 Fairwy Drive, CLEAR ISLAND WATERS QLD 4221

**P: (07) 5554 6599**

**E:** cristinai@coasit.asn.au

**Web:** www.coasit.asn.au

Respite and multilingual support services for members of CALD Communities. Individual & family crisis support programs; advocacy; community education; counselling; frail aged and disability day-respite and support.



**Commonwealth Respite and Carelink Centre**

Level 1 23 Main Street, VARSITY LAKES QLD 4213

**P: 1800 052 222**

**E:** carelink.robina@bluecare.org.au

**Web:** www.commcarelink.health.gov.au

Free and confidential information on community aged care, disability, ageing packages, nursing, carer respite, community and other support services available locally.

**Commonwealth Respite and Carelink Centres**

**P: 1800 052 222**

**E:** commcarelink@health.gov.au

**Web:** www.commcarelink.health.gov.au

Information centres for older people, people with disabilities and those who provide care and services. Provide free and confidential information on community aged care, disability and other support services available locally, interstate or anywhere within Australia.

**Complete In - Home Care**

**P: 1800 264 012**

**Web:** www.completecare.com.au

Delivers community support services within the South East Queensland Region. Services include: Social Support, Domestic Assistance, Personal Care, Respite, Community Access and Transport.

**Council on the Ageing Queensland (COTAQ)**

GPO Box 21, BRISBANE QLD 4001

Level 5, 199 George Street, BRISBANE QLD 4000

**P: 1300 738 348**

**E:** cotaq@cotaq.org.au

**Web:** www.cotaq.org.au

An independent NFP providing benefits and services to people over 50 in Australia including : Research, Policy Development and Advocacy; Community Education; and SeniorsInfoLinks - Providing access to free information about services and facilities available to seniors to enable them to be well-informed and maximize their independence and quality of life.

**Currumbin Clinic**

37 Bilinga Street, CURRUMBIN QLD 4223

**P: (07) 5534 4944**

**E:** currumbinclinic@healthcare.com.au

**Web:** www.currumbinclinic.com.au

A private psychiatric clinic assisting those in need of psychiatric care whether it be mood, anxiety, psychiatric or drug and alcohol related.

**Currumbin Happy Group**

Tenth Avenue, PALM BEACH QLD 4221

**P: (07) 5534 3074**

**E:** mowpalmbeach@bigpond.com

Social interaction and friendship for frail aged and anyone needing a friend.

**Dementia Behaviour Management Advisory Service (DBMAS)**

**P: 1800 699 799**

**Web:** www.dbmasqld.org.au

Works directly with people to help them better understand the reasons and causes of behaviours and to manage and care for people with dementia. 24/7 telephone support and information available.

**Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA)**

GPO Box 9820, BRISBANE QLD 4001

Level 1-3, 100 Creek Street, BRISBANE QLD 4000

**P: 1300 653 227**

**Web:** www.fahcsia.gov.au

Works to improve the impact and management of relevant Commonwealth Government policies, programs and initiatives. Areas include: Carers; Child Support; Communities; Families & Children; Gambling & Drugs; Housing & Homelessness; Indigenous People; Mental Health; People with Disability; Seniors; Volunteers; Women; International Social Security Agreements.

**Department of Health and Ageing**

**P: 1800 020 103**

**Web:** www.health.gov.au

Purpose: Better health and active ageing for all Australians, through strengthening evidence-based policy advising, improving program management, research, regulation and partnerships with other government agencies, consumers and stakeholders.

**Department of Human Services NSW Ageing, Disability and Home Care - Far North Coast**

PO Box 305, TWEED HEADS NSW 2485

Hutton House, 40 Frances Street,

TWEED HEADS NSW 2485

**P: (07) 5536 0400**

**E:** BMFNC@dadhc.nsw.gov.au

**Web:** www.dadhc.nsw.gov.au

Provides support and services to older people, people with disabilities, and their carers in NSW.

**Department of Veterans' Affairs (DVA)**

GPO Box 9998, CANBERRA ACT 2601

Lovett Tower, 13 Keltie Street WODEN ACT 2601

**P: 13 32 54**

**E:** GeneralEnquiries@dva.gov.au

**Web:** www.dva.gov.au

Programs of care, compensation and Commemoration for Australia's veterans, their war widow(er)s and dependents. Nearest VAN Office: 1300 55 1918. Provider enquiry

numbers: 1300 550 457 (metropolitan areas). Transport bookings: 1300 550 455 (metropolitan areas). VAPAC 1800 552 580.

**Disability and Community Care Services**

**P: 1800 177 120**

**E:** disabilityinfo@disability.qld.gov.au

**Web:** www.disability.qld.gov.au

Provides support for sectors providing disability, community mental health, and home and community care.

**Endeavour Foundation**

PO Box 3555, TINGALPA DC QLD 4173

50 Southgate Avenue, CANNON HILL QLD 4170

**P: (07) 3908 7100**

**E:** Via website

**Web:** www.endeavour.com.au

Offers people with a disability a range of services including: accommodation; aged support; children focussed services; employment and education programs; and lifestyle support.

**Ethnic Communities Council of Queensland (ECCQ)**

PO Box 5916, WEST END QLD 4101

ECCQ House, 253 Boundary Street, WEST END QLD 4101

**P: (07) 3844 9166**

**E:** administration@eccq.com.au

**Web:** www.eccq.com.au

Advocacy; community development initiatives; state-wide health programs; support groups; cross cultural training; multicultural policy development and research and a resource and reference library.

**FSG**

PO Box 2597, SOUTHPORT QLD 4215

16 Railway Street, SOUTHPORT QLD 4215

**P: (07) 5564 0655**

**E:** info@fsg.org.au

**Web:** www.fsg.org.au

Committed to innovation in human service delivery in Disability, Mental Health, Aged Care, Child Safety and Carer Support.

**Gold Coast Community Transport**

PO Box 7209, GOLD COAST MAIL CENTRE QLD 9726

3 Mic Veivers Way, SOUTHPORT QLD 4215

**P: (07) 5531 3312**

**E:** kwinzar@gcrs.com.au

Groups transport for people with a disability and frail aged (anyone HACC eligible). No individual transport.

**Gold Coast District Home and Community Care (HACC)**  
PO Box 429, MIAMI QLD 4220  
2019 Gold Coast Hwy, MIAMI QLD 4220  
**P: 1300 780 128**  
**Web:** www.goldcoasthealth.com.au  
Domestic home assistance and social support.

**Gold Coast Mental Health & ATODS (Alcohol, Tobacco and Other Drugs) Service**  
Gold Coast Hospital, 108 Nerang Street,  
SOUTHPORT QLD 4215  
**P: (07) 5519 7871**  
**Web:** www.goldcoasthealth.com.au  
Public services providing assessment, treatment and support to adults, children and older persons who have a mental illness. Services are provided depending on individual need and ranges from inpatient treatment to support in the community.

**Home and Community Care Services (HACC)**  
GPO Box 806, BRISBANE QLD 4001  
Disability Services Queensland,  
313 Adelaide Street BRISBANE QLD 4000  
**P: (07) 3898 0100**  
**E:** Admin@disability.qld.gov.au  
**Web:** www.health.qld.gov.au/hacc  
Funds basic maintenance and support services to help frail older people and younger people with disabilities to continue living in their community.

**Home Assist Secure**  
PO Box 51, ISLE OF CAPRI QLD 4217  
**P: (07) 5538 1947**  
**E:** admin@gcchas.org.au  
**Web:** www.housing.qld.gov.au  
Assistance with minor repairs, maintenance and security for any pensioners 60+ or any age with disability, who are not receiving other services.

**Home Instead Senior Care**  
5/19 Expo Ct, ASHMORE QLD 4214  
**P: (07) 5591 2444**  
**E:** info@hiscgoldcoast.com.au  
**Web:** www.homeinstead.com.au  
Private non-medical provider of home care services for older people. Companionship, personal assistance, and meal preparation.

**Just Better Care - Gold Coast**  
Suite 18 Lvl 2 Runaway Bay Marina, 247 Bayview Street,  
RUNAWAY BAY QLD 4216  
**P: (07) 5577 3600**  
**E:** mailgc@justbettercare.com.au  
**Web:** www.justbettercare.com.au

Domestic Assist, Personal Care, Respite, Dementia care, Support for a person with a disability, Transportation or Overnight care, Social Support under HACC Program or privately.

**Kalwun Development Corporation**  
PO Box 2123, NERANG QLD 4211  
**P: (07) 5578 3434**  
**E:** kalwunde@kalwun.com.au  
**Web:** www.kalwun.com.au  
Services and facilities for ATSI people in the areas of housing, health, aged care, child protection and family support, youth and employment. The Kalwun housing program provides affordable long-term accommodation.

**Kalwun HACC**  
PO Box 2123, NERANG QLD 4211  
118 Bonogin Road, MUDGEERABA QLD 4213  
**P: (07) 5522 9197**  
**E:** agedcare@kalwun.com.au  
**Web:** www.kalwun.com.au  
Supports ATSI people in the Gold Coast area through the ageing process.

**Lutheran Community Care**  
PO Box 1535, MILTON QLD 4064  
24 McDougall Street, MILTON QLD 4064  
**P: (07) 3511 4037**  
**E:** lcc.admin@lccqld.org.au  
**Web:** www.lccqld.org.au  
Responds to community needs in the areas of aged care, respite, community services & chaplaincy.

**Medi Aid Foundation**  
PO Box 2092, SURFERS PARADISE QLD 4217  
**P: (07) 5570 2604**  
**E:** admin@oceanbluerealty.com.au  
**Web:** www.oceanbluerealty.com.au  
A privately owned and operated non-profit organisation which, in Queensland, provides subsidised accommodation for Seniors 55 years and over, who are suffering from social and financial hardship. Contact for more information.

**Multicultural Communities Council Gold Coast**  
PO Box 345, ASHMORE CITY QLD 4214  
1 Dominions Road, ASHMORE QLD 4214  
**P: (07) 5527 8011**  
**E:** mail@mccgc.com.au  
**Web:** www.mccgc.com.au  
Promotes the wellbeing of CALD communities through various advocacy groups, aged services, and lifestyle and community support programs.

**MultiLink Community Services Inc**  
PO Box 146, WOODRIDGE QLD 4114  
38 Blackwood Road, LOGAN CENTRAL QLD 4114  
**P: (07) 3808 4463**  
**E:** support@multilink.org.au  
**Web:** www.multilink.org.au  
Provides a wide range of youth, aged, disability and multicultural services.

**Oxenford & Coomera Community Youth Centre**  
25 Oxenford Tamborine Road, OXENFORD QLD 4210  
**P: (07) 5529 8087**  
**E:** admin@youthcentre.org.au  
**Web:** www.youthcentre.org.au  
Aged, Youth & Family Groups and Support; Sport & Recreation; Job Readiness Program; Counselling; Maori & PI Workshops; JP Service; Free Legal Advice; Free Tax Return Help; Hall Hire.

**Ozcare**  
PO Box 912, FORTITUDE VALLEY QLD 4006  
66 River Terrace, KANGAROO POINT QLD 4169  
**P: (07) 3028 9000**  
**E:** Via website.  
**Web:** www.ozcare.org.au  
Aged Care; Community Health; Community Care; Community Support - Drug and Alcohol Services, Community Access Disability Services, Homeless Men's Hostels, Women's Refuges and Shelters, Family Accommodation Programs, Rural Families Projects.

**Ozcare - Dementia Advisory and Support Services**  
North Hill Drive, ROBINA QLD 4226  
**P: (07) 5569 6200**  
**E:** caroline.davitt2ozcare.org.au  
**Web:** www.ozcare.org.au  
A state-wide Home and Community Care (HACC) funded program designed to assist service providers, people living with dementia and their carers. Provides Client care co-ordination, Counselling/Support, Information, Advocacy, Education and Training.

**Ozcare Ashmore Day Respite Centre**  
PO Box 1027, ASHMORE CITY QLD 4214  
100 Usher Avenue, LABRADOR QLD 4215  
**P: (07) 5500 2465**  
**E:** respite.ashmore@ozcare.org.au  
**Web:** www.ozcare.org.au  
Day Respite Centres provide quality daytime respite care to the frail, aged, people with disabilities and those with mental health issues.

**Ozcare Burleigh Heads Day Respite Centre**

PO Box 1114, BURLEIGH HEADS QLD 4220  
 8 Matilda Street, BURLEIGH HEADS QLD 4220  
**P: (07) 5576 3577**

**E:** respite.burleigh@ozcare.org.au

**Web:** www.ozcare.org.au

Day Respite Centres provide quality daytime respite care to the frail, aged, people with disabilities and those with mental health issues.

**Ozcare Gold Coast Community Health**

PO Box 4094, ROBINA TOWN CENTRE QLD 4230  
 North Hill Drive, Lot 801, Highfield Drive,  
 ROBINA QLD 4226

**P: (07) 5569 6200**

**E:** comcare.robina@ozcare.org.au

**Web:** www.ozcare.org.au

A range of care services, including Nursing, Mental Health and Allied Health, and Social Support, to members of the community, from infants to the aged. Programs provide care and assistance 24 hours a day, seven days a week, according to client needs.

**Ozcare Keith Turnbull Place Labrador**

52 Imperial Parade, LABRADOR QLD 4215  
**P: (07) 5558 7177**

**E:** cf.labrador@ozcare.org.au

**Web:** www.ozcare.org.au

Residential Centre-based Respite - 24 Hour Care, Low Care - Single Rooms with Ensuites, High Care, Special Care Unit, Married Couples Accommodation, Activities Program, Swimming Pool.

**Ozcare North Gold Coast Community Support**

PO Box 613, ASHMORE CITY QLD 4214  
 3 Frinton Street, SOUTHPORT QLD 4215  
**P: (07) 5583 7860**

**E:** comcare.labrador@ozcare.org.au

**Web:** www.ozcare.org.au

Community Support - Family Accommodation Programs; HACC Homeless Outreach Program; Resident Support Program.

**Ozcare Ozanam Villa Burleigh**

20 Matilda Street, BURLEIGH HEADS QLD 4220  
**P: (07) 5576 4055**

**E:** cf.burleigh@ozcare.org.au

**Web:** www.ozcare.org.au

Residential Centre-based Respite - 24 Hour Care, Low Care - Single Rooms with Ensuites and Balconies, High Care, Special Care Unit, Married Couples Accommodation, Fully Furnished Rooms, Activities Program, Library.

**Ozcare Parkwood Gardens**

PO Box 697, LABRADOR QLD 4215  
 100 Usher Avenue, LABRADOR QLD 4215  
**P: (07) 5500 2400**

**E:** cf.parkwoodgardens@ozcare.org.au

**Web:** www.ozcare.org.au

Residential Centre-based Respite - 24 Hour Care, Low Care - Single Rooms with Ensuites, High Care, Special Care Unit, Married Couples Accommodation, Activities Program.

**Ozcare Runaway Bay Day Respite Centre**

344 Oxley Drive, RUNAWAY BAY QLD 4216  
**P: (07) 5558 7080**

**E:** respite.runawaybay@ozcare.org.au

**Web:** www.ozcare.org.au

Day Respite Centres provide quality daytime respite care to the frail, aged, people with disabilities and those with mental health issues.

**Palliative Care Information Service**

PO Box 2020, WINDSOR QLD 4030  
**P: 1800 772 273**

**E:** info@pcis.org.au

**Web:** www.pcis.org.au

A state-wide telephone service that provides information, emotional and counselling support to individuals affected by life-limiting or terminal illness. All services are provided free of charge to families, friends, carers and health professionals.

**Palm Beach Happy Group**

Tenth Avenue, PALM BEACH QLD 4221  
**P: (07) 5535 6444**

**E:** mowpalmbeach@bigpond.com

Social interaction and friendship for frail aged and disabled.

**Palm Beach Share "n" Care Centre**

Tenth Avenue, PALM BEACH QLD 4221  
**P: (07) 5535 6444**

**E:** mowpalmbeach@bigpond.com

Variety of activities for over 50's and meals on wheels.

**Paradise Point Meals on Wheels**

PO Box 440, PARADISE POINT QLD 4216  
**P: (07) 5577 3188**

**E:** ppmow@bigpond.com

**Web:** www.qmow.org

Delivered meals to frail, aged, younger disabled and their carers.

**Qld Aged & Disability Advocacy Inc (QADA)**

121 Copperfield Street, GEEBUNG QLD 4034  
**P: 1800 818 338**

**E:** info@qada.org.au

**Web:** www.qada.org.au

Advocacy support to recipients or potential recipients of HACC services, CACP's and EACH packages, and residents of aged care facilities, with issues regarding their service provision. Also provides an advocacy service to adults whose decision making capacity is being questioned with guardianship and administration matters.

**Real Community Services (RCS) Staffing Agency**

Po Box 1249, OXLEY QLD 4075  
 2145 Ipswich Road, OXLEY QLD 4075  
**P: (07) 3725 6500**

**E:** bookings@realcommunityservices.com.au

**Web:** www.realcommunityservices.com.au

Specialises in the recruitment of temporary, permanent and contract (locum) staffing needs in the human services industry.

**RSL Home Care Gold Coast**

Level 1 Lawrence Plaza, 9-11 Lawrence Drive,  
 NERANG QLD 4211

**P: 1300 796 111**

**E:** intake@rslcare.com.au

**Web:** www.rslcare.com.au

Supports the needs of older Australians through the provision of quality health, care services, day to day living and accommodation options.

**Seniors Enquiry Line and Time for Grandparents Program**

PO Box 108, FORTITUDE VALLEY QLD 4006  
**P: 1300 135 500**

**E:** sel@lccq.org.au

**Web:** www.seniorsenquiryline.com.au

A state-wide information and referral service providing seniors, their family, friends, grandparents and carers access to information on topics of interest to seniors.

**Southern Cross Community Services**

Suite 12, 34 Glenferrie Drive, ROBINA QLD 4230  
**P: (07) 5580 8755**

**E:** sharone@sccqld.com.au

**Web:** www.sccqld.com.au

Residential Care, Community Care and Retirement Living. Community care services include domestic assistance, personal support and In-home respite.

**Southern Star Community Services**

Chestnut Street, ELANORA QLD 4221  
**P: (07) 5535 3422**

**E:** southernstar1@bigpond.com

**Web:** www.centacarebrisbane.net.au

For persons 5 - 65 years with 1 or more disabilities. In-home respite and variety of day activities.

**Spiritus - Central Referral Agency**  
PO Box 167, STONES CORNER QLD 4120  
138 Juliette Street, GREENSLOPES QLD 4120  
**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spiritus ABRI HOME**

**P: (07) 5555 4888**

**Web:** www.spiritus.org.au

Offers high and low care for residents, respite care and secure dementia-specific care. Also offers residents a range of lifestyle services.

**Spiritus Community Care**

**P: 1300 785 853**

**Web:** www.spiritus.org.au

In-home Nursing and Personal Care; Community Aged Care Packages; Veterans' Home Care; In-home and centre based Respite Services; Social support services; Healthy living wellness programs; Domestic assistance; Palliative care; Chronic conditions self-management; Mobile Acute Care; Homeless Program.

**St Vincent de Paul Society**

**P: (07) 3010 1000**

**E:** state.admin@svdpqld.org.au

**Web:** www.vinnies.org.au

Services for people in need include: aged care, migrant and refugee services, home, hospital, prison and detention centres visitation, homeless person's services, clothing and assistance centres, care for people with psychiatric disabilities, vocational services for people with a disability, drug, alcohol and gambling counselling, financial counselling, disaster recovery and street vans as well as specialised Vinnies Youth services.

**St Vincent de Paul Society - Gold Coast**

PO Box 418, LABRADOR QLD 4215

**P: (07) 5561 4710**

**E:** gcc.office.dc@svdpqld.org.au

**Web:** www.vinnies.org.au

Services to individuals and families including: Home, hospital, aged care and prison visitations; Emergency Assistance & Food Relief; Child & Family Programs, Counselling Services; Home Assistance; Beaudesert Food Division; Beaudesert Housing; and Vinnies Centres. Helpline: (07) 5561 4702. Home Assist: (07) 5598 1073 Home Maintenance: (07) 5561 4701.

**Telecross**

PO Box 1822, MILTON QLD 4064

Humanity Place, 49 Park Road, MILTON QLD 4064

**P: 1300 885 698**

**E:** qldredcross@redcross.org.au

**Web:** www.redcross.org.au/qld

Provides a daily reassurance telephone call to the frail, aged, people with a disability or medically at risk to check on their health and well-being.

**The Australian Red Cross**

PO Box 1822, MILTON QLD 4064

Humanity Place, 49 Park Road, MILTON QLD 4064

**P: 1300 554 419**

**E:** qldredcross@redcross.org.au

**Web:** www.redcross.org.au/qld

Aged Care and Health Services - Community Visitors Scheme, Emergency Medical Accommodation Centres, Personal Helpers & Mentors Program; Business, Training and Employment Services; Emergency Services; Family Support Services; First Aid, Health and Safety Services; Community Partnering; Youth and Development Services; Migration support.

**Transcord Community Transport Inc**

PO Box 4207, ASHMORE QLD 4214

Unit 2, 153 Cotlew Street, ASHMORE QLD 4214

**P: (07) 5539 3733**

**E:** transcom@redzone.com.au

Co-ordinates transport to enable frail aged people, people with disabilities and their carers on the Gold Coast to attend allied health, medical appointments and social appointments.

**Veteran's Home Care**

**P: 133 254**

**E:** vhomecare@dva.gov.au

**Web:** www.dva.gov.au

The Veterans' Home Care (VHC) program provides low level home care services to eligible veterans and war widows and widowers. Arrange an Assessment for Respite Services.

**VVCS - Veterans and Veterans Families Counselling Service**

PO Box 166, SPRING HILL QLD 4004

15 Astor Terrace, SPRING HILL QLD 4000

**P: 1800 011 046**

**Web:** www.dva.gov.au

Counselling and group programs to Australian veterans, peacekeepers and their families. VVCS is a specialised, free and confidential Australia-wide service with 24hr telephone support; face to face; and outreach and counselling services.

**Wesley Mission Brisbane - Gold Coast Service Hub**

208 Highfield Drive, ROBINA QLD 4226

**P: (07) 5569 1800**

**E:** yara@wmb.org.au

**Web:** www.wmb.org.au

Offers practical youth programs and community care services for the elderly including home support and youth homelessness or disengagement from school programs.

**Alzheimer's & Dementia**

**Aged Care Australia**

GPO Box 9848, CANBERRA ACT 2601

**P: 1800 500 853**

**E:** agedcare.website@health.gov.au

**Web:** www.agedcareaustralia.gov.au

Online information source including Aged care home finder; Community care service finder; and Aged Care Assessment Team (ACAT) Finder.

**Alzheimer's Association QLD**

11 Abbotsford Road, BOWEN HILLS QLD 4006

**P: 1800 639 331**

**E:** helpline@alzheimersonline.org

**Web:** www.alzheimersonline.org

A 24Hr Helpline providing information and support on Alzheimer's and other forms of dementia.

**Alzheimer's Australia (Gold Coast)**

90 Allied Drive, ARUNDEL QLD 4214

**P: (07) 5594 0270**

**E:** rhreception@alzgc.asn.au

**Web:** www.alzheimers.org.au

The peak body providing education, advocacy, information and support for Australians living with dementia, their families and carers. Providing: Support, Information and referrals, Education, Community advocacy and Centre based respite.

**Blue Care**

PO Box 1539, MILTON BC QLD 4064

**P: (07) 3377 3377**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Allied health services; Commonwealth Carer Respite Centres; Community Aged Care services; Disability services; Domestic & Lifestyle Care Assistance; Retirement Living; Pastoral care and counselling; Residential aged care; Respite services; and Volunteer services.

**Blue Care Amaroo Aged Care Facility**

PO Box 692, BIGGERA WATERS QLD 4216

68-78 Keith Compton, TWEED HEADS NSW 2485

**P: (07) 5536 1388**

**E:** amaroo@bluecare.org.au

**Web:** www.bluecare.org.au

Residential Pastoral Care, Dementia & Respite Aged Care facility.



**Blue Care Beaudesert Community Care and Allied Health Services**

PO Box 340, BEAUDESERT QLD 4285  
7 Duckett Street, BEAUDESERT QLD 4285  
**P: (07) 5541 2280**

**E:** beaudesert.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Blue Care Beenleigh Community Care and Allied Health Services**

PO Box 484, BEENLEIGH QLD 4207  
32-50 Mt Warren Boulevard, MT WARREN PARK QLD 4207

**P: (07) 3287 2041**

**E:** beenleigh.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers. Volunteer Service also.

**Blue Care Coomera Community Care**

12 Jowett Street, COOMERA QLD 4209  
**P: (07) 5573 7433**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, or people with a disability.

**Blue Care Fassifern Community & Respite Care**

PO Box 152, BOONAH QLD 4310  
10a Macquarie Street, BOONAH QLD 4310

**P: (07) 5463 2684**

**E:** fassifern.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Blue Care Labrador Gardens Aged Care Facility**

PO Box 692, BIGGERA WATERS QLD 4216  
83 Muir Street, LABRADOR QLD 4215

**P: (07) 5571 3622**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Residential Dementia & Low and High Care Aged Care facility.

**Blue Care Lower South Coast/Tweed Community Care**

1 Pines Lane, ELANORA QLD 4221

**P: (07) 5534 6177**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, or people with a disability.

**Blue Care Tweed Coast Community Care**

Shop 4a / 34 Oyster Point Road,  
BANORA POINT NSW 2486

**P: (07) 5524 6277**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Community Care and Aged Care Home Support.

**Commonwealth Respite and Carelink Centre**

Level 1 23 Main Street, VARSITY LAKES QLD 4213

**P: 1800 052 222**

**E:** carelink.robina@bluecare.org.au

**Web:** www.commcarelink.health.gov.au

Free and confidential information on community aged care, disability, ageing packages, nursing, carer respite, community and other support services available locally.

**Commonwealth Respite and Carelink Centres**

**P: 1800 052 222**

**E:** commcarelink@health.gov.au

**Web:** www.commcarelink.health.gov.au

Information centres for older people, people with disabilities and those who provide care and services. Provide free and confidential information on community aged care, disability and other support services available locally, interstate or anywhere within Australia.

**Dementia Behaviour Management Advisory Service (DBMAS)**

**P: 1800 699 799**

**Web:** www.dbmasqld.org.au

Works directly with people to help them better understand the reasons and causes of behaviours and to manage and care for people with dementia. 24/7 telephone support and information available.

**Department of Human Services NSW Ageing, Disability and Home Care - Far North Coast**

PO Box 305, TWEED HEADS NSW 2485

Hutton House 40 Frances Street,

TWEED HEADS NSW 2485

**P: (07) 5536 0400**

**E:** BMFNC@dadhc.nsw.gov.au

**Web:** www.dadhc.nsw.gov.au

Provides support and services to older people, people with disabilities, and their carers in NSW.

**FSG**

PO Box 2597, SOUTHPORT QLD 4215

16 Railway Street, SOUTHPORT QLD 4215

**P: (07) 5564 0655**

**E:** info@fsg.org.au

**Web:** www.fsg.org.au

Committed to innovation in human service delivery in Disability, Mental Health, Aged Care, Child Safety and Carer Support.

**Ozcare**

PO Box 912, FORTITUDE VALLEY QLD 4006

66 River Terrace, KANGAROO POINT QLD 4169

**P: (07) 3028 9000**

**E:** Via website.

**Web:** www.ozcare.org.au

Aged Care; Community Health; Community Care; Community Support - Drug and Alcohol Services, Community Access Disability Services, Homeless Men's Hostels, Women's Refuges and Shelters, Family Accommodation Programs, Rural Families Projects.

**Ozcare - Dementia Advisory and Support Services**

North Hill Drive, ROBINA QLD 4226

**P: (07) 5569 6200**

**E:** caroline.davitt2ozcare.org.au

**Web:** www.ozcare.org.au

A state-wide Home and Community Care (HACC) funded program designed to assist service providers, people living with dementia and their carers. Provides Client care co-ordination, Counselling/Support, Information, Advocacy, Education and Training.

**Spiritus ABRI HOME**

**P: (07) 5555 4888**

**Web:** www.spiritus.org.au

Offers high and low care for residents, respite care and secure dementia-specific care. Also offers residents a range of lifestyle services.

**Spiritus Community Care**

**P: 1300 785 853**

**Web:** www.spiritus.org.au

In-home Nursing and Personal Care; Community Aged Care Packages; Veterans' Home Care; In-home and centre based Respite Services; Social support services; Healthy living wellness programs; Domestic assistance; Palliative care; Chronic conditions self-management; Mobile Acute Care; Homeless Program.



## Anger Management

### Bond University Psychology Clinic

Ground Floor Humanities and Social Science Building,  
Bond University, University Drive, ROBINA QLD 4229

**P: (07) 5595 2527**

**E:** psych\_clinic@bond.edu.au

**Web:** www.bond.edu.au/life-at-bond/facilities-services/psychology-clinic

A private university teaching clinic for psychologists undertaking postgraduate study in clinical or forensic psychology, and functions as a centre for clinical research providing psychological services to the Gold Coast community.

### Centacare Catholic Family and Community Services

50 Fairway Drive, CLEAR ISLAND WATERS QLD 4226

**P: (07) 5527 7211**

**E:** cgc@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life.

### Centacare Catholic Family and Community Services

Suite 50/207 Currumburra Road, ASHMORE QLD 4212

**P: (07) 5556 9900**

**E:** ash@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life.

### Centacare Catholic Family and Community Services

PO Box 289, FORTITUDE VALLEY QLD 4006

58 Morgan Street, FORTITUDE VALLEY QLD 4006

**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life. Counselling programs include Anger Management and Domestic and Family Violence Prevention (groups for men, women and children) and court support services.

### Community Care Beenleigh Districts Inc

Office 3 53 York Street, BEENLEIGH QLD 4207

**P: (07) 3807 7355**

**E:** commcarebeen@optusnet.com.au

**Web:** www.communitycarebeenleigh.com

Individual, relationship & financial counselling; Lifestyle workshops including anger management & self-esteem; Referral & Advocacy.

### Lifeline

PO Box 307, BROADBEACH QLD 4218

2741 Gold Coast Highway, BROADBEACH QLD 4218

**P: (07) 5579 6000**

**E:** reception.goldcoast@lccq.org.au

**Web:** www.lifeline.org.au/goldcoast

Child, Youth and Family Services; Personal Counselling; Financial Counselling; Anger Management Courses; Child and Youth Sexual Abuse Service; Suicide Bereavement & Grief Support.

### Newlife Care

4 Greenwich Court, ROBINA QLD 4226

**P: (07) 5593 3262**

**E:** newlifecare@newlife.unitingchurch.org.au

**Web:** www.newlifecareinc.com.au

Provides counselling and support to people in the community who may be experiencing either discomfort in their personal life or their relationship with others. Areas include: Anger management; Abuse (Physical, psychological and sexual); Anxiety; Child and teenage management; Depression; Divorce and separation; Family conflict; Financial Counselling; Gambling; Gender Issues; Grief and loss; Guilt; Relationship issues; Role issues; Self esteem; and Stress management.

### Palm Beach Neighbourhood Centre

16 Third Avenue, PALM BEACH QLD 4221

**P: (07) 5598 1505**

**Web:** www.palmbeachnc.org.au

Financial counselling, Family, child and youth short term counselling, parenting programs, personal development workshops and self-help groups.

### Relationships Australia

13/107 Miles Platting Road,

EIGHT MILE PLAINS QLD 4113

**P: 1300 364 277**

**E:** generalenquiries@relateqld.com.au

**Web:** www.relationships.com.au

Delivers a wide range of services including: counselling, family dispute resolution, personal development and education, parenting skills training, men and family relationships programs, specialised family violence programs, early intervention services, child-focused programs and practices, and programs which specifically engage indigenous and culturally and linguistically diverse (CALD) families, groups and communities. Victims Counselling and Support Service: 1300 139 703  
www.vcss.org.au Aftercare Resource Centre: 1800 501 560  
www.aftercareresourcecentre.org.au Gambling Help Service: 1800 858 858 - For services in your local area.

### Spiritus - Central Referral Agency

PO Box 167, STONES CORNER QLD 4120

138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

### Spiritus Counselling and Education Services - Kinctions

PO Box 8121, WOOLLOONGABBA QLD 4102

5 Reid Street, WOOLLOONGABBA QLD 4102

**P: 1300 114 397**

**E:** kinctions@spiritus.org.au

**Web:** www.kinctions.com.au

A family and relationships counselling service providing individual and group counselling and educational services to Queensland families and agencies, including the Family Relationship Services Program (FRSP) and Domestic and Family Violence Program.

### The Family Centre Inc

Rivendell Drive, TWEED HEADS SOUTH NSW 2486

**P: (07) 5524 8711**

**E:** info@thefamilycentre.org.au

**Web:** www.thefamilycentre.org.au

Provides a range of services to families, including family support & parenting education.

### The Salvation Army Counselling Service - Gold Coast

PO Box 318, SOUTHPORT QLD 4215

**P: (07) 5531 3471**

**E:** goldcoastsalvos@aue.salvationarmy.org

**Web:** www.salvos.org.au

Christian compassion and support, guidance and counsel to individuals, couples and families. The service is open to people of all ages, and in all walks of life.

**Youth & Family Service (Logan City) Inc.**  
PO Box 727, WOODRIDGE QLD 4114  
376 Kingston Road, SLACKS CREEK QLD 4127  
**P: (07) 3826 1500**

**E:** yfs@yfs.org.au

**Web:** www.yfs.org.au

YFS is a not-for-profit organisation, run by, for and with the local community. People of all ages in Logan City and the surrounding areas use YFS services. We aim to help people overcome problems and reach their goals in life. We offer many different services, from legal advice to disability support; from counselling to help finding work.

## Anxiety

### Anxiety Online

PO Box 218, HAWTHORNE VIC 3122

**E:** contactus@anxietyonline.org.au

**Web:** www.anxietyonline.org.au

A comprehensive online mental health service offering information, assessment, online diagnosis and treatment programs ("eTherapy") for various anxiety disorders.

### Anxiety Self Help Support Group (MHAQ)

GPO Box 78, BRISBANE QLD 4001

Unit 30, 3 - 15 Jackman Street, SOUTHPORT QLD 4215

**P: 1300 729 686**

**E:** mhconnect@mentalhealth.org.au

**Web:** www.mentalhealth.org.au

This group offers a warm, comfortable environment for those people living with anxiety who are seeking to improve their quality of life. The objectives of the group are to provide self help support, education and point people in directions that will help them. Group meets 4th Monday of the month 6:30pm until 8:30pm. For more information please contact mhConnect on 1300 729 686 or visit the MHAQ Website Support Groups page.

### beyondblue: the national depression initiative

PO Box 6100, HAWTHORNE WEST VIC 3122

**P: 1300 224 636**

**E:** bb@beyondblue.org.au

**Web:** www.beyondblue.org.au

beyondblue is a national, independent, not-for-profit organisation working to address increase awareness and understanding of depression, anxiety and related disorders in Australia. For information on depression, anxiety and related disorders, available treatments and where to get help, visit www.beyondblue.org.au or call the beyondblue info line 1300 22 4636.

### Bond University Psychology Clinic

Ground Floor Humanities and Social Science Building,  
Bond University, University Drive, ROBINA QLD 4229

**P: (07) 5595 2527**

**E:** psych\_clinic@bond.edu.au

**Web:** www.bond.edu.au/life-at-bond/facilities-services/psychology-clinic

A private university teaching clinic for psychologists undertaking postgraduate study in clinical or forensic psychology, and functions as a centre for clinical research providing psychological services to the Gold Coast community.

### Centacare Catholic Family and Community Services

PO Box 289, FORTITUDE VALLEY QLD 4006

58 Morgan Street, FORTITUDE VALLEY QLD 4006

**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life. Counselling programs include Anger Management and Domestic and Family Violence Prevention (groups for men, women and children) and court support services.

### Centre for Clinical Interventions

223 James Street, NORTHBRIDGE WA 6003

**P: (08) 9227 4399**

**E:** info.cci@health.wa.gov.au

**Web:** www.cci.health.wa.gov.au

Downloadable Information Packs/Workbooks for consumers (e.g. Depression; Social Anxiety; Bipolar; Panic; Worrying; Self-Esteem; Procrastination; Perfectionism; Assertiveness; Disordered Eating) and worksheets for clinicians.

### Clinical Research Unit for Anxiety and Depression (CRUFAD)

Level 4 O'Brien Building, Victoria Street Cnr. Burton Street  
DARLINGHURST NSW 2010

**P: (02) 8382 1408**

**E:** Via website.

**Web:** www.crufad.com

An Internet-based learning system that provides health and wellbeing courses for patients referred by their GP (General Practitioner) or other clinicians.

### Currumbin Clinic

37 Bilinga Street, CURRUMBIN QLD 4223

**P: (07) 5534 4944**

**E:** currumbinclinic@healthecare.com.au

**Web:** www.currumbinclinic.com.au

A private psychiatric clinic assisting those in need of psychiatric care whether it be mood, anxiety, psychiatric or drug and alcohol related.

### DepNet

**E:** info@depnet.com.au

**Web:** www.depnet.com.au

An interactive depression website providing information and support for people with depression and/or anxiety.

### e-hub online services

Corner Mills & Eggleston Roads,  
Australian National University, CANBERRA ACT 2000

**P: (02) 6125 2741**

**E:** ehub@anu.edu.au

**Web:** www.ehub.anu.edu.au

Free anonymous self-help programs based on best available research evidence. BluePages and Beacon provide information about common mental health problems and where to get help. MoodGYM provides cognitive-behaviour therapy skills for managing and preventing depression. e-couch provides skills training from various therapies to help with depression, anxiety, divorce and grief. BlueBoard provides online peer support for people over 18 years.

### headspace Gold Coast

2/126 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5509 5900**

**E:** admin@headspacegoldcoast.org.au

**Web:** www.headspace.org.au/goldcoast

A youth friendly hub that provides services across four core streams: primary health care, mental health and alcohol and other drug (AOD) services, and social/vocational services.

### Illoura Child and Family Counselling Centre

31 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 1955**

**E:** illoura@qb.com.au

**Web:** www.qbc.com.au

Child and Family Counselling; Premarital, Marriage/ Relationship Counselling; Loss & Grief; Stress/ Anxiety/ Depression; Mediation; Addiction; Sexual Abuse; Domestic Violence Counselling. Programs:- Parenting Courses; Family fun days; Women's nights out; Arts and Crafts; Cooking Classes; Christmas Luncheon.

### Lifeline

PO Box 307, BROADBEACH QLD 4218

2741 Gold Coast Highway, BROADBEACH QLD 4218

**P: (07) 5579 6000**

**E:** reception.goldcoast@lccq.org.au

**Web:** www.lifeline.org.au/goldcoast

Child, Youth and Family Services; Personal Counselling; Financial Counselling; Anger Management Courses; Child and Youth Sexual Abuse Service; Suicide Bereavement & Grief Support.

**Newlife Care**

4 Greenwich Court, ROBINA QLD 4226

**P: (07) 5593 3262**

**E:** newlifecare@newlife.unitingchurch.org.au

**Web:** www.newlifecareinc.com.au

Provides counselling and support to people in the community who may be experiencing either discomfort in their personal life or their relationship with others. Areas include: Anger management; Abuse (Physical, psychological and sexual); Anxiety; Child and teenage management; Depression; Divorce and separation; Family conflict; Financial Counselling; Gambling; Gender Issues; Grief and loss; Guilt; Relationship issues; Role issues; Self esteem; and Stress management.

**NSW Association for Mental Health**

Level 5, 80 William Street, EAST SYDNEY NSW 2011

**P: (02) 9399 6000**

**E:** mha@mentalhealth.asn.au

**Web:** www.mentalhealth.asn.au

Provides information, support and education to people who are affected by the symptoms of mental illness. MHA provides two information lines: the Mental Health Information Service (1300 794 991) and the Anxiety Disorders Information Line (1300 794 992).

**Palm Beach Neighbourhood Centre**

16 Third Avenue, PALM BEACH QLD 4221

**P: (07) 5598 1505**

**Web:** www.palmbeachnc.org.au

Financial counselling, Family, child and youth short term counselling, parenting programs, personal development workshops and self-help groups.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120

138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spiritus Counselling and Education Services - Kinections**

PO Box 8121, WOOLLOONGABBA QLD 4102

5 Reid Street, WOOLLOONGABBA QLD 4102

**P: 1300 114 397**

**E:** kinections@spiritus.org.au

**Web:** www.kinections.com.au

A family and relationships counselling service providing individual and group counselling and educational services to Queensland families and agencies, including the Family Relationship Services Program (FRSP) and Domestic and Family Violence Program.

**The Salvation Army Counselling Service - Gold Coast**

PO Box 318, SOUTHPORT QLD 4215

**P: (07) 5531 3471**

**E:** goldcoastsalvos@aue.salvationarmy.org

**Web:** www.salvos.org.au

Christian compassion and support, guidance and counsel to individuals, couples and families. The service is open to people of all ages, and in all walks of life.

**Tweed Community Health - Child & Family Health Counselling**

Powell Street, TWEED HEADS NSW 2485

**P: (07) 5506 7540**

**Web:** www.ncahs.nsw.gov.au

Child and Family Health Counsellors visit to help children who may be experiencing psychological, social or emotional difficulties and their families.

**Youthbeyondblue**

PO Box 6100, HAWTHORNE WEST VIC 3122

**P: 1300 224 636**

**E:** bb@beyondblue.org.au

**Web:** www.youthbeyondblue.com

Youthbeyondblue is the arm of beyondblue that has a specific focus on young people aged 12 to 25 years. Youthbeyondblue programs and projects centre on early intervention and prevention of high prevalence mental health problems for young people and also on increasing awareness and understanding of depression, anxiety and related disorders in Australian Youth. For information on depression, anxiety and related disorders, available treatments and where to get help, visit [www.youthbeyondblue.com](http://www.youthbeyondblue.com) or call the beyondblue info line 1300 22 4636.

**Attention-Deficit Hyperactivity Disorder (ADD/ADHD)****ADDers**

**E:** forums@adders.org

**Web:** www.adders.org

UK based online information and support for child and adult sufferers, family and friends of people with ADD/ADHD. Full listing of support groups by country.

**ADDults with ADHD (NSW) Inc.**

Flat 2 Macquarie Hospital, Gate 51 Wicks Road,

NORTH RYDE NSW 2113

**P: (02) 9889 5977**

**E:** info@add.org.au

**Web:** www.add.org.au

Telephone Helpline offering support and information to adults and their families. Referral register for professionals and services available in this field. Range of information and awareness campaigns.

**Bond University Psychology Clinic**

Ground Floor Humanities and Social Science Building,

Bond University, University Drive, ROBINA QLD 4229

**P: (07) 5595 2527**

**E:** psych\_clinic@bond.edu.au

**Web:** www.bond.edu.au/life-at-bond/facilities-services/psychology-clinic

A private university teaching clinic for psychologists undertaking postgraduate study in clinical or forensic psychology, and functions as a centre for clinical research providing psychological services to the Gold Coast community.

**Kingston East Neighbourhood Group Inc**

P.O Box 622, WOODRIDGE QLD 4114

177 Meakin Road, SLACKS CREEK QLD 4127

**P: (07) 3808 1684**

**E:** admin@keng.org.au

**Web:** www.keng.org.au

Promotes personal well-being through access to information, resources and learning opportunities that respond to the needs of the community.

**Learning Connections Centre**

PO Box 11, PADDINGTON QLD 4064

Chapel Street, BRISBANE QLD 4000

**P: (07) 3369 1011**

**E:** info@learningconnections.com.au

**Web:** www.learningconnections.com.au

Practical and effective help for children of all ages with learning, behaviour, autistic spectrum, attention disorders and developmental delay.

**Living with ADHD**

**Web:** www.livingwithadhd.com.au

Information and support for those who are affected by ADD/ADHD.

**Parentline**

PO Box 2000, MILTON QLD 4064

**P: 1300 301 300**

**E:** parentline@boystown.com.au

**Web:** www.parentline.com.au

Confidential telephone and online counselling available.

Supports and nurtures positive, caring relationships between parents, children, teenagers and significant other people who are important to the well-being of families.

**Qld Centre for Learning Behaviour Disorders**

69 Sherwood Road, TOOWONG QLD 4066

**P: (07) 3217 7066**

Assesses for ADD & related conditions plus remedial, emotional counselling & support for parents & children. Behavioural management help.

**Raising Children Network**

**E:** Via website.

**Web:** www.raisingchildren.net.au

Provides information that can help parents with the day-to-day decisions of raising children, and looking after their own needs.

**SPELD Queensland Inc**

PO Box 1238, COORPAROO QLD 4151

Queen Alexandra Home, Annexe Level 1, 347 Old Cleveland Road COORPAROO QLD 4151

**P: (07) 3394 2566**

**E:** speld@speld.org.au

**Web:** www.speld.org.au

A NFP association for parents and professionals dedicated to helping children and adults who have specific learning disabilities. Services include: tutoring, assessment, assistive technology, library, information sessions for parents and teachers and a free advisory line.

**Tweed Community Health - Child & Family Health Counselling**

Powell Street, TWEED HEADS NSW 2485

**P: (07) 5506 7540**

**Web:** www.ncahs.nsw.gov.au

Child and Family Health Counsellors visit to help children who may be experiencing psychological, social or emotional difficulties and their families.

**Autism & Asperger Syndrome****Asperger Services Australia**

P O Box 159, VIRGINIA QLD 4014

Shop 4 & 5, 235 Zillmere Road, ZILLMERE QLD 4034

**P: (07) 3865 2911**

**E:** office@asperger.asn.au

**Web:** www.asperger.asn.au

Provides support, referral and information to parents, families, carers, siblings, children and those with Asperger's.

**Autism Gold Coast Inc**

PO Box 2272, BURLEIGH HEADS QLD 4220

**P: (07) 5559 1747**

**E:** admin@autismgoldcoast.com.au

**Web:** www.autismgoldcoast.com.au

A self help, non profit, registered charity, and support group that holds information sessions, workshops and sibling support programs. Also provides a Resource library, telephone and email support and Family activities.

**Autism Queensland**

PO Box 354, SUNNYBANK QLD 4109

473 Hellawell Road, SUNNYBANK HILLS QLD 4109

**P: (07) 3273 0000**

**E:** admin@autismqld.com.au

**Web:** www.autismqld.com.au

Provides a comprehensive range of specialised services and family and respite support for people of all ages living with Autism and their families throughout Queensland.

**Behavioural Neurotherapy Clinic**

2/314 Manningham Road, DONCASTER VIC 3108

**P: (03) 9848 9100**

**Web:** www.adhd.com.au

Information available online for ADHD, Adult ADHD, Learning Difficulties, Dyslexia, autism and IBS.

**Currumbin Clinic**

37 Bilinga Street, CURRUMBIN QLD 4223

**P: (07) 5534 4944**

**E:** currumbinclinic@healthecare.com.au

**Web:** www.currumbinclinic.com.au

A private psychiatric clinic assisting those in need of psychiatric care whether it be mood, anxiety, psychiatric or drug and alcohol related.

**Learning Connections Centre**

PO Box 11, PADDINGTON QLD 4064

Chapel Street, BRISBANE QLD 4000

**P: (07) 3369 1011**

**E:** info@learningconnections.com.au

**Web:** www.learningconnections.com.au

Practical and effective help for children of all ages with learning, behaviour, autistic spectrum, attention disorders and developmental delay.

**Little Souls Taking Big Steps**

PO Box 662, LABRADOR QLD 4215

1 Allied Drive, ARUNDEL QLD 4214

**P: (07) 5563 1490**

**E:** admin@littlesouls.com.au

**Web:** www.littlesouls.com.au

Child Care Centre and Early intervention services for children 2-6yrs with Autism Spectrum Disorder and Pervasive Developmental Disorder.

**Raising Children Network**

**E:** Via website.

**Web:** www.raisingchildren.net.au

Provides information that can help parents with the day-to-day decisions of raising children, and looking after their own needs.

**Tweed Community Health - Child & Family Health Counselling**

Powell Street, TWEED HEADS NSW 2485

**P: (07) 5506 7540**

**Web:** www.ncahs.nsw.gov.au

Child and Family Health Counsellors visit to help children who may be experiencing psychological, social or emotional difficulties and their families.

**Bereavement & Grief****Abortion Grief Australia Inc**

PO Box 904, CANNING BRIDGE WA 6153

**P: 1300 363 550**

**Web:** www.abortiongrief.asn.au

24 hour abortion grief and pregnancy crisis help line. Professional development & Community awareness - AGA is Australia's foremost authority on abortion trauma. AGA specialises in partnering with suitable community services to promote, early intervention, healing and prevention of abortion trauma.

**Blue Care Southport Surfers Paradise Nursing Community Care**

88 Muir Street, LABRADOR QLD 4215

**P: (07) 5532 0588**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

General Nursing Care, In home care for DVA. Free Grief Recovery Program; Northern (Labrador) and Southern (Elanora); program is run periodically throughout the year.

**Bond University Psychology Clinic**

Ground Floor Humanities and Social Science Building, Bond University, University Drive, ROBINA QLD 4229

**P: (07) 5595 2527**

**E:** psych\_clinic@bond.edu.au

**Web:** www.bond.edu.au/life-at-bond/facilities-services/psychology-clinic

A private university teaching clinic for psychologists undertaking postgraduate study in clinical or forensic psychology, and functions as a centre for clinical research providing psychological services to the Gold Coast community.

**Care for Life**

**P: (07) 5573 3873**

**E:** rataylor@bigpond.com

**Web:** www.careforlife.org.au

Community education and training in suicide prevention. Supports individuals bereaved by suicide. Produces resources for distribution to schools, youth and community organisations.



**Centacare Catholic Family and Community Services**

PO Box 289, FORTITUDE VALLEY QLD 4006  
 58 Morgan Street, FORTITUDE VALLEY QLD 4006  
**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life. Counselling programs include Anger Management and Domestic and Family Violence Prevention (groups for men, women and children) and court support services.

**Collective Support**

8 Keen Court, NUNBURY WA 6230

**P: (08) 9795 4604**

**E:** info@collectivesupport.com.au

**Web:** www.collectivesupport.com.au

An online support community that provides support for issues including depression, relationships, parenting, grief, divorce, cancer, domestic violence and sexual assault. Provides access face to face counselling via web cam or opportunities to participate in private group forums.

**Coronial Counselling Service**

Queensland Health Forensic and Scientific Services,  
 Forensic Pathology, 39 Kessels Road,  
 COOPERS PLAINS QLD 4107

**P: 1800 449 171**

**E:** fss\_counsellors@health.qld.gov.au

**Web:** www.courts.qld.gov.au/1708.htm

Free counselling to relatives of people whose deaths are being investigated by the coroner, Support & Information for those who have lost a loved one to suicide or sudden death. Referrals and requests for counselling are accepted from all coroners' offices in Queensland.

**e-hub online services**

Corner Mills & Eggleston Roads,  
 Australian National University, CANBERRA ACT 2000

**P: (02) 6125 2741**

**E:** ehub@anu.edu.au

**Web:** www.ehub.anu.edu.au

Free anonymous self-help programs based on best available research evidence. BluePages and Beacon provide information about common mental health problems and where to get help. MoodGYM provides cognitive-behaviour therapy skills for managing and preventing depression. e-couch provides skills training from various therapies to help with depression, anxiety, divorce and grief. BlueBoard provides online peer support for people over 18 years.

**Gold Coast Christian Family Church CareArm**

PO Box 1611, MUDGEERABA QLD 4213

**P: (07) 5525 2477**

**E:** enquiry@gccf.com.au

**Web:** www.gccf.com.au

Family counselling centre for grief, stress, domestic violence, victims of crime, family & pre-marital counselling.

**Illoura Child and Family Counselling Centre**

31 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 1955**

**E:** illoura@qb.com.au

**Web:** www.qbc.com.au

Child and Family Counselling; Premarital, Marriage/ Relationship Counselling; Loss & Grief; Stress/ Anxiety/ Depression; Mediation; Addiction; Sexual Abuse; Domestic Violence Counselling. Programs:- Parenting Courses; Family fun days; Women's nights out; Arts and Crafts; Cooking Classes; Christmas Luncheon.

**Lifeline**

PO Box 307, BROADBEACH QLD 4218

2741 Gold Coast Highway, BROADBEACH QLD 4218

**P: (07) 5579 6000**

**E:** reception.goldcoast@lccq.org.au

**Web:** www.lifeline.org.au/goldcoast

Child, Youth and Family Services; Personal Counselling; Financial Counselling; Anger Management Courses; Child and Youth Sexual Abuse Service; Suicide Bereavement & Grief Support.

**Newlife Care**

4 Greenwich Court, ROBINA QLD 4226

**P: (07) 5593 3262**

**E:** newlifecare@newlife.unitingchurch.org.au

**Web:** www.newlifecareinc.com.au

Provides counselling and support to people in the community who may be experiencing either discomfort in their personal life or their relationship with others. Areas include: Anger management; Abuse (Physical, psychological and sexual); Anxiety; Child and teenage management; Depression; Divorce and separation; Family conflict; Financial Counselling; Gambling; Gender Issues; Grief and loss; Guilt; Relationship issues; Role issues; Self esteem; and Stress management.

**Palliative Care Information Service**

PO Box 2020, WINDSOR QLD 4030

**P: 1800 772 273**

**E:** info@pcis.org.au

**Web:** www.pcis.org.au

A state-wide telephone service that provides information, emotional and counselling support to individuals affected by life-limiting or terminal illness. All services are provided free

of charge to families, friends, carers and health professionals.

**Paradise Kids**

88 Allied Drive, ARUNDEL QLD 4214

**P: (07) 5574 6853**

**E:** enquiries@paradisekids.org.au

**Web:** www.paradisekids.org.au

Grief & Loss Support Programs for children & their families. Grief Counselling for Adults. Also facilitates parenting and grandparenting support groups.

**Queensland Homicide Victims Support Group (QHVS)**

PO Box 292, LUTWYCHE QLD 4030

**P: 1800 774 744**

**E:** qhvsq@qhvsq.org.au

**Web:** www.qhvsq.org.au

Provides practical and emotional support to those bereaved by homicide including a 24/7 support line for homicide victims. Also advocates for reform within the criminal justice system and promotes awareness within the community of the devastating effects of homicide.

**Sands (Stillbirth and Neonatal Death support)**

PO Box 934, NEW FARM QLD 4005

**P: (07) 3254 3422**

**E:** admin@sandsqld.com

**Web:** www.sandsqld.com

Mutual support, information, education and advocacy for parents and their families who have experienced the death of their baby from causes relating to early pregnancy loss, interruption of pregnancy for an abnormality, stillbirth and neonatal death.

**SIDS AND Kids Queensland - Gold Coast**

PO Box 657, BURLEIGH HEADS QLD 4220

**P: 0411 888 628**

**E:** janbond@ozemail.com.au

**Web:** www.sidsandkids.org

Professional Counsellor, Grief Counselling, SIDS and Kids Groups for families who have lost a baby or child (free). 24 Hour Child Death Support Line on Freecall 1800 628 648.

**SOLACE Australia Ltd.**

7013/101 Lindfield Road, HELENSVALE QLD 4212

**P: (07) 5580 7034**

**E:** solace@ngvemail.com

**Web:** www.solace.org.au/queensld.htm

A NFP volunteer organisation offering group Grief Support for those grieving over the death of their partner including telephone grief support.



**Spiritus - Central Referral Agency**  
PO Box 167, STONES CORNER QLD 4120  
138 Juliette Street, GREENSLOPES QLD 4120  
**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spiritus Counselling and Education Services - Kinections**  
PO Box 8121, WOOLLOONGABBA QLD 4102  
5 Reid Street, WOOLLOONGABBA QLD 4102  
**P: 1300 114 397**

**E:** kinections@spiritus.org.au

**Web:** www.kinections.com.au

A family and relationships counselling service providing individual and group counselling and educational services to Queensland families and agencies, including the Family Relationship Services Program (FRSP) and Domestic and Family Violence Program.

**Survivors of Suicide Bereavement Support Association Inc**

PO Box 334, SPRINGWOOD QLD 4127

**P: 1300 767 022**

**E:** sosbsa@yahoo.com

**Web:** www.sosbsa.org.au

24/7 help line for those bereaved by suicide or at risk of suicide; information & referral, publications, newsletters and education to the bereaved by suicide; support group meetings in various locations in Queensland; and annual memorial service in Brisbane.

**The Compassionate Friends Qld Inc.**  
505 Bowen Terrace, NEW FARM QLD 4005  
**P: (07) 3254 2657**

**E:** tcfqld@powerup.com.au

**Web:** www.compassionatefriendsqld.org.au

Grief support group for those who have lost (at any age) a child, grandchild or sibling.

**The Hope Line**  
**P: 1300 467 354**

**Web:** www.suicideprevention.salvos.org.au

A National 24/7 Crisis Line for people who have been bereaved by suicide.

**The Salvation Army Counselling Service - Gold Coast**  
PO Box 318, SOUTHPORT QLD 4215  
**P: (07) 5531 3471**

**E:** goldcoastsalvos@aue.salvationarmy.org

**Web:** www.salvos.org.au

Christian compassion and support, guidance and counsel to individuals, couples and families. The service is open to people of all ages, and in all walks of life.

**Tweed Community Health - Bereavement Counselling**  
Powell Street, TWEED HEADS NSW 2485  
**P: (07) 5506 7540**

**Web:** www.ncahs.nsw.gov.au

Bereavement counselling is available to individuals and families who are experiencing grief or bereavement. This service is provided in the client's homes, the hospital setting and the community health centre.

**White Wreath Association Ltd - Action Against Suicide**  
PO Box 1078, BROWNS PLAINS QLD 4118  
**P: 1300 766 177**

**E:** white.wreath@bigpond.com

**Web:** www.whitewreath.com

Supporting people who have been directly affected by suicide and those who are affected by mental illness/disorders. Services include: 24 hr telephone support line, advocacy support, suicide/mental illness education, and awareness campaigns including National White Wreath Day and Sock It To Suicide.

## Bipolar

**Bipolar Affective Disorder Support Group (MHAQ)**  
GPO Box 78, BRISBANE QLD 4001  
Unit 30, 3 - 15 Jackman Street, SOUTHPORT QLD 4215  
**P: 1300 729 686**

**E:** mhconnect@mentalhealth.org.au

**Web:** www.mentalhealth.org.au

This group is designed to provide support for people suffering from Bipolar Affective Disorder. New members are always welcome and no referral is necessary. Relatives and carers are welcome as a support until members are comfortable with the group. Group meets on the 2nd Monday of each month 5:30pm until 7:00pm. For more information please contact mhConnect on 1300 729 686 or visit the MHAQ Website Support Groups page.

**Centacare Catholic Family and Community Services**  
PO Box 289, FORTITUDE VALLEY QLD 4006  
58 Morgan Street, FORTITUDE VALLEY QLD 4006  
**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life. Counselling programs include Anger Management and Domestic and Family Violence Prevention (groups for men, women and children) and court support services.

**Currumbin Clinic**  
37 Bilinga Street, CURRUMBIN QLD 4223  
**P: (07) 5534 4944**  
**E:** currumbinclinic@healthecare.com.au

**Web:** www.currumbinclinic.com.au

A private psychiatric clinic assisting those in need of psychiatric care whether it be mood, anxiety, psychiatric or drug and alcohol related.

## Carer Support

**Aged Care Australia**  
GPO Box 9848, CANBERRA ACT 2601  
**P: 1800 500 853**

**E:** agedcare.website@health.gov.au

**Web:** www.agedcareaustralia.gov.au

Online information source including Aged care home finder; Community care service finder; and Aged Care Assessment Team (ACAT) Finder.

**Alzheimer's Association QLD**  
11 Abbotsford Road, BOWEN HILLS QLD 4006  
**P: 1800 639 331**

**E:** helpline@alzheimersonline.org

**Web:** www.alzheimersonline.org

A 24Hr Helpline providing information and support on Alzheimer's and other forms of dementia.

**Alzheimer's Australia (Gold Coast)**  
90 Allied Drive, ARUNDEL QLD 4214  
**P: (07) 5594 0270**

**E:** rhreception@alzgc.asn.au

**Web:** www.alzheimers.org.au

The peak body providing education, advocacy, information and support for Australians living with dementia, their families and carers. Providing: Support, Information and referrals, Education, Community advocacy and Centre based respite.

**Asperger Services Australia**  
P O Box 159, VIRGINIA QLD 4014  
Shop 4 & 5, 235 Zillmere Road, ZILLMERE QLD 4034  
**P: (07) 3865 2911**

**E:** office@asperger.asn.au

**Web:** www.asperger.asn.au

Provides support, referral and information to parents, families, carers, siblings, children and those with Asperger's.

**ARAFMI Queensland Inc.**  
PO Box 248, NEW FARM QLD 4005  
**P: (07) 3254 1881 or 1800 351 881**  
**E:** info@arafmiql.org

**W:** www.arafmi.org

Support for families, friends and people with a mental health issue. 24hr telephone support line.

**Bethany Care Ltd**

PO Box 441, ROBINA QLD 4226

**P: (07) 5501 8070**

**E:** enquiries@bethanycare.org

**Web:** www.bethanycare.org

A range of lifestyle supports such as Women's 'Body Rock', men's groups, special events, Christian counselling, resource library for families, Community access and referrals. Assists people with disabilities aged 5-65 with intellectual, physical, sensory and psychiatric disabilities.

**Blue Care**

PO Box 1539, MILTON BC QLD 4064

**P: (07) 3377 3377**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Allied health services; Commonwealth Carer Respite Centres; Community Aged Care services; Disability services; Domestic & Lifestyle Care Assistance; Retirement Living; Pastoral care and counselling; Residential aged care; Respite services; and Volunteer services.

**Blue Care Beaudesert Community Care and Allied Health Services**

PO Box 340, BEAUDESERT QLD 4285

7 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 2280**

**E:** beaudesert.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Blue Care Beenleigh Community Care and Allied Health Services**

PO Box 484, BEENLEIGH QLD 4207

32-50 Mt Warren Boulevard,

MT WARREN PARK QLD 4207

**P: (07) 3287 2041**

**E:** beenleigh.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers. Volunteer Service also.

**Blue Care Coomera Community Care**

12 Jowett Street, COOMERA QLD 4209

**P: (07) 5573 7433**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, or people with a disability.

**Blue Care Fassifern Community & Respite Care**

PO Box 152, BOONAH QLD 4310

10a Macquarie Street, BOONAH QLD 4310

**P: (07) 5463 2684**

**E:** fassifern.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Blue Care Lower South Coast/Tweed Community Care**

1 Pines Lane, ELANORA QLD 4221

**P: (07) 5534 6177**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, or people with a disability.

**Blue Care Milpera Cottage Respite Care**

PO Box 692, BIGGERA WATERS QLD 4216

21 Meron Street, SOUTHPORT QLD 4215

**P: (07) 5532 6639**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Centre Based Respite

**Blue Care Southport Surfers Paradise Allied Health**

PO Box 692, BIGGERA WATERS QLD 4216

Southport Business Park, Unit 5, 46 Smith Street

SOUTHPORT QLD 4215

**P: (07) 5555 4444**

**E:** southport.ds@bluecare.org.au

**Web:** www.bluecare.org.au

Professional allied health services to individuals at Southport Therapy Centre and at Blue Care residential aged care facilities. Some home visits available for people who are housebound.

**Blue Care Southport Surfers Paradise Lifestyle Community Care**

12 Ahern Street, LABRADOR QLD 4215

**P: (07) 5591 5016**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Personal Care, Social Support, In home and Centre Based Respite available.

**Blue Care Southport Surfers Paradise Nursing Community Care**

88 Muir Street, LABRADOR QLD 4215

**P: (07) 5532 0588**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

General Nursing Care, In home care for DVA. Free Grief Recovery Program; Northern (Labrador) and Southern (Elanora); program is run periodically throughout the year.

**Blue Care Tweed Coast Community Care**

Shop 4a / 34 Oyster Point Road,

BANORA POINT NSW 2486

**P: (07) 5524 6277**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Community Care and Aged Care Home Support.

**Broadbeach Meals On Wheels**

23 T E Peters Drive, BROADBEACH QLD 4218

**P: (07) 5526 2300**

**E:** brbmow@bigpond.net.au

**Web:** www.qmow.org

Delivered meals to frail, aged, younger disabled and their carers.

**Carers Australia**

1/16 Napier Close, DEAKIN ACT 2600

**P: 1800 242 636**

**E:** caa@carersaustralia.com.au

**Web:** www.carersaustralia.com.au

Carers Australia and the network of carers associations in each state and territory's purpose is to improve the lives of carers. We provide counselling, advice, advocacy, education and training and we also promote the recognition of carers to governments, businesses and the wider public. Carer Advisory and Counselling Service: 1800 242 636

**Carers Qld – Gold Coast**

2/1154 Gold Coast Highway, PALM BEACH QLD 4221

**P: (07) 5534 2899**

**E:** cseely@carersqld.asn.au

**Web:** www.carersqld.asn.au

Provides information, community development, counselling, support services and advocacy. Carer Advisory and Counselling Service: 1800 242 636

**Carers Qld**

PO Box 179, HOLLAND PARK QLD 4121

15 Abbott Street, CAMP HILL QLD 4152

**P: 1800 242 636**

**E:** cas@carersqld.asn.au

**Web:** www.carersqld.asn.au

The peak body for carers in Queensland and is dedicated to advancing the recognition of the carer's role. Providing information, community development, counselling, support services and advocacy.

**Carers QLD CALD Program****P: (07) 3900 8122****E:** cald@carersqld.asn.au**Web:** www.carersqld.asn.au

To assist HACC eligible of culturally and linguistically diverse backgrounds to access culturally appropriate Home and Community Care Services.

**Centacare Catholic Family and Community Services**

PO Box 289, FORTITUDE VALLEY QLD 4006

58 Morgan Street, FORTITUDE VALLEY QLD 4006

**P: 1800 337 552****E:** cfcs@centacarebrisbane.net.au**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life. Counselling programs include Anger Management and Domestic and Family Violence Prevention (groups for men, women and children) and court support services.

**Co.As.It. Italian Australian Welfare Association Inc.**

PO Box 5017, Q SUPERCENTRE QLD 4218

18 Fairway Drive, CLEAR ISLAND WATERS QLD 4221

**P: (07) 5554 6599****E:** cristinai@coasit.asn.au**Web:** www.coasit.asn.au

Respite and multilingual support services for members of CALD Communities. Individual & family crisis support programs; advocacy; community education; counselling; frail aged and disability day-respite and support.

**Commonwealth Carer Resource Centre****P: 1800 242 636****E:** cas@carersqld.asn.au**Web:** www.carersqld.asn.au

Provide details of a number of carers support groups throughout QLD.

**Commonwealth Respite and Carelink Centre**

Level 1 23 Main Street, VARSITY LAKES QLD 4213

**P: 1800 052 222****E:** carelink.robina@bluecare.org.au**Web:** www.commcarelink.health.gov.au

Free and confidential information on community aged care, disability, ageing packages, nursing, carer respite, community and other support services available locally.

**Commonwealth Respite and Carelink Centres****P: 1800 052 222****E:** commcarelink@health.gov.au**Web:** www.commcarelink.health.gov.au

Information centres for older people, people with disabilities and those who provide care and services. Provide free and confidential information on community aged care, disability

and other support services available locally, interstate or anywhere within Australia.

**Dementia Behaviour Management Advisory Service (DBMAS)****P: 1800 699 799****Web:** www.dbmasqld.org.au

Works directly with people to help them better understand the reasons and causes of behaviours and to manage and care for people with dementia. 24/7 telephone support and information available.

**Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA)**

GPO Box 9820, BRISBANE QLD 4001

Level 1-3 100 Creek Street, BRISBANE QLD 4000

**P: 1300 653 227****Web:** www.fahcsia.gov.au

Works to improve the impact and management of relevant Commonwealth Government policies, programs and initiatives. Areas include: Carers; Child Support; Communities; Families & Children; Gambling & Drugs; Housing & Homelessness; Indigenous People; Mental Health; People with Disability; Seniors; Volunteers; Women; International Social Security Agreements.

**Department of Human Services NSW Ageing, Disability and Home Care - Far North Coast**

PO Box 305, TWEED HEADS NSW 2485

Hutton House 40 Frances Street,

TWEED HEADS NSW 2485

**P: (07) 5536 0400****E:** BMFNC@dadhc.nsw.gov.au**Web:** www.dadhc.nsw.gov.au

Provides support and services to older people, people with disabilities, and their carers in NSW.

**Disability and Community Care Services****P: 1800 177 120****E:** disabilityinfo@disability.qld.gov.au**Web:** www.disability.qld.gov.au

Provides support for sectors providing disability, community mental health, and home and community care.

**Family Drug Support Australia**

PO Box 7363, LEURA NSW 2780

**P: 1300 368 186****E:** admin@fds.ngo.org.au**Web:** www.fds.org.au

Primarily supports families struggling as a result of drug and alcohol use. Provides a 24/7 volunteer telephone line offering help to diffuse crisis, proffering strategies for coping and giving any information required.

**Family Relationship Service For Carers**

PO Box 289, FORTITUDE VALLEY QLD 4006

58 Morgan Street, FORTITUDE VALLEY QLD 4006

**P: 1800 337 552****E:** cfcs@centacarebrisbane.net.au**Web:** www.centacarebrisbane.net.au

Free counselling and mediation to carers and families of people with disabilities. Provides support and assistance to help carers and families, in both crisis and every day situations. Phone and face to face counselling both available.

**FSG**

PO Box 2597, SOUTHPORT QLD 4215

16 Railway Street, SOUTHPORT QLD 4215

**P: (07) 5564 0655****E:** info@fsg.org.au**Web:** www.fsg.org.au

Committed to innovation in human service delivery in Disability, Mental Health, Aged Care, Child Safety and Carer Support.

**Gold Coast Mental Health & ATOD Service Family and Carer Education and Support Program****P: (07) 5519 8850**

Education and support for family members and carers of people with a mental illness.

**Headway Gold Coast Inc.**

25 Woodlands Way, ARUNDEL QLD 4214

**P: (07) 5574 4311****E:** admin@headwaygoldcoast.org**Web:** www.headwaygoldcoast.org

Support for people (aged 18 to 65) with an acquired brain injury and their families - Transitional Accommodation - Residential Support - Community Support - Day Centre Internet Cafe.

**Home Support Services Queensland**

Po Box 475, FULLARTON SA 5063

**P: 1800 684 175****E:** info@hssmail.com.au**Web:** homesupportservices.com.au

Assist patients to leave hospital with home support, carer and respite services.

**Lutheran Community Care**

PO Box 1535, MILTON QLD 4064

24 McDougall Street, MILTON QLD 4064

**P: (07) 3511 4037****E:** lcc.admin@lccqld.org.au**Web:** www.lccqld.org.au

Responds to community needs in the areas of aged care, respite, community services & chaplaincy.

**Mental Illness Fellowship of Queensland - Gold Coast**

Biggera Waters LPO, PO Box 168,  
BIGGERA WATERS QLD 4216  
Unit 3/14-28 Ivan Street, ARUNDEL QLD 4214  
**P: (07) 5563 8855**

**E:** goldcoast@mifq.org.au

**Web:** www.mifq.org.au

Provides high quality lifestyle and accommodation support services on a needs basis that facilitates the development of independence, living skills and social networks within the community.

**Multicap**

PO Box 4013, EIGHT MILE PLAINS QLD 4113  
269 Padstow Road, EIGHT MILE PLAINS QLD 4113  
**P: (07) 3340 9000**

**E:** info@multicap.org.au

**Web:** www.multicap.org.au

Support options for people with multiple disabilities, and challenging and complex behaviours, their families and carers in Queensland. Offers centre based, older carer, and short term emergency placement Respite Services in various locations.

**National Mental Health Consumer & Carer Forum**

PO Box 174, DEAKIN WEST ACT 2600

**P: (02) 6285 3100**

**E:** nmhccf@mcha.org.au

**Web:** www.nmhccf.org.au

The combined national voice for consumers and carers participating in the development of mental health policy and sector development in Australia.

**Ozcare**

PO Box 912, FORTITUDE VALLEY QLD 4006  
66 River Terrace, KANGAROO POINT QLD 4169  
**P: (07) 3028 9000**

**E:** Via website.

**Web:** www.ozcare.org.au

Aged Care; Community Health; Community Care;  
Community Support - Drug and Alcohol Services,  
Community Access Disability Services, Homeless Men's  
Hostels, Women's Refuges and Shelters, Family  
Accommodation Programs, Rural Families Projects.

**Ozcare - Dementia Advisory and Support Services**

North Hill Drive, ROBINA QLD 4226

**P: (07) 5569 6200**

**E:** caroline.davitt@ozcare.org.au

**Web:** www.ozcare.org.au

A state-wide Home and Community Care (HACC) funded program designed to assist service providers, people living with dementia and their carers. Provides Client care co-ordination, Counselling/Support, Information, Advocacy, Education and Training.

**Parentline**

PO Box 2000, MILTON QLD 4064

**P: 1300 301 300**

**E:** parentline@boystown.com.au

**Web:** www.parentline.com.au

Confidential telephone and online counselling available. Supports and nurtures positive, caring relationships between parents, children, teenagers and significant other people who are important to the well-being of families.

**Real Community Services (RCS) ABI Support**

Po Box 1249, OXLEY QLD 4075

2145 Ipswich Road, OXLEY QLD 4075

**P: (07) 3725 6500**

**E:** abi@realcommunityservices.com.au

**Web:** www.realcommunityservices.com.au

Assistance to adults and children with an acquired brain injury. RCS collaborates with case managers, allied health professionals and families to provide targeted coordination and support staff to implement rehabilitation programs.

**Real Community Services (RCS) Lifestyle Support**

Po Box 1249, OXLEY QLD 4075

2145 Ipswich Road, OXLEY QLD 4075

**P: (07) 3725 6511**

**E:** swaide@realcommunityservices.com.au

**Web:** www.realcommunityservices.com.au

Responsive coordination and support to clients with a disability and youth within the child protection framework.

**Real Community Services (RCS) Staffing Agency**

Po Box 1249, OXLEY QLD 4075

2145 Ipswich Road, OXLEY QLD 4075

**P: (07) 3725 6500**

**E:** bookings@realcommunityservices.com.au

**Web:** www.realcommunityservices.com.au

Specialises in the recruitment of temporary, permanent and contract (locum) staffing needs in the human services industry.

**Southern Cross Community Services**

Suite 12, 34 Glenferrie Drive, ROBINA QLD 4230

**P: (07) 5580 8755**

**E:** sharone@sccqld.com.au

**Web:** www.sccqld.com.au

Residential Care, Community Care and Retirement Living. Community care services include domestic assistance, personal support and In-home respite.

**Southern Star Community Services**

Chestnut Street, ELANORA QLD 4221

**P: (07) 5535 3422**

**E:** southernstar1@bigpond.com

**Web:** www.centacarebrisbane.net.au

For persons 5 - 65 years with 1 or more disabilities. In-home respite and variety of day activities.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120

138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**The Australian Red Cross**

PO Box 1822, MILTON QLD 4064

Humanity Place, 49 Park Road, MILTON QLD 4064

**P: 1300 554 419**

**E:** qldredcross@redcross.org.au

**Web:** www.redcross.org.au/qld

Aged Care and Health Services - Community Visitors Scheme, Emergency Medical Accommodation Centres, Personal Helpers & Mentors Program; Business, Training and Employment Services; Emergency Services; Family Support Services; First Aid, Health and Safety Services; Community Partnering; Youth and Development Services; Migration support.

**YoungCare**

PO Box 725, SPRING HILL QLD 4004

75 St Pauls Terrace, SPRING HILL QLD 4000

**P: 1300 844 727**

**E:** info@youngcare.com.au

**Web:** www.youngcare.com.au

Respite, accommodation, and support for young Australians with high care needs. Youngcare Connect is a free dedicated counselling and referral line for people in need of disability information and advice.

**Child & Youth****Aboriginal and Torres Strait Islander Community Health Service Brisbane Ltd**

55 Annerley Road, WOOLONGABBA QLD 4102

**P: (07) 3240 8900**

**E:** adminreception@atsichsbrisbane.org.au

**Web:** www.atsichsbrisbane.org.au

Primary health care is provided along with specialist allied health services; Indigenous Youth Health Services; Healing Centre and Stolen Generation Program; Family and Child Maternal Health; Dental services.



**ACT for Kids**

PO Box 669, LABRADOR QLD  
31 Olsen Avenue, LABRADOR QLD 4215  
**P: (07) 5537 5040**

**E:** goldcoast@actforkids.com.au

**Web:** www.abusedchildtrust.com.au

Programs include the Sexual Abuse Outreach Counselling Service; Parenting Programs; Early Intervention Development Allied Health Services for children affected by abuse or neglect; and Protective Behaviour Education for primary school children; Counselling for children up to the age of 12 who have been affected by abuse or neglect; Mums & Bubs group; and an Outreach Team is available from Varsity Lakes.

**ACT for Kids**

PO Box 94, ALBION QLD 4010  
80 Kedron Park Road, WOOLLOOWIN QLD 4030  
**P: (07) 3357 9444**

**E:** brisbanenorth@actforkids.com.au

**Web:** www.actforkids.com.au

ACT for Kids is an Australian charity which works to treat and prevent child abuse. Programs include: Intensive Therapy; Safe Houses; Sexual Abuse Counselling; ACT for Kids Preschool; Safety Classes in Schools; Help for Families at Risk; Mentoring for Teens; and Child Protection Training.

**Adolescent Drug & Alcohol Withdrawal Service (ADAWS)**

20 Clarence Street, SOUTH BRISBANE QLD 4101  
**P: (07) 3163 8400**

**E:** adaws@mater.org.au

**Web:** www.kidsinmind.org.au

ADAWS is the Adolescent Drug and Alcohol Withdrawal Service in South Brisbane QLD. It is an 11 day residential (or live-in) program for young people aged 13 to 18 who feel they have a problem with their substance use. Statewide referral.

**Alcohol and Drug Foundation Queensland (ADFQ)**

PO Box 332, SPRING HILL QLD 4004  
**P: (07) 3834 0200**

**E:** adfq@adf.q.org

**Web:** www.adfq.org

NGO dedicated to reducing the individual and social harms associated with alcohol, drug and other addictions and to promoting health enhancing behaviour change. Programs include: AOD Rehabilitation, Gambling, Indigenous, Youth & Adult, Friends and Family, Community Outreach, Education and Prison Support.

**Alcohol and Drug Information Service (ADIS)**

270 Roma Street, BRISBANE QLD 4000  
**P: 1800 177 833**

**E:** adis@health.qld.gov.au

**Web:** www.health.qld.gov.au

A 24/7 confidential telephone service that offers information, advice, counselling and referral for alcohol and other drug issues.

**Asperger Services Australia**

P O Box 159, VIRGINIA QLD 4014  
Shop 4 & 5, 235 Zillmere Road, ZILLMERE QLD 4034  
**P: (07) 3865 2911**

**E:** office@asperger.asn.au

**Web:** www.asperger.asn.au

Provides support, referral and information to parents, families, carers, siblings, children and those with Asperger's.

**Australian Drug Foundation (ADF)**

PO Box 818, NORTH MELBOURNE VIC 3051  
409 King Street, WEST MELBOURNE VIC 3003  
**P: (03) 9278 8100**

**E:** adf@adf.org.au

**Web:** www.adf.org.au

Drug and alcohol Information Services including: The DrugInfo Clearinghouse; Somazone; The Australian Drug Information Network (ADIN) and The DrugInfo Resource Centre Library. Also undertakes community development, research via the Centre for Youth Drug Studies, and provides advocacy leadership and support through the Community Alcohol Action Network.

**Autism Gold Coast Inc**

PO Box 2272, BURLEIGH HEADS QLD 4220  
**P: (07) 5559 1747**

**E:** admin@autismgoldcoast.com.au

**Web:** www.autismgoldcoast.com.au

A self help, non profit, registered charity, and support group that holds information sessions, workshops and sibling support programs. Also provides a Resource library, telephone and email support and Family activities.

**Autism Queensland**

PO Box 354, SUNNYBANK QLD 4109  
473 Hellawell Road, SUNNYBANK HILLS QLD 4109  
**P: (07) 3273 0000**

**E:** admin@autismqld.com.au

**Web:** www.autismqld.com.au

Provides a comprehensive range of specialised services and family and respite support for people of all ages living with Autism and their families throughout Queensland.

**BeauCare**

PO Box 572, BEAUDESERT QLD 4285  
44 Tina Street, BEAUDESERT QLD 4285

**P: (07) 5541 3762**

**E:** admin@beaucare.org.au

**Web:** www.beaucare.org.au

Provides a broad range of community services including child care, family support, youth development, community development and support services for the frail aged and people with a disability.

**Beaudesert Child Safety Service Centre**

PO Box 738, BEAUDESERT QLD 4285  
Shop 12 - 18 Telemon Place Shopping Centre,  
Telemon Street, BEAUDESERT QLD 4285  
**P: (07) 5542 2000**

**E:** info@childsafety.qld.gov.au

**Web:** www.childsafety.qld.gov.au

If you suspect a child is experiencing harm, you should contact your local service centre to report the suspected child abuse. For emergencies outside of working hours, contact the Child Safety After Hours Service Centre.

**Beenleigh Child Safety Service Centre**

PO Box 247, BEENLEIGH QLD 4207  
Ground level, 100 George Street, BEENLEIGH QLD 4207  
**P: (07) 3884 7474**

**E:** info@childsafety.qld.gov.au

**Web:** www.childsafety.qld.gov.au

If you suspect a child is experiencing harm, you should contact your local service centre to report the suspected child abuse. For emergencies outside of working hours, contact the Child Safety After Hours Service Centre.

**Beenleigh District Community Development Association Inc (Beenleigh Community Centre)**

PO Box 230, BEENLEIGH QLD 4207  
Mansfield Walk, BEENLEIGH QLD 4207  
**P: (07) 3287 2840**

**E:** bdcda@beenleigh.org.au

**Web:** www.beenleigh.org.au

Provides crisis counselling, information, referrals and other support for families and individuals, including collaboration with government departments and community-based agencies in the provision of supported housing, physical and mental health strategies and life-skills education.

**Behavioural Neurotherapy Clinic**

2/314 Manningham Road, DONCASTER VIC 3108  
**P: (03) 9848 9100**

**Web:** www.adhd.com.au

Information available online for ADHD, Adult ADHD, Learning Difficulties, Dyslexia, autism and IBS.



**Bethany Care Ltd**

PO Box 441, ROBINA QLD 4226

**P: (07) 5501 8070**

**E:** enquiries@bethanycare.org

**Web:** www.bethanycare.org

A range of lifestyle supports such as Women's 'Body Rock', men's groups, special events, Christian counselling, resource library for families, Community access and referrals. Assists people with disabilities aged 5-65 with intellectual, physical, sensory and psychiatric disabilities.

**Bond University Psychology Clinic**

Ground Floor Humanities and Social Science Building,

Bond University, University Drive, ROBINA QLD 4229

**P: (07) 5595 2527**

**E:** psych\_clinic@bond.edu.au

**Web:** www.bond.edu.au/life-at-bond/facilities-services/psychology-clinic

A private university teaching clinic for psychologists undertaking postgraduate study in clinical or forensic psychology, and functions as a centre for clinical research providing psychological services to the Gold Coast community.

**BoysTown**

PO Box 804, WOODRIDGE QLD 4114

47 Mary Street, WOODRIDGE QLD 4114

**P: (07) 3387 8800**

**E:** kingston@boystown.com.au

**Web:** www.boystown.com.au

Provides support to disadvantaged children and youth aged to 25 with life challenges that include: physical and emotional abuse, alcohol and drug abuse, homelessness, low literacy, long-term unemployment and mental illness. Services include one-on-one counselling to young people and their families via Kids Helpline and Parentline telephone and online help services.

**Bravehearts Inc.**

9 Byth Street, ARUNDEL QLD 4214

**P: 1800 BRAVE 1 (1800 272 831)**

**E:** admin@bravehearts.org.au

**Web:** www.bravehearts.org.au

Counselling, support and advocacy for children and young people who have been, or are at risk of, child sexual assault and their non-offending family members.

**Care for Life**

**P: (07) 5573 3873**

**E:** rataylor@bigpond.com

**Web:** www.careforlife.org.au

Community education and training in suicide prevention. Supports individuals bereaved by suicide. Produces resources for distribution to schools, youth and community organisations.

**Career Employment Australia**

Level 1 10 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5532 7000**

**E:** ceagc@ceagroup.com.au

**Web:** www.ceagroup.com.au

Provides training across many areas including Business, Horticulture, Engineering, Retail, Aged Care, Disability, Hospitality, Employability Skills and Community Services. Programs: Youth Connections, Offender Reintegration Support Service, Prison Training, Productivity Places Program, Get Set for Work, Youth Justice Program, Skilling Queensland for Work and Work Placement Projects.

**Centacare Catholic Family and Community Services**

50 Fairway Drive, CLEAR ISLAND WATERS QLD 4226

**P: (07) 5527 7211**

**E:** cgc@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life.

**Centacare Catholic Family and Community Services**

PO Box 289, FORTITUDE VALLEY QLD 4006

58 Morgan Street, FORTITUDE VALLEY QLD 4006

**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life. Counselling programs include Anger Management and Domestic and Family Violence Prevention (groups for men, women and children) and court support services.

**Child Abuse Prevention Service**

PO Box 1235, ASHFIELD NSW 2131

**P: 1800 688 009**

**E:** mail@childabuseprevention.com.au

**Web:** www.childabuseprevention.com.au

24hr National Crisis Line. CAPS aims to alleviate child abuse in all its forms by delivering family support, prevention and community education services.

**Child Development and Behaviour Service**

PO Box 5699, GOLD COAST MC QLD 9726

**P: (07) 5570 8553**

**Web:** www.goldcoasthealth.com.au

A community-based, multidisciplinary health service involved in the assessment and management of children aged 0 to 10 years referred with problems of development, such as communication, movement, emotions, behaviour or socialisation.

**Child Safety After Hours Service Centre**

GPO Box 806, BRISBANE QLD 4001

111 George Street, BRISBANE QLD 4000

**P: 1800 177 135**

**E:** info@chilidsafety.qld.gov.au

**Web:** www.chilidsafety.qld.gov.au

A 24-hour state-wide service that provides after hours responses to clients of the department, members of the public and staff from government departments and community agencies in relation to child protection matters.

**Commission for Children and Young People and Child Guardian**

PO Box 15217, BRISBANE CITY EAST QLD 4002

Level 17, 53 Albert Street, BRISBANE QLD 4000

**P: (07) 3211 6700**

**E:** info@ccypcg.qld.gov.au

**Web:** www.ccypcg.qld.gov.au

Promotes and protects the rights, interests and well-being of all children and young people in Queensland. Helps with any complaints about the services a child is receiving or entitled to receive from a government Department or other government funded organization.

**Compassion Services Ltd**

7/9 Sir John Overall Drive, HELENSVALE QLD 4212

**P: (07) 5529 7255**

**E:** info@compassionconnection.org.au

Psychological and counselling sessions. Individual therapy, family therapy, children's' therapy. Psychologists and counsellors. Medicare rebates available.

**Department of Communities**

**P: 13 13 04**

**E:** enquiries@communities.qld.gov.au

**Web:** www.communities.qld.gov.au

Regional Service Delivery Operations; Strategy, Policy and Performance; Housing and Homelessness Services; Child Safety, Youth and Families, Community Participation; Sport and Recreation Services; Disability and Community Care Services; Multicultural Affairs Queensland; Aboriginal and Torres Strait Islander Services; Communities Property Portfolio.

**Department of Communities - Child Safety Services**

GPO Box 806, BRISBANE QLD 4001  
111 George Street, BRISBANE QLD 4000  
**P: 1800 811 810**

**E:** info@chidsafety.qld.gov.au

**Web:** www.chidsafety.qld.gov.au

If you have a reason to suspect a child in Queensland is experiencing harm, or is at risk of experiencing harm, you need to contact Child Safety Services. If you believe a child is in immediate danger or in a life-threatening situation, contact the Queensland Police Service immediately by dialling 000.

**Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA)**

GPO Box 9820, BRISBANE QLD 4001  
Level 1-3, 100 Creek Street, BRISBANE QLD 4000  
**P: 1300 653 227**

**Web:** www.fahcsia.gov.au

Works to improve the impact and management of relevant Commonwealth Government policies, programs and initiatives. Areas include: Carers; Child Support; Communities; Families & Children; Gambling & Drugs; Housing & Homelessness; Indigenous People; Mental Health; People with Disability; Seniors; Volunteers; Women; International Social Security Agreements.

**Department of Human Services NSW - Community Services**

98 Blundell Boulevard,  
TWEED HEADS SOUTH NSW 2486  
**P: (07) 5569 9330**

**Web:** www.community.nsw.gov.au

Child protection agency, out of home care and brighter futures. Also disaster recovery.

**Domestic Violence Prevention Centre Gold Coast Inc**

PO Box 409, SOUTHPORT QLD 4215  
**P: (07) 5532 9000 (Counselling Line)**

**E:** info@domesticviolence.com.au

**Web:** www.domesticviolence.com.au

Services including crisis intervention, counselling for women and children, groups for women and children, court assistance, men's programs, community education and training, community awareness activities as well as having been the driver for the Gold Coast Domestic Violence Integrated Response.

**DRUG ARM Gold Coast**

7/19 Young Street, SOUTHPORT QLD 4215  
**P: (07) 5532 0717**

**E:** adminqld@drugarm.com.au

**Web:** www.drugarm.com.au

Programs include the AOD: Alcohol & Other Drug Program, clinical and prevention program and the Schoolies Week Program.

**DRUG ARM Queensland**

PO Box 590, BRISBANE QLD 4001  
Level 1, 24 Hamilton Place, BOWEN HILLS QLD 4006  
**P: (07) 3620 8800**

**E:** adminqld@drugarm.com.au

**Web:** www.drugarm.com.au

Programs include Outreach Services including Street Outreach Services (SOS) operating in Brisbane, Bundaberg and Toowoomba and MOSHPIT specialised health outreach based in Brisbane. Treatment programs including case managed support, AOD (Alcohol and Other Drugs) Program and the QIDDI, Queensland Illicit Drugs Diversion Initiative also operate in various locations across Queensland.

**DVconnect Womensline**

P.O. Box 10575, Adelaide Street, BRISBANE QLD 4000  
**P: 1800 811 811**

**Web:** www.dvconnect.org

A 24/7 service for women and their children experiencing domestic and/or family violence. Crisis intervention, support, information, advocacy, telephone counselling, referrals and importantly, state-wide coordination of emergency refuge and shelter placements.

**Eating Disorders Outreach Service**

**P: (07) 5667 2000**

**Web:** www.health.qld.gov.au

CMH Outpatient service for eating disorders. Local community mental health services that provide specialist mental health clinical services to children, adolescents, and their families who present with severe and complex eating disorders within the Gold Coast Region.

**Endeavour Foundation**

PO Box 3555, TINGALPA DC QLD 4173  
50 Southgate Avenue, CANNON HILL QLD 4170  
**P: (07) 3908 7100**

**E:** Via website

**Web:** www.endeavour.com.au

Offers people with a disability a range of services including: accommodation; aged support; children focussed services; employment and education programs; and lifestyle support.

**Ethnic Communities Council of Queensland (ECCQ)**

PO Box 5916, WEST END QLD 4101  
ECCQ House, 253 Boundary Street, WEST END QLD 4101  
**P: (07) 3844 9166**

**E:** administration@eccq.com.au

**Web:** www.eccq.com.au

Advocacy; community development initiatives; state-wide health programs; support groups; cross cultural training; multicultural policy development and research and a resource and reference library.

**Family & Kids-Care Foundation Inc**

254 Jacaranda Avenue, KINGSTON QLD 4114  
**P: (07) 3808 5288**

**E:** familykidscare@bigpond.com

**Web:** www.familyandkidscare.com.au

Various services for children and families in the community including practical and emergency assistance and accommodation support, crisis care, lifestyle support and educational/skills development programs. Telephone support is available 24/7.

**Family Planning Queensland (FPQ) - Gold Coast Education Services**

PO Box 1733, SOUTHPORT MC QLD 4215  
Level 4, 7 Short Street, SOUTHPORT QLD 4215  
**P: (07) 5531 2636**

**E:** gcoastedu@fpq.com.au

**Web:** www.fpq.com.au

Education and training in sexual and reproductive health for teachers, disability workers and allied health professionals. Also providing education and information for parents and carers in regards to child sexual health and behaviour.

**Family Relationship Centre Gold Coast**

Suite 11 207 Currumburra Road,  
Ashmore Commercial Centre, ASHMORE QLD 4214  
**P: (07) 5656 1700**

**E:** rwilson@centacarebrisbane.net.au

**Web:** www.familyrelationships.gov.au

Information and support for families at any stage of their relationship including referral service for specific needs and requirements. Provide joint sessions with parents to help them to focus on the needs of their children and agree on parenting arrangements.

**Foundations Child & Family Support Parenting Orders Program**

4/184 Scarborough Street, SOUTHPORT QLD 4215  
**P: 1300 854 733**

**E:** goldcoast-pop@foundations-cafs.org.au

**Web:** www.foundations-cafs.org.au

The Parenting Orders Program seeks to provide support, raise awareness and encourage understanding in families experiencing separation.

**FSG**

PO Box 2597, SOUTHPORT QLD 4215  
 16 Railway Street, SOUTHPORT QLD 4215  
**P: (07) 5564 0655**

**E:** info@fsg.org.au

**Web:** www.fsg.org.au

Committed to innovation in human service delivery in Disability, Mental Health, Aged Care, Child Safety and Carer Support.

**Fusion Gold Coast**

PO Box 499, BIGGERA WATERS QLD 4216  
**P: (07) 5529 3230**

**E:** goldcoast@fusion.org.au

**Web:** www.au.fusioninternational.org

Bringing youth and community together with hope. Runs programs such as schools work, day trips, festivals, basketball and more.

**Gold Coast Drug Council**

West Burleigh Road, BURLEIGH HEADS QLD 4220  
**P: (07) 5535 4302 (24 hr helpline)**

**E:** mary@gcdrugcouncil.org.au

**Web:** www.gcdrugcouncil.org.au

Residential facility for Dual Diagnosis specialising in AOD and Mental Health. Youth counselling programs. Headspace GC. Family Support Groups. Family therapist. Medical Centre (bulk-billing), psychiatrists, GPs. Pot Stop Groups. Arts program for youth, peer mentoring.

**Gold Coast Mental Health & ATODS (Alcohol, Tobacco and Other Drugs) Service**

Gold Coast Hospital, 108 Nerang Street, SOUTHPORT QLD 4215

**P: (07) 5519 7871**

**Web:** www.goldcoasthealth.com.au

Public services providing assessment, treatment and support to adults, children and older persons who have a mental illness. Services are provided depending on individual need and ranges from inpatient treatment to support in the community.

**Gold Coast Project for Homeless Youth Inc.**

PO Box 2316, SOUTHPORT QLD 4215

**P: (07) 5591 3746**

**E:** gcphy@bigpond.net.au

**Web:** www.homelessyouth.com.au

Accommodation, facilities, living skills & welfare advice for young people aged 12-17 homeless or at risk.

**Gold Coast Youth Justice Service Centre**

Shop 13 Pacific Square, 2532-2540 Gold Coast Highway, MERMAID BEACH QLD 4218

**P: (07) 5562 7157**

**Web:** www.communities.qld.gov.au

Supervises young people between the ages of 10-17 years of age on Youth Justice Orders. Supports young people that are sentenced by the court and a variety of interventions are applied.

**Gold Coast Youth Online**

**P: (07) 5581 6732**

**E:** youth@goldcoast.qld.gov.au

**Web:** www.youth.goldcoast.qld.gov.au

Information about youth services, activities and events for youth service organisations, parents and young people of the Gold Coast.

**Gold Coast Youth Service**

25 Oak Avenue, MIAMI QLD 4220

**P: (07) 5572 0400**

**E:** intake@goldcoastyouthservice.com

**Web:** www.goldcoastyouthservice.com

Supports young people aged 12 to 25 years who are marginalised, at risk of homelessness or currently experiencing homelessness. Provides information and advice, referral, advocacy, assistance to access accommodation services and access to laundry & shower.

**Griffith University Psychology Clinic**

Gold Coast Campus Parklands Drive, SOUTHPORT QLD 4215

**P: (07) 5552 8556**

**E:** psychclinic-gc@griffith.edu.au

**Web:** www.griffith.edu.au/health/school-psychology/clinics  
 Assessment and Counselling for adults, adolescents and children; reduced fees; sliding scale fees for lower income.

**Griffith Youth Forensic Service (GYFS)**

Griffith University Mt Gravatt Campus, MT GRAVATT QLD 4122

**P: (07) 3735 3347**

**E:** s.rayment@griffith.edu.au

**Web:** www.griffith.edu.au

Provides specialist forensic psychological assessment and treatment services to youth who are sentenced in courts in relation to sexual offence matters. Referrals are received via Court Order or Youth Justice Orders.

**headspace Gold Coast**

2/126 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5509 5900**

**E:** admin@headspacegoldcoast.org.au

**Web:** www.headspace.org.au/goldcoast

A youth friendly hub that provides services across four core streams: primary health care, mental health and alcohol and other drug (AOD) services, and social/vocational services.

**HOST (HOMELESSNESS OUTREACH SUPPORT TEAM)**

93 Golden Four Drive, BILINGA QLD 4225

**P: (07) 5536 5247**

**E:** bathol@bigpond.com

**Web:** www.blairathol.org

Information and referral for accommodation services throughout the Gold Coast Region. Supports people sleeping rough & those experiencing difficulty accessing the Homelessness Service Team.

**Illoura Child and Family Counselling Centre**

31 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 1955**

**E:** illoura@qb.com.au

**Web:** www.qbc.com.au

Child and Family Counselling; Premarital, Marriage/ Relationship Counselling; Loss & Grief; Stress/ Anxiety/ Depression; Mediation; Addiction; Sexual Abuse; Domestic Violence Counselling. Programs: - Parenting Courses; Family fun days; Women's nights out; Arts and Crafts; Cooking Classes; Christmas Luncheon.

**Immigrant Women's Support Service**

PO Box 5490, WEST END QLD 4101

**P: (07) 3846 3490 (DV)**

**E:** mail@iwss.org.au

**Web:** www.iwss.org.au

Works with women & children of non English speaking background experiencing domestic violence, or have experienced rape or sexual assault.

**Inspire Foundation - Reach Out Pro**

PO Box 1790, ROZELLE NSW 2039

102 Beattie Street, BALMAIN NSW 2039

**P: (02) 8585 9300**

**Web:** www.reachoutpro.com.au

Access and advice for health care professionals on a range of technologies and online resources that can be used to enhance the effectiveness of psychosocial support and mental health care provided to young people.

**Integrated Family and Youth Service (IFYS)**

PO Box 1291, MAROOCHYDORE QLD 4558

**P: (07) 5438 3000**

**E:** admin@ifys.com.au

**Web:** www.ifys.com.au

Specialist support and intervention programs for children, young people and families. Provides accommodation, support and counselling services at various locations throughout Queensland.

**Kalwun Aboriginal-Islander Child Care Agency (AICCA)**  
PO Box 3880, BURLEIGH DC QLD 4220  
14 Kortum Drive, BURLEIGH HEADS QLD 4220  
**P: (07) 5520 8600**

**E:** admin@aicca.com.au

**Web:** www.kalwun.com.au

Ensures ATSI people and their families have the right to culturally appropriate advocacy, support, resources and information during the child protection and alternative care process.

**Kalwun Development Corporation**

PO Box 2123, NERANG QLD 4211

**P: (07) 5578 3434**

**E:** kalwunde@kalwun.com.au

**Web:** www.kalwun.com.au

Services and facilities for ATSI people in the areas of housing, health, aged care, child protection and family support, youth and employment. The Kalwun housing program provides affordable long-term accommodation.

**Kids Helpline**

PO Box 2000, MILTON QLD 4064

**P: 1800 551 800**

**E:** admin@kidshelp.com.au

**Web:** www.kidshelp.com.au

A free 24/7 counselling service for young people aged 5-25 years. Counselling is offered by phone, email and over the web.

**Kingston East Neighbourhood Group Inc**

P.O Box 622, WOODRIDGE QLD 4114

177 Meakin Road, SLACKS CREEK QLD 4127

**P: (07) 3808 1684**

**E:** admin@keng.org.au

**Web:** www.keng.org.au

Promotes personal well-being through access to information, resources and learning opportunities that respond to the needs of the community.

**Krurungal Aboriginal & Torres Strait Islander Corporation**

PO Box 544, COOLANGATTA QLD 4225

F5 & F9 Eastern Ave, COOLANGATTA QLD 4225

**P: (07) 5536 7911**

**E:** krurungal\_receptionist@live.com

**Web:** www.krurungal.com.au

Welfare, Housing and Resource Services.

**Labrador Child Safety Service Centre**

PO Box 700, LABRADOR QLD 4215

Level 1, BRP House, 118 Brisbane Road LABRADOR QLD 4215

**P: (07) 5558 7201**

**E:** info@childdafety.qld.gov.au

**Web:** www.childdafety.qld.gov.au

If you suspect a child is experiencing harm, you should contact your local service centre to report the suspected child abuse. For emergencies outside of working hours, contact the Child Safety After Hours Service Centre.

**Learning Connections Centre**

PO Box 11, PADDINGTON QLD 4064

Chapel Street, BRISBANE QLD 4000

**P: (07) 3369 1011**

**E:** info@learningconnections.com.au

**Web:** www.learningconnections.com.au

Practical and effective help for children of all ages with learning, behaviour, autistic spectrum, attention disorders and developmental delay.

**Life Education Queensland**

**P: 1300 427 653**

**E:** qld@lifeeducation.org.au

**Web:** www.lifeeducation.org.au/

A NFP providing school-based health and drug education across Qld.

**Life without Barriers**

Po Box 713, BEENLEIGH QLD 4207

**P: (07) 3442 6600**

**E:** qldstateadmin@lwb.org.au

**Web:** www.lwb.org.au

Assists children and young people, people living with a disability, people living with a mental health issue and other vulnerable persons to live safer and more enriched lives. Links 4 Life, Disability, Healthy Minds, Youth Justice, Immigration, and Homelessness programs.

**Life Without Barriers Foster Care Support Agency**

PO Box 758, PARADISE POINT QLD 4216

**P: 1800 192 055**

**E:** otterken@bigpond.com.au

**Web:** www.fostercaregoldcoast.com.au

Foster care placement of children and young people with challenging behaviours and complex needs aged 10-18yrs.

**Lifeline**

PO Box 307, BROADBEACH QLD 4218

2741 Gold Coast Highway, BROADBEACH QLD 4218

**P: (07) 5579 6000**

**E:** reception.goldcoast@lccq.org.au

**Web:** www.lifeline.org.au/goldcoast

Child, Youth and Family Services; Personal Counselling; Financial Counselling; Anger Management Courses; Child and Youth Sexual Abuse Service; Suicide Bereavement & Grief Support.

**Logan East Community Centre**

PO Box 1230, SPRINGWOOD QLD 4127

Corner Cinderella Drive & Vanessa Blvd,  
SPRINGWOOD QLD 4127

**P: (07) 3808 4529**

**E:** lecna@lecna.org.au

**Web:** www.lecna.org.au

Emergency relief; NILS; Information and referrals; Counselling; School holiday program; Playgroups; Recreation Groups; KNIT life-skills parenting program and Room Hire.

**Logan Youth Legal Service**

376 Kingston Road, WOODRIDGE QLD 4114

**P: (07) 3826 1500**

**Web:** www.yfs.org.au/legal

Free legal information, advice and representation to young people aged under 18 in Logan City and surrounding areas. Some outreach services beyond this geographic area if service has capacity.

**Loganlea Community Centre**

28-32 Timms Street, LOGANLEA QLD 4131

**P: (07) 3805 8260**

**E:** admin@loganleacommunity.org.au

**Web:** www.loganleacommunity.org.au

A range of activities that include referral and information services, youth and study groups, aged services, needs-based services as well as family support.

**Lutheran Community Care**

PO Box 1535, MILTON QLD 4064

24 McDougall Street, MILTON QLD 4064

**P: (07) 3511 4037**

**E:** lcc.admin@lccqld.org.au

**Web:** www.lccqld.org.au

Responds to community needs in the areas of aged care, respite, community services & chaplaincy.

**MAD ASSOCIATION Incorporated trading as Smart Arts Clubs**

1/98 Milne street, BEENLEIGH QLD 4207

**P: (07) 3807 7665**

**E:** enquiries@mad.org.au

**Web:** www.mad.org.au

Assisting young carers of parents with mental indifferences delivering circles of support. Providing positive participation opportunities to foster better mental wellbeing. Various meeting locations.



**Mermaid Beach Child Safety Service Centre**

PO Box 138, MERMAID BEACH QLD 4218

Shop 13, Pacific Square,  
2532-2540 Gold Coast Highway,  
MERMAID BEACH QLD 4218

**P: (07) 5595 7100**

**E:** info@chidsafety.qld.gov.au

**Web:** www.chidsafety.qld.gov.au

If you suspect a child is experiencing harm, you should contact your local service centre to report the suspected child abuse. For emergencies outside of working hours, contact the Child Safety After Hours Service Centre.

**Mission Australia Family Support**

PO Box 479, STONES CORNER QLD 4120

11 Cleveland Street, STONES CORNER QLD 4120

**P: (07) 3847 8411**

**Web:** www.missionaustralia.com.au

Employment training, housing solutions and counselling for young people affected by family breakdown, drug and alcohol abuse, and mental illness.

**MontroseAccess Gold Coast**

PO Box 761, LABRADOR QLD 4215

Corner Allied Drive & Byth Street, ARUNDEL QLD 4214

**P: (07) 5509 9300**

**E:** information@montroseaccess.org.au

**Web:** www.montroseaccess.org.au

Community based therapy services, recreation programs and respite programs for children and young adults throughout Queensland with physically disabling conditions of varying severity, including acquired brain injury.

**MultiLink Community Services Inc**

PO Box 146, WOODRIDGE QLD 4114

38 Blackwood Road, LOGAN CENTRAL QLD 4114

**P: (07) 3808 4463**

**E:** support@multilink.org.au

**Web:** www.multilink.org.au

Provides a wide range of youth, aged, disability and multicultural services.

**National Child Protection Clearinghouse**

Level 20, South Tower, MELBOURNE VIC 3000

**P: (03) 9214 7888**

**E:** Via website.

**Web:** www.aifs.gov.au/nch

An information, advisory and research unit focused on child abuse prevention, child protection and out-of-home care.

**National Children's and Youth Law Centre (NCYLC)**

National Children's & Youth Law Centre, Law Building,  
First Floor UNIVERSITY OF NSW NSW 2052

**P: (02) 9385 9588**

**E:** admin@ncylc.org.au

**Web:** www.ncylc.org.au

A unique Community Legal Centre dedicated to addressing human rights issues for children and young people in Australia through Legal change and providing Advocacy, Education and Information.

**Nerang Child Safety Service Centre**

PO Box 418, NERANG POSTAL SHOP QLD 4211

24 White Street, NERANG QLD 4211

**P: (07) 5558 1888**

**E:** info@chidsafety.qld.gov.au

**Web:** www.chidsafety.qld.gov.au

If you suspect a child is experiencing harm, you should contact your local service centre to report the suspected child abuse. For emergencies outside of working hours, contact the Child Safety After Hours Service Centre.

**Nerang Neighbourhood Centre**

PO Box 357, NERANG QLD 4211

29 Martin Street, NERANG QLD 4211

**P: (07) 5578 2457**

**E:** nnc@nncinc.com.au

Information & Referral Services; Support groups for men, youth & teens; food bank; yoga; parenting; GROW; African community; homicide victims support; community development program; and youth justice program.

**Newlife Care**

4 Greenwich Court, ROBINA QLD 4226

**P: (07) 5593 3262**

**E:** newlifecare@newlife.unitingchurch.org.au

**Web:** www.newlifecareinc.com.au

Provides counselling and support to people in the community who may be experiencing either discomfort in their personal life or their relationship with others. Areas include: Anger management; Abuse (Physical, psychological and sexual); Anxiety; Child and teenage management; Depression; Divorce and separation; Family conflict; Financial Counselling; Gambling; Gender Issues; Grief and loss; Guilt; Relationship issues; Role issues; Self esteem; and Stress management.

**North Gold Coast Early Years Centre**

Corner Martin and White Streets, NERANG QLD 4211

**P: (07) 5578 1346**

**E:** EYcenquiry@bensoc.org.au

**Web:** www.bensoc.org.au

Services available to parents who live in the north Gold Coast area and have children aged up to eight years or are expecting a child. Services include: early childhood education and care, parenting information and programs including Triple P and MAD, family support and health services.

**On Track Community Programs Inc**

141 Minjungbal Drive, TWEED HEADS NSW 2486

**P: (07) 5524 9732**

**E:** admin@ontrack.ngo.org.au

**Web:** www.ontrack.ngo.org.au

Community based support services for people experiencing mental illness, disability, homelessness or extreme disadvantage and their families.

**Oxenford & Coomera Community Youth Centre**

25 Oxenford Tamborine Road, OXENFORD QLD 4210

**P: (07) 5529 8087**

**E:** admin@youthcentre.org.au

**Web:** www.youthcentre.org.au

Aged, Youth & Family Groups and Support; Sport & Recreation; Job Readiness Program; Counselling; Maori & PI Workshops; JP Service; Free Legal Advice; Free Tax Return Help; Hall Hire.

**OxyGen**

**Web:** www.oxygen.org.au

The only Australian website dedicated to informing young people about tobacco and its use in Australia.

**Palm Beach Neighbourhood Centre**

16 Third Avenue, PALM BEACH QLD 4221

**P: (07) 5598 1505**

**Web:** www.palmbeachnc.org.au

Financial counselling, Family, child and youth short term counselling, parenting programs, personal development workshops and self-help groups.

**Paradise Kids**

88 Allied Drive, ARUNDEL QLD 4214

**P: (07) 5574 6853**

**E:** enquiries@paradisekids.org.au

**Web:** www.paradisekids.org.au

Grief & Loss Support Programs for children & their families. Grief Counselling for Adults. Also facilitates parenting and grandparenting support groups.

**Protect All Children Today Inc. (PACT)**

PO Box 6011, LOGAN CENTRAL QLD 4114

51 Jacaranda Avenue, LOGAN CENTRAL QLD 4114

**P: (07) 3290 0111**

**E:** pact@pact.org.au

**Web:** www.pact.org.au

Child witness support; Therapy; Representation to government & other agencies on behalf of children & young people.

**QPASTT – Qld Program of Assistance to Survivors of Torture and Trauma**

PO Box 6254, FAIRFIELD QLD 4103  
50 Shottery Street, YERONGA QLD 4104  
**P: (07) 3391 6677**

**E:** admin@qpastt.org.au

**Web:** www.qpastt.org.au

Services for adults, young people, children and families from refugee backgrounds, who have survived torture or war related trauma. Counselling, advocacy, group work, psycho-education, information sessions, recreational programs. Also offers capacity building and services to other organisations.

**Queensland Association for Healthy Communities (QAHC)**

PO Box 1372 Eagle, EAGLE FARM BC QLD 4009  
30 Helen Street, NEWSTEAD QLD 4006  
**P: (07) 3017 1777**

**E:** info@qahc.org.au

**Web:** www.qahc.org.au

Promoting the health and well-being of lesbian, gay, bisexual and transgender Queenslanders. Services include: HIV & Hepatitis C Prevention; Queensland Aboriginal and Torres Strait Islander HIV/AIDS Program; Lesbian, Gay, Bisexual and Transgender Health Systems Project; LGBT Health Issues; Healthy LGBT Communities Fund; LGBT Resource Centre; and The Hope Fund - small grants of goods and services for people living with HIV who are in need.

**Queensland Youth Housing Coalition**

PO Box 122, PADDINGTON QLD 4064  
**P: (07) 3876 2088**

**E:** admin@qyhq.org.au

**Web:** www.qyhq.org.au

A peak body advocating for young homeless people and supporting the services that work with them. Youth housing and accommodation information; Youth Support Coordinators (YSCs); Website provides emergency accommodation providers.

**Raising Children Network**

**E:** Via website.

**Web:** www.raisingchildren.net.au

Provides information that can help parents with the day-to-day decisions of raising children, and looking after their own needs.

**Reach Out**

PO Box 1790, ROZELLE NSW 2039  
102 Beattie Street, BALMAIN NSW 2039  
**P: (02) 8585 9300**

**E:** crew@reachout.com.au

**Web:** www.reachout.com.au

A web-based service that aims to improve the mental health and wellbeing of young people aged 14-25 years by providing them with information, support and skills development and by working with health professionals to strengthen the pathways between online and community based service delivery.

**Real Community Services (RCS) ABI Support**

Po Box 1249, OXLEY QLD 4075  
2145 Ipswich Road, OXLEY QLD 4075  
**P: (07) 3725 6500**

**E:** abi@realcommunityservices.com.au

**Web:** www.realcommunityservices.com.au

Assistance to adults and children with an acquired brain injury. RCS collaborates with case managers, allied health professionals and families to provide targeted coordination and support staff to implement rehabilitation programs.

**Real Community Services (RCS) Lifestyle Support**

Po Box 1249, OXLEY QLD 4075  
2145 Ipswich Road, OXLEY QLD 4075  
**P: (07) 3725 6511**

**E:** swaide@realcommunityservices.com.au

**Web:** www.realcommunityservices.com.au

Responsive coordination and support to clients with a disability and youth within the child protection framework.

**Real Community Services (RCS) Staffing Agency**

Po Box 1249, OXLEY QLD 4075  
2145 Ipswich Road, OXLEY QLD 4075  
**P: (07) 3725 6500**

**E:** bookings@realcommunityservices.com.au

**Web:** www.realcommunityservices.com.au

Specialises in the recruitment of temporary, permanent and contract (locum) staffing needs in the human services industry.

**Reconnect**

2/36 Newheath Drive, GAVEN QLD 4211  
**P: (07) 5500 0374**

**E:** grozingerj@missionaustralia.com.au

**Web:** www.missionaustralia.com.au

Family mediation for 12-18yo who are homeless or at risk of homelessness. Parenting programs and needs responsive groups programs as required.

**Relationships Australia**

13/107 Miles Platting Road,  
EIGHT MILE PLAINS QLD 4113  
**P: 1300 364 277**

**E:** generalenquiries@relateqld.com.au

**Web:** www.relationships.com.au

Delivers a wide range of services including: counselling, family dispute resolution, personal development and education, parenting skills training, men and family

relationships programs, specialised family violence programs, early intervention services, child-focused programs and practices, and programs which specifically engage indigenous and culturally and linguistically diverse (CALD) families, groups and communities. Victims Counselling and Support Service: 1300 139 703  
www.vcss.org.au Aftercare Resource Centre: 1800 501 560  
www.aftercareresourcecentre.org.au Gambling Help Service: 1800 858 858 - For services in your local area.

**Rosie's Youth Mission**

PO Box 908, WYNNUM QLD 4178  
312 Benowa Road, BENOWA QLD 4217  
**P: 1300 ROSIES (767 437)**

**E:** manager@rosies.org.au

**Web:** www.rosies.org.au

Street Outreach to the Homeless, Court Support Program, Visitation and socialisation program to the women prisoners in Numinbah Correctional Centre, Visitation to the young detainees at the Brisbane Youth Detention Centre and Social Justice Educational Program (street retreat) for senior students at participating Colleges.

**SAILS**

St James House, 41 Brighton Street,  
BIGGERA WATERS QLD 4216

**P: 0405 468 344**

**E:** admin@sails.org.au

**Web:** www.sails.org.au

A NFP charitable organisation that provides: Youth at risk healthy choices, sailing, educational and intervention programs; School holidays youth and family boating and creative arts Programs; and the Incredible Years Parenting program.

**SCISCO Career Pathways**

PO Box 1730, BROADBEACH QLD 4218  
Level 3 (Lift 8) Oasis Shopping Centre, Victoria Avenue,  
BROADBEACH QLD 4218

**P: 1800 244 744**

**E:** tina@scisco.org.au

**Web:** www.scisco.org.au

Youth Connections - Employment career pathways and education support for youth aged 14 - 18 with multiple barriers at risk of/disengaging from school, not in employment or full time study.

**Somazone**

**P: (03) 9278 8100**

**Web:** www.somazone.com.au

A youth website that offers a safe space to share stories, ask questions and find help about mental health issues, relationships, harassment, drugs, sexual health, and body image.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120

138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spiritus Amend Program (Assisting Mothers End the Need for Drugs)**

18A West Street, BURLEIGH HEADS QLD 4220

**P: (07) 5576 2768**

**E:** amendgoldcoast@spiritus.org.au

**Web:** www.kinections.com.au

An 18-session in home Relapse Prevention & Parenting Enhancement program to pregnant and parenting women who identify problems with alcohol and other drugs as well as support for their families. The program also provides direct counselling and support to children aged 0-18 who have been affected by a parent's or caregiver's substance use.

**Spiritus Counselling and Education Services - Kinections**

PO Box 8121, WOOLLOONGABBA QLD 4102

5 Reid Street, WOOLLOONGABBA QLD 4102

**P: 1300 114 397**

**E:** kinections@spiritus.org.au

**Web:** www.kinections.com.au

A family and relationships counselling service providing individual and group counselling and educational services to Queensland families and agencies, including the Family Relationship Services Program (FRSP) and Domestic and Family Violence Program.

**Spiritus TRACC**

**P: (07) 5578 0800**

**Web:** www.spiritus.org.au

A residential program for children and young people who have come from backgrounds of abuse and neglect including foster care; an intensive supported foster care (for children with challenging behaviours) and placement who are not yet able to be absorbed into foster care.

**Spiritus Youth Support Service**

**P: (07) 3386 2000**

**Web:** www.spiritus.org.au

Provides young people at risk of homelessness aged 12 to 17, and their families, with support during times of crisis. Counselling and/or mediation services are offered to all young people. Semi independent accommodation is also available to young people over the age of 16 years.

**St Vincent de Paul Society**

**P: (07) 3010 1000**

**E:** state.admin@svdpqld.org.au

**Web:** www.vinnies.org.au

Services for people in need include: aged care, migrant and refugee services, home, hospital, prison and detention centres visitation, homeless person's services, clothing and assistance centres, care for people with psychiatric disabilities, vocational services for people with a disability, drug, alcohol and gambling counselling, financial counselling, disaster recovery and street vans as well as specialised Vinnies Youth services.

**St Vincent de Paul Society - Gold Coast**

PO Box 418, LABRADOR QLD 4215

**P: (07) 5561 4710**

**E:** gcc.office.dc@svdpqld.org.au

**Web:** www.vinnies.org.au

Services to individuals and families including: Home, hospital, aged care and prison visitations; Emergency Assistance & Food Relief; Child & Family Programs, Counselling Services; Home Assistance; Beaudesert Food Division; Beaudesert Housing; and Vinnies Centres. Helpline: (07) 5561 4702. Home Assist: (07) 5598 1073 Home Maintenance: (07) 5561 4701.

**St. Joseph's Youth Service**

15-17 Frances Street, TWEED HEADS NSW 2485

**P: (07) 5589 1800**

**E:** admin@sjys.org.au

Youth Accommodation for 16-21yrs for up to 6 months.

Outreach service target group 14-25yrs. Lifeskills and goal setting programs. Emergency relief.

**Teen Challenge Qld**

PO Box 895, MT GRAVATT QLD 4122

**P: (07) 3422 1500**

**E:** tqld@teenchallenge.org.au

**Web:** www.teenchallenge.org.au

Addiction related Crisis Accommodation; Outreach Services; Residential Rehabilitation; and Training. For youth and young adults.

**The Australian Red Cross**

PO Box 1822, MILTON QLD 4064

Humanity Place, 49 Park Road MILTON QLD 4064

**P: 1300 554 419**

**E:** qldredcross@redcross.org.au

**Web:** www.redcross.org.au/qld

Aged Care and Health Services - Community Visitors Scheme, Emergency Medical Accommodation Centres, Personal Helpers & Mentors Program; Business, Training and Employment Services; Emergency Services; Family Support Services; First Aid, Health and Safety Services; Community Partnering; Youth and Development Services; Migration support.

**The Salvation Army Counselling Service - Gold Coast**

PO Box 318, SOUTHPORT QLD 4215

**P: (07) 5531 3471**

**E:** goldcoastsalvos@aue.salvationarmy.org

**Web:** www.salvos.org.au

Christian compassion and support, guidance and counsel to individuals, couples and families. The service is open to people of all ages, and in all walks of life.

**Tweed Community Health - Child & Family Health Counselling**

Powell Street, TWEED HEADS NSW 2485

**P: (07) 5506 7540**

**Web:** www.ncahs.nsw.gov.au

Child and Family Health Counsellors visit to help children who may be experiencing psychological, social or emotional difficulties and their families.

**Tweed Community Health - Sexual Assault Services**

Florence Street, TWEED HEADS NSW 2485

**P: (07) 5506 7540**

**Web:** www.ncahs.nsw.gov.au

Provides counselling and support to men, women and children who have been sexually assaulted recently or in the past, including non-offending parents/carers and other family members. Also, provides groups for survivors of sexual assault (both adults and children), court support, community education, and 24 hour crisis support.

**Tweed Valley Early Childhood Intervention Service Inc**

PO Box 105, TWEED HEADS NSW 2485

Florence Street, TWEED HEADS NSW 2485

**P: (07) 5506 7558**

**E:** tvecis@alphernet.com.au

Community based support and educational and intervention services for young children with disabilities and those at risk of developmental delay for ages 0-6yrs, and their families.

**Varsity Lakes Community Resource Centre Inc.**

Jim Harris Park, 20 Mattocks Road,

VARSITY LAKES QLD 4227

**P: (07) 5593 7006**

**E:** info@varsitylakes.org.au

**Web:** varsitylakes.org.au

Community Support & Referral agency funded by Department of Communities. We offer social activities and programs for community of Varsity Lakes and Burleigh Waters

**Village Community Services Inc.**  
Studio Village Community Centre,  
87 Village Way, OXENFORD QLD 4210  
**P: (07) 5529 8253**

**E:** svccadmin@cirruscomms.com.au

**Web:** www.studiovillage.com.au

Information and referral, community development, activities and events for local community, small community hall available, parenting programs, individual, family and parent support.

**Wesley Mission Brisbane - Gold Coast Service Hub**

208 Highfield Drive, ROBINA QLD 4226

**P: (07) 5569 1800**

**E:** yara@wmb.org.au

**Web:** www.wmb.org.au

Offers practical youth programs and community care services for the elderly including home support and youth homelessness or disengagement from school programs.

**Wesley Mission Brisbane - Logan City Services**

PO Box 1147, BEENLEIGH QLD 4207

**P: (07) 3287 1290**

**E:** k.clayton@wmb.org.au

**Web:** www.wmb.org.au

Semi-supported independent accommodation for 16-21yrs. Advice, Advocacy and Referral services. Programs for young parents, FAB (family), HOPS (housing options) and more.

**Working Against Violence Support Service (WAVSS)**

PO Box 726, WOODRIDGE QLD 4114

**P: (07) 3808 5566**

**E:** wavss@wavss.org

**Web:** www.wavss.org

Domestic Violence counselling for women and children, Groups for women and children, Support in a crisis, Information and Referral & Court Support.

**YHES House - Youth Health & Education Service**

161 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5528 5333**

**E:** admin@yhes.org.au

**Web:** www.yhes.org.au

Community organisation providing free services to youth and young parents (12 to 25 yrs) through individual support, counselling, advocacy & referral small groups such as childbirth education, new parent groups and health education

**Young Workers Advisory Service**

PO Box 10554, Adelaide Street, BRISBANE QLD 4000

Level 2, 144 Adelaide Street, BRISBANE QLD 4000

**P: 1800 232 000**

**E:** ywas@ywas.org

**Web:** www.ywas.org

Telephone advisory service to assist Qld workers under 25 on pay conditions, workplace relations, employment contracts, unfair dismissal or any workplace discrimination issues.

**YoungCare**

PO Box 725, SPRING HILL QLD 4004

75 St Pauls Terrace, SPRING HILL QLD 4000

**P: 1300 844 727**

**E:** info@youngcare.com.au

**Web:** www.youngcare.com.au

Respite, accommodation, and support for young Australians with high care needs. Youngcare Connect is a free dedicated counselling and referral line for people in need of disability information and advice.

**Youth & Family Service (Logan City) Inc.**

PO Box 727, WOODRIDGE QLD 4114

376 Kingston Road, SLACKS CREEK QLD 4127

**P: (07) 3826 1500**

**E:** yfs@yfs.org.au

**Web:** www.yfs.org.au

YFS is a not-for-profit organisation, run by, for and with the local community. People of all ages in Logan City and the surrounding areas use YFS services. We aim to help people overcome problems and reach their goals in life. We offer many different services, from legal advice to disability support; from counselling to help finding work.

**Youth Point Connect**

PO Box 324, RUNAWAY BAY QLD 4216

Oxley Drive, RUNAWAY BAY QLD 4216

**P: (07) 5537 5113**

**E:** runbaylions@bigpond.com

Various youth programs for ages 12-18 in North Gold Coast area.

**Youthbeyondblue**

PO Box 6100, HAWTHORNE WEST VIC 3122

**P: 1300 224 636**

**E:** bb@beyondblue.org.au

**Web:** www.youthbeyondblue.com

Youthbeyondblue is the arm of beyondblue that has a specific focus on young people aged 12 to 25 years. Youthbeyondblue programs and projects centre on early intervention and prevention of high prevalence mental health problems for young people and also on increasing awareness and understanding of depression, anxiety and related disorders in Australian Youth. For information on depression, anxiety and related disorders, available treatments and where to get help, visit [www.youthbeyondblue.com](http://www.youthbeyondblue.com) or call the beyondblue info line 1300 22 4636.

**Community & Neighbourhood Centres**

**19 Kerr Avenue Community Centre**

19 Kerr Avenue, SOUTHPORT QLD 4215

**P: (07) 5535 2351**

Hall for Hire.

**Albert Waterways Community Centre**

Corner Hooker Blvd & Sunshine Blvd,

MERMAID WATERS QLD

**P: (07) 5581 7227**

**E:** cityvenuebooking@goldcoast.qld.gov.au

**Web:** www.goldcoast.qld.gov.au

Available for hire. Please see the Gold Coast City Council website Community Centres section for more detailed venue information, booking contacts and links to other available centres.

**Banksia Park Community Centre**

27 Crescent Avenue, HOPE ISLAND QLD

**P: (07) 5581 7227**

**E:** cityvenuebooking@goldcoast.qld.gov.au

**Web:** www.goldcoast.qld.gov.au

Available for hire. Please see the Gold Coast City Council website Community Centres section for more detailed venue information, booking contacts and links to other available centres.

**BeauCare**

PO Box 572, BEAUDESERT QLD 4285

44 Tina Street, BEAUDESERT QLD 4285

**P: (07) 5541 3762**

**E:** admin@beaucare.org.au

**Web:** www.beaucare.org.au

Provides a broad range of community services including child care, family support, youth development, community development and support services for the frail aged and people with a disability.

**Beenleigh District Community Development Association Inc (Beenleigh Community Centre)**

PO Box 230, BEENLEIGH QLD 4207

Mansfield Walk, BEENLEIGH QLD 4207

**P: (07) 3287 2840**

**E:** bdcda@beenleigh.org.au

**Web:** www.beenleigh.org.au

Provides crisis counselling, information, referrals and other support for families and individuals, including collaboration with government departments and community-based agencies in the provision of supported housing, physical and mental health strategies and life-skills education.



**Bert Swift Community Centre**  
PO Box 357, NERANG QLD 4211  
**P: (07) 5578 2457**  
**E:** nnc@nncinc.com.au  
Available for hire.

**Bethel Community Centre Inc**  
PO Box 1213, COOLANGATTA QLD 4225  
**P: (07) 5599 5473**  
**E:** bethelhealing@bigpond.com  
**Web:** www.bethelhealing.org.au  
Healing Life's Hurts retreats, emotional healing from past issues of abuse, neglect, hurt.

**Booran Park Neighbourhood Centre**  
10 Pendry Court, WOODRIDGE QLD 4114  
**P: (07) 3808 7675**  
**E:** bpnc@bigpond.com  
**Web:** www.logan.qld.gov.au  
Available for hire. Activities include boxing, karate, music, drama and meditation lessons.

**Burleigh Waters Community Centre**  
PO Box 5042, GOLD COAST MC QLD 9729  
131 Christine Avenue, BURLEIGH WATERS QLD 4220  
**P: (07) 5578 9159**  
**E:** burleighwaterscc@goldcoast.qld.gov.au  
**Web:** www.goldcoast.qld.gov.au  
Available for hire. The Centre consists of a hall, three meeting rooms, kitchen, and paved undercover outdoor area making it ideal for private functions, meetings, classes and community events.

**Canefields Clubhouse**  
Unit 2/10-13 Logandowns Drive,  
MEADOWBROOK QLD 4131  
**P: (07) 3807 0951**  
**E:** admin@canefieldsclubhouse.org.au /  
employment@canefieldsclubhouse.org.au  
**Web:** www.canefieldsclubhouse.org.au  
Psychosocial rehabilitation program assisting adults with a diagnosed mental illness to lead socially and vocationally satisfying lives.

**Carrara Community Centre Inc.**  
Nielsens Road, CARRARA QLD 4221  
**P: (07) 5579 9919**  
**E:** carraracc@bigpond.com  
Hosts a variety of community groups and support group meetings. Hires out centre for various activities.

**Cedar Creek Community Hall**  
Chardons Ridge Road & Beenleigh Beaudesert Road,  
CEDAR CREEK QLD  
**P: 0438 585 795**

**E:** mzcustom@powerup.com.au  
Hall available for hire for various activities.

**Civic Centre Auditorium & Meeting Room**  
Brett Street, TWEED HEADS NSW 2485  
**P: 0418 753 230**  
**E:** dmartain@tweed.nsw.gov.au  
Available for hire.

**Community Care Beenleigh Districts Inc**  
Office 3 53 York Street, BEENLEIGH QLD 4207  
**P: (07) 3807 7355**  
**E:** commcarebeen@optusnet.com.au  
**Web:** www.communitycarebeenleigh.com  
Individual, relationship & financial counselling; Lifestyle workshops including anger management & self-esteem; Referral & Advocacy.

**Community Room Pacific Fair**  
PO Box 7, PACIFIC FAIR QLD 4218  
2 - 30 Hooker Blvde, BROADBEACH QLD 4218  
**P: (07) 5581 5100**  
**E:** pacificfair@amp.com.au  
**Web:** www.pacificfair.com.au  
Room available for hire, max 60 persons, tables, chairs and tea/coffee facilities available (must provide own products).

**Eagleby Community Association**  
PO Box 5018, EAGLEBY QLD 4207  
8-16 Cowper Avenue, EAGLEBY QLD 4207  
**P: (07) 3807 3833**  
**E:** ecai2@bigpond.com  
**Web:** www.eagleby.webs.com  
Halls for hire. Also hold playgroup and women's friendship group meetings. Occasional emergency relief when funds are available - Food vouchers & financial assistance.

**Elanora Community Centre**  
Po Box 4089, ELANORA QLD 4221  
26 Galleon Way, CURRUMBIN WATERS QLD 4223  
**P: (07) 5598 8202**  
**E:** elancc@virginbroadband.com.au  
**Web:** www.goldcoast.qld.gov.au  
Hall available for hire for various community activities.

**Federation Hub House**  
PO Box 1759, SOUTHPORT QLD 4215  
Owen Park, SOUTHPORT QLD 4215  
**P: (07) 5591 1750**  
**E:** clubfed\_supportteam@mifq.org.au  
**Web:** www.mifa.org.au/federation-clubhouse  
Provides a quiet space for people with mental illness to come together for social support and activities with individuals who may share similar experiences in life.

**Fradgley Hall**  
Park Avenue, BURLEIGH HEADS QLD 4220  
**P: (07) 5581 7227**  
**E:** cityvenuebooking@goldcoast.qld.gov.au  
**Web:** www.goldcoast.qld.gov.au  
Available for hire. Please see the Gold Coast City Council website Community Centres section for more detailed venue information, booking contacts and links to other available centres.

**Greenbank Community Centre**  
PO Box 1121, PARK RIDGE QLD 4125  
145 Teviot Road, GREENBANK QLD 4124  
**P: 0404 564 012**  
**E:** gcc\_bookings@hotmail.com  
**Web:** www.greenbankcommunitycentre.com.au  
Variety of activities and available for hire.

**Helensvale Community Centres**  
31 Discovery Drive, HELENSVALE QLD 4212  
**P: (07) 5573 6920**  
**E:** helensvalecc@bigpond.com.au  
**Web:** www.goldcoast.qld.gov.au  
Available to hire for functions, meetings, classes and use by community groups.

**Jacobs Well Community Centre**  
27 Bay Drive, JACOBS WELL  
**P: (07) 5667 2760**  
**E:** jacobs@gctp.com.au  
**Web:** www.goldcoast.qld.gov.au  
Available for hire as a venue for small social events, classes and community meetings.

**Kingston East Neighbourhood Group Inc**  
PO Box 622, WOODRIDGE QLD 4114  
177 Meakin Road, SLACKS CREEK QLD 4127  
**P: (07) 3808 1684**  
**E:** admin@keng.org.au  
**Web:** www.keng.org.au  
Promotes personal well-being through access to information, resources and learning opportunities that respond to the needs of the community.

**Logan Area Committee on the Ageing Inc**  
Logan Central Community Centre, 9 Jacaranda Avenue  
LOGAN CENTRAL QLD 4114  
**P: (07) 3290 0088**  
**E:** sue@lacota.org.au  
**Web:** www.lacota.org.au  
Various social activities and lifestyle support for seniors.

**Logan East Community Centre**  
PO Box 1230, SPRINGWOOD QLD 4127  
Corner Cinderella Drive & Vanessa Blvd,  
SPRINGWOOD QLD 4127

**P: (07) 3808 4529**

**E:** lecna@lecna.org.au

**Web:** www.lecna.org.au

Emergency relief; NILS; Information and referrals;  
Counselling; School holiday program; Playgroups;  
Recreation Groups; KNIT life-skills parenting program and  
Room Hire.

**Loganlea Community Centre**

28-32 Timms Street, LOGANLEA QLD 4131

**P: (07) 3805 8260**

**E:** admin@loganleacommunity.org.au

**Web:** www.loganleacommunity.org.au

A range of activities that include referral and information  
services, youth and study groups, aged services, needs-  
based services as well as family support.

**Marj Shipman Community Hall**

91 Hansford Road, COOMBABAH QLD 4216

**P: (07) 5577 1291**

**E:** marjshipman91@yahoo.com.au

Air conditioned venue, hires out for \$10 an hour. Activities  
include AA meetings Tues, GA Meetings Thurs, etc.

**Mermaid Beach Community Centre**

2439 Gold Coast Highway, MERMAID BEACH QLD 4218

**P: (07) 5581 7227**

**E:** cityvenuebooking@goldcoast.qld.gov.au

**Web:** www.goldcoast.qld.gov.au

Available for hire. Please see the Gold Coast City Council  
website Community Centres section for more detailed venue  
information, booking contacts and links to other available  
centres.

**Mount Nimmel Community Hall**

237 Austinville Road, AUSTINVILLE QLD 4213

**P: 0432 199 309**

Available for hire by members of the local community.

**MultiLink Community Services Inc**

PO Box 146, WOODRIDGE QLD 4114

38 Blackwood Road, LOGAN CENTRAL QLD 4114

**P: (07) 3808 4463**

**E:** support@multilink.org.au

**Web:** www.multilink.org.au

Provides a wide range of youth, aged, disability and  
multicultural services.

**Nerang Bicentennial Community Hall**

833 Southport-Nerang Road, NERANG QLD 4211

**P: (07) 5581 7227**

**E:** cityvenuebooking@goldcoast.qld.gov.au

**Web:** www.goldcoast.qld.gov.au

Available for hire. Please see the Gold Coast City Council  
website Community Centres section for more detailed venue  
information, booking contacts and links to other available  
centres.

**Nerang Community Hall**

34 Price Street, NERANG QLD 4211

**P: (07) 5533 2029**

**E:** nerangcommunityhall@yahoo.com.au

Main hall and meeting room for hire for meetings or  
community activities.

**Nerang Neighbourhood Centre**

PO Box 357, NERANG QLD 4211

29 Martin Street, NERANG QLD 4211

**P: (07) 5578 2457**

**E:** nnc@nncinc.com.au

Information & Referral Services; Support groups for men,  
youth & teens; food bank; yoga; parenting; GROW; African  
community; homicide victims support; community  
development program; and youth justice program.

**Newlife Uniting Church & Community Centre**

4 Greenwich Court, ROBINA QLD 4226

**P: (07) 5578 9322**

**E:** liz.mcnamee@newlifeunitingchurch.org.au

**Web:** www.newlifeunitingchurch.org.au

Variety of lifestyle and community activities & services  
available 7 days. Community groups include Life Key  
recovery groups, loss of self esteem, anxiety & addictions  
groups. As a church committed to work in and for the  
community, our facilities are made available to other  
community groups for hire.

**Numinbah Valley School of Arts Hall**

Nerang-Murwillumbah Road,

NUMINBAH VALLEY QLD 4213

**P: (07) 5533 6158**

**E:** sailcoach@bigpond.com - info for Sara

Hall for hire.

**Oxenford & Coomera Community Youth Centre**

25 Oxenford Tamborine Road, OXENFORD QLD 4210

**P: (07) 5529 8087**

**E:** admin@youthcentre.org.au

**Web:** www.youthcentre.org.au

Aged, Youth & Family Groups and Support; Sport &  
Recreation; Job Readiness Program; Counselling; Maori &  
PI Workshops; JP Service; Free Legal Advice; Free Tax  
Return Help; Hall Hire.

**Palm Beach Neighbourhood Centre**

16 Third Avenue, PALM BEACH QLD 4221

**P: (07) 5598 1505**

**Web:** www.palmbeachnc.org.au

Financial counselling, Family, child and youth short term  
counselling, parenting programs, personal development  
workshops and self-help groups.

**Palm Beach Share "n" Care Centre**

Tenth Avenue, PALM BEACH QLD 4221

**P: (07) 5535 6444**

**E:** mowpalmbeach@bigpond.com

Variety of activities for over 50's and meals on wheels.

**Paradise Point Community Centres**

Grice Avenue, PARADISE POINT QLD 4216

**P: (07) 5581 7227**

**E:** cityvenuebooking@goldcoast.qld.gov.au

**Web:** www.goldcoast.qld.gov.au

Available for hire. Please see the Gold Coast City Council  
website Community Centres section for more detailed venue  
information, booking contacts and links to other available  
centres.

**Parkwood/Arundel Community Centre**

Napper Road, ARUNDEL QLD 4214

**P: (07) 5574 5597**

**E:** parkwood\_arundel@netspace.net.au

Available for hire. Suitable for concerts, functions, classes,  
meetings and community activities.

**Pimpama Island & Districts Community Centre**

1226 Staplyton Jacobs Well Road,

WOONGOOLBA QLD 4207

**P: (07) 5546 1600**

Community Centre / Hall for Hire.

**Pimpama School of Arts**

15 Clark Way, PIMPAMA QLD 4209

**P: (07) 5581 7227**

**E:** cityvenuebooking@goldcoast.qld.gov.au

**Web:** www.goldcoast.qld.gov.au

Available for hire. Please see the Gold Coast City Council  
website Community Centres section for more detailed venue  
information, booking contacts and links to other available  
centres.

**QCWA Hall Coomera**

161 Maudsland Road, UPPER COOMERA QLD 4209

**P: (07) 5573 1223**

**Web:** www.qcwa.org.au

Hall available for hire for various activities.

**QCWA Hall Mermaid Beach**  
43 Ventura Road, MERMAID BEACH QLD 4218  
**P: (07) 5579 8833**  
**Web:** www.qcwa.org.au  
Hall available for hire for various activities.

**Robina Community Centre**  
PO Box 5042, GOLD COAST MAIL CENTRE QLD 9729  
196 Robina Town Centre Drive, ROBINA QLD 4230  
**P: (07) 5578 9159**  
**E:** robinacommunitycentre@goldcoast.qld.gov.au  
**Web:** www.goldcoast.qld.gov.au  
Available for hire. Refer to council website for details.

**Runaway Bay Community Centre**  
Lae Drive, RUNAWAY BAY QLD 4216  
**P: (07) 5581 7227**  
**E:** cityvenuebooking@goldcoast.qld.gov.au  
**Web:** www.goldcoast.qld.gov.au  
Available for hire. Please see the Gold Coast City Council website Community Centres section for more detailed venue information, booking contacts and links to other available centres.

**Silver Bridle Action Group Inc**  
5 Bloodwood Crescent, MOLENDINAR QLD 4214  
**P: (07) 5597 5622**  
**Web:** www.sbcommunitycentre.com  
Youth drop in centre, playgroups, Kidzone and special activities throughout the year.

**Southport Community Centre**  
6 Lawson Street, SOUTHPORT QLD 4215  
**P: (07) 5581 7227**  
**E:** cityvenuebooking@goldcoast.qld.gov.au  
**Web:** www.goldcoast.qld.gov.au  
Available for hire. Please see the Gold Coast City Council website Community Centres section for more detailed venue information, booking contacts and links to other available centres.

**Southport Rotary Youth Centre Inc**  
PO Box 2760, SOUTHPORT QLD 4215  
Corner of Garden & Lawson Streets,  
SOUTHPORT QLD 4215  
**P: (07) 5591 3700**  
**E:** sfgc@setfree.org.au  
Available for hire for sports and other activities.

**Springbrook Community Hall**  
3 - 11 Carricks Road, SPRINGBROOK QLD 4213  
**P: 0407 321 950**  
**E:** neil.anne@bigpond.com  
Hall available for hire for \$18/hr for various activities.  
Seating for 100 people.

**Tallebudgera Valley Community Hall**  
611 Tallebudgera Creek Road,  
TALLEBUDGERA VALLEY QLD 4228  
**P: (07) 5533 8261**  
**E:** talleyvalleyhall@bigpond.com.au  
Available for hire.

**Tugun Village Community Centre**  
414 Coolangatta Road, TUGUN QLD 4224  
**P: (07) 5525 6259**  
**E:** tuguncc@bigpond.com  
Available for hire.

**Varsity Lakes Community Resource Centre Inc.**  
Jim Harris Park, 20 Mattocks Road,  
VARSITY LAKES QLD 4227  
**P: (07) 5593 7006**  
**E:** info@varsitylakes.org.au  
**Web:** varsitylakes.org.au  
Community Support & Referral agency funded by Department of Communities. We offer social activities and programs for community of Varsity Lakes and Burleigh Waters

**Village Community Services Inc.**  
Studio Village Community Centre, 87 Village Way,  
OXENFORD QLD 4210  
**P: (07) 5529 8253**  
**E:** svccadmin@cirruscomms.com.au  
**Web:** www.studiovillage.com.au  
Information and referral, community development, activities and events for local community, small community hall available, parenting programs, individual, family and parent support.

#### Community Mental Health - Adult

**Ashmore Adult Community Mental Health Clinic**  
Suite 10/207 Currumburra Road, ASHMORE QLD 4214  
**P: (07) 5667 2000**  
**Web:** www.health.qld.gov.au  
Community mental health care via the Acute Care Team (ACT) and the Continuing Care Team (CCT). The Acute Care Team is an assertive community focussed multi-disciplinary mobile service and is the initial entry point for all referrals and enquiries in the Gold Coast Region.

**Helensvale and Bundall Community Health**  
105 Lindfield Road, HELENSVALE QLD 4212  
**P: (07) 5580 7800**  
**Web:** www.health.qld.gov.au  
Adult and child community health services including community nursing assessments, wound management and home visits. Allied health treatment and assessment includes physiotherapy, occupational therapy, social work,

psychology, dietetics and podiatry. Pharmacy services are also provided.

**Logan Adult Community Mental Health**  
97-103 Wembley Road, WOODRIDGE QLD 4114  
**P: (07) 3290 8999**  
**Web:** www.health.qld.gov.au/southside/mh.asp  
Continuing Care Team for adults aged 18-65 with a diagnosis of serious mental illness.

**Palm Beach Adult Community Mental Health Clinic**  
9 Fifth Avenue, PALM BEACH QLD 4221  
**P: (07) 5525 5661**  
**Web:** www.health.qld.gov.au  
Child and adult mental health care, psychology, indigenous health care and oral health care. Also provides assistance through social workers, speech therapy and chronic disease programs such as diabetic support and education programs.

**Robina Hospital**  
Robina Hospital, 2 Bayberry Lane, ROBINA QLD 4230  
**P: (07) 5668 6000**  
**Web:** www.health.qld.gov.au  
24 hour emergency department, Adult general medicine, Allied health and Adult & Youth Mental health services.

#### Community Mental Health - Child & Youth

**Child & Youth Mental Health Services (CYMHS)**  
Suite 11 Riverwalk Place 238 Robina Town Centre Drive,  
ROBINA QLD 4226  
**P: (07) 5667 1700**  
**Web:** www.health.qld.gov.au  
Specialist mental health services for children and young people and assistance to their families or carers.

**Child & Youth Mental Health Services (CYMHS)**  
60 High Street, SOUTHPORT QLD 4215  
**P: (07) 5537 0622**  
**Web:** www.health.qld.gov.au  
Specialist mental health services for children and young people and assistance to their families or carers.

**Child & Youth Mental Health Services (CYMHS)**  
18 Park Avenue, BURLEIGH HEADS QLD  
**P: (07) 5586 1444**  
**Web:** june\_alexander-allan@health.qld.gov.au  
Specialist mental health services for children and young people and assistance to their families or carers.

**Helensvale and Bundall Community Health**  
105 Lindfield Road, HELENSVALE QLD 4212  
**P: (07) 5580 7800**

**Web:** www.health.qld.gov.au

Adult and child community health services including community nursing assessments, wound management and home visits. Allied health treatment and assessment includes physiotherapy, occupational therapy, social work, psychology, dietetics and podiatry. Pharmacy services are also provided.

## Complaints

### Adult Guardian

PO Box 13554, George Street BRISBANE QLD 4003  
Level 3 Brisbane Magistrates Court, 363 George Street, BRISBANE QLD 4000

**P: (07) 3234 0870**

**E:** adult.guardian@justice.qld.gov.au

**Web:** www.justice.qld.gov.au/justice-services/guardianship/adult-guardian

Protects the rights and interests of adults with impaired capacity. If there is a report of exploitation, abuse or neglect of a person with impaired capacity, or a complaint about the actions of a person who has been given enduring power of attorney, the Adult Guardian can investigate.

### Aged Care Complaints Resolution Scheme

GPO Box 9848, CANBERRA ACT 2601

**P: 1800 550 552**

**Web:** www.health.gov.au

A free service, which seeks to resolve complaints about the health, safety and/or welfare of people receiving aged care and is overseen by an independent Commissioner for Complaints.

### Anti-Discrimination Commission Queensland (ADCQ)

Level 17, 53 Albert Street, BRISBANE QLD 4001

**P: 1300 130 670**

**E:** info@adcq.qld.gov.au

**Web:** www.adcq.qld.gov.au

Free complaint resolution and confidential information service assisting people to resolve complaints of discrimination, sexual harassment, public vilification and other unlawful behaviour, through conciliation.

### Australian Health Practitioner Regulation Agency (AHPRA)

G.P.O. Box 9958, BRISBANE QLD 4001

Level 18, 179 Turbot Street, BRISBANE QLD 4000

**P: 1300 419 495**

**E:** Via website.

**Web:** www.ahpra.gov.au

AHPRA supports the 10 National Boards that are responsible for regulating the 10 health professions

(Chiropractic; Dental; Medical; Nursing and Midwifery; Optometry; Osteopathy; Pharmacy; Physiotherapy; Podiatry; Psychology). The primary role of the Boards is to protect the public and they set standards and policies that all registered health practitioners must meet. If you have concerns about the conduct, health and performance of a registered health practitioner, please contact AHPRA on 1300 419 495.

### Commission for Children and Young People and Child Guardian

PO Box 15217, BRISBANE CITY EAST QLD 4002

Level 17 53 Albert Street, BRISBANE QLD 4000

**P: (07) 3211 6700**

**E:** info@ccypcg.qld.gov.au

**Web:** www.ccypcg.qld.gov.au

Promotes and protects the rights, interests and well-being of all children and young people in Queensland. Helps with any complaints about the services a child is receiving or entitled to receive from a government Department or other government funded organization.

### Commonwealth Ombudsman

GPO Box 442, CANBERRA ACT 2601

**P: 1300 362 072**

**E:** ombudsman@ombudsman.gov.au

**Web:** www.ombudsman.gov.au

Handles complaints, conducts investigations, performs audits and inspections, encourages good administration, and carries out specialist oversight tasks to safeguard the community in its dealings with Australian Government agencies.

### Complaints Resolution and Referral Service

**P: 1800 880 052**

**E:** crrs@pwd.org.au

**Web:** www.crrs.org.au

Helps people with disability sort out complaints about disability employment services and advocacy services funded by the Australian Government.

### Crime and Misconduct Commission (CMC)

GPO Box 3123, BRISBANE QLD 4001

Level 2 North Tower Green Square, 515 St Pauls Terrace

FORTITUDE VALLEY QLD 4006

**P: (07) 3360 6060**

**E:** mailbox@cmc.qld.gov.au

**Web:** www.cmc.qld.gov.au

Deals with major crime; integrity and conduct standards; complaints about public sector misconduct; research & prevention of crime & misconduct; intelligence analysis; confiscation of crime proceeds; protection of witnesses; and liaises with Indigenous communities to improve police relations and prevent crime & misconduct.

### Disability and Communities Complaints Unit

GPO Box 806, BRISBANE QLD 4001

**P: (07) 3224 7179**

**E:** complain@disability.qld.gov.au

**Web:** www.disability.qld.gov.au

If you have any concerns or complaints regarding Disability and Community Care services or programs.

### Health Quality and Complaints Commission

GPO Box 3089, BRISBANE QLD 4001

Level 17 53 Albert Street, BRISBANE QLD 4000

**P: 1800 077 308**

**E:** info@hqcc.qld.gov.au

**Web:** www.hqcc.qld.gov.au

Queensland's independent health watchdog, dedicated to improving the safety and quality of healthcare. The HQCC independently manages healthcare complaints, investigates serious and systemic issues, sets and monitors healthcare standards and promotes health rights.

### Office of Health Practitioner Registration Boards

GPO Box 2438, BRISBANE QLD 4001

**P: (02) 3225 2467**

**E:** complaints@healthregboards.qld.gov.au

**Web:** www.healthregboards.qld.gov.au

Each Board is responsible for determination of professional standards, assessment of applications for registration and investigation of complaints. The Boards may institute proceedings against practitioners for unsatisfactory professional conduct.

### Queensland Ombudsman

Level 17, 53 Albert Street BRISBANE QLD 4000

**P: (07) 3005 7000**

**E:** ombudsman@ombudsman.qld.gov.au

**Web:** www.ombudsman.qld.gov.au

Investigates complaints about the actions and decisions of Queensland state government departments and bodies and local councils. Can investigate non-health related issues concerning a Queensland public agency including the failure to provide services such as housing, child safety issues, unfair employment or tendering processes.

## Conflict Resolution

### Alternatives to Violence Project Qld

PO Box 78, SHERWOOD QLD 4075

**P: (07) 3286 2593**

**E:** admin@avpq.org.au

**Web:** www.avpq.org.au/home

Community conflict resolution; Prison; and Team Building Workshops.



**Centacare Catholic Family and Community Services**  
50 Fairway Drive, CLEAR ISLAND WATERS QLD 4226  
**P: (07) 5527 7211**

**E:** cgc@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life.

**Centacare Catholic Family and Community Services**  
Suite 50/207 Currumburra Road, ASHMORE QLD 4212  
**P: (07) 5556 9900**

**E:** ash@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life.

**Centacare Catholic Family and Community Services**  
PO Box 289, FORTITUDE VALLEY QLD 4006  
58 Morgan Street, FORTITUDE VALLEY QLD 4006  
**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life. Counselling programs include Anger Management and Domestic and Family Violence Prevention (groups for men, women and children) and court support services.

**Department of Justice and Attorney General - Dispute Resolution Branch**

GPO Box 149, BRISBANE QLD 4001

Level 1, 363 George Street, BRISBANE QLD 4000

**P: 1800 017 288**

**E:** mailbox@justice.qld.gov.au

**Web:** www.justice.qld.gov.au/justice-services/dispute-resolution

Mediation offers you an alternative way of settling disputes before they get to court. Trained mediators act as an impartial third party and you through a structured mediation process at centres throughout Queensland.

**Disability and Community Care Services**  
**P: 1800 177 120**

**E:** disabilityinfo@disability.qld.gov.au

**Web:** www.disability.qld.gov.au

Provides support for sectors providing disability, community mental health, and home and community care.

**e-hub online services**

Corner Mills & Eggleston Roads,

Australian National University, CANBERRA ACT 2000

**P: (02) 6125 2741**

**E:** ehub@anu.edu.au

**Web:** www.ehub.anu.edu.au

Free anonymous self-help programs based on best available research evidence. BluePages and Beacon provide information about common mental health problems and where to get help. MoodGYM provides cognitive-behaviour therapy skills for managing and preventing depression. e-couch provides skills training from various therapies to help with depression, anxiety, divorce and grief. BlueBoard provides online peer support for people over 18 years.

**Family Relationships Advise Line**

**P: 1800 050 321**

**Web:** www.familyrelationships.gov.au

Provides advice to individuals experiencing relationship or family difficulties including info on family law system, separation, conflict and dispute resolution.

**Family Relationships Online**

**E:** FROhelp@fahcsia.gov.au

**Web:** www.familyrelationships.gov.au

Information about family relationship issues, ranging from building better relationships to dispute resolution, and links to services that can assist them to manage relationship, custody and parenting issues.

**Illoura Child and Family Counselling Centre**

31 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 1955**

**E:** illoura@qb.com.au

**Web:** www.qbc.com.au

Child and Family Counselling; Premarital, Marriage/ Relationship Counselling; Loss & Grief; Stress/ Anxiety/ Depression; Mediation; Addiction; Sexual Abuse; Domestic Violence Counselling. Programs:- Parenting Courses; Family fun days; Women's nights out; Arts and Crafts; Cooking Classes; Christmas Luncheon.

**Integrated Family and Youth Service (IFYS)**

PO Box 1291, MAROOCHYDORE QLD 4558

**P: (07) 5438 3000**

**E:** admin@ifys.com.au

**Web:** www.ifys.com.au

Specialist support and intervention programs for children, young people and families. Provides accommodation, support and counselling services at various locations throughout Queensland.

**Lifeline**

PO Box 307, BROADBEACH QLD 4218

2741 Gold Coast Highway, BROADBEACH QLD 4218

**P: (07) 5579 6000**

**E:** reception.goldcoast@lccq.org.au

**Web:** www.lifeline.org.au/goldcoast

Child, Youth and Family Services; Personal Counselling; Financial Counselling; Anger Management Courses; Child and Youth Sexual Abuse Service; Suicide Bereavement & Grief Support.

**Newlife Care**

4 Greenwich Court, ROBINA QLD 4226

**P: (07) 5593 3262**

**E:** newlifecare@newlife.unitingchurch.org.au

**Web:** www.newlifecareinc.com.au

Provides counselling and support to people in the community who may be experiencing either discomfort in their personal life or their relationship with others. Areas include: Anger management; Abuse (Physical, psychological and sexual); Anxiety; Child and teenage management; Depression; Divorce and separation; Family conflict; Financial Counselling; Gambling; Gender Issues; Grief and loss; Guilt; Relationship issues; Role issues; Self esteem; and Stress management.

**Relationships Australia**

13/107 Miles Platting Road,

EIGHT MILE PLAINS QLD 4113

**P: 1300 364 277**

**E:** generalenquiries@relateqld.com.au

**Web:** www.relationships.com.au

Delivers a wide range of services including: counselling, family dispute resolution, personal development and education, parenting skills training, men and family relationships programs, specialised family violence programs, early intervention services, child-focused programs and practices, and programs which specifically engage indigenous and culturally and linguistically diverse (CALD) families, groups and communities. Victims Counselling and Support Service: 1300 139 703  
www.vcss.org.au Aftercare Resource Centre: 1800 501 560  
www.aftercareresourcecentre.org.au Gambling Help Service: 1800 858 858 - For services in your local area.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120

138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spiritus Counselling and Education Services - Kinections**

PO Box 8121, WOOLLOONGABBA QLD 4102

5 Reid Street, WOOLLOONGABBA QLD 4102

**P: 1300 114 397**

**E:** kinections@spiritus.org.au

**Web:** www.kinections.com.au

A family and relationships counselling service providing individual and group counselling and educational services to Queensland families and agencies, including the Family Relationship Services Program (FRSP) and Domestic and Family Violence Program.

**Spiritus Youth Support Service**

**P: (07) 3386 2000**

**Web:** www.spiritus.org.au

Provides young people at risk of homelessness aged 12 to 17, and their families, with support during times of crisis. Counselling and/or mediation services are offered to all young people. Semi independent accommodation is also available to young people over the age of 16 years.

**Tweed Community Health - Child & Family Health Counselling**

Powell Street, TWEED HEADS NSW 2485

**P: (07) 5506 7540**

**Web:** www.ncahs.nsw.gov.au

Child and Family Health Counsellors visit to help children who may be experiencing psychological, social or emotional difficulties and their families.

**Counselling****Abortion Grief Australia Inc**

PO Box 904, CANNING BRIDGE WA 6153

**P: 1300 363 550**

**Web:** www.abortiongrief.asn.au

24 hour abortion grief and pregnancy crisis help line.

Professional development & Community awareness - AGA is Australia's foremost authority on abortion trauma. AGA specialises in partnering with suitable community services to promote, early intervention, healing and prevention of abortion trauma.

**ACT for Kids**

PO Box 669, LABRADOR QLD

31 Olsen Avenue, LABRADOR QLD 4215

**P: (07) 5537 5040**

**E:** goldcoast@actforkids.com.au

**Web:** www.abusedchildtrust.com.au

Programs include the Sexual Abuse Outreach Counselling Service; Parenting Programs; Early Intervention Development Allied Health Services for children affected by abuse or neglect; and Protective Behaviour Education for primary school children; Counselling for children up to the

age of 12 who have been affected by abuse or neglect; Mums & Bubs group; and an Outreach Team is available from Varsity Lakes.

**ACT for Kids**

PO Box 94, ALBION QLD 4010

80 Kedron Park Road, WOOLLOOWIN QLD 4030

**P: (07) 3357 9444**

**E:** brisbanenorth@actforkids.com.au

**Web:** www.actforkids.com.au

ACT for Kids is an Australian charity which works to treat and prevent child abuse. Programs include: Intensive Therapy; Safe Houses; Sexual Abuse Counselling; ACT for Kids Preschool; Safety Classes in Schools; Help for Families at Risk; Mentoring for Teens; and Child Protection Training.

**Adults Surviving Child Abuse (ASCA)**

PO Box 597, MILSONS POINT NSW 1565

King Room Level 1, Kirribilly Neighbourhood Centre,

16 - 18 Fitzroy Street, KIRRIBILLI NSW 2061

**P: 1300 657 380**

**E:** admin@asca.org.au

**Web:** www.asca.org.au

Information, referral, support and awareness programs for adult's affected by child abuse.

**AISSRAP Life Promotion Clinic**

Life Promotion Clinic Room 1.48, Psychology Building (M24), Griffith University Messines Ridge Road, MT GRAVATT QLD 4122

**P: (07) 3735 1168**

**E:** aissrap@griffith.edu.au

**Web:** www.griffith.edu.au/health/australian-institute-suicide-research-prevention/research/life-promotion-clinic

Provides specialised treatment for suicidal behaviour, and whose goal is to reduce morbidity and mortality associated with suicidal behaviours. Referrals are accepted from Queensland public mental health services.

**Alcohol and Drug Foundation Queensland (ADFQ)**

PO Box 332, SPRING HILL QLD 4004

**P: (07) 3834 0200**

**E:** adfq@adfq.org

**Web:** www.adfq.org

NGO dedicated to reducing the individual and social harms associated with alcohol, drug and other addictions and to promoting health enhancing behaviour change. Programs include: AOD Rehabilitation, Gambling, Indigenous, Youth & Adult, Friends and Family, Community Outreach, Education and Prison Support.

**Alcohol and Drug Information Service (ADIS)**

270 Roma Street, BRISBANE QLD 4000

**P: 1800 177 833**

**E:** adis@health.qld.gov.au

**Web:** www.health.qld.gov.au

A 24/7 confidential telephone service that offers information, advice, counselling and referral for alcohol and other drug issues.

**Alcohol, Tobacco and Other Drugs (ATOD)**

**P: (07) 3328 9833**

**E:** ATODSWEB@health.qld.gov.au

**Web:** www.health.qld.gov.au/atod

Quality public health and clinical interventions that support Queenslanders to make informed choices about alcohol, tobacco and other drug use.

**Amputees and Families Support Group QLD inc.**

PO Box 848, SPRINGWOOD QLD 4127

**P: (07) 3290 4293**

**E:** admin@afsg.org.au

**Web:** www.afsg.org.au

Provide emotional support and information relevant to limb(s) lost to new and existing amputees, their families and carers.

**Anxiety Online**

PO Box 218, HAWTHORNE VIC 3122

**E:** contactus@anxietyonline.org.au

**Web:** www.anxietyonline.org.au

A comprehensive online mental health service offering information, assessment, online diagnosis and treatment programs ("eTherapy") for various anxiety disorders.

**Australasian Therapeutic Communities Association**

PO Box 3075, Sangster place WANNIASSA ACT 2903

**P: 0422 904 040**

**E:** atca@atca.com.au

**Web:** www.atca.com.au

Website provides a comprehensive list of Therapeutic Communities/related services, including community-based services focused on the biopsychosocial, emotional and spiritual dimensions of substance use, with the use of the community to heal individuals and support the development of behaviours, attitudes and values of healthy living.

**Australian Counselling Association (ACA) Inc**

PO Box 88, GRANGE QLD 4051

43C Carberry Street, GRANGE QLD 4051

**P: (07) 3356 4255**

**E:** aca@theaca.net.au

**Web:** www.theaca.net.au

A national progressive professional peak association of counsellors and psychotherapists.

**Australian Psychological Society (APS)**

PO Box 38, FLINDERS LANE VIC 8009  
Level 11, 257 Collins Street, MELBOURNE VIC 300  
**P: (03) 8662 3300**

**E:** [contactus@psychology.org.au](mailto:contactus@psychology.org.au)

**Web:** [www.psychology.org.au](http://www.psychology.org.au)

The largest professional association for psychologists in Australia. Services include Practitioner and Academic Resources, Continuing Professional Development, Community Information, Study and Career Resources, News, Publications and Products. Call or see website for referral to a psychologist in your area.

**Bethany Care Ltd**

PO Box 441, ROBINA QLD 4226

**P: (07) 5501 8070**

**E:** [enquiries@bethanycare.org](mailto:enquiries@bethanycare.org)

**Web:** [www.bethanycare.org](http://www.bethanycare.org)

A range of lifestyle supports such as Women's 'Body Rock', men's groups, special events, Christian counselling, resource library for families, Community access and referrals. Assists people with disabilities aged 5-65 with intellectual, physical, sensory and psychiatric disabilities.

**Bethel Community Centre Inc**

PO Box 1213, COOLANGATTA QLD 4225

**P: (07) 5599 5473**

**E:** [bethelhealing@bigpond.com](mailto:bethelhealing@bigpond.com)

**Web:** [www.bethelhealing.org.au](http://www.bethelhealing.org.au)

Healing Life's Hurts retreats, emotional healing from past issues of abuse, neglect, hurt.

**Black and White Justice Foundation**

PO Box Q1353, QVB POST SHOP NSW 1230  
Level 11, 117 York Street, SYDNEY NSW 2000

**P: (02) 9286 3133**

**E:** Via website.

**Web:** [www.blackandwhitejustice.org.au](http://www.blackandwhitejustice.org.au)

Works with both white and Aboriginal Australian communities to provide practical and moral support in the following areas: General Advocacy, Legal advice and representation, Professional counselling, Legal strategy, and Media coordination.

**Blair Athol Accommodation & Support Program**

93 Golden Four Drive, BILINGA QLD 4225

**P: (07) 5536 2173**

**E:** [bathol@bigpond.com](mailto:bathol@bigpond.com)

**Web:** [www.blairathol.org](http://www.blairathol.org)

Crisis accommodation for single men & women, families & young people. Crisis intervention & counselling and lifestyle support. 24/7 Crisis Line and business hours Information service.

**Blue Care**

PO Box 1539, MILTON BC QLD 4064

**P: (07) 3377 3377**

**E:** [head.office@bluecare.org.au](mailto:head.office@bluecare.org.au)

**Web:** [www.bluecare.org.au](http://www.bluecare.org.au)

Allied health services; Commonwealth Carer Respite Centres; Community Aged Care services; Disability services; Domestic & Lifestyle Care Assistance; Retirement Living; Pastoral care and counselling; Residential aged care; Respite services; and Volunteer services.

**Bond University Psychology Clinic**

Ground Floor Humanities and Social Science Building,  
Bond University, University Drive, ROBINA QLD 4229

**P: (07) 5595 2527**

**E:** [psych\\_clinic@bond.edu.au](mailto:psych_clinic@bond.edu.au)

**Web:** [www.bond.edu.au/life-at-bond/facilities-services/psychology-clinic](http://www.bond.edu.au/life-at-bond/facilities-services/psychology-clinic)

A private university teaching clinic for psychologists undertaking postgraduate study in clinical or forensic psychology, and functions as a centre for clinical research providing psychological services to the Gold Coast community.

**BoysTown**

PO Box 804, WOODRIDGE QLD 4114

47 Mary Street, WOODRIDGE QLD 4114

**P: (07) 3387 8800**

**E:** [kingston@boystown.com.au](mailto:kingston@boystown.com.au)

**Web:** [www.boystown.com.au](http://www.boystown.com.au)

Provides support to disadvantaged children and youth aged to 25 with life challenges that include: physical and emotional abuse, alcohol and drug abuse, homelessness, low literacy, long-term unemployment and mental illness. Services include one-on-one counselling to young people and their families via Kids Helpline and Parentline telephone and online help services.

**Bravehearts Inc.**

9 Byth Street, ARUNDEL QLD 4214

**P: 1800 BRAVE 1 (1800 272 831)**

**E:** [admin@bravehearts.org.au](mailto:admin@bravehearts.org.au)

**Web:** [www.bravehearts.org.au](http://www.bravehearts.org.au)

Counselling, support and advocacy for children and young people who have been, or are at risk of, child sexual assault and their non-offending family members.

**Brisbane Rape & Incest Survivors Support Centre (BRISSC)**

**P: (07) 3391 0004**

**E:** [admin@brissc.org.au](mailto:admin@brissc.org.au)

**Web:** [www.brissc.org.au](http://www.brissc.org.au)

A free, and confidential feminist service for women survivors of sexual violence and their supporters offering telephone support, information and referral; Individual support and

counselling; Support groups and workshops; Community education and Social action.

**Brisbane Sexual Assault Service**

Royal Brisbane and Women's Hospital,  
HERSTON QLD 4218

**P: (07) 3636 5207**

**Web:** [www.health.qld.gov.au/sexualassault](http://www.health.qld.gov.au/sexualassault)

24 hr crisis contact for recent sexual assault. Counselling service & general information.

**Bugalwena Services**

PO Box 904, TWEED HEADS NSW 2485

Tweed Heads Hospital,

**P: (07) 5506 7597**

An ATSI service providing Crisis Counselling, Listening, Resource Support, Advocacy and Referral Service.

**Cannabis Information and Helpline**

PO Box 684, RANDWICK NSW 2031

**P: 1800 30 40 50**

**E:** [info@ncpic.org.au](mailto:info@ncpic.org.au)

**Web:** [www.ncpic.org.au/ncpic/helpline/](http://www.ncpic.org.au/ncpic/helpline/)

A confidential information and support line for cannabis users and friends and family who are concerned about cannabis use by those close to them. Provides counselling, information and referrals. Available 11am – 8pm Monday to Friday (including public holidays).

**Carers Australia**

1/16 Napier Close, DEAKIN ACT 2600

**P: 1800 242 636**

**E:** [caa@carersaustralia.com.au](mailto:caa@carersaustralia.com.au)

**Web:** [www.carersaustralia.com.au](http://www.carersaustralia.com.au)

Carers Australia and the network of carers associations in each state and territory's purpose is to improve the lives of carers. We provide counselling, advice, advocacy, education and training and we also promote the recognition of carers to governments, businesses and the wider public. Carer Advisory and Counselling Service: 1800 242 636

**Carers Qld – Gold Coast**

2/1154 Gold Coast Highway, PALM BEACH QLD 4221

**P: (07) 5534 2899**

**E:** [cseely@carersqld.asn.au](mailto:cseely@carersqld.asn.au)

**Web:** [www.carersqld.asn.au](http://www.carersqld.asn.au)

Provides information, community development, counselling, support services and advocacy. Carer Advisory and Counselling Service: 1800 242 636

**Carers Qld**

PO Box 179, HOLLAND PARK QLD 4121  
15 Abbott Street, CAMP HILL QLD 4152  
**P: 1800 242 636**

**E:** cas@carersqld.asn.au

**Web:** www.carersqld.asn.au

The peak body for carers in Queensland and is dedicated to advancing the recognition of the carer's role. Providing information, community development, counselling, support services and advocacy.

**Centacare Catholic Family and Community Services**

50 Fairway Drive, CLEAR ISLAND WATERS QLD 4226  
**P: (07) 5527 7211**

**E:** cgc@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life.

**Centacare Catholic Family and Community Services**

Suite 50/207 Currumburra Road, ASHMORE QLD 4212  
**P: (07) 5556 9900**

**E:** ash@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life.

**Centacare Catholic Family and Community Services**

PO Box 289, FORTITUDE VALLEY QLD 4006  
58 Morgan Street, FORTITUDE VALLEY QLD 4006  
**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life. Counselling programs include Anger Management and Domestic and Family Violence Prevention (groups for men, women and children) and court support services.

**Child Development and Behaviour Service**

PO Box 5699, GOLD COAST MC QLD 9726  
**P: (07) 5570 8553**

**Web:** www.goldcoasthealth.com.au

A community-based, multidisciplinary health service involved in the assessment and management of children aged 0 to 10 years referred with problems of development, such as communication, movement, emotions, behaviour or socialisation.

**Children by Choice**

237 Lutwyche Road, WINDSOR QLD 4030  
**P: (07) 3357 5377**

**E:** advocacy@childrenbychoice.org.au

**Web:** www.childrenbychoice.org.au

Counselling, information and referral for women on ALL options with an unplanned pregnancy: abortion, adoption and parenting. State-wide, free telephone counselling. Face-to-face counselling available at our Brisbane office.

**Christians Against Poverty (CAP)**

1 Balbu Close, BERESFIELD NSW 2322

**P: 1300 227 000**

**E:** admin@capaust.org

**Web:** www.capaust.org

A national debt counselling charity providing professional debt management, practical services and financial education through a network of centres based in local churches.

**Clinical Research Unit for Anxiety and Depression (CRUFAD)**

Level 4 O'Brien Building, Victoria Street Cnr. Burton Street, DARLINGHURST NSW 2010

**P: (02) 8382 1408**

**E:** Via website.

**Web:** www.crufad.com

An Internet-based learning system that provides health and wellbeing courses for patients referred by their GP (General Practitioner) or other clinicians.

**Co.As.It. Italian Australian Welfare Association Inc.**

PO Box 5017, Q SUPERCENTRE QLD 4218  
18 Fairway Drive, CLEAR ISLAND WATERS QLD 4221  
**P: (07) 5554 6599**

**E:** cristinai@coasit.asn.au

**Web:** www.coasit.asn.au

Respite and multilingual support services for members of CALD Communities. Individual & family crisis support programs; advocacy; community education; counselling; frail aged and disability day-respite and support.

**Collective Support**

8 Keen Court, BUNBURY WA 6230

**P: (08) 9795 4604**

**E:** info@collectivesupport.com.au

**Web:** www.collectivesupport.com.au

An online support community that provides support for issues including depression, relationships, parenting, grief, divorce, cancer, domestic violence and sexual assault. Provides access face to face counselling via web cam or opportunities to participate in private group forums.

**Community Care - Uniting Church Mudgeeraba**

PO Box 45, MUDGEERABA QLD 4213  
89 Franklin Drive, MUDGEERABA QLD 4213

**P: (07) 5530 7298**

**E:** mudgeeuc@bipond.com

Community Care Ministry, Op Shop, Drop in Centre, Emergency food relief available for residents of local area, and Counselling services.

**Community Care Beenleigh Districts Inc**

3/53 York Street, BEENLEIGH QLD 4207

**P: (07) 3807 7355**

**E:** commcarebeen@optusnet.com.au

**Web:** www.communitycarebeenleigh.com

Individual, relationship & financial counselling; Lifestyle workshops including anger management & self-esteem; Referral & Advocacy.

**Compassion Services Ltd**

7/9 Sir John Overall Drive, HELENSVALE QLD 4212

**P: (07) 5529 7255**

**E:** info@compassionconnection.org.au

Psychological and counselling sessions. Individual therapy, family therapy, children's therapy. Psychologists and counsellors. Medicare rebates available.

**Coronial Counselling Service**

Queensland Health Forensic and Scientific Services, Forensic Pathology, 39 Kessels Road, COOPERS PLAINS QLD 4107

**P: 1800 449 171**

**E:** fss\_counsellors@health.qld.gov.au

**Web:** www.courts.qld.gov.au/1708.htm

Free counselling to relatives of people whose deaths are being investigated by the coroner, Support & Information for those who have lost a loved one to suicide or sudden death. Referrals and requests for counselling are accepted from all coroners' offices in Queensland.

**CounsellingOnline**

**E:** CounsellingOnline@turningpoint.org.au

**Web:** www.counsellingonline.org.au

Free 24/7 web based text-interaction counselling for anyone seeking help with their own drug use or the drug use of a family member, relative or friend.

**Dads in Distress**

PO Box 2333, COFFS HARBOUR NSW 2450

**P: 1300 853 437**

**E:** didsadmin@bigpond.com

**Web:** www.dadsindistress.asn.au

A community based organisation dedicated to reducing the incidence of male suicide resulting from relationship and family breakdown. Events, news, information, meeting information available from hotline.



**DepNet**

**E:** info@depnet.com.au

**Web:** www.depnet.com.au

An interactive depression website providing information and support for people with depression and/or anxiety.

**Domestic Violence Prevention Centre Gold Coast Inc**

PO Box 409, SOUTHPORT QLD 4215

**P: (07) 5532 9000 (Counselling Line)**

**E:** info@domesticviolence.com.au

**Web:** www.domesticviolence.com.au

Services including crisis intervention, counselling for women and children, groups for women and children, court assistance, men's programs, community education and training, community awareness activities as well as having been the driver for the Gold Coast Domestic Violence Integrated Response.

**DRUG ARM Gold Coast**

7/19 Young Street, SOUTHPORT QLD 4215

**P: (07) 5532 0717**

**E:** adminqld@drugarm.com.au

**Web:** www.drugarm.com.au

Programs include the AOD: Alcohol & Other Drug Program, clinical and prevention program and the Schoolies Week Program.

**DRUG ARM Queensland**

PO Box 590, BRISBANE QLD 4001

Level 1, 24 Hamilton Place, BOWEN HILLS QLD 4006

**P: (07) 3620 8800**

**E:** adminqld@drugarm.com.au

**Web:** www.drugarm.com.au

Programs include Outreach Services including Street Outreach Services (SOS) operating in Brisbane, Bundaberg and Toowoomba and MOSHPIT specialised health outreach based in Brisbane. Treatment programs including case managed support, AOD (Alcohol and Other Drugs) Program and the QIDDI, Queensland Illicit Drugs Diversion Initiative also operate in various locations across Queensland.

**DVconnect Mensline**

P.O. Box 10575, Adelaide Street, BRISBANE QLD 4000

**P: 1800 600 636**

**Web:** www.dvconnect.org

Professional counselling and information and referral, and acts as a strategic point of referral for Queensland men around issues of domestic and family violence, relationship problems and other significant issues for men.

**DVconnect Womensline**

P.O. Box 10575, Adelaide Street, BRISBANE QLD 4000

**P: 1800 811 811**

**Web:** www.dvconnect.org

A 24/7 service for women and their children experiencing domestic and/or family violence. Crisis intervention, support, information, advocacy, telephone counselling, referrals and importantly, state-wide coordination of emergency refuge and shelter placements.

**e-hub online services**

Corner Mills & Eggleston Roads,  
Australian National University, CANBERRA ACT 2000

**P: (02) 6125 2741**

**E:** ehub@anu.edu.au

**Web:** www.ehub.anu.edu.au

Free anonymous self-help programs based on best available research evidence. BluePages and Beacon provide information about common mental health problems and where to get help. MoodGYM provides cognitive-behaviour therapy skills for managing and preventing depression. e-couch provides skills training from various therapies to help with depression, anxiety, divorce and grief. BlueBoard provides online peer support for people over 18 years.

**Family & Kids-Care Foundation Inc**

254 Jacaranda Avenue, KINGSTON QLD 4114

**P: (07) 3808 5288**

**E:** familykidscare@bigpond.com

**Web:** www.familyandkidscare.com.au

Various services for children and families in the community including practical and emergency assistance and accommodation support, crisis care, lifestyle support and educational/skills development programs. Telephone support is available 24/7.

**Family Drug Support Australia**

PO Box 7363, LEURA NSW 2780

**P: 1300 368 186**

**E:** admin@fds.ngo.org.au

**Web:** www.fds.org.au

Primarily supports families struggling as a result of drug and alcohol use. Provides a 24/7 volunteer telephone line offering help to diffuse crisis, proffering strategies for coping and giving any information required.

**Family Relationship Service For Carers**

PO Box 289, FORTITUDE VALLEY QLD 4006

58 Morgan Street, FORTITUDE VALLEY QLD 4006

**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Free counselling and mediation to carers and families of people with disabilities. Provides support and assistance to help carers and families, in both crisis and every day situations. Phone and face to face counselling both available.

**Financial Counselling Queensland Network**

PO Box 271, FORTITUDE VALLEY QLD 4006

**E:** admin@fcqn.asn.au

**Web:** www.fcqn.asn.au

Website listing free financial counselling services throughout Queensland.

**Foundations Child & Family Support Parenting Orders Program**

4/184 Scarborough Street, SOUTHPORT QLD 4215

**P: 1300 854 733**

**E:** goldcoast-pop@foundations-cafs.org.au

**Web:** www.foundations-cafs.org.au

The Parenting Orders Program seeks to provide support, raise awareness and encourage understanding in families experiencing separation.

**Gambling Help Line**

**P: 1800 858 858**

**E:** generalenquiries@relateqld.com.au

**Web:** www.relationships.com.au

Free face-to-face or telephone counselling for individuals, couples and families; Financial counselling; Support groups; Information and referral.

**Gambling Help Online**

**E:** Via website.

**Web:** www.gamblinghelponline.org.au

24/7 live and email counselling and support services; Integration with state based 24/7 telephone services and face-to-face counselling; and provides extensive website content, information and web links for additional help and information.

**Gay and Lesbian Welfare Association (GLWA)**

PO Box 1078, FORTITUDE VALLEY QLD 4006

**P: (07) 3017 1717**

**E:** secretary@glwa.org.au

**Web:** www.glwa.org.au

A non-profit organisation with a focus on the wellbeing of the lesbian, gay, bisexual, transgender and intersex - or LGBTI - communities through operation of the Gay Line and Lesbian line, peer telephone counselling service.

**Gold Coast Centre Against Sexual Violence Inc**

PO Box 1924, SOUTHPORT QLD 4215

**P: (07) 5591 1164**

**E:** Via website.

**Web:** www.stopsexualviolence.com

A specialist Sexual Violence intervention and prevention service, providing counselling to women and young women who have been raped and/or sexually assaulted at any time in their lives as well as prevention education to the broader Gold Coast community. No referral is necessary.

**Gold Coast Christian Family Church CareArm**

PO Box 1611, MUDGEERABA QLD 4213

**P: (07) 5525 2477**

**E:** enquiry@gccf.com.au

**Web:** www.gccf.com.au

Family counselling centre for grief, stress, domestic violence, victims of crime, family & pre-marital counselling.

**Gold Coast Mental Health & ATODS (Alcohol, Tobacco and Other Drugs) Service**

Gold Coast Hospital, 108 Nerang Street,  
SOUTHPORT QLD 4215

**P: (07) 5519 7871**

**Web:** www.goldcoasthealth.com.au

Public services providing assessment, treatment and support to adults, children and older persons who have a mental illness. Services are provided depending on individual need and ranges from inpatient treatment to support in the community.

**Good Therapy Australia**

64 Frenchs Forest Road, SEAFORTH NSW 2092

**P: (02) 9949 8907**

**E:** admin@goodtherapy.com.au

**Web:** www.goodtherapy.com.au

A place for Australians to learn about therapy, explore what good therapy means for them personally, and find therapists throughout Australia.

**Griffith University Psychology Clinic**

Gold Coast Campus Parklands Drive,  
SOUTHPORT QLD 4215

**P: (07) 5552 8556**

**E:** psychclinic-gc@griffith.edu.au

**Web:** www.griffith.edu.au/health/school-psychology/clinics  
Assessment and Counselling for adults, adolescents and children; reduced fees; sliding scale fees for lower income.

**headspace Gold Coast**

2/126 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5509 5900**

**E:** admin@headspacegoldcoast.org.au

**Web:** www.headspace.org.au/goldcoast

A youth friendly hub that provides services across four core streams: primary health care, mental health and alcohol and other drug (AOD) services, and social/vocational services.

**House With No Steps Queensland**

PO Box 2213, BURLEIGH MAIL CENTRE QLD 4220  
35 Hutchinson Street, BURLEIGH HEADS QLD 4220

**P: (07) 5593 8340**

**E:** queensland@hwns.com.au

**Web:** www.hwns.com.au

Services and opportunities for people with disabilities in Queensland, including various business and employment

services; Community Services; Education & Training. Drug and Alcohol Counselling services are available on the Gold Coast and at Logan.

**Illoura Child and Family Counselling Centre**

31 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 1955**

**E:** illoura@qb.com.au

**Web:** www.qbc.com.au

Child and Family Counselling; Premarital, Marriage/ Relationship Counselling; Loss & Grief; Stress/ Anxiety/ Depression; Mediation; Addiction; Sexual Abuse; Domestic Violence Counselling. Programs:- Parenting Courses; Family fun days; Women's nights out; Arts and Crafts; Cooking Classes; Christmas Luncheon.

**Immigrant Women's Support Service**

PO Box 5490, WEST END QLD 4101

**P: (07) 3846 3490 (DV)**

**E:** mail@iwss.org.au

**Web:** www.iwss.org.au

Works with women & children of non English speaking background experiencing domestic violence, or have experienced rape or sexual assault.

**Integrated Family and Youth Service (IFYS)**

PO Box 1291, MAROOCHYDORE QLD 4558

**P: (07) 5438 3000**

**E:** admin@ifys.com.au

**Web:** www.ifys.com.au

Specialist support and intervention programs for children, young people and families. Provides accommodation, support and counselling services at various locations throughout Queensland.

**Isis - The Eating Issues Centre Inc**

58 Spring Street, WEST END QLD 4101

**P: (07) 3844 6055**

**E:** info@isis.org.au

**Web:** www.isis.org.au

Counselling, information & referral, Therapeutic Groups & Workshops.

**Kids Helpline**

PO Box 2000, MILTON QLD 4064

**P: 1800 551 800**

**E:** admin@kidshelp.com.au

**Web:** www.kidshelp.com.au

A free 24/7 counselling service for young people aged 5-25 years. Counselling is offered by phone, email and over the web.

**Kingston East Neighbourhood Group Inc**

P.O Box 622, WOODRIDGE QLD 4114

177 Meakin Road, SLACKS CREEK QLD 4127

**P: (07) 3808 1684**

**E:** admin@keng.org.au

**Web:** www.keng.org.au

Promotes personal well-being through access to information, resources and learning opportunities that respond to the needs of the community.

**Lifeline**

PO Box 173, DEAKIN WEST ACT 2600

**P: 13 11 14 (24 hr crisis support service)**

**E:** national@lifeline.org.au

**Web:** www.lifeline.org.au

24/7 telephone crisis support service offers a confidential, non-judgmental service by trained volunteers.

**Lifeline**

PO Box 307, BROADBEACH QLD 4218

2741 Gold Coast Highway, BROADBEACH QLD 4218

**P: (07) 5579 6000**

**E:** reception.goldcoast@lccq.org.au

**Web:** www.lifeline.org.au/goldcoast

Child, Youth and Family Services; Personal Counselling; Financial Counselling; Anger Management Courses; Child and Youth Sexual Abuse Service; Suicide Bereavement & Grief Support.

**Lifeline Financial First Aid**

PO Box 108, FORTITUDE VALLEY QLD 4006

117 Gips Street, FORTITUDE VALLEY QLD 4006

**P: 1300 370 255**

**E:** ffa@lccq.org.au

**Web:** www.lccq.org.au

Counsellors are available free to the public as a first point of call to address immediate financial concerns that place undue stress and anxiety on individuals and families.

**Logan East Community Centre**

PO Box 1230, SPRINGWOOD QLD 4127

Corner Cinderella Drive & Vanessa Blvd,  
SPRINGWOOD QLD 4127

**P: (07) 3808 4529**

**E:** lecna@lecna.org.au

**Web:** www.lecna.org.au

Emergency relief; NILS; Information and referrals; Counselling; School holiday program; Playgroups; Recreation Groups; KNIT life-skills parenting program and Room Hire.

**Logan Women's Health Centre and Wellbeing Centre**

1 Mary Street, KINGSTON QLD 4114

**P: (07) 3808 9233**

**E:** admin@loganwomen.com.au

**Web:** www.loganwomen.com.au

Information & Referral, General Counselling, Visiting Health Professionals, Self Help Groups, Training & Education.

**MensLine Australia****P: 1300 78 99 78****E:** talkitover@menslineaus.org.au**Web:** www.menslineaus.org.au

A professional information and referral service for men, specialising in family and relationship concerns.

**Mental Health Resource Service**

North Cairns QLD 4870,

10 Thomas Street, CAIRNS QLD 4870

**P: (07) 4051 9622****E:** mhrrs@centacarecairns.org**Web:** www.mentalhealthcentacarecairns.org

Information and referral, Counselling, Self - help groups, Community Education and awareness, Individual transition support from a correctional facility

**Mission Australia Family Support**

PO Box 479, STONES CORNER QLD 4120

11 Cleveland Street, STONES CORNER QLD 4120

**P: (07) 3847 8411****Web:** www.missionaustralia.com.au

Employment training, housing solutions and counselling for young people affected by family breakdown, drug and alcohol abuse, and mental illness.

**Multicultural Families Organisation****P: (07) 5571 0381****E:** mfamilies@mfo.org.au**Web:** www.mfo.org.au

Services to multicultural women and families. Referral, advocacy, counselling. Assistance with adjustment to a new country, and access to translators.

**National Domestic Violence and Sexual Assault Helpline****P: 1800 200 526**

A confidential 24 hour helpline to talk with experienced counsellors.

**Nerang Neighbourhood Centre**

PO Box 357, NERANG QLD 4211

29 Martin Street, NERANG QLD 4211

**P: (07) 5578 2457****E:** nnc@nncinc.com.au

Information & Referral Services; Support groups for men, youth & teens; food bank; yoga; parenting; GROW; African community; homicide victims support; community development program; and youth justice program.

**Newlife Care**

4 Greenwich Court, ROBINA QLD 4226

**P: (07) 5593 3262****E:** newlifecare@newlife.unitingchurch.org.au**Web:** www.newlifecareinc.com.au

Provides counselling and support to people in the community who may be experiencing either discomfort in their personal life or their relationship with others. Areas include: Anger management; Abuse (Physical, psychological and sexual); Anxiety; Child and teenage management; Depression; Divorce and separation; Family conflict; Financial Counselling; Gambling; Gender Issues; Grief and loss; Guilt; Relationship issues; Role issues; Self esteem; and Stress management.

**OnTrack**

GPO Box 2434, BRISBANE QLD 4001

**E:** ontrack@qut.edu.au**Web:** www.ontrack.org.au

A website offering online psychology services including: free online treatment programs, information, advice and facts about mental and physical health and where to get help, and access to quizzes with immediate feedback.

**Oxenford & Coomera Community Youth Centre**

25 Oxenford Tamborine Road, OXENFORD QLD 4210

**P: (07) 5529 8087****E:** admin@youthcentre.org.au**Web:** www.youthcentre.org.au

Aged, Youth & Family Groups and Support; Sport & Recreation; Job Readiness Program; Counselling; Maori & PI Workshops; JP Service; Free Legal Advice; Free Tax Return Help; Hall Hire.

**Ozcare - Dementia Advisory and Support Services**

North Hill Drive, ROBINA QLD 4226

**P: (07) 5569 6200****E:** caroline.davitt2ozcare.org.au**Web:** www.ozcare.org.au

A state-wide Home and Community Care (HACC) funded program designed to assist service providers, people living with dementia and their carers. Provides Client care co-ordination, Counselling/Support, Information, Advocacy, Education and Training.

**Ozcare Gold Coast Community Health**

PO Box 4094, ROBINA TOWN CENTRE QLD 4230

North Hill Drive, Lot 801 Highfield Drive ROBINA QLD 4226

**P: (07) 5569 6200****E:** comcare.robina@ozcare.org.au**Web:** www.ozcare.org.au

A range of care services, including Nursing, Mental Health and Allied Health, and Social Support, to members of the community, from infants to the aged. Programs provide care and assistance 24 hours a day, seven days a week, according to client needs.

**Palliative Care Information Service**

PO Box 2020, WINDSOR QLD 4030

**P: 1800 772 273****E:** info@pcis.org.au**Web:** www.pcis.org.au

A state-wide telephone service that provides information, emotional and counselling support to individuals affected by life-limiting or terminal illness. All services are provided free of charge to families, friends, carers and health professionals.

**Palm Beach Neighbourhood Centre**

16 Third Avenue, PALM BEACH QLD 4221

**P: (07) 5598 1505****Web:** www.palmbeachnc.org.au

Financial counselling, Family, child and youth short term counselling, parenting programs, personal development workshops and self-help groups.

**Paradise Kids**

88 Allied Drive, ARUNDEL QLD 4214

**P: (07) 5574 6853****E:** enquiries@paradisekids.org.au**Web:** www.paradisekids.org.au

Grief & Loss Support Programs for children & their families. Grief Counselling for Adults. Also facilitates parenting and grandparenting support groups.

**Parentline**

PO Box 2000, MILTON QLD 4064

**P: 1300 301 300****E:** parentline@boystown.com.au**Web:** www.parentline.com.au

Confidential telephone and online counselling available. Supports and nurtures positive, caring relationships between parents, children, teenagers and significant other people who are important to the well-being of families.

**QPASTT – Qld Program of Assistance to Survivors of Torture and Trauma**

PO Box 6254, FAIRFIELD QLD 4103

50 Shottery Street, YERONGA QLD 4104

**P: (07) 3391 6677****E:** admin@qpastt.org.au**Web:** www.qpastt.org.au

Services for adults, young people, children and families from refugee backgrounds, who have survived torture or war related trauma. Counselling, advocacy, group work, psycho-education, information sessions, recreational programs. Also offers capacity building and services to other organisations.

**Queensland Association for Healthy Communities (QAHC)**

PO Box 1372 Eagle, EAGLE FARM BC QLD 4009  
30 Helen Street, NEWSTEAD QLD 4006

**P: (07) 3017 1777**

**E:** info@qahc.org.au

**Web:** www.qahc.org.au

Promoting the health and well-being of lesbian, gay, bisexual and transgender Queenslanders. Services include: HIV & Hepatitis C Prevention; Queensland Aboriginal and Torres Strait Islander HIV/AIDS Program; Lesbian, Gay, Bisexual and Transgender Health Systems Project; LGBT Health Issues; Healthy LGBT Communities Fund; LGBT Resource Centre; and The Hope Fund - small grants of goods and services for people living with HIV who are in need.

**Queensland Health Victim Support Service**

Brisbane GPO, Locked Bag 3411, BRISBANE QLD 4001  
Ground Floor, 15 Butterfield Street, HERSTON QLD 4006

**P: 1800 208 005**

**E:** Victim\_Support@health.qld.gov.au

**Web:** www.health.qld.gov.au/qhvss/

If you or someone you know is a victim of an offence where the person has been diverted to the forensic mental health system from the criminal justice system, you can contact the Queensland Health Victim Support Service (QHVSS) to access free, confidential information, counselling and support throughout Queensland.

**Queensland Homicide Victims Support Group (QHVSG)**

PO Box 292, LUTWYCHE QLD 4030

**P: 1800 774 744**

**E:** qhvsg@qhvsg.org.au

**Web:** www.qhvsg.org.au

Provides practical and emotional support to those bereaved by homicide including a 24/7 support line for homicide victims. Also advocates for reform within the criminal justice system and promotes awareness within the community of the devastating effects of homicide.

**Queensland Injectors Health Network (QuiHN) Ltd**

PO Box 2470, FORTITUDE VALLEY BC QLD 4006  
89-101 Gipps Street, FORTITUDE VALLEY QLD 4006

**P: 1800 172 076**

**E:** manager.inhouse@quihn.org

**Web:** www.quihn.org

A state-wide NGO that addresses illicit drug use in the community by providing confidential clinical and non clinical counselling, social support services and life skills programs, non-residential rehabilitation programs, education and training, needle and syringe programs, health promotion, advocacy and outreach services, and information programs that relate to illicit drug use, blood borne viruses, sexual

health, and/or psycho social and physical health issues affecting illicit drug users.

**Queensland Injectors Health Network (QuiHN) Ltd**

PO Box 3499, BURLEIGH TOWN CENTRE QLD 4220  
12/99 West Burleigh Road, BURLEIGH HEADS QLD 4220

**P: (07) 5520 7900**

**E:** coordinator.positivechanges@quihn.org

**Web:** www.quihn.org

Offers Positive Changes: individual and group counselling; Detox programs; Family support programs; Support groups; Needle & Syringe Programs and Support. Women's Circle group: an informal, non-judgmental child friendly space for women, with or without kids.

**Relationships Australia**

13/107 Miles Platting Road,  
EIGHT MILE PLAINS QLD 4113

**P: 1300 364 277**

**E:** generalenquiries@relateqld.com.au

**Web:** www.relationships.com.au

Delivers a wide range of services including: counselling, family dispute resolution, personal development and education, parenting skills training, men and family relationships programs, specialised family violence programs, early intervention services, child-focused programs and practices, and programs which specifically engage indigenous and culturally and linguistically diverse (CALD) families, groups and communities. Victims Counselling and Support Service: 1300 139 703  
www.vcss.org.au Aftercare Resource Centre: 1800 501 560  
www.aftercareresourcecentre.org.au Gambling Help Service: 1800 858 858 - For services in your local area.

**Salvo Care Line**

GPO Box 2210, BRISBANE QLD 4001

**P: 1300 36 36 22**

**E:** salvosaus@aus.salvationarmy.org

**Web:** www.salvos.org.au/sclqld

24/7 telephone counsellors offer a listening ear and help you work through a range of options which might include information and referrals to empower you to change your situation.

**Samaritans**

**P: 1800 198 313**

**E:** samaritanscrisisline@bigpond.com

**Web:** www.thesamaritans.org.au

24/7 non-religious, non-judgmental careline offering emotional support to the lonely, despairing and suicidal, or those at risk of becoming so.

**SANE Australia**

**P: 1800 18SANE (7263)**

**E:** helpline@sane.org

**Web:** www.sane.org

Information, advice and referral for anyone concerned about mental illness.

**Sexual Health & AIDS Counselling Service (SHACS)**

Level 2, 270 Roma Street, BRISBANE QLD 4000

**P: (07) 3837 5799**

**E:** Georgia\_Ash@health.qld.gov.au

**Web:** www.health.qld.gov.au/sexhealth/

A wide range of brief to longer-term psychological and counselling services for people living with HIV/AIDS and other sexual health issues.

**SiMPLY Counselling**

2 Monaco Street, SURFERS PARADISE QLD 4217

**P: (07) 5526 7258**

**E:** ggardiner@simplycounselling.com.au

**Web:** www.simplycounselling.com.au

Psychology and counselling services to teenagers and adults of the Gold Coast. Addresses depression, anxiety and abuse related conditions in a professional, results oriented and spiritually sensitive manner.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120

138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spiritus Counselling and Education Services - Kinections**

PO Box 8121, WOOLLOONGABBA QLD 4102

5 Reid Street, WOOLLOONGABBA QLD 4102

**P: 1300 114 397**

**E:** kinections@spiritus.org.au

**Web:** www.kinections.com.au

A family and relationships counselling service providing individual and group counselling and educational services to Queensland families and agencies, including the Family Relationship Services Program (FRSP) and Domestic and Family Violence Program.

**Spiritus Youth Support Service**

**P: (07) 3386 2000**

**Web:** www.spiritus.org.au

Provides young people at risk of homelessness aged 12 to 17, and their families, with support during times of crisis. Counselling and/or mediation services are offered to all young people. Semi independent accommodation is also available to young people over the age of 16 years.



**St Vincent de Paul Society****P: (07) 3010 1000****E:** state.admin@svdpqld.org.au**Web:** www.vinnies.org.au

Services for people in need include: aged care, migrant and refugee services, home, hospital, prison and detention centres visitation, homeless person's services, clothing and assistance centres, care for people with psychiatric disabilities, vocational services for people with a disability, drug, alcohol and gambling counselling, financial counselling, disaster recovery and street vans as well as specialised Vinnies Youth services.

**St Vincent de Paul Society - Gold Coast**

PO Box 418, LABRADOR QLD 4215

**P: (07) 5561 4710****E:** gcc.office.dc@svdpqld.org.au**Web:** www.vinnies.org.au

Services to individuals and families including: Home, hospital, aged care and prison visitations; Emergency Assistance & Food Relief; Child & Family Programs, Counselling Services; Home Assistance; Beaudesert Food Division; Beaudesert Housing; and Vinnies Centres. Helpline: (07) 5561 4702. Home Assist: (07) 5598 1073 Home Maintenance: (07) 5561 4701.

**Statewide Sexual Assault Helpline****P: 1800 010 120**

Free crisis counselling, information and referral available for any victims of sexual assault, recent or historical, male or female, and family members.

**Suicide Prevention****P: 1300 360 980****E:** editor@suicideprevention.com.au**Web:** www.suicideprevention.com.au

An information message on suicide and depression (not for intervention). Telephone suicide prevention service. Free (tape recording) advice from a clinical psychiatrist on dealing with suicidal thoughts.

**The Hope Line****P: 1300 467 354****Web:** www.suicideprevention.salvos.org.au

A National 24/7 Crisis Line for people who have been bereaved by suicide.

**The Migrant Centre**

Shop 2B, 91 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5591 7261****E:** info@migrantcentre.org**Web:** www.migrantcentre.org

Qualified migration & visa advice; Professional Counselling; Vocational Guidance; Employment; Mediation & Conflict Resolution; Information and referrals; Legal Referrals;

Networking, Liaison, Advocacy and Lobbying; Translation & Interpreting; Housing, Rental/Tenancy.

**The Salvation Army Counselling Service - Gold Coast**

PO Box 318, SOUTHPORT QLD 4215

**P: (07) 5531 3471****E:** goldcoastsalvos@aue.salvationarmy.org**Web:** www.salvos.org.au

Christian compassion and support, guidance and counsel to individuals, couples and families. The service is open to people of all ages, and in all walks of life.

**Tweed Community Health - Bereavement Counselling**

Powell Street, TWEED HEADS NSW 2485

**P: (07) 5506 7540****Web:** www.ncahs.nsw.gov.au

Bereavement counselling is available to individuals and families who are experiencing grief or bereavement. This service is provided in the client's homes, the hospital setting and the community health centre.

**Tweed Community Health - Child & Family Health Counselling**

Powell Street, TWEED HEADS NSW 2485

**P: (07) 5506 7540****Web:** www.ncahs.nsw.gov.au

Child and Family Health Counsellors visit to help children who may be experiencing psychological, social or emotional difficulties and their families.

**Tweed Community Health - Sexual Assault Services**

Florence Street, TWEED HEADS NSW 2485

**P: (07) 5506 7540****Web:** www.ncahs.nsw.gov.au

Provides counselling and support to men, women and children who have been sexually assaulted recently or in the past, including non-offending parents/carers and other family members. Also, provides groups for survivors of sexual assault (both adults and children), court support, community education, and 24 hour crisis support.

**Victims Counselling & Support Services****P: 1300 139 703****E:** generalenquiries@relateqld.com.au**Web:** www.vcss.org.au

24 hour telephone based information and referral service including a range of counselling and support services for people whose lives have been impacted by crime.

**VVCS - Veterans and Veterans Families Counselling Service**

PO Box 166, SPRING HILL QLD 4004

15 Astor Terrace, SPRING HILL QLD 4000

**P: 1800 011 046****Web:** www.dva.gov.au

Counselling and group programs to Australian veterans, peacekeepers and their families. VVCS is a specialised, free and confidential Australia-wide service with 24hr telephone support; face to face; and outreach and counselling services.

**Working Against Violence Support Service (WAVSS)**

PO Box 726, WOODRIDGE QLD 4114

**P: (07) 3808 5566****E:** wavss@wavss.org**Web:** www.wavss.org

Domestic Violence counselling for women and children, Groups for women and children, Support in a crisis, Information and Referral & Court Support.

**YHES House - Youth Health & Education Service**

161 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5528 5333****E:** admin@yhes.org.au**Web:** www.yhes.org.au

Community organisation providing free services to youth and young parents (12 to 25 yrs) through individual support, counselling, advocacy & referral small groups such as childbirth education, new parent groups and health education

**YoungCare**

PO Box 725, SPRING HILL QLD 4004

75 St Pauls Terrace, SPRING HILL QLD 4000

**P: 1300 844 727****E:** info@youngcare.com.au**Web:** www.youngcare.com.au

Respite, accommodation, and support for young Australians with high care needs. Youngcare Connect is a free dedicated counselling and referral line for people in need of disability information and advice.

**Youth & Family Service (Logan City) Inc.**

PO Box 727, WOODRIDGE QLD 4114

376 Kingston Road, SLACKS CREEK QLD 4127

**P: (07) 3826 1500****E:** yfs@yfs.org.au**Web:** www.yfs.org.au

YFS is a not-for-profit organisation, run by, for and with the local community. People of all ages in Logan City and the surrounding areas use YFS services. We aim to help people overcome problems and reach their goals in life. We offer many different services, from legal advice to disability support; from counselling to help finding work.

## Depression

### Beyond Baby Blues

Suite 9 North Building, Robina East Quays,  
34-36 Glenfarrie Drive, ROBINA QLD 4226

**P: (07) 5562 0466**

**E:** lakesiderooms@iinet.net.au

**Web:** www.lakesiderooms.com.au

Perinatal Depression Program Support Group- Free to  
mums who are pregnant or post birth up to 12 months at risk  
of depression. Referral via GP.

### beyondblue: the national depression initiative

PO Box 6100, HAWTHORNE WEST VIC 3122

**P: 1300 224 636**

**E:** bb@beyondblue.org.au

**Web:** www.beyondblue.org.au

beyondblue is a national, independent, not-for-profit  
organisation working to address increase awareness and  
understanding of depression, anxiety and related disorders  
in Australia. For information on depression, anxiety and  
related disorders, available treatments and where to get  
help, visit www.beyondblue.org.au or call the beyondblue  
info line 1300 22 4636.

### Bond University Psychology Clinic

Ground Floor Humanities and Social Science Building,  
Bond University, University Drive, ROBINA QLD 4229

**P: (07) 5595 2527**

**E:** psych\_clinic@bond.edu.au

**Web:** www.bond.edu.au/life-at-bond/facilities-  
services/psychology-clinic

A private university teaching clinic for psychologists  
undertaking postgraduate study in clinical or forensic  
psychology, and functions as a centre for clinical research  
providing psychological services to the Gold Coast  
community.

### Centacare Catholic Family and Community Services

PO Box 289, FORTITUDE VALLEY QLD 4006  
58 Morgan Street, FORTITUDE VALLEY QLD 4006

**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family  
dispute resolution) and community based programs to help  
people meet the challenges of daily life. Counselling  
programs include Anger Management and Domestic and  
Family Violence Prevention (groups for men, women and  
children) and court support services.

### Centre for Clinical Interventions

223 James Street, NORTHBRIDGE WA 6003

**P: (08) 9227 4399**

**E:** info.cci@health.wa.gov.au

**Web:** www.cci.health.wa.gov.au

Downloadable Information Packs/Workbooks for consumers  
(e.g. Depression; Social Anxiety; Bipolar; Panic; Worrying;  
Self-Esteem; Procrastination; Perfectionism; Assertiveness;  
Disordered Eating) and worksheets for clinicians.

### Clinical Research Unit for Anxiety and Depression (CRUFAD)

Level 4 O'Brien Building, Victoria Street Cnr. Burton Street,  
DARLINGHURST NSW 2010

**P: (02) 8382 1408**

**E:** Via website.

**Web:** www.crufad.com

An Internet-based learning system that provides health and  
wellbeing courses for patients referred by their GP (General  
Practitioner) or other clinicians.

### Collective Support

8 Keen Court, BUNBURY WA 6230

**P: (08) 9795 4604**

**E:** info@collectivesupport.com.au

**Web:** www.collectivesupport.com.au

An online support community that provides support for  
issues including depression, relationships, parenting, grief,  
divorce, cancer, domestic violence and sexual assault.  
Provides access face to face counselling via web cam or  
opportunities to participate in private group forums.

### Currumbin Clinic

37 Bilinga Street, CURRUMBIN QLD 4223

**P: (07) 5534 4944**

**E:** currumbinclinic@healthcare.com.au

**Web:** www.currumbinclinic.com.au

A private psychiatric clinic assisting those in need of  
psychiatric care whether it be mood, anxiety, psychiatric or  
drug and alcohol related.

### DepNet

**E:** info@depnet.com.au

**Web:** www.depnet.com.au

An interactive depression website providing information and  
support for people with depression and/or anxiety.

### GROW QLD

PO Box 178, HOLLAND PARK QLD 4121

**P: (07) 3394 4344**

**E:** qld@grow.net.au

**Web:** www.grow.net.au

Mutual/self-help support groups for adults suffering with  
mental illness. The meetings are structured and follow a 12-  
step program, are free, confidential and held weekly at  
various locations.

### headspace Gold Coast

2/126 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5509 5900**

**E:** admin@headspacegoldcoast.org.au

**Web:** www.headspace.org.au/goldcoast

A youth friendly hub that provides services across four core  
streams: primary health care, mental health and alcohol and  
other drug (AOD) services, and social/vocational services.

### Illoura Child and Family Counselling Centre

31 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 1955**

**E:** illoura@qb.com.au

**Web:** www.qbc.com.au

Child and Family Counselling; Premarital, Marriage/  
Relationship Counselling; Loss & Grief; Stress/ Anxiety/  
Depression; Mediation; Addiction; Sexual Abuse; Domestic  
Violence Counselling. Programs:- Parenting Courses;  
Family fun days; Women's nights out; Arts and Crafts;  
Cooking Classes; Christmas Luncheon.

### Lifeline

PO Box 307, BROADBEACH QLD 4218

2741 Gold Coast Highway, BROADBEACH QLD 4218

**P: (07) 5579 6000**

**E:** reception.goldcoast@lccq.org.au

**Web:** www.lifeline.org.au/goldcoast

Child, Youth and Family Services; Personal Counselling;  
Financial Counselling; Anger Management Courses; Child  
and Youth Sexual Abuse Service; Suicide Bereavement &  
Grief Support.

### New Horizons Depression Support Group

PO Box 257, JIMBOOMBA QLD 4280

19 - 33 South Street, JIMBOOMBA QLD 4280

**P: (07) 5547 8077**

**E:** admin@jcca.org.au

**Web:** www.jcca.org.au

Meets at Caddies in South Street, Jimboomba every  
Tuesday from 9.30am until 11.30am (except during school  
holidays).

### Newlife Care

4 Greenwich Court, ROBINA QLD 4226

**P: (07) 5593 3262**

**E:** newlifecare@newlife.unitingchurch.org.au

**Web:** www.newlifecareinc.com.au

Provides counselling and support to people in the  
community who may be experiencing either discomfort in  
their personal life or their relationship with others. Areas  
include: Anger management; Abuse (Physical,  
psychological and sexual); Anxiety; Child and teenage  
management; Depression; Divorce and separation; Family  
conflict; Financial Counselling; Gambling; Gender Issues;  
Grief and loss; Guilt; Relationship issues; Role issues; Self  
esteem; and Stress management.

**Northern Gold Coast Depression Support Group (MHAQ)**

GPO Box 78, Brisbane QLD 4001,  
Unit 30, 3-15 Jackman Street, SOUTHPORT QLD 4215  
**P: 1300 729 686**

**E:** mhconnect@mentalhealth.org.au

**Web:** www.mentalhealth.org.au

The group is open to adults who are having, or have had, feelings of depression to share their experiences and personal tips for recovery with the objective of understanding depression with a focus on recovery. Group meets on the 1st Thursday of each month 6:00pm until 8:00pm. For more information please contact mhConnect on 1300 729 686 or visit the MHAQ Website Support Groups page.

**OnTrack**

GPO Box 2434, BRISBANE QLD 4001

**E:** ontrack@qut.edu.au

**Web:** www.ontrack.org.au

A website offering online psychology services including: free online treatment programs, information, advice and facts about mental and physical health and where to get help, and access to quizzes with immediate feedback.

**Palm Beach Neighbourhood Centre**

16 Third Avenue, PALM BEACH QLD 4221

**P: (07) 5598 1505**

**Web:** www.palmbeachnc.org.au

Financial counselling, Family, child and youth short term counselling, parenting programs, personal development workshops and self-help groups.

**PANDA - Post and Antenatal Depression Association**

810 Nicholson Street, NORTH FITZROY VIC 3068

**P: 1300 726 306**

**E:** info@panda.org.au

**Web:** www.panda.org.au

The National Support Line (1300 726 306) is confidential and open to women and men as well family and friends. Also assist with referrals to related services and groups.

**Parentline**

PO Box 2000, MILTON QLD 4064

**P: 1300 301 300**

**E:** parentline@boystown.com.au

**Web:** www.parentline.com.au

Confidential telephone and online counselling available. Supports and nurtures positive, caring relationships between parents, children, teenagers and significant other people who are important to the well-being of families.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120

138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spiritus Counselling and Education Services -**

**Kinections**

PO Box 8121, WOOLLOONGABBA QLD 4102

5 Reid Street, WOOLLOONGABBA QLD 4102

**P: 1300 114 397**

**E:** kinections@spiritus.org.au

**Web:** www.kinections.com.au

A family and relationships counselling service providing individual and group counselling and educational services to Queensland families and agencies, including the Family Relationship Services Program (FRSP) and Domestic and Family Violence Program.

**Women's Infolink**

**P: 1800 177 577**

**E:** info@women.qld.gov.au

**Web:** www.women.qld.gov.au

Information and referral for community services and government agencies supporting women.

**Youthbeyondblue**

PO Box 6100, HAWTHORNE WEST VIC 3122

**P: 1300 224 636**

**E:** bb@beyondblue.org.au

**Web:** www.youthbeyondblue.com

Youthbeyondblue is the arm of beyondblue that has a specific focus on young people aged 12 to 25 years. Youthbeyondblue programs and projects centre on early intervention and prevention of high prevalence mental health problems for young people and also on increasing awareness and understanding of depression, anxiety and related disorders in Australian Youth. For information on depression, anxiety and related disorders, available treatments and where to get help, visit www.youthbeyondblue.com or call the beyondblue info line 1300 22 4636.

**Disability Support**

**Adult Guardian**

PO Box 13554, George Street BRISBANE QLD 4003

Level 3 Brisbane Magistrates Court, 363 George Street, BRISBANE QLD 4000

**P: (07) 3234 0870**

**E:** adult.guardian@justice.qld.gov.au

**Web:** www.justice.qld.gov.au/justice-services/guardianship/adult-guardian

Protects the rights and interests of adults with impaired capacity. If there is a report of exploitation, abuse or neglect of a person with impaired capacity, or a complaint about the

actions of a person who has been given enduring power of attorney, the Adult Guardian can investigate.

**Amputees and Families Support Group QLD inc.**

PO Box 848, SPRINGWOOD QLD 4127

**P: (07) 3290 4293**

**E:** admin@afsg.org.au

**Web:** www.afsg.org.au

Provide emotional support and information relevant to limb(s) lost to new and existing amputees, their families and carers.

**BeauCare**

PO Box 572, BEAUDESERT QLD 4285

44 Tina Street, BEAUDESERT QLD 4285

**P: (07) 5541 3762**

**E:** admin@beaucare.org.au

**Web:** www.beaucare.org.au

Provides a broad range of community services including child care, family support, youth development, community development and support services for the frail aged and people with a disability.

**Bethany Care Ltd**

PO Box 441, ROBINA QLD 4226

**P: (07) 5501 8070**

**E:** enquiries@bethanycare.org

**Web:** www.bethanycare.org

A range of lifestyle supports such as Women's 'Body Rock', men's groups, special events, Christian counselling, resource library for families, Community access and referrals. Assists people with disabilities aged 5-65 with intellectual, physical, sensory and psychiatric disabilities.

**Blue Care**

PO Box 1539, MILTON BC QLD 4064

**P: (07) 3377 3377**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Allied health services; Commonwealth Carer Respite Centres; Community Aged Care services; Disability services; Domestic & Lifestyle Care Assistance; Retirement Living; Pastoral care and counselling; Residential aged care; Respite services; and Volunteer services.

**Blue Care Beaudesert Community Care and Allied Health Services**

PO Box 340, BEAUDESERT QLD 4285  
7 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 2280**

**E:** beaudesert.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Blue Care Beenleigh Community Care and Allied Health Services**

PO Box 484, BEENLEIGH QLD 4207  
32-50 Mt Warren Boulevard, MT WARREN PARK QLD 4207

**P: (07) 3287 2041**

**E:** beenleigh.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers. Volunteer Service also.

**Blue Care Coomera Community Care**

12 Jowett Street, COOMERA QLD 4209

**P: (07) 5573 7433**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, or people with a disability.

**Blue Care Fassifern Community & Respite Care**

PO Box 152, BOONAH QLD 4310  
10a Macquarie Street, BOONAH QLD 4310

**P: (07) 5463 2684**

**E:** fassifern.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Blue Care Lower South Coast/Tweed Community Care**

1 Pines Lane, ELANORA QLD 4221

**P: (07) 5534 6177**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, or people with a disability.

**Blue Care Milpera Cottage Respite Care**

PO Box 692, BIGGERA WATERS QLD 4216  
21 Meron Street, SOUTHPORT QLD 4215

**P: (07) 5532 6639**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Centre Based Respite

**Blue Care Southport Surfers Paradise Allied Health**

PO Box 692, BIGGERA WATERS QLD 4216  
Southport Business Park, Unit 5, 46 Smith Street, SOUTHPORT QLD 4215

**P: (07) 5555 4444**

**E:** southport.ds@bluecare.org.au

**Web:** www.bluecare.org.au

Professional allied health services to individuals at Southport Therapy Centre and at Blue Care residential aged care facilities. Some home visits available for people who are housebound.

**Blue Care Southport Surfers Paradise Lifestyle Community Care**

12 Ahern Street, LABRADOR QLD 4215

**P: (07) 5591 5016**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Personal Care, Social Support, In home and Centre Based Respite available.

**Blue Care Southport Surfers Paradise Nursing Community Care**

88 Muir Street, LABRADOR QLD 4215

**P: (07) 5532 0588**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

General Nursing Care, In home care for DVA. Free Grief Recovery Program; Northern (Labrador) and Southern (Elanora); program is run periodically throughout the year.

**Blue Care Tweed Coast Community Care**

Shop 4a / 34 Oyster Point Road, BANORA POINT NSW 2486

**P: (07) 5524 6277**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Community Care and Aged Care Home Support.

**Broadbeach Meals On Wheels**

23 T E Peters Drive, BROADBEACH QLD 4218

**P: (07) 5526 2300**

**E:** brbmow@bigpond.net.au

**Web:** www.qmow.org

Delivered meals to frail, aged, younger disabled and their carers.

**CALD Community Action Group**

**P: (07) 5527 8013**

**E:** agnesmaddock@bigpond.com.au

**Web:**

Program for carers and care recipients with disability, mental illness, chronic medical conditions and/or frail-aged and who are from culturally and linguistically diverse backgrounds. Links to community services.

**Canefields Clubhouse**

Unit 2/10-13 Logandowns Drive, MEADOWBROOK QLD 4131

**P: (07) 3807 0951**

**E:** admin@canefieldsclubhouse.org.au /

employment@canefieldsclubhouse.org.au

**Web:** www.canefieldsclubhouse.org.au

Psychosocial rehabilitation program assisting adults with a diagnosed mental illness to lead socially and vocationally satisfying lives.

**Career Employment Australia**

Level 1 10 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5532 7000**

**E:** ceagc@ceagroup.com.au

**Web:** www.ceagroup.com.au

Provides training across many areas including Business, Horticulture, Engineering, Retail, Aged Care, Disability, Hospitality, Employability Skills and Community Services. Programs: Youth Connections, Offender Reintegration Support Service, Prison Training, Productivity Places Program, Get Set for Work, Youth Justice Program, Skilling Queensland for Work and Work Placement Projects.

**Carelink**

PO Box 3194, LOGANHOLME QLD 4129

**P: 1800 888 002**

**E:** robyncr@ozcare.org.au

**Web:** www.ozcare.org.au

The Ozcare Carelink Medical Alarm ensures seniors and adults with a disability maintain a lifeline to those who care for them. The Alarm is a 24 hour monitoring system that connects clients to help whenever they need it.

**CASSI**

PO Box 5629, GOLD COAST MC QLD 9726

**P: (07) 5574 0955**

**E:** info@cassi.org.au

**Web:** www.cassi.org.au

Supported accommodation for users with disabilities and high lifestyle support needs.



**Centacare Catholic Family and Community Services**

PO Box 289, FORTITUDE VALLEY QLD 4006  
58 Morgan Street, FORTITUDE VALLEY QLD 4006  
**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life. Counselling programs include Anger Management and Domestic and Family Violence Prevention (groups for men, women and children) and court support services.

**CHARM (Community Health Assessment Relearning & Maintenance Program)**

PO Box 429, MIAMI QLD 4220  
2019 Gold Coast Highway, MIAMI QLD 4220  
**P: 1300 780 128**

**Web:** www.gpgc.com.au

A program for frail aged and disabled people providing centre based diversional therapy and support for clients that are socially isolated or have problems with daily living skills. Patients can self refer or can be referred by their GPs.

**Co.As.It. Italian Australian Welfare Association Inc.**

PO Box 5017, Q SUPERCENTRE QLD 4218  
18 Fairway Drive, CLEAR ISLAND WATERS QLD 4221  
**P: (07) 5554 6599**

**E:** cristinai@coasit.asn.au

**Web:** www.coasit.asn.au

Respite and multilingual support services for members of CALD Communities. Individual & family crisis support programs; advocacy; community education; counselling; frail aged and disability day-respite and support.

**Commonwealth Respite and Carelink Centres**

**P: 1800 052 222**

**E:** commcarelink@health.gov.au

**Web:** www.commcarelink.health.gov.au

Information centres for older people, people with disabilities and those who provide care and services. Provide free and confidential information on community aged care, disability and other support services available locally, interstate or anywhere within Australia.

**Community Resource Unit Inc.**

Level 2/ 43 Peel Street, SOUTH BRISBANE QLD 4101  
**P: (07) 3844 2211**

**E:** admin@cru.org.au

**Web:** www.cru.org.au

A NGO comprised of parents, people with disabilities and interested professionals whose focus is the development of leadership and services which are responsive and respectful of the real needs of people with disabilities.

**Complaints Resolution and Referral Service**

**P: 1800 880 052**

**E:** crrs@pwd.org.au

**Web:** www.crrs.org.au

Helps people with disability sort out complaints about disability employment services and advocacy services funded by the Australian Government.

**Crossroads Gold Coast**

23 Discovery Drive, HELENSVALE QLD 4212

**P: (07) 5553 9910**

**E:** crossroadsGC@newlife.unitingchurch.org.au

**Web:** www.crossroadsgc.org.au

It's a safe place where people 18yrs+ who have a physical &/or intellectual disability meet every Friday of the state school terms at Newlife Uniting Church from 9am-1.30pm.

**Department of Communities**

**P: 13 13 04**

**E:** enquiries@communities.qld.gov.au

**Web:** www.communities.qld.gov.au

Regional Service Delivery Operations; Strategy, Policy and Performance; Housing and Homelessness Services; Child Safety, Youth and Families, Community Participation; Sport and Recreation Services; Disability and Community Care Services; Multicultural Affairs Queensland; Aboriginal and Torres Strait Islander Services; Communities Property Portfolio.

**Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA)**

GPO Box 9820, BRISBANE QLD 4001

Level 1-3 100 Creek Street, BRISBANE QLD 4000

**P: 1300 653 227**

**Web:** www.fahcsia.gov.au

Works to improve the impact and management of relevant Commonwealth Government policies, programs and initiatives. Areas include: Carers; Child Support; Communities; Families & Children; Gambling & Drugs; Housing & Homelessness; Indigenous People; Mental Health; People with Disability; Seniors; Volunteers; Women; International Social Security Agreements.

**Department of Human Services NSW Ageing, Disability and Home Care - Far North Coast**

PO Box 305, TWEED HEADS NSW 2485

Hutton House 40 Frances Street,

TWEED HEADS NSW 2485

**P: (07) 5536 0400**

**E:** BMFNC@dadhc.nsw.gov.au

**Web:** www.dadhc.nsw.gov.au

Provides support and services to older people, people with disabilities, and their carers in NSW.

**Disability and Communities Complaints Unit**

GPO Box 806, BRISBANE QLD 4001

**P: (07) 3224 7179**

**E:** complain@disability.qld.gov.au

**Web:** www.disability.qld.gov.au

If you have any concerns or complaints regarding Disability and Community Care services or programs.

**Disability and Community Care Services**

**P: 1800 177 120**

**E:** disabilityinfo@disability.qld.gov.au

**Web:** www.disability.qld.gov.au

Provides support for sectors providing disability, community mental health, and home and community care.

**Disability Information Awareness Line (DIAL)**

**P: 1800 177 120**

**E:** disabilityinfo@disability.qld.gov.au

**Web:** www.disability.qld.gov.au

Links you to disability information and resources such as Services (Government and community based), Information about different disabilities, Publications and resources, Government programs and entitlements, and Legislation and regulations.

**e-Bility**

**Web:** www.e-bility.com

Website providing easy access to a wide range of information, resources, services and products of interest to people with disability, their families and carers, health professionals and service providers.

**Endeavour Foundation**

PO Box 3555, TINGALPA DC QLD 4173

50 Southgate Avenue, CANNON HILL QLD 4170

**P: (07) 3908 7100**

**E:** Via website

**Web:** www.endeavour.com.au

Offers people with a disability a range of services including: accommodation; aged support; children focussed services; employment and education programs; and lifestyle support.

**Endeavour Services South East Queensland**

PO Box 1105, COORPAROO DC QLD 4151

49 Maynard Street, BURANDA QLD 4102

**P: (07) 3896 6000**

**E:** Via website

**Web:** www.endeavour.com.au

Residential Support Services offering 24hr one on one support, Learning and Lifestyle day support services and Business Services providing supported employment opportunities for people with a disability. Multiple service locations throughout South East Qld.

**Family Relationship Service For Carers**

PO Box 289, FORTITUDE VALLEY QLD 4006  
58 Morgan Street, FORTITUDE VALLEY QLD 4006  
**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Free counselling and mediation to carers and families of people with disabilities. Provides support and assistance to help carers and families, in both crisis and every day situations. Phone and face to face counselling both available.

**Friendly Lot**

5 Meru Close, SOUTHPORT QLD 4215

**P: (07) 5597 0180**

**E:** leshal@bigpond.net.au

Social support and friendship for people with a disability. Must be able to manage own transport and go out with or without carers. Meets once a month at various locations around North Gold Coast area.

**FSG**

PO Box 2597, SOUTHPORT QLD 4215  
16 Railway Street, SOUTHPORT QLD 4215

**P: (07) 5564 0655**

**E:** info@fsg.org.au

**Web:** www.fsg.org.au

Committed to innovation in human service delivery in Disability, Mental Health, Aged Care, Child Safety and Carer Support.

**Gold Coast Advocacy Inc**

PO Box 2560, SOUTHPORT QLD 4215  
Southport Central Tower 1 (8th Floor),  
56 Scarborough Street SOUTHPORT QLD 4215

**P: (07) 5564 0355**

**E:** gca@gca.org.au

**Web:** www.gca.org.au

Independent advocacy organisation for Gold Coast residents with a disability and those who are vulnerable.

**Gold Coast Community Transport**

PO Box 7209, GOLD COAST MAIL CENTRE QLD 9726  
3 Mic Veivers Way, SOUTHPORT QLD 4215

**P: (07) 5531 3312**

**E:** kwinzar@gcrs.com.au

Groups transport for people with a disability and frail aged (anyone HACC eligible). No individual transport.

**Gold Coast District Home and Community Care (HACC)**

PO Box 429, MIAMI QLD 4220  
2019 Gold Coast Hwy, MIAMI QLD 4220

**P: 1300 780 128**

**Web:** www.goldcoasthealth.com.au

Domestic home assistance and social support.

**Gold Coast Employment Support Service Inc**

4/127 Nerang Street, SOUTHPORT QLD 4215

**P: (07) 5591 9199**

**E:** employment@gcess.org

**Web:** www.gcess.org

Assistance for people with disability who wish to gain employment or training.

**Gold Coast Recreation and Sport**

PO Box 7209, GOLD COAST MAIL CENTRE QLD 9726  
3 Mic Veivers Way, SOUTHPORT QLD 4215

**P: (07) 5531 3312**

**E:** kwinzar@gcrs.com.au

Provides activities for people with a disability of all age groups.

**GROW QLD**

PO Box 178, HOLLAND PARK QLD 4121

**P: (07) 3394 4344**

**E:** qld@grow.net.au

**Web:** www.grow.net.au

Mutual/self-help support groups for adults suffering with mental illness. The meetings are structured and follow a 12-step program, are free, confidential and held weekly at various locations.

**HACC Resource Unit**

Chermside Community Health Centre, The Prince Charles Hospital, Rode Road, CHERMSIDE QLD 4032

**P: (07) 3139 4653**

**E:** Admin@disability.qld.gov.au

**Web:** www.disability.qld.gov.au

Information and support for HACC service providers Queensland wide supporting workforce development and the management of the HACC Program's state-wide information strategy.

**Headway Gold Coast Inc.**

25 Woodlands Way, ARUNDEL QLD 4214

**P: (07) 5574 4311**

**E:** admin@headwaygoldcoast.org

**Web:** www.headwaygoldcoast.org

Support for people (aged 18 to 65) with an acquired brain injury and their families - Transitional Accommodation - Residential Support - Community Support - Day Centre Internet Cafe.

**Home and Community Care Services (HACC)**

GPO Box 806, BRISBANE QLD 4001  
Disability Services Queensland, 313 Adelaide Street  
BRISBANE QLD 4000

**P: (07) 3898 0100**

**E:** Admin@disability.qld.gov.au

**Web:** www.health.qld.gov.au/hacc

Funds basic maintenance and support services to help frail older people and younger people with disabilities to continue living in their community.

**Home Support Services Queensland**

Po Box 475, FULLARTON SA 5063

**P: 1800 684 175**

**E:** info@hssmail.com.au

**Web:** homesupportservices.com.au

Assist patients to leave hospital with home support, carer and respite services.

**Horizon Foundation**

PO Box 315, ROBINA DC QLD 4226

34 – 36 Glenferrie Drive, ROBINA QLD 4230

**P: (07) 5575 0222**

**E:** horizon@horizoninc.org

**Web:** www.horizoninc.org

Support and programs for families caring for a child, or adult family member, with a disability. Employment and training is offered to eligible job-seekers who face barriers to employment due to disability, illness, injury or other needs.

**House With No Steps Queensland**

PO Box 2213, BURLEIGH MAIL CENTRE QLD 4220  
35 Hutchinson Street, BURLEIGH HEADS QLD 4220

**P: (07) 5593 8340**

**E:** queensland@hwns.com.au

**Web:** www.hwns.com.au

Services and opportunities for people with disabilities in Queensland, including various business and employment services; Community Services; Education & Training. Drug and Alcohol Counselling services are available on the Gold Coast and at Logan.

**Integrated Family and Youth Service (IFYS)**

PO Box 1291, MAROOCHYDORE QLD 4558

**P: (07) 5438 3000**

**E:** admin@ifys.com.au

**Web:** www.ifys.com.au

Specialist support and intervention programs for children, young people and families. Provides accommodation, support and counselling services at various locations throughout Queensland.

**Job Futures SEQ**

1/9 Windmill Street, SOUTHPORT QLD 4215

**P: (07) 5528 5988**

**E:** tlsp@jobfutures-seq.com

**Web:** www.jobfutures-seq.com.au

Disability Employment Services, National Green Jobs Corps, Skilling Queenslanders for Work and the Australian Apprenticeships Access Programs.

**Just Better Care - Gold Coast**

Suite 18 Lvl 2 Runaway Bay Marina,  
247 Bayview Street RUNAWAY BAY QLD 4216

**P: (07) 5577 3600**

**E:** mailgc@justbettercare.com.au

**Web:** www.justbettercare.com.au

Domestic Assist, Personal Care, Respite, Dementia care,  
Support for a person with a disability, Transportation or  
Overnight care, Social Support under HACC Program or  
privately.

**Kalwun HACC**

PO Box 2123, NERANG QLD 4211

118 Bonogin Road, MUDGEERABA QLD 4213

**P: (07) 5522 9197**

**E:** agedcare@kalwun.com.au

**Web:** www.kalwun.com.au

Supports ATSI people in the Gold Coast area through the  
ageing process.

**Lakeview Day Respite Centre**

PO Box 3065, ROBINA TOWN CENTRE QLD 4230

186 Robina Town Centre Drive, Robina Town Centre,  
ROBINA QLD 4230

**P: (07) 5562 0232**

**Web:** www.fsg.org.au

Works with individuals with a disability who are over 18  
years and their family/carer to develop an individual lifestyle  
support and employment programs.

**Life without Barriers**

PO Box 713, BEENLEIGH QLD 4207

**P: (07) 3442 6600**

**E:** qldstateadmin@lwb.org.au

**Web:** www.lwb.org.au

Assists children and young people, people living with a  
disability, people living with a mental health issue and other  
vulnerable persons to live safer and more enriched lives.  
Links 4 Life, Disability, Healthy Minds, Youth Justice,  
Immigration, and Homelessness programs.

**Lutheran Community Care**

PO Box 1535, MILTON QLD 4064

24 McDougall Street, MILTON QLD 4064

**P: (07) 3511 4037**

**E:** lcc.admin@lccqld.org.au

**Web:** www.lccqld.org.au

Responds to community needs in the areas of aged care,  
respite, community services & chaplaincy.

**MontroseAccess Gold Coast**

PO Box 761, LABRADOR QLD 4215

Corner Allied Drive & Byth Street, ARUNDEL QLD 4214

**P: (07) 5509 9300**

**E:** information@montroseaccess.org.au

**Web:** www.montroseaccess.org.au

Community based therapy services, recreation programs  
and respite programs for children and young adults  
throughout Queensland with physically disabling conditions  
of varying severity, including acquired brain injury.

**Multicap**

PO Box 4013, EIGHT MILE PLAINS QLD 4113

269 Padstow Road, EIGHT MILE PLAINS QLD 4113

**P: (07) 3340 9000**

**E:** info@multicap.org.au

**Web:** www.multicap.org.au

Support options for people with multiple disabilities, and  
challenging and complex behaviours, their families and  
carers in Queensland. Offers centre based, older carer, and  
short term emergency placement Respite Services in  
various locations.

**MultiLink Community Services Inc**

PO Box 146, WOODRIDGE QLD 4114

38 Blackwood Road, LOGAN CENTRAL QLD 4114

**P: (07) 3808 4463**

**E:** support@multilink.org.au

**Web:** www.multilink.org.au

Provides a wide range of youth, aged, disability and  
multicultural services.

**National Council on Intellectual Disability**

PO Box 771, MAWSEN ACT 2607

**P: (02) 6296 4400**

**E:** ncid@ncid.org.au

**Web:** www.ncid.org.au

The national association representing people with  
intellectual disability and their families in Australia.

**National Disability Abuse and Neglect Hotline**

**P: 1800 880 052**

**E:** enquiries@disabilityhotline.org

**Web:** www.disabilityhotline.org

A free service that takes reports of abuse and neglect of  
people with disability.

**National Disability Services (NDS) Queensland**

PO Box 893, LUTWYCHE QLD 4030

Suite 9, Level 4, Lutwyche City Shopping Centre,

543 Lutwyche Road LUTWYCHE QLD 4030

**P: (07) 3357 4188**

**E:** ndsqld@nds.org.au

**Web:** www.nds.org.au

The national industry association for disability services,  
representing over 650 not-for-profit organisations across  
Australia.

**National Ethnic Disability Alliance (NEDA)**

PO Box 160, COBURG VIC 3058

**P: 1300 486 038**

**E:** office@neda.org.au

**Web:** www.neda.org.au

The national peak organisation representing the rights and  
interests of people from non-English speaking background  
(NESB) with disability, their families and carers throughout  
Australia.

**On Track Community Programs Inc**

141 Minjungbal Drive, TWEED HEADS NSW 2486

**P: (07) 5524 9732**

**E:** admin@ontrack.ngo.org.au

**Web:** www.ontrack.ngo.org.au

Community based support services for people experiencing  
mental illness, disability, homelessness or extreme  
disadvantage and their families.

**Ozcare**

PO Box 912, FORTITUDE VALLEY QLD 4006

66 River Terrace, KANGAROO POINT QLD 4169

**P: (07) 3028 9000**

**E:** Via website.

**Web:** www.ozcare.org.au

Aged Care; Community Health; Community Care;  
Community Support - Drug and Alcohol Services,  
Community Access Disability Services, Homeless Men's  
Hostels, Women's Refuges and Shelters, Family  
Accommodation Programs, Rural Families Projects.

**Ozcare Ashmore Day Respite Centre**

PO Box 1027, ASHMORE CITY QLD 4214

100 Usher Avenue, LABRADOR QLD 4215

**P: (07) 5500 2465**

**E:** respite.ashmore@ozcare.org.au

**Web:** www.ozcare.org.au

Day Respite Centres provide quality daytime respite care to  
the frail, aged, people with disabilities and those with mental  
health issues.

**Ozcare Burleigh Heads Day Respite Centre**

PO Box 1114, BURLEIGH HEADS QLD 4220

8 Matilda Street, BURLEIGH HEADS QLD 4220

**P: (07) 5576 3577**

**E:** respite.burleigh@ozcare.org.au

**Web:** www.ozcare.org.au

Day Respite Centres provide quality daytime respite care to  
the frail, aged, people with disabilities and those with mental  
health issues.

**Ozcare Keith Turnbull Place Labrador**  
52 Imperial Parade, LABRADOR QLD 4215  
**P: (07) 5558 7177**

**E:** cf.labrador@ozcare.org.au

**Web:** www.ozcare.org.au

Residential Centre-based Respite - 24 Hour Care, Low Care  
- Single Rooms with Ensuites, High Care, Special Care Unit,  
Married Couples Accommodation, Activities Program,  
Swimming Pool.

**Ozcare Ozanam Villa Burleigh**

20 Matilda Street, BURLEIGH HEADS QLD 4220

**P: (07) 5576 4055**

**E:** cf.burleigh@ozcare.org.au

**Web:** www.ozcare.org.au

Residential Centre-based Respite - 24 Hour Care, Low Care  
- Single Rooms with Ensuites and Balconies, High Care,  
Special Care Unit, Married Couples Accommodation, Fully  
Furnished Rooms, Activities Program, Library.

**Ozcare Parkwood Gardens**

PO Box 697, LABRADOR QLD 4215

100 Usher Avenue, LABRADOR QLD 4215

**P: (07) 5500 2400**

**E:** cf.parkwoodgardens@ozcare.org.au

**Web:** www.ozcare.org.au

Residential Centre-based Respite - 24 Hour Care, Low Care  
- Single Rooms with Ensuites, High Care, Special Care Unit,  
Married Couples Accommodation, Activities Program.

**Ozcare Runaway Bay Day Respite Centre**

344 Oxley Drive, RUNAWAY BAY QLD 4216

**P: (07) 5558 7080**

**E:** respite.runawaybay@ozcare.org.au

**Web:** www.ozcare.org.au

Day Respite Centres provide quality daytime respite care to  
the frail, aged, people with disabilities and those with mental  
health issues.

**Paradise Point Meals on Wheels**

PO Box 440, PARADISE POINT QLD 4216

**P: (07) 5577 3188**

**E:** ppmow@bigpond.com

**Web:** www.qmow.org

Delivered meals to frail, aged, younger disabled and their  
carers.

**Parent to Parent**

PO Box 434, YANDINA QLD 4561

9-11 Ayrshire Road,  
KULANGOOR Via YANDINA QLD 4561

**P: (07) 5472 7072**

**E:** Info@parent2parentqld.org.au

**Web:** www.parent2parentqld.org.au

Brings together parents and family members of people with  
a disability for mutual support and practical information, skill  
enhancement opportunities together with planning activities.

**Qld Aged & Disability Advocacy Inc (QADA)**

121 Copperfield Street, GEEBUNG QLD 4034

**P: 1800 818 338**

**E:** info@qada.org.au

**Web:** www.qada.org.au

Advocacy support to recipients or potential recipients of  
HACC services, CACP's and EACH packages, and  
residents of aged care facilities, with issues regarding their  
service provision. Also provides an advocacy service to  
adults whose decision making capacity is being questioned  
with guardianship and administration matters.

**Real Community Services (RCS) ABI Support**

PO Box 1249, OXLEY QLD 4075

2145 Ipswich Road, OXLEY QLD 4075

**P: (07) 3725 6500**

**E:** abi@realcommunityservices.com.au

**Web:** www.realcommunityservices.com.au

Assistance to adults and children with an acquired brain  
injury. RCS collaborates with case managers, allied health  
professionals and families to provide targeted coordination  
and support staff to implement rehabilitation programs.

**Real Community Services (RCS) Lifestyle Support**

PO Box 1249, OXLEY QLD 4075

2145 Ipswich Road, OXLEY QLD 4075

**P: (07) 3725 6511**

**E:** swaide@realcommunityservices.com.au

**Web:** www.realcommunityservices.com.au

Responsive coordination and support to clients with a  
disability and youth within the child protection framework.

**Real Community Services (RCS) Staffing Agency**

PO Box 1249, OXLEY QLD 4075

2145 Ipswich Road, OXLEY QLD 4075

**P: (07) 3725 6500**

**E:** bookings@realcommunityservices.com.au

**Web:** www.realcommunityservices.com.au

Specialises in the recruitment of temporary, permanent and  
contract (locum) staffing needs in the human services  
industry.

**Riding for the Disabled Association Queensland (RDAQ)**

PO Box 529, BURPENGARY QLD 4505

Shaftesbury Citizenship Campus, Corner Bruce Highway  
and Deception Bay Road BURPENGARY QLD 4505

**P: (07) 3888 5277**

**E:** admin@rdaq.org.au

**Web:** www.rdaq.org.au

RDAQ enables people with varying abilities and volunteers  
the opportunity to experience enjoyment and achieve  
personal goals through participation in sporting and  
therapeutic equestrian programmes in a safe and supportive  
environment, resulting in improved quality of life.

**Riding for the Disabled Association Queensland (RDAQ) Arundel Park**

387 Brisbane Road, COOMBABAH QLD 4216

**P: (07) 5594 0305**

**E:** arundelpark\_rda@iprimus.com.au

**Web:** www.rdaq.org.au

Opportunity for people with varying abilities to enjoy horse  
riding in a safe environment.

**Riding for the Disabled Association Queensland (RDAQ) Currumbin Valley**

Andres's Road, TALLEBUDGERA QLD 4228

**P: (07) 5536 1224**

**E:** bevhumphries@optusnet.com.au

**Web:** www.rdaq.org.au

Opportunity for people with varying abilities to enjoy horse  
riding in a safe environment.

**Sailability Gold Coast Inc**

1 Marina Crescent, HOLLYWELL QLD 4216

**P: 0405 199 934**

**E:** admin@sailabilitygc.org

**Web:** www.sailabilitygc.org

Sailing for people with disabilities. Operates Tuesdays from  
Southport Yacht Club's Sailing Squadron premises at  
Hollywell.

**Shepherd Community Services**

73 Rio Vista Boulevard, BROADBEACH WATERS QLD 4218

**P: (07) 5592 2247**

**E:** reception@shepherdgoldcoast.org

**Web:** www.centacarebrisbane.net.au/community\_care  
In-home Respite Care and Day Centre for people with a  
disability aged 0-60yrs.

**Southern Cross Community Services**

Suite 12, 34 Glenferrie Drive ROBINA QLD 4230

**P: (07) 5580 8755**

**E:** sharone@sccqld.com.au

**Web:** www.sccqld.com.au

Residential Care, Community Care and Retirement Living.  
Community care services include domestic assistance,  
personal support and In-home respite.



**Southern Star Community Services**

Chestnut Street, ELANORA QLD 4221

**P: (07) 5535 3422**

**E:** southernstar1@bigpond.com

**Web:** www.centacarebrisbane.net.au

For persons 5 - 65 years with 1 or more disabilities. In-home respite and variety of day activities.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120

138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spiritus Jobcare**

**P: 1300 785 853**

**Web:** www.spiritus.org.au

A Specialist Job Network provider for people with a disability and for the long term unemployed with offices in Fortitude Valley, Logan, Surfers Paradise.

**St Vincent de Paul Society**

**P: (07) 3010 1000**

**E:** state.admin@svdpqld.org.au

**Web:** www.vinnies.org.au

Services for people in need include: aged care, migrant and refugee services, home, hospital, prison and detention centres visitation, homeless person's services, clothing and assistance centres, care for people with psychiatric disabilities, vocational services for people with a disability, drug, alcohol and gambling counselling, financial counselling, disaster recovery and street vans as well as specialised Vinnies Youth services.

**SWITC (Support With Interpreting, Translating and Communication)**

PO BOX 465, MOOROOKA QLD 4105

**P: (07) 3892 8559**

**E:** switc@deafsq.org.au

**Web:** www.switc.org.au

Accessible to all Disability, HACC and Mental Health organisations who receive funding from Disability Services Queensland providing free interpreting and translations to their clients.

**Telecross**

PO Box 1822, MILTON QLD 4064

Humanity Place, 49 Park Road MILTON QLD 4064

**P: 1300 885 698**

**E:** qldredcross@redcross.org.au

**Web:** www.redcross.org.au/qld

Provides a daily reassurance telephone call to the frail, aged, people with a disability or medically at risk to check on their health and well-being.

**The Australian Red Cross**

PO Box 1822, MILTON QLD 4064

Humanity Place, 49 Park Road MILTON QLD 4064

**P: 1300 554 419**

**E:** qldredcross@redcross.org.au

**Web:** www.redcross.org.au/qld

Aged Care and Health Services - Community Visitors Scheme, Emergency Medical Accommodation Centres, Personal Helpers & Mentors Program; Business, Training and Employment Services; Emergency Services; Family Support Services; First Aid, Health and Safety Services; Community Partnering; Youth and Development Services; Migration support.

**The Disabled Surfers Association of Australia Inc. (DSA) Gold Coast**

PO Box 932, BURLEIGH HEADS QLD 4220

**P: 0412 191 880**

**E:** dsa@disabledsurfers.org

**Web:** www.disabledsurfers.org

Surfing for people with disabilities.

**The Employment House (House With No Steps)**

1045 Gold Coast Highway, PALM BEACH QLD 4221

**P: (07) 5593 8155**

**E:** cwood@hwns.com.au

**Web:** www.hwns.com.au

Employment service providing assistance and support for people with a disability.

**Transcord Community Transport Inc**

PO Box 4207, ASHMORE QLD 4214

Unit 2, 153 Cotlew Street, ASHMORE QLD 4214

**P: (07) 5539 3733**

**E:** transcom@redzone.com.au

Co-ordinates transport to enable frail aged people, people with disabilities and their carers on the Gold Coast to attend allied health, medical appointments and social appointments.

**Trinity Disability Support Service**

**P: (07) 5532 4686**

Independent Living Skills support for people living primarily with a mild to moderate intellectual disability. Clients may have a secondary mental health disability. Client needs to be Disability Services funding eligible.

**Tweed Valley Early Childhood Intervention Service Inc**

PO Box 105, TWEED HEADS NSW 2485

Florence Street, TWEED HEADS NSW 2485

**P: (07) 5506 7558**

**E:** tvecis@alphernet.com.au

Community based support and educational and intervention services for young children with disabilities and those at risk of developmental delay for ages 0-6yrs, and their families.

**Vision Australia**

**P: 1300 84 74 66**

**E:** info@visionaustralia.org

**Web:** www.visionaustralia.org

A non-profit leading provider of blindness and low vision services.

**Welfare Rights Centre Inc.**

PO Box 97, STONES CORNER QLD 4120

**P: (07) 3421 2510**

**Web:** www.wrcqld.org.au

A Community Legal Centre specialising in Centrelink and Disability Discrimination law only. We do not provide a face to face service, all initial contact is via the telephone.

**YoungCare**

PO Box 725, SPRING HILL QLD 4004

75 St Pauls Terrace, SPRING HILL QLD 4000

**P: 1300 844 727**

**E:** info@youngcare.com.au

**Web:** www.youngcare.com.au

Respite, accommodation, and support for young Australians with high care needs. Youngcare Connect is a free dedicated counselling and referral line for people in need of disability information and advice.

**Youth & Family Service (Logan City) Inc.**

PO Box 727, WOODRIDGE QLD 4114

376 Kingston Road, SLACKS CREEK QLD 4127

**P: (07) 3826 1500**

**E:** yfs@yfs.org.au

**Web:** www.yfs.org.au

YFS is a not-for-profit organisation, run by, for and with the local community. People of all ages in Logan City and the surrounding areas use YFS services. We aim to help people overcome problems and reach their goals in life. We offer many different services, from legal advice to disability support; from counselling to help finding work.

## Domestic Violence, Abuse & Neglect

### Aboriginal & Torres Strait Islander Women's Legal and Advocacy Service (ATSIWLAS)

PO Box 5631, WEST END QLD 4101

32 Balaclava Street, WOOLONGABBA QLD 4102

**P: (07) 3392 3177**

**E:** reception@atsiwas.com.au

**Web:** www.atsiwas.com.au

This organisation provides legal advice, information and referrals for Aboriginal and Torres Strait Islander women, focusing on the areas of domestic violence, family violence and family law. Court support, family support and advocacy are also offered for women experiencing family violence, domestic violence and family law issues. Phone support and legal advice and referrals available for all areas of Queensland.

### ACT for Kids

PO Box 669, LABRADOR QLD

31 Olsen Avenue, LABRADOR QLD 4215

**P: (07) 5537 5040**

**E:** goldcoast@actforkids.com.au

**Web:** www.abusedchildtrust.com.au

Programs include the Sexual Abuse Outreach Counselling Service; Parenting Programs; Early Intervention Development Allied Health Services for children affected by abuse or neglect; and Protective Behaviour Education for primary school children; Counselling for children up to the age of 12 who have been affected by abuse or neglect; Mums & Bubs group; and an Outreach Team is available from Varsity Lakes.

### ACT for Kids

PO Box 94, ALBION QLD 4010

80 Kedron Park Road, WOOLLOOWIN QLD 4030

**P: (07) 3357 9444**

**E:** brisbanenorth@actforkids.com.au

**Web:** www.actforkids.com.au

ACT for Kids is an Australian charity which works to treat and prevent child abuse. Programs include: Intensive Therapy; Safe Houses; Sexual Abuse Counselling; ACT for Kids Preschool; Safety Classes in Schools; Help for Families at Risk; Mentoring for Teens; and Child Protection Training.

### Adults Surviving Child Abuse (ASCA)

PO Box 597, MILSONS POINT NSW 1565

King Room Level 1, Kirribilly Neighbourhood Centre, 16 - 18 Fitzroy Street

**P: 1300 657 380**

**E:** admin@asca.org.au

**Web:** www.asca.org.au

Information, referral, support and awareness programs for adult's affected by child abuse.

### Australian Domestic and Family Violence Clearinghouse

University of New South Wales, SYDNEY QLD 2052

**P: (02) 9385 2990**

**Web:** www.austdvclearinghouse.unsw.edu.au

A national organisation, providing high quality information about domestic and family violence issues and practice including a library of research and resources and an online database of good practice programs.

### Beaudesert Child Safety Service Centre

PO Box 738, BEAUDESERT QLD 4285

Shop 12 - 18 Telemon Place Shopping Centre, Telemon

Street BEAUDESERT QLD 4285

**P: (07) 5542 2000**

**E:** info@chilfsafety.qld.gov.au

**Web:** www.chilfsafety.qld.gov.au

If you suspect a child is experiencing harm, you should contact your local service centre to report the suspected child abuse. For emergencies outside of working hours, contact the Child Safety After Hours Service Centre.

### Beenleigh Child Safety Service Centre

PO Box 247, BEENLEIGH QLD 4207

Ground level 100 George Street, BEENLEIGH QLD 4207

**P: (07) 3884 7474**

**E:** info@chilfsafety.qld.gov.au

**Web:** www.chilfsafety.qld.gov.au

If you suspect a child is experiencing harm, you should contact your local service centre to report the suspected child abuse. For emergencies outside of working hours, contact the Child Safety After Hours Service Centre.

### Bethel Community Centre Inc

PO Box 1213, COOLANGATTA QLD 4225

**P: (07) 5599 5473**

**E:** bethelhealing@bigpond.com

**Web:** www.bethelhealing.org.au

Healing Life's Hurts retreats, emotional healing from past issues of abuse, neglect, hurt.

### BoysTown

PO Box 804, WOODRIDGE QLD 4114

47 Mary Street, WOODRIDGE QLD 4114

**P: (07) 3387 8800**

**E:** kingston@boystown.com.au

**Web:** www.boystown.com.au

Provides support to disadvantaged children and youth aged to 25 with life challenges that include: physical and emotional abuse, alcohol and drug abuse, homelessness, low literacy, long-term unemployment and mental illness. Services include one-on-one counselling to young people and their families via Kids Helpline and Parentline telephone and online help services.

### Centacare Catholic Family and Community Services

Suite 50/207 Currumburra Road, ASHMORE QLD 4212

**P: (07) 5556 9900**

**E:** ash@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life.

### Centacare Catholic Family and Community Services

PO Box 289, FORTITUDE VALLEY QLD 4006

58 Morgan Street, FORTITUDE VALLEY QLD 4006

**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life. Counselling programs include Anger Management and Domestic and Family Violence Prevention (groups for men, women and children) and court support services.

### Child Abuse Prevention Service

PO Box 1235, ASHFIELD NSW 2131

**P: 1800 688 009**

**E:** mail@childabuseprevention.com.au

**Web:** www.childabuseprevention.com.au

24hr National Crisis Line. CAPS aims to alleviate child abuse in all its forms by delivering family support, prevention and community education services.

### Child Safety After Hours Service Centre

GPO Box 806, BRISBANE QLD 4001

111 George Street, BRISBANE QLD 4000

**P: 1800 177 135**

**E:** info@chilfsafety.qld.gov.au

**Web:** www.chilfsafety.qld.gov.au

A 24-hour state-wide service that provides after hours responses to clients of the department, members of the public and staff from government departments and community agencies in relation to child protection matters.

### Collective Support

8 Keen Court, BUNBURY WA 6230

**P: (08) 9795 4604**

**E:** info@collectivesupport.com.au

**Web:** www.collectivesupport.com.au

An online support community that provides support for issues including depression, relationships, parenting, grief, divorce, cancer, domestic violence and sexual assault. Provides access face to face counselling via web cam or opportunities to participate in private group forums.

**Department of Communities****P: 13 13 04****E:** enquiries@communities.qld.gov.au**Web:** www.communities.qld.gov.au

Regional Service Delivery Operations; Strategy, Policy and Performance; Housing and Homelessness Services; Child Safety, Youth and Families, Community Participation; Sport and Recreation Services; Disability and Community Care Services; Multicultural Affairs Queensland; Aboriginal and Torres Strait Islander Services; Communities Property Portfolio.

**Department of Communities - Child Safety Services**

GPO Box 806, BRISBANE QLD 4001

111 George Street, BRISBANE QLD 4000

**P: 1800 811 810****E:** info@chidsafety.qld.gov.au**Web:** www.chidsafety.qld.gov.au

If you have a reason to suspect a child in Queensland is experiencing harm, or is at risk of experiencing harm, you need to contact Child Safety Services. If you believe a child is in immediate danger or in a life-threatening situation, contact the Queensland Police Service immediately by dialling 000.

**Department of Human Services NSW - Community Services**

98 Blundell Boulevard, TWEED HEADS SOUTH NSW 2486

**P: (07) 5569 9330****Web:** www.community.nsw.gov.au

Child protection agency, out of home care and brighter futures. Also disaster recovery.

**Disability and Community Care Services****P: 1800 177 120****E:** disabilityinfo@disability.qld.gov.au**Web:** www.disability.qld.gov.au

Provides support for sectors providing disability, community mental health, and home and community care.

**Domestic Violence Prevention Centre Gold Coast Inc**

PO Box 409, SOUTHPORT QLD 4215

**P: (07) 5532 9000 (Counselling Line)****E:** info@domesticviolence.com.au**Web:** www.domesticviolence.com.au

Services including crisis intervention, counselling for women and children, groups for women and children, court assistance, men's programs, community education and training, community awareness activities as well as having been the driver for the Gold Coast Domestic Violence Integrated Response.

**DVconnect Mensline**

P.O. Box 10575, Adelaide Street, BRISBANE QLD 4000

**P: 1800 600 636****Web:** www.dvconnect.org

Professional counselling and information and referral, and acts as a strategic point of referral for Queensland men around issues of domestic and family violence, relationship problems and other significant issues for men.

**DVconnect Womensline**

P.O. Box 10575, Adelaide Street, BRISBANE QLD 4000

**P: 1800 811 811****Web:** www.dvconnect.org

A 24/7 service for women and their children experiencing domestic and/or family violence. Crisis intervention, support, information, advocacy, telephone counselling, referrals and importantly, state-wide coordination of emergency refuge and shelter placements.

**Elder Abuse Prevention Unit****P: 1300 651 192****E:** eapu@lccq.org.au**Web:** www.eapu.com.au

A state-wide telephone information, support and referral service for anyone experiencing abuse or witnessing the abuse of an older person. Community Awareness, Staff Training and Education, Peer Support Network.

**Family & Kids-Care Foundation Inc**

254 Jacaranda Avenue, KINGSTON QLD 4114

**P: (07) 3808 5288****E:** familykidscare@bigpond.com**Web:** www.familyandkidscare.com.au

Various services for children and families in the community including practical and emergency assistance and accommodation support, crisis care, lifestyle support and educational/skills development programs. Telephone support is available 24/7.

**FSG**

PO Box 2597, SOUTHPORT QLD 4215

16 Railway Street, SOUTHPORT QLD 4215

**P: (07) 5564 0655****E:** info@fsg.org.au**Web:** www.fsg.org.au

Committed to innovation in human service delivery in Disability, Mental Health, Aged Care, Child Safety and Carer Support.

**Gold Coast Centre Against Sexual Violence Inc**

PO Box 1924, SOUTHPORT QLD 4215

**P: (07) 5591 1164****E:** Via website.**Web:** www.stopsexualviolence.com

A specialist Sexual Violence intervention and prevention service, providing counselling to women and young women who have been raped and/or sexually assaulted at any time

in their lives as well as prevention education to the broader Gold Coast community. No referral is necessary.

**Gold Coast Christian Family Church CareArm**

PO Box 1611, MUDGEERABA QLD 4213

**P: (07) 5525 2477****E:** enquiry@gccf.com.au**Web:** www.gccf.com.au

Family counselling centre for grief, stress, domestic violence, victims of crime, family & pre-marital counselling.

**Illoura Child and Family Counselling Centre**

31 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 1955****E:** illoura@qb.com.au**Web:** www.qbc.com.au

Child and Family Counselling; Premarital, Marriage/ Relationship Counselling; Loss & Grief; Stress/ Anxiety/ Depression; Mediation; Addiction; Sexual Abuse; Domestic Violence Counselling. Programs:- Parenting Courses; Family fun days; Women's nights out; Arts and Crafts; Cooking Classes; Christmas Luncheon.

**Immigrant Women's Support Service**

PO Box 5490, WEST END QLD 4101

**P: (07) 3846 3490 (DV)****E:** mail@iwss.org.au**Web:** www.iwss.org.au

Works with women & children of non English speaking background experiencing domestic violence, or have experienced rape or sexual assault.

**Labrador Child Safety Service Centre**

PO Box 700, LABRADOR QLD 4215

Level 1, BRP House,

118 Brisbane Road LABRADOR QLD 4215

**P: (07) 5558 7201****E:** info@chidsafety.qld.gov.au**Web:** www.chidsafety.qld.gov.au

If you suspect a child is experiencing harm, you should contact your local service centre to report the suspected child abuse. For emergencies outside of working hours, contact the Child Safety After Hours Service Centre.

**Lifeline**

PO Box 307, BROADBEACH QLD 4218

2741 Gold Coast Highway, BROADBEACH QLD 4218

**P: (07) 5579 6000****E:** reception.goldcoast@lccq.org.au**Web:** www.lifeline.org.au/goldcoast

Child, Youth and Family Services; Personal Counselling; Financial Counselling; Anger Management Courses; Child and Youth Sexual Abuse Service; Suicide Bereavement & Grief Support.

**Mermaid Beach Child Safety Service Centre**

PO Box 138, MERMAID BEACH QLD 4218  
Level Shop 13 Pacific Square, 2532-2540 Gold Coast  
Highway MERMAID BEACH QLD 4218

**P: (07) 5595 7100**

**E:** info@childsafety.qld.gov.au

**Web:** www.childsafety.qld.gov.au

If you suspect a child is experiencing harm, you should contact your local service centre to report the suspected child abuse. For emergencies outside of working hours, contact the Child Safety After Hours Service Centre.

**National Child Protection Clearinghouse**

Level 20 South Tower, MELBOURNE VIC 3000

**P: (03) 9214 7888**

**E:** Via website.

**Web:** www.aifs.gov.au/nch

An information, advisory and research unit focused on child abuse prevention, child protection and out-of-home care.

**National Disability Abuse and Neglect Hotline**

**P: 1800 880 052**

**E:** enquiries@disabilityhotline.org

**Web:** www.disabilityhotline.org

A free service that takes reports of abuse and neglect of people with disability.

**National Domestic Violence and Sexual Assault Helpline**

**P: 1800 200 526**

A confidential 24 hour helpline to talk with experienced counsellors.

**Nerang Child Safety Service Centre**

PO Box 418, NERANG POSTAL SHOP QLD 4211  
24 White Street, NERANG QLD 4211

**P: (07) 5558 1888**

**E:** info@childsafety.qld.gov.au

**Web:** www.childsafety.qld.gov.au

If you suspect a child is experiencing harm, you should contact your local service centre to report the suspected child abuse. For emergencies outside of working hours, contact the Child Safety After Hours Service Centre.

**Newlife Care**

4 Greenwich Court, ROBINA QLD 4226

**P: (07) 5593 3262**

**E:** newlifecare@newlife.unitingchurch.org.au

**Web:** www.newlifecareinc.com.au

Provides counselling and support to people in the community who may be experiencing either discomfort in their personal life or their relationship with others. Areas include: Anger management; Abuse (Physical, psychological and sexual); Anxiety; Child and teenage management; Depression; Divorce and separation; Family conflict; Financial Counselling; Gambling; Gender Issues;

Grief and loss; Guilt; Relationship issues; Role issues; Self esteem; and Stress management.

**Ozcare**

PO Box 912, FORTITUDE VALLEY QLD 4006

66 River Terrace, KANGAROO POINT QLD 4169

**P: (07) 3028 9000**

**E:** Via website.

**Web:** www.ozcare.org.au

Aged Care; Community Health; Community Care; Community Support - Drug and Alcohol Services, Community Access Disability Services, Homeless Men's Hostels, Women's Refuges and Shelters, Family Accommodation Programs, Rural Families Projects.

**Pets in Crisis – Domestic Violence Program**

PO Box 6177, FAIRFIELD GARDENS QLD 4103

**P: (07) 3426 9999**

**E:** admin@rspcaqlld.org.au

**Web:** www.rspcaqlld.org.au/pets\_in\_crisis/

A safe house for the pets of individuals at serious risk of domestic violence.

**Relationships Australia**

13/107 Miles Platting Road,  
EIGHT MILE PLAINS QLD 4113

**P: 1300 364 277**

**E:** generalenquiries@relateqlld.com.au

**Web:** www.relationships.com.au

Delivers a wide range of services including: counselling, family dispute resolution, personal development and education, parenting skills training, men and family relationships programs, specialised family violence programs, early intervention services, child-focused programs and practices, and programs which specifically engage indigenous and culturally and linguistically diverse (CALD) families, groups and communities. Victims Counselling and Support Service: 1300 139 703  
www.vcss.org.au Aftercare Resource Centre: 1800 501 560  
www.aftercareresourcecentre.org.au Gambling Help Service: 1800 858 858 - For services in your local area.

**Spirit - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120

138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spirit.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spirit Counselling and Education Services - Kinections**

PO Box 8121, WOOLLOONGABBA QLD 4102

5 Reid Street, WOOLLOONGABBA QLD 4102

**P: 1300 114 397**

**E:** kinections@spiritus.org.au

**Web:** www.kinections.com.au

A family and relationships counselling service providing individual and group counselling and educational services to Queensland families and agencies, including the Family Relationship Services Program (FRSP) and Domestic and Family Violence Program.

**Spirit TRACC**

**P: (07) 5578 0800**

**Web:** www.spiritus.org.au

A residential program for children and young people who have come from backgrounds of abuse and neglect including foster care; an intensive supported foster care (for children with challenging behaviours) and placement who are not yet able to be absorbed into foster care.

**The Salvation Army Counselling Service - Gold Coast**

PO Box 318, SOUTHPORT QLD 4215

**P: (07) 5531 3471**

**E:** goldcoastsalvos@aue.salvationarmy.org

**Web:** www.salvos.org.au

Christian compassion and support, guidance and counsel to individuals, couples and families. The service is open to people of all ages, and in all walks of life.

**Working Against Violence Support Service (WAVSS)**

PO Box 726, WOODRIDGE QLD 4114

**P: (07) 3808 5566**

**E:** wavss@wavss.org

**Web:** www.wavss.org

Domestic Violence counselling for women and children, Groups for women and children, Support in a crisis, Information and Referral & Court Support.

**Youth & Family Service (Logan City) Inc.**

PO Box 727, WOODRIDGE QLD 4114

376 Kingston Road, SLACKS CREEK QLD 4127

**P: (07) 3826 1500**

**E:** yfs@yfs.org.au

**Web:** www.yfs.org.au

YFS is a not-for-profit organisation, run by, for and with the local community. People of all ages in Logan City and the surrounding areas use YFS services. We aim to help people overcome problems and reach their goals in life. We offer many different services, from legal advice to disability support; from counselling to help finding work.



## Drug & Alcohol Support

### Adolescent Drug & Alcohol Withdrawal Service (ADAWS)

20 Clarence Street, SOUTH BRISBANE QLD 4101

**P: (07) 3163 8400**

**E:** adaws@mater.org.au

**Web:** www.kidsinmind.org.au

ADAWS is the Adolescent Drug and Alcohol Withdrawal Service in South Brisbane QLD. It is an 11 day residential (or live-in) program for young people aged 13 to 18 who feel they have a problem with their substance use. Statewide referral.

### AI-Anon/AI-Ateen

PO Box 971, PALM BEACH QLD 4221

**P: (07) 5532 4320**

**E:** jacalyni@bigpond.com

For people with family members who are alcoholics. Regular meetings held across the Gold Coast Region.

### Alcohol and Drug Foundation Queensland (ADFQ)

PO Box 332, SPRING HILL QLD 4004

**P: (07) 3834 0200**

**E:** adfq@adf.org

**Web:** www.adfq.org

NGO dedicated to reducing the individual and social harms associated with alcohol, drug and other addictions and to promoting health enhancing behaviour change. Programs include: AOD Rehabilitation, Gambling, Indigenous, Youth & Adult, Friends and Family, Community Outreach, Education and Prison Support.

### Alcohol and Drug Information Service (ADIS)

270 Roma Street, BRISBANE QLD 4000

**P: 1800 177 833**

**E:** adis@health.qld.gov.au

**Web:** www.health.qld.gov.au

A 24/7 confidential telephone service that offers information, advice, counselling and referral for alcohol and other drug issues.

### Alcohol and Other Drugs Council of Australia

PO Box 269, WODEN ACT 2606

**P: (02) 6215 9800**

**E:** adca@adca.org.au

**Web:** www.adca.org.au

The peak, national, NGO representing the interests of the Australian AOD sector, providing a national voice for people working to reduce the harm caused by alcohol and other drugs.

### Alcohol, Tobacco and Other Drugs (ATOD)

**P: (07) 3328 9833**

**E:** ATODSWEB@health.qld.gov.au

**Web:** www.health.qld.gov.au/atod

Quality public health and clinical interventions that support Queenslanders to make informed choices about alcohol, tobacco and other drug use.

### Alcoholics Anonymous

**P: (07) 5591 2062**

**E:** aagccso@bigpond.net.au

**Web:** www.aa.org.au

24hr helpline providing AA information, meeting times, information and referral for drug and alcohol services.

### Alcoholics Anonymous Helpline

PO Box 299, ANNERLEY QLD 4103

**P: (07) 3255 9162**

**E:** csobris@powerup.com.au

**Web:** homepage.powerup.com.au

24hr helpline providing AA information, meeting times, information and referral for drug and alcohol services.

### ATODS Northside Clinic

Ground Floor 108, Nerang Street, SOUTHPORT QLD 4215

**P: (07) 5519 8777**

Community based programs, including prevention & intervention.

### ATODS Southside Clinic

PO Box 44, MIAMI QLD 4220

2019 Gold Coast Highway, MIAMI QLD 4220

**P: (07) 5576 9020**

Community based programs, including prevention & intervention. Opioid Program for entire Gold Coast Region.

### Australasian Therapeutic Communities Association

PO Box 3075, Sangster place, WANNIASSA ACT 2903

**P: 0422 904 040**

**E:** atca@atca.com.au

**Web:** www.atca.com.au

Website provides a comprehensive list of Therapeutic Communities/related services, including community-based services focused on the biopsychosocial, emotional and spiritual dimensions of substance use, with the use of the community to heal individuals and support the development of behaviours, attitudes and values of healthy living.

### Australian Drug Foundation (ADF)

PO Box 818, NORTH MELBOURNE VIC 3051

409 King Street, WEST MELBOURNE VIC 3003

**P: (03) 9278 8100**

**E:** adf@adf.org.au

**Web:** www.adf.org.au

Drug and alcohol Information Services including: The DrugInfo Clearinghouse; Somazone; The Australian Drug Information Network (ADIN) and The DrugInfo Resource Centre Library. Also undertakes community development,

research via the Centre for Youth Drug Studies, and provides advocacy leadership and support through the Community Alcohol Action Network.

### Australian Drug Information Network (ADIN)

PO Box 818, NORTH MELBOURNE VIC 3051

409 King Street, WEST MELBOURNE VIC 3003

**P: (03) 9278 8100**

**E:** adin@adf.org.au

**Web:** www.adin.com.au

Provides a central point of access to quality Internet-based alcohol and drug information provided by prominent organisations in Australia and internationally.

### Australian Injecting and Illicit Drug Users League (AIVL)

GPO Box 1552, CANBERRA ACT 2601

Level 2, Sydney Building. 112 - 116 Alinga Street, CANBERRA ACT 2600

**P: (02) 6279 1600**

**E:** info@aivl.org.au

**Web:** www.aivl.org.au

The national peak peer-based organisation representing the state and territory drug user organisations on issues of national significance for illicit drug users.

### Australian National Council on Drugs (ANCD)

PO Box 205, CIVIC SQUARE ACT 2608

**P: (02) 6166 9600**

**E:** Via Website

**Web:** www.ancd.org.au

The principal advisory body to government on drug policy and the website provides information on drug use in Australia, news and events, and reports and publications.

### beyondblue: the national depression initiative

PO Box 6100, HAWTHORNE WEST VIC 3122

**P: 1300 224 636**

**E:** bb@beyondblue.org.au

**Web:** www.beyondblue.org.au

beyondblue is a national, independent, not-for-profit organisation working to address increase awareness and understanding of depression, anxiety and related disorders in Australia. For information on depression, anxiety and related disorders, available treatments and where to get help, visit www.beyondblue.org.au or call the beyondblue info line 1300 22 4636.

**Bond University Psychology Clinic**

Ground Floor Humanities and Social Science Building, Bond University University Drive ROBINA QLD 4229

**P: (07) 5595 2527**

**E:** psych\_clinic@bond.edu.au

**Web:** www.bond.edu.au/life-at-bond/facilities-services/psychology-clinic

A private university teaching clinic for psychologists undertaking postgraduate study in clinical or forensic psychology, and functions as a centre for clinical research providing psychological services to the Gold Coast community.

**BoysTown**

PO Box 804, WOODRIDGE QLD 4114

47 Mary Street, WOODRIDGE QLD 4114

**P: (07) 3387 8800**

**E:** kingston@boystown.com.au

**Web:** www.boystown.com.au

Provides support to disadvantaged children and youth aged to 25 with life challenges that include: physical and emotional abuse, alcohol and drug abuse, homelessness, low literacy, long-term unemployment and mental illness. Services include one-on-one counselling to young people and their families via Kids Helpline and Parentline telephone and online help services.

**Cannabis Information and Helpline**

PO Box 684, RANDWICK NSW 2031

**P: 1800 30 40 50**

**E:** info@ncpic.org.au

**Web:** www.ncpic.org.au/ncpic/helpline/

A confidential information and support line for cannabis users and friends and family who are concerned about cannabis use by those close to them. Provides counselling, information and referrals. Available 11am – 8pm Monday to Friday (including public holidays).

**Centacare Catholic Family and Community Services**

PO Box 289, FORTITUDE VALLEY QLD 4006

58 Morgan Street, FORTITUDE VALLEY QLD 4006

**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life. Counselling programs include Anger Management and Domestic and Family Violence Prevention (groups for men, women and children) and court support services.

**CounsellingOnline**

**E:** CounsellingOnline@turningpoint.org.au

**Web:** www.counsellingonline.org.au

Free 24/7 web based text-interaction counselling for anyone seeking help with their own drug use or the drug use of a family member, relative or friend.

**Currumbin Clinic**

37 Bilinga Street, CURRUMBIN QLD 4223

**P: (07) 5534 4944**

**E:** currumbinclinic@healthcare.com.au

**Web:** www.currumbinclinic.com.au

A private psychiatric clinic assisting those in need of psychiatric care whether it be mood, anxiety, psychiatric or drug and alcohol related.

**Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA)**

GPO Box 9820, BRISBANE QLD 4000

Level 1-3 100 Creek Street, BRISBANE QLD 4000

**P: 1300 653 227**

**Web:** www.fahcsia.gov.au

Works to improve the impact and management of relevant Commonwealth Government policies, programs and initiatives. Areas include: Carers; Child Support; Communities; Families & Children; Gambling & Drugs; Housing & Homelessness; Indigenous People; Mental Health; People with Disability; Seniors; Volunteers; Women; International Social Security Agreements.

**DRUG ARM Australasia**

GPO Box 590, BRISBANE QLD 4001

Level 2, 24 Hamilton Place BOWEN HILLS QLD 4006

**P: (07) 3620 8811**

**E:** info@drugarm.com.au

**Web:** www.drugarm.com.au

National office of DRUG ARM Australasia, an organisation committed to the promotion of a healthy lifestyle without the use of unnecessary drugs. Has offices in Queensland, NSW and South Australia.

**DRUG ARM Gold Coast**

7/19 Young Street, SOUTHPORT QLD 4215

**P: (07) 5532 0717**

**E:** adminqld@drugarm.com.au

**Web:** www.drugarm.com.au

Programs include the AOD: Alcohol & Other Drug Program, clinical and prevention program and the Schoolies Week Program.

**DRUG ARM Queensland**

PO Box 590, BRISBANE QLD 4001

Level 1, 24 Hamilton Place BOWEN HILLS QLD 4006

**P: (07) 3620 8800**

**E:** adminqld@drugarm.com.au

**Web:** www.drugarm.com.au

Programs include Outreach Services including Street Outreach Services (SOS) operating in Brisbane, Bundaberg

and Toowoomba and MOSHPIT specialised health outreach based in Brisbane. Treatment programs including case managed support, AOD (Alcohol and Other Drugs) Program and the QIDDI, Queensland Illicit Drugs Diversion Initiative also operate in various locations across Queensland.

**DrugInfo Clearinghouse**

Resource Centre 409 King Street, WEST MELBOURNE VIC 3003

**P: 1300 85 85 84**

**E:** druginfo@adf.org.au

**Web:** www.druginfo.adf.org.au

A drug prevention network providing easy access to information about alcohol and other drugs, and drug prevention.

**Empowering Families to break down the barriers**

6/50 Rutledge Street, COOLANGATTA QLD 4225

**P: 0412 732 717**

**E:** sue.koning@bigpond.com

A strengths based program for carers designed to increase their 'life skills' capacity to cope with the challenging behaviours associated with mental health and substance abuse conditions. Workshops available through Queensland.

**Family & Kids-Care Foundation Inc**

254 Jacaranda Avenue, KINGSTON QLD 4114

**P: (07) 3808 5288**

**E:** familykidscare@bigpond.com

**Web:** www.familyandkidscare.com.au

Various services for children and families in the community including practical and emergency assistance and accommodation support, crisis care, lifestyle support and educational/skills development programs. Telephone support is available 24/7.

**Family Drug Support Australia**

PO Box 7363, LEURA NSW 2780

**P: 1300 368 186**

**E:** admin@fds.ngo.org.au

**Web:** www.fds.org.au

Primarily supports families struggling as a result of drug and alcohol use. Provides a 24/7 volunteer telephone line offering help to diffuse crisis, proffering strategies for coping and giving any information required.

**Gold Coast Drug Council**

West Burleigh Road, BURLEIGH HEADS QLD 4220

**P: (07) 5535 4302 (24 hr helpline)**

**E:** mary@gcdrugcouncil.org.au

**Web:** www.gcdrugcouncil.org.au

Residential facility for Dual Diagnosis specialising in AOD and Mental Health. Youth counselling programs. Headspace GC. Family Support Groups. Family therapist. Medical Centre (bulk-billing), psychiatrists, GPs. Pot Stop Groups. Arts program for youth, peer mentoring.

**Gold Coast Mental Health & ATOD Service Family and Carer Education and Support Program**

**P: (07) 5519 8850**

Education and support for family members and carers of people with a mental illness.

**Gold Coast Mental Health & ATODS (Alcohol, Tobacco and Other Drugs) Service**

Gold Coast Hospital, 108 Nerang Street, SOUTHPORT QLD 4215

**P: (07) 5519 7871**

**Web:** www.goldcoasthealth.com.au

Public services providing assessment, treatment and support to adults, children and older persons who have a mental illness. Services are provided depending on individual need and ranges from inpatient treatment to support in the community.

**Gold Coast Recovery Services Centre (Fairhaven)**

PO Box 482, ASHMORE CITY QLD 4214

**P: (07) 5594 7288**

**Web:** www.salvos.org.au

Long term residential rehabilitation centre.

**Goldbridge Rehabilitation Services**

PO Box 3519, Australia Fair SOUTHPORT QLD 4215

16 White Street, SOUTHPORT QLD 4215

**P: (07) 5503 1255**

**E:** info@goldbridge.com.au

**Web:** www.goldbridge.com.au

Chronic and habitual licit and illicit drug use problem and compulsive/addiction behaviour services including: Residential Treatment; Transition Care; Education Programs; Community Access Programs and Goldbridge Outreach - information & referral and various family support and counselling services.

**Goori House**

PO Box 1186, CLEVELAND QLD 4163

**P: (07) 3821 7633**

**E:** admin@goorihouse.org.au

**Web:** www.goorihouse.org.au

A 24/7 community based service providing brief intervention and diversion strategies for Indigenous men referred for alcohol and other drug problems.

**headspace Gold Coast**

2/126 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5509 5900**

**E:** admin@headspacegoldcoast.org.au

**Web:** www.headspace.org.au/goldcoast

A youth friendly hub that provides services across four core streams: primary health care, mental health and alcohol and other drug (AOD) services, and social/vocational services.

**House With No Steps Queensland**

PO Box 2213, BURLEIGH MAIL CENTRE QLD 4220

35 Hutchinson Street, BURLEIGH HEADS QLD 4220

**P: (07) 5593 8340**

**E:** queensland@hwns.com.au

**Web:** www.hwns.com.au

Services and opportunities for people with disabilities in Queensland, including various business and employment services; Community Services; Education & Training. Drug and Alcohol Counselling services are available on the Gold Coast and at Logan.

**Illoura Child and Family Counselling Centre**

31 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 1955**

**E:** illoura@qb.com.au

**Web:** www.qbc.com.au

Child and Family Counselling; Premarital, Marriage/Relationship Counselling; Loss & Grief; Stress/ Anxiety/Depression; Mediation; Addiction; Sexual Abuse; Domestic Violence Counselling. Programs:- Parenting Courses; Family fun days; Women's nights out; Arts and Crafts; Cooking Classes; Christmas Luncheon.

**Krurungal Aboriginal & Torres Strait Islander Corporation**

PO Box 544, COOLANGATTA QLD 4225

F5 & F9 Eastern Ave, COOLANGATTA QLD 4225

**P: (07) 5536 7911**

**E:** krurungal\_receptionist@live.com

**Web:** www.krurungal.com.au

Welfare, Housing and Resource Services.

**Life Education Queensland**

**P: 1300 427 653**

**E:** qld@lifeeducation.org.au

**Web:** www.lifeeducation.org.au/

A NFP providing school-based health and drug education across Qld.

**Logan Adult Community Mental Health**

97-103 Wembley Road, WOODRIDGE QLD 4114

**P: (07) 3290 8999**

**Web:** www.health.qld.gov.au/southside/mh.asp

Continuing Care Team for adults aged 18-65 with a diagnosis of serious mental illness.

**Logan House Rehabilitation Centre**

PO Box 65, KINGSTON QLD 4114

**P: (07) 5546 3900**

**E:** loganhouse@adfq.org

**Web:** www.loganhouse.org.au

A long term residential drug rehabilitation facility (Therapeutic Community) which offers a comprehensive recovery oriented experience for persons grappling with a severe alcohol or other drug related problems.

**MERIT-Tweed heads**

Level 3 145 Wharf Street, TWEED HEADS NSW 2485

**P: (07) 5506 6800**

**E:** MERIT@nrhs.health.nsw.gov.au

**Web:** www.ncas.nsw.gov.au/merit/

A court diversion program offering individuals who meet eligibility criteria the opportunity to undertake an intensive drug treatment program which will be monitored by the court.

**Mission Australia Family Support**

PO Box 479, STONES CORNER QLD 4120

11 Cleveland Street, STONES CORNER QLD 4120

**P: (07) 3847 8411**

**Web:** www.missionaustralia.com.au

Employment training, housing solutions and counselling for young people affected by family breakdown, drug and alcohol abuse, and mental illness.

**Narcotics Anonymous**

**P: 1300 352 820**

**E:** gcoastna@gmail.com

**Web:** www.na.org.au

Members learn from one another how to live drug-free and recover from the effects of addiction in their lives. See website for list of meetings across Australia. Call for meeting details.

**National Cannabis Prevention and Information Centre (NCPIC)**

PO Box 684, RANDWICK NSW 2031

**P: (02) 9385 0208**

**E:** info@ncpic.org.au

**Web:** www.ncpic.org.au

Provides a community cannabis information website; free Cannabis Information and Helpline; regular updates on the latest cannabis research; national free training on the delivery of motivational and brief interventions for cannabis-related problems; various projects to inform service delivery; and community awareness activities.

**National Centre for Education and Training of Addiction (NCETA)**

GPO Box 2100, ADELAIDE SA 5001

Level 3B Mark Oliphant Building, Laffer Drive BEDFORD PARK SA 5042

**P: (08) 8201 7535**

**E:** nceta@flinders.edu.au

**Web:** www.nceta.flinders.edu.au

An internationally recognised research centre that works as a catalyst for change in the alcohol and other drugs (AOD) field. Promotes Workforce Development (WFD) principles, research and evaluation of effective practices.

**National Inhalants Information Service (NIIS)**

PO Box 269, WODEN ACT 2606

17 Napier Close, DEAKIN ACT 2600

**P: (02) 6215 9816**

**E:** info@inhalantsinfo.org.au

**Web:** www.inhalantsinfo.org.au

The first central online service that provides information, research assistance and support for the Australian community regarding inhalant misuse.

**OnTrack**

GPO Box 2434, BRISBANE QLD 4001

**E:** ontrack@qut.edu.au

**Web:** www.ontrack.org.au

A website offering online psychology services including: free online treatment programs, information, advice and facts about mental and physical health and where to get help, and access to quizzes with immediate feedback.

**OxyGen**

**Web:** www.oxygen.org.au

The only Australian website dedicated to informing young people about tobacco and its use in Australia.

**Ozcare**

PO Box 912, FORTITUDE VALLEY QLD 4006

66 River Terrace, KANGAROO POINT QLD 4169

**P: (07) 3028 9000**

**E:** Via website.

**Web:** www.ozcare.org.au

Aged Care; Community Health; Community Care; Community Support - Drug and Alcohol Services, Community Access Disability Services, Homeless Men's Hostels, Women's Refuges and Shelters, Family Accommodation Programs, Rural Families Projects.

**Queensland Alcohol and Drug Research and Education Centre (QADREC)**

School of Population Health, Level 1, Public Health Building, The University of Queensland Herston Road HERSTON QLD 4006

**P: (07) 3365 5189**

**E:** qadrec@sph.uq.edu.au

**Web:** www.uq.edu.au/qadrec/

Facilitates best practice through excellence in teaching in alcohol and drug related areas at the undergraduate and postgraduate levels, provides high quality training and support for alcohol and drug workers, and support for resource development.

**Queensland Injectors Health Network (QuiHN) Ltd**

PO Box 2470, FORTITUDE VALLEY BC QLD 4006

89-101 Gipps Street, FORTITUDE VALLEY QLD 4006

**P: 1800 172 076**

**E:** manager.inhouse@quihn.org

**Web:** www.quihn.org

A state-wide NGO that addresses illicit drug use in the community by providing confidential clinical and non clinical counselling, social support services and life skills programs, non-residential rehabilitation programs, education and training, needle and syringe programs, health promotion, advocacy and outreach services, and information programs that relate to illicit drug use, blood borne viruses, sexual health, and/or psycho social and physical health issues affecting illicit drug users.

**Queensland Injectors Health Network (QuiHN) Ltd**

PO Box 3499, BURLEIGH TOWN CENTRE QLD 4220

12/99 West Burleigh Road, BURLEIGH HEADS QLD 4220

**P: (07) 5520 7900**

**E:** coordinator.positivechanges@quihn.org

**Web:** www.quihn.org

Offers Positive Changes: individual and group counselling; Detox programs; Family support programs; Support groups; Needle & Syringe Programs and Support. Women's Circle group: an informal, non-judgmental child friendly space for women, with or without kids.

**Queensland Network of Alcohol and other Drugs Agencies (QNADA)**

PO Box 3104, SOUTH BRISBANE BC QLD 4101

Level 1, 21 Cordelia Street SOUTH BRISBANE QLD 4101

**P: (07) 3010 6500**

**Web:** www.qnada.org.au

The peak organisation for alcohol and other drug NGOs. Provides advocacy and other services to assist in the development and growth of the non-government AOD sector throughout Queensland.

**Quitline**

**P: 13 18 48**

**E:** 13QUIT@health.qld.gov.au

**Web:** www.health.qld.gov.au/quitsmoking

A 24/7 state-wide confidential telephone service dedicated to helping people who want to quit smoking.

**Relationships Australia**

13/107 Miles Platting Road, EIGHT MILE PLAINS QLD 4113

**P: 1300 364 277**

**E:** generalenquiries@relateqld.com.au

**Web:** www.relationships.com.au

Delivers a wide range of services including: counselling, family dispute resolution, personal development and education, parenting skills training, men and family relationships programs, specialised family violence programs, early intervention services, child-focused programs and practices, and programs which specifically engage indigenous and culturally and linguistically diverse (CALD) families, groups and communities. Victims Counselling and Support Service: 1300 139 703  
www.vcss.org.au Aftercare Resource Centre: 1800 501 560  
www.aftercareresourcecentre.org.au Gambling Help Service: 1800 858 858 - For services in your local area.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120

138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spiritus Amend Program (Assisting Mothers End the Need for Drugs)**

18A West Street, BURLEIGH HEADS QLD 4220

**P: (07) 5576 2768**

**E:** amendgoldcoast@spiritus.org.au

**Web:** www.kinections.com.au

An 18-session in home Relapse Prevention & Parenting Enhancement program to pregnant and parenting women who identify problems with alcohol and other drugs as well as support for their families. The program also provides direct counselling and support to children aged 0-18 who have been affected by a parent's or caregiver's substance use.



**St Vincent de Paul Society****P: (07) 3010 1000****E:** state.admin@svdpqld.org.au**Web:** www.vinnies.org.au

Services for people in need include: aged care, migrant and refugee services, home, hospital, prison and detention centres visitation, homeless person's services, clothing and assistance centres, care for people with psychiatric disabilities, vocational services for people with a disability, drug, alcohol and gambling counselling, financial counselling, disaster recovery and street vans as well as specialised Vinnies Youth services.

**Teen Challenge Qld**

PO Box 895, MT GRAVATT QLD 4122

**P: (07) 3422 1500****E:** tcqld@teenchallenge.org.au**Web:** www.teenchallenge.org.au

Addiction related Crisis Accommodation; Outreach Services; Residential Rehabilitation; and Training. For youth and young adults.

**The Buttery Inc**

PO Box 42, BANGALOW NSW 2479

**P: (02) 6687 1111****E:** info@buttery.org.au**Web:** www.buttery.org.au

Residential drug and alcohol rehabilitation centre (Therapeutic Community); outpatient/outreach drug counselling and education services; and outreach/outpatient gambling counselling and education services.

**Transformations**

2 Monaco Street, SURFERS PARADISE QLD 4217

**P: (07) 5592 3677****E:** info@transformation.net.au**Web:** www.transformation.net.au

Crisis accommodation for men, long term Residential Drug and Alcohol Rehabilitation, and Feeding & Community Life Skills programs.

**Tweed Valley Clinic - Mental Health Inpatient Unit**

Powell Street, TWEED HEADS NSW 2485

**P: (07) 5506 7300****Web:** www.ncahs.nsw.gov.au/merit/

An inpatient mental health unit able to accommodate both voluntary and involuntary patients. After hours contact the 24 Hour Mental Health Access Line on 1300 369 968. Please note that this line is only available to the North Coast Health Service Area.

**Youthbeyondblue**

PO Box 6100, HAWTHORNE WEST VIC 3122

**P: 1300 224 636****E:** bb@beyondblue.org.au**Web:** www.youthbeyondblue.com

Youthbeyondblue is the arm of beyondblue that has a specific focus on young people aged 12 to 25 years. Youthbeyondblue programs and projects centre on early intervention and prevention of high prevalence mental health problems for young people and also on increasing awareness and understanding of depression, anxiety and related disorders in Australian Youth. For information on depression, anxiety and related disorders, available treatments and where to get help, visit [www.youthbeyondblue.com](http://www.youthbeyondblue.com) or call the beyondblue info line 1300 22 4636.

**Dual Diagnosis****Alcohol and Drug Information Service (ADIS)**

270 Roma Street, BRISBANE QLD 4000

**P: 1800 177 833****E:** adis@health.qld.gov.au**Web:** www.health.qld.gov.au

A 24/7 confidential telephone service that offers information, advice, counselling and referral for alcohol and other drug issues.

**Alcohol, Tobacco and Other Drugs (ATOD)****P: (07) 3328 9833****E:** ATODSWEB@health.qld.gov.au**Web:** www.health.qld.gov.au/atod

Quality public health and clinical interventions that support Queenslanders to make informed choices about alcohol, tobacco and other drug use.

**Australasian Therapeutic Communities Association**

PO Box 3075, Sangster place, WANNIASSA ACT 2903

**P: 0422 904 040****E:** atca@atca.com.au**Web:** www.atca.com.au

Website provides a comprehensive list of Therapeutic Communities/related services, including community-based services focused on the biopsychosocial, emotional and spiritual dimensions of substance use, with the use of the community to heal individuals and support the development of behaviours, attitudes and values of healthy living.

**Currumbin Clinic**

37 Bilinga Street, CURRUMBIN QLD 4223

**P: (07) 5534 4944****E:** currumbinclinic@healthcare.com.au**Web:** www.currumbinclinic.com.au

A private psychiatric clinic assisting those in need of psychiatric care whether it be mood, anxiety, psychiatric or drug and alcohol related.

**DRUG ARM Gold Coast**

7/19 Young Street, SOUTHPORT QLD 4215

**P: (07) 5532 0717****E:** adminqld@drugarm.com.au**Web:** www.drugarm.com.au

Programs include the AOD: Alcohol & Other Drug Program, clinical and prevention program and the Schoolies Week Program.

**DRUG ARM Queensland**

PO Box 590, BRISBANE QLD 4001

Level 1, 24 Hamilton Place, BOWEN HILLS QLD 4006

**P: (07) 3620 8800****E:** adminqld@drugarm.com.au**Web:** www.drugarm.com.au

Programs include Outreach Services including Street Outreach Services (SOS) operating in Brisbane, Bundaberg and Toowoomba and MOSHPIT specialised health outreach based in Brisbane. Treatment programs including case managed support, AOD (Alcohol and Other Drugs) Program and the QIDDI, Queensland Illicit Drugs Diversion Initiative also operate in various locations across Queensland.

**Empowering Families to break down the barriers**

6/50 Rutledge Street, COOLANGATTA QLD 4225

**P: 0412 732 717****E:** sue.koningen@bigpond.com

A strengths based program for carers designed to increase their 'life skills' capacity to cope with the challenging behaviours associated with mental health and substance abuse conditions. Workshops available through Queensland.

**Gold Coast Drug Council**

West Burleigh Road, BURLEIGH HEADS QLD 4220

**P: (07) 5535 4302 (24 hr helpline)****E:** mary@gcdrugcouncil.org.au**Web:** www.gcdrugcouncil.org.au

Residential facility for Dual Diagnosis specialising in AOD and Mental Health. Youth counselling programs. Headspace GC. Family Support Groups. Family therapist. Medical Centre (bulk-billing), psychiatrists, GPs. Pot Stop Groups. Arts program for youth, peer mentoring.

**Gold Coast Mental Health & ATOD Service Family and Carer Education and Support Program****P: (07) 5519 8850**

Education and support for family members and carers of people with a mental illness.

**Gold Coast Mental Health & ATODS (Alcohol, Tobacco and Other Drugs) Service**

Gold Coast Hospital, 108 Nerang Street, SOUTHPORT QLD 4215

**P: (07) 5519 7871**

**Web:** www.goldcoasthealth.com.au

Public services providing assessment, treatment and support to adults, children and older persons who have a mental illness. Services are provided depending on individual need and ranges from inpatient treatment to support in the community.

**Goldbridge Rehabilitation Services**

PO Box 3519, Australia Fair SOUTHPORT QLD 4215

16 White Street, SOUTHPORT QLD 4215

**P: (07) 5503 1255**

**E:** info@goldbridge.com.au

**Web:** www.goldbridge.com.au

Chronic and habitual licit and illicit drug use problem and compulsive/addiction behaviour services including: Residential Treatment; Transition Care; Education Programs; Community Access Programs and Goldbridge Outreach - information & referral and various family support and counselling services.

**Logan Adult Community Mental Health**

97-103 Wembley Road, WOODRIDGE QLD 4114

**P: (07) 3290 8999**

**Web:** www.health.qld.gov.au/southside/mh.asp

Continuing Care Team for adults aged 18-65 with a diagnosis of serious mental illness.

**Logan House Rehabilitation Centre**

PO Box 65, KINGSTON QLD 4114

**P: (07) 5546 3900**

**E:** loganhouse@adf.qg

**Web:** www.loganhouse.org.au

A long term residential drug rehabilitation facility (Therapeutic Community) which offers a comprehensive recovery oriented experience for persons grappling with a severe alcohol or other drug related problems.

**OnTrack**

GPO Box 2434, BRISBANE QLD 4001

**E:** ontrack@qut.edu.au

**Web:** www.ontrack.org.au

A website offering online psychology services including: free online treatment programs, information, advice and facts about mental and physical health and where to get help, and access to quizzes with immediate feedback.

**Ozcare**

PO Box 912, FORTITUDE VALLEY QLD 4006

66 River Terrace, KANGAROO POINT QLD 4169

**P: (07) 3028 9000**

**E:** Via website.

**Web:** www.ozcare.org.au

Aged Care; Community Health; Community Care; Community Support - Drug and Alcohol Services, Community Access Disability Services, Homeless Men's Hostels, Women's Refuges and Shelters, Family Accommodation Programs, Rural Families Projects.

**Queensland Injectors Health Network (QuiHN) Ltd**

PO Box 2470, FORTITUDE VALLEY BC QLD 4006

89-101 Gipps Street, FORTITUDE VALLEY QLD 4006

**P: 1800 172 076**

**E:** manager.inhouse@quihn.org

**Web:** www.quihn.org

A state-wide NGO that addresses illicit drug use in the community by providing confidential clinical and non clinical counselling, social support services and life skills programs, non- residential rehabilitation programs, education and training, needle and syringe programs, health promotion, advocacy and outreach services, and information programs that relate to illicit drug use, blood borne viruses, sexual health, and/or psycho social and physical health issues affecting illicit drug users.

**Queensland Injectors Health Network (QuiHN) Ltd**

PO Box 3499, BURLEIGH TOWN CENTRE QLD 4220

12/99 West Burleigh Road, BURLEIGH HEADS QLD 4220

**P: (07) 5520 7900**

**E:** coordinator.positivechanges@quihn.org

**Web:** www.quihn.org

Offers Positive Changes: individual and group counselling; Detox programs; Family support programs; Support groups; Needle & Syringe Programs and Support. Women's Circle group: an informal, non-judgmental child friendly space for women, with or without kids.

**Real Community Services (RCS) Staffing Agency**

Po Box 1249, OXLEY QLD 4075

2145 Ipswich Road, OXLEY QLD 4075

**P: (07) 3725 6500**

**E:** bookings@realcommunityservices.com.au

**Web:** www.realcommunityservices.com.au

Specialises in the recruitment of temporary, permanent and contract (locum) staffing needs in the human services industry.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120

138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Teen Challenge Qld**

PO Box 895, MT GRAVATT QLD 4122

**P: (07) 3422 1500**

**E:** tcqld@teenchallenge.org.au

**Web:** www.teenchallenge.org.au

Addiction related Crisis Accommodation; Outreach Services; Residential Rehabilitation; and Training. For youth and young adults.

**Eating Disorders**

**Centre for Clinical Interventions**

223 James Street, NORTHBRIDGE WA 6003

**P: (08) 9227 4399**

**E:** info.cci@health.wa.gov.au

**Web:** www.cci.health.wa.gov.au

Downloadable Information Packs/Workbooks for consumers (e.g. Depression; Social Anxiety; Bipolar; Panic; Worrying; Self-Esteem; Procrastination; Perfectionism; Assertiveness; Disordered Eating) and worksheets for clinicians.

**Eating Disorders Association**

12 Chatsworth Road, GREENSLOPES QLD 4120

**P: (07) 3394 3661**

**E:** admin@eda.org.au

**Web:** www.eda.org.au

Information, support and referral service. Support and short-term telephone counselling also provided.

**Eating Disorders Outreach Service**

**P: (07) 5667 2000**

**Web:** www.health.qld.gov.au

CMH Outpatient service for eating disorders. Local community mental health services that provide specialist mental health clinical services to children, adolescents, and their families who present with severe and complex eating disorders within the Gold Coast Region.

**Isis - The Eating Issues Centre Inc**

58 Spring Street, WEST END QLD 4101

**P: (07) 3844 6055**

**E:** info@isis.org.au

**Web:** www.isis.org.au

Counselling, information & referral, Therapeutic Groups & Workshops.

**Overeaters Anonymous (Palm Beach)**

**P: (07) 5590 4883**

Support group for people struggling with overeating, bingeing, bulimia, or overexercising. Call for meeting details.

**Overeaters Anonymous (Pam Beach)****P: Marie (07) 5525 7599**

Support group for people struggling with overeating, bingeing, bulimia, or overexercising. Call for meeting details.

**Overeaters Anonymous (Paradise Point)****P: (07) 5545 2870****Web:** www.oa.org.au

Support group for people struggling with overeating, bingeing, bulimia, or overexercising. Call for meeting details.

**Overeaters Anonymous (Tweed Heads)****P: Sandra (02) 6672 4665****Web:** www.oa.org.au

Support group for people struggling with overeating, bingeing, bulimia, or overexercising. Call for meeting details.

**Employment****ACCES Services Inc**

P.O. Box 10, LOGAN CENTRAL QLD 4114

92 Wembley Road, LOGAN CENTRAL QLD 4114

**P: (07) 3412 8222****E:** accessinc@asi.org.au**Web:** www.accessservicesinc.org.au

Community development, settlement and employment initiatives, and personal support programs to address the needs of disadvantaged community groups including migrants, refugees, humanitarian entrants and temporary protection visa holders.

**Alcohol and Drug Foundation Queensland (ADFQ)**

PO Box 332, SPRING HILL QLD 4004

**P: (07) 3834 0200****E:** adfq@adf.org**Web:** www.adfq.org

NGO dedicated to reducing the individual and social harms associated with alcohol, drug and other addictions and to promoting health enhancing behaviour change. Programs include: AOD Rehabilitation, Gambling, Indigenous, Youth & Adult, Friends and Family, Community Outreach, Education and Prison Support.

**BoysTown**

PO Box 804, WOODRIDGE QLD 4114

47 Mary Street, WOODRIDGE QLD 4114

**P: (07) 3387 8800****E:** kingston@boystown.com.au**Web:** www.boystown.com.au

Provides support to disadvantaged children and youth aged to 25 with life challenges that include: physical and emotional abuse, alcohol and drug abuse, homelessness, low literacy, long-term unemployment and mental illness. Services include one-on-one counselling to young people

and their families via Kids Helpline and Parentline telephone and online help services.

**Canefields Clubhouse**

Unit 2/10-13 Logandowns Drive, MEADOWBROOK QLD 4131

**P: (07) 3807 0951****E:** admin@canefieldsclubhouse.org.au /

employment@canefieldsclubhouse.org.au

**Web:** www.canefieldsclubhouse.org.au

Psychosocial rehabilitation program assisting adults with a diagnosed mental illness to lead socially and vocationally satisfying lives.

**Career Employment Australia**

Level 1 10 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5532 7000****E:** ceagc@ceagroup.com.au**Web:** www.ceagroup.com.au

Provides training across many areas including Business, Horticulture, Engineering, Retail, Aged Care, Disability, Hospitality, Employability Skills and Community Services. Programs: Youth Connections, Offender Reintegration Support Service, Prison Training, Productivity Places Program, Get Set for Work, Youth Justice Program, Skilling Queensland for Work and Work Placement Projects.

**Centacare Catholic Family and Community Services**

PO Box 289, FORTITUDE VALLEY QLD 4006

58 Morgan Street, FORTITUDE VALLEY QLD 4006

**P: 1800 337 552****E:** cfcs@centacarebrisbane.net.au**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life. Counselling programs include Anger Management and Domestic and Family Violence Prevention (groups for men, women and children) and court support services.

**Community Support Agency**

PO Box 3660, ROBINA QLD 4226

56 Gemvale Road, REEDY CREEK QLD 4227

**P: (07) 5522 0802****E:** csa@kings.net.au

Emergency Assistance, Food Relief, Employment Training Programs.

**CRS Australia**

PO BOX 7140, GOLD COAST MC QLD 9726

Zurich House 8-10 Karp Court, BUNDALL QLD 4217

**P: 1800 277 277****E:** via website**Web:** www.crsaustalia.gov.au

Disability employment and assessment services for people with a disability, injury or health condition.

**Endeavour Foundation**

PO Box 3555, TINGALPA DC QLD 4173

50 Southgate Avenue, CANNON HILL QLD 4170

**P: (07) 3908 7100****E:** Via website**Web:** www.endeavour.com.au

Offers people with a disability a range of services including: accommodation; aged support; children focussed services; employment and education programs; and lifestyle support.

**Endeavour Services South East Queensland**

PO Box 1105, COORPAROO DC QLD 4151

49 Maynard Street, BURANDA QLD 4102

**P: (07) 3896 6000****E:** Via website**Web:** www.endeavour.com.au

Residential Support Services offering 24hr one on one support, Learning and Lifestyle day support services and Business Services providing supported employment opportunities for people with a disability. Multiple service locations throughout South East Qld.

**Epic Employment Service**

Shop 1120 Westfield Shopping Centre, 1 - 29 Millaroo Drive

HELENSVALE QLD 4212

16 Welch Street, SOUTHPORT QLD 4215

**P: 1300 374 256****E:** epic@epic.org.au**Web:** www.epic.org.au

Personal Support Program, Disability Employment Network, Job Placement, Employment & Training, The EPIC Telecentre and Telecentre R&R, Vocational Rehabilitation Service "Job Services Australia, Disability Management Service"

**Family & Kids-Care Foundation Inc**

254 Jacaranda Avenue, KINGSTON QLD 4114

**P: (07) 3808 5288****E:** familykidscare@bigpond.com**Web:** www.familyandkidscare.com.au

Various services for children and families in the community including practical and emergency assistance and accommodation support, crisis care, lifestyle support and educational/skills development programs. Telephone support is available 24/7.

**Federation Hub House**

PO Box 1759, SOUTHPORT QLD 4215

Owen Park, SOUTHPORT QLD 4215

**P: (07) 5591 1750**

**E:** clubfed\_supportteam@mifq.org.au

**Web:** www.mifa.org.au/federation-clubhouse

Provides a quiet space for people with mental illness to come together for social support and activities with individuals who may share similar experiences in life.

**Flexible Support Services Australia - Volunteering Service**

Unit 2, 1 Station Road, WOODRIDGE QLD 4114

**P: (07) 3208 3568**

**E:** cjones@flexisupport.org.au

**Web:** www.flexisupport.org.au

Refer people wishing to volunteer to Home & Community Care Organisations. Provide support, training, recognition and information to volunteers regarding their voluntary position. Provide support, education, training and information to HACC providers regarding their volunteer program.

**FSG**

PO Box 2597, SOUTHPORT QLD 4215

16 Railway Street, SOUTHPORT QLD 4215

**P: (07) 5564 0655**

**E:** info@fsg.org.au

**Web:** www.fsg.org.au

Committed to innovation in human service delivery in Disability, Mental Health, Aged Care, Child Safety and Carer Support.

**Gold Coast Employment Support Service Inc**

4/127 Nerang Street, SOUTHPORT QLD 4215

**P: (07) 5591 9199**

**E:** employment@gcess.org

**Web:** www.gcess.org

Assistance for people with disability who wish to gain employment or training.

**Horizon Foundation**

PO Box 315, ROBINA DC QLD 4226

34 – 36 Glenferrie Drive, ROBINA QLD 4230

**P: (07) 5575 0222**

**E:** horizon@horizoninc.org

**Web:** www.horizoninc.org

Support and programs for families caring for a child, or adult family member, with a disability. Employment and training is offered to eligible job-seekers who face barriers to employment due to disability, illness, injury or other needs.

**House With No Steps Queensland**

PO Box 2213, BURLEIGH MAIL CENTRE QLD 4220

35 Hutchinson Street, BURLEIGH HEADS QLD 4220

**P: (07) 5593 8340**

**E:** queensland@hwns.com.au

**Web:** www.hwns.com.au

Services and opportunities for people with disabilities in Queensland, including various business and employment services; Community Services; Education & Training. Drug and Alcohol Counselling services are available on the Gold Coast and at Logan.

**Integrated Family and Youth Service (IFYS)**

PO Box 1291, MAROOCHYDORE QLD 4558

**P: (07) 5438 3000**

**E:** admin@ifys.com.au

**Web:** www.ifys.com.au

Specialist support and intervention programs for children, young people and families. Provides accommodation, support and counselling services at various locations throughout Queensland.

**Job Futures SEQ**

1/9 Windmill Street, SOUTHPORT QLD 4215

**P: (07) 5528 5988**

**E:** tlsp@jobfutures-seq.com

**Web:** www.jobfutures-seq.com.au

Disability Employment Services, National Green Jobs Corps, Skilling Queenslanders for Work and the Australian Apprenticeships Access Programs.

**Kalwun Development Corporation**

PO Box 2123, NERANG QLD 4211

**P: (07) 5578 3434**

**E:** kalwunde@kalwun.com.au

**Web:** www.kalwun.com.au

Services and facilities for ATSI people in the areas of housing, health, aged care, child protection and family support, youth and employment. The Kalwun housing program provides affordable long-term accommodation.

**Lakeview Day Respite Centre**

PO Box 3065, ROBINA TOWN CENTRE QLD 4230

186 Robina Town Centre Drive, Robina Town Centre

ROBINA QLD 4230

**P: (07) 5562 0232**

**Web:** www.fsg.org.au

Works with individuals with a disability who are over 18 years and their family/carer to develop an individual lifestyle support and employment programs.

**Mental Health Association QLD**

GPO Box 78, BRISBANE QLD 4001

**P: 1300 729 686**

**E:** mhConnect@mentalhealth.org.au

**Web:** www.mentalhealth.org.au

MHAQ provides quality early intervention mental health services and programs that support the community to make

mental health connections, develop mental health literacy and participate in employment as a foundation for recovery.

**Mission Australia Family Support**

PO Box 479, STONES CORNER QLD 4120

11 Cleveland Street, STONES CORNER QLD 4120

**P: (07) 3847 8411**

**Web:** www.missionaustralia.com.au

Employment training, housing solutions and counselling for young people affected by family breakdown, drug and alcohol abuse, and mental illness.

**On Track Community Programs Inc**

141 Minjungbal Drive, TWEED HEADS NSW 2486

**P: (07) 5524 9732**

**E:** admin@ontrack.ngo.org.au

**Web:** www.ontrack.ngo.org.au

Community based support services for people experiencing mental illness, disability, homelessness or extreme disadvantage and their families.

**ON-Q Human Resources - Southport**

PO Box 3492, Australia Fair, SOUTHPORT QLD 4215

Level 2 Kaybank Plaza, 33 Scarborough Street

SOUTHPORT QLD 4215

**P: (07) 5531 3255**

**E:** southport@onqhr.com.au

**Web:** www.onqhr.com.au

Recruitment training & placement for people with a disability.

**Queensland Youth Housing Coalition**

PO Box 122, PADDINGTON QLD 4064

**P: (07) 3876 2088**

**E:** admin@qyhq.org.au

**Web:** www.qyhq.org.au

A peak body advocating for young homeless people and supporting the services that work with them. Youth housing and accommodation information; Youth Support Coordinators (YSCs); Website provides emergency accommodation providers.

**Real Community Services (RCS) Staffing Agency**

Po Box 1249, OXLEY QLD 4075

2145 Ipswich Road, OXLEY QLD 4075

**P: (07) 3725 6500**

**E:** bookings@realcommunityservices.com.au

**Web:** www.realcommunityservices.com.au

Specialises in the recruitment of temporary, permanent and contract (locum) staffing needs in the human services industry.



**Relationships Australia**

13/107 Miles Platting Road,  
EIGHT MILE PLAINS QLD 4113

**P: 1300 364 277**

**E:** [generalenquiries@relateqld.com.au](mailto:generalenquiries@relateqld.com.au)

**Web:** [www.relationships.com.au](http://www.relationships.com.au)

Delivers a wide range of services including: counselling, family dispute resolution, personal development and education, parenting skills training, men and family relationships programs, specialised family violence programs, early intervention services, child-focused programs and practices, and programs which specifically engage indigenous and culturally and linguistically diverse (CALD) families, groups and communities. Victims Counselling and Support Service: 1300 139 703  
[www.vcss.org.au](http://www.vcss.org.au) Aftercare Resource Centre: 1800 501 560  
[www.aftercareresourcecentre.org.au](http://www.aftercareresourcecentre.org.au) Gambling Help Service: 1800 858 858 - For services in your local area.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120  
138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** [www.spiritus.org.au](http://www.spiritus.org.au)

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spiritus Jobcare**

**P: 1300 785 853**

**Web:** [www.spiritus.org.au](http://www.spiritus.org.au)

A Specialist Job Network provider for people with a disability and for the long term unemployed with offices in Fortitude Valley, Logan, Surfers Paradise.

**The Australian Red Cross**

PO Box 1822, MILTON QLD 4064  
Humanity Place, 49 Park Road MILTON QLD 4064

**P: 1300 554 419**

**E:** [qldredcross@redcross.org.au](mailto:qldredcross@redcross.org.au)

**Web:** [www.redcross.org.au/qld](http://www.redcross.org.au/qld)

Aged Care and Health Services - Community Visitors Scheme, Emergency Medical Accommodation Centres, Personal Helpers & Mentors Program; Business, Training and Employment Services; Emergency Services; Family Support Services; First Aid, Health and Safety Services; Community Partnering; Youth and Development Services; Migration support.

**The Employment House (House With No Steps)**

1045 Gold Coast Highway, PALM BEACH QLD 4221

**P: (07) 5593 8155**

**E:** [cwood@hwns.com.au](mailto:cwood@hwns.com.au)

**Web:** [www.hwns.com.au](http://www.hwns.com.au)

Employment service providing assistance and support for people with a disability.

**The Migrant Centre**

Shop 2B, 91 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5591 7261**

**E:** [info@migrantcentre.org](mailto:info@migrantcentre.org)

**Web:** [www.migrantcentre.org](http://www.migrantcentre.org)

Qualified migration & visa advise; Professional Counselling; Vocational Guidance; Employment; Mediation & Conflict Resolution; Information and referrals; Legal Referrals; Networking, Liaison, Advocacy and Lobbying; Translation & Interpreting; Housing, Rental/Tenancy.

**Vision Australia**

**P: 1300 84 74 66**

**E:** [info@visionaustralia.org](mailto:info@visionaustralia.org)

**Web:** [www.visionaustralia.org](http://www.visionaustralia.org)

A non-profit leading provider of blindness and low vision services.

**Volunteering Gold Coast**

Suite 2, Surfers Paradise Transit Centre,  
SURFERS PARADISE QLD 4217

**P: (07) 5526 2811**

**Web:** [www.vgcvs.org.au](http://www.vgcvs.org.au)

Gold Coast's peak body for volunteering providing a volunteer referral and resource service.

**Volunteering Qld**

GPO Box 623, BRISBANE QLD 4001  
Level 6, 333 Adelaide Street, BRISBANE QLD 4000

**P: (07) 3002 7600**

**E:** [admin@volunteeringqld.org.au](mailto:admin@volunteeringqld.org.au)

**Web:** [www.volunteeringqld.org.au](http://www.volunteeringqld.org.au)

Volunteering Qld works to encourage, recognise, promote and advocate for voluntary participation to benefit the individual and community.

**Volunteering Qld Logan Office**

C/O PO Box 597, MARSDEN QLD 4132  
Crestmead Community Centre, 6 Gilmet Street  
CRESTMead QLD 4132

**P: (07) 3805 6490**

**E:** [logan@volunteeringqld.org.au](mailto:logan@volunteeringqld.org.au)

**Web:** [www.volunteeringqld.org.au](http://www.volunteeringqld.org.au)

Encourages, recognises, promotes and advocates for voluntary participation to benefit the individual and community.

**Young Workers Advisory Service**

PO Box 10554, Adelaide Street BRISBANE QLD 4000  
Level 2, 144 Adelaide Street, BRISBANE QLD 4000

**P: 1800 232 000**

**E:** [ywas@ywas.org](mailto:ywas@ywas.org)

**Web:** [www.ywas.org](http://www.ywas.org)

Telephone advisory service to assist Qld workers under 25 on pay conditions, workplace relations, employment

contracts, unfair dismissal or any workplace discrimination issues.

**Youth & Family Service (Logan City) Inc.**

PO Box 727, WOODRIDGE QLD 4114

376 Kingston Road, SLACKS CREEK QLD 4127

**P: (07) 3826 1500**

**E:** [yfs@yfs.org.au](mailto:yfs@yfs.org.au)

**Web:** [www.yfs.org.au](http://www.yfs.org.au)

YFS is a not-for-profit organisation, run by, for and with the local community. People of all ages in Logan City and the surrounding areas use YFS services. We aim to help people overcome problems and reach their goals in life. We offer many different services, from legal advice to disability support; from counselling to help finding work.

**Family Support****Aboriginal & Torres Strait Islander Women's Legal and Advocacy Service (ATSIWLAS)**

PO Box 5631, WEST END QLD 4101

32 Balaclava Street, WOOLONGABBA QLD 4102

**P: (07) 3392 3177**

**E:** [reception@atsiwlwlas.com.au](mailto:reception@atsiwlwlas.com.au)

**Web:** [www.atsiwlwlas.com.au](http://www.atsiwlwlas.com.au)

This organisation provides legal advice, information and referrals for Aboriginal and Torres Strait Islander women, focusing on the areas of domestic violence, family violence and family law. Court support, family support and advocacy are also offered for women experiencing family violence, domestic violence and family law issues. Phone support and legal advice and referrals available for all areas of Queensland.

**Aboriginal and Torres Strait Islander Community Health Service Brisbane Ltd**

55 Annerley Road, WOOLONGABBA QLD 4102

**P: (07) 3240 8900**

**E:** [adminreception@atsichsbrisbane.org.au](mailto:adminreception@atsichsbrisbane.org.au)

**Web:** [www.atsichsbrisbane.org.au](http://www.atsichsbrisbane.org.au)

Primary health care is provided along with specialist allied health services; Indigenous Youth Health Services; Healing Centre and Stolen Generation Program; Family and Child Maternal Health; Dental services.

**ACT for Kids**

PO Box 669, LABRADOR QLD  
31 Olsen Avenue, LABRADOR QLD 4215  
**P: (07) 5537 5040**

**E:** goldcoast@actforkids.com.au

**Web:** www.abusedchildtrust.com.au

Programs include the Sexual Abuse Outreach Counselling Service; Parenting Programs; Early Intervention Development Allied Health Services for children affected by abuse or neglect; and Protective Behaviour Education for primary school children; Counselling for children up to the age of 12 who have been affected by abuse or neglect; Mums & Bubs group; and an Outreach Team is available from Varsity Lakes.

**ACT for Kids**

PO Box 94, ALBION QLD 4010  
80 Kedron Park Road, WOOLLOOWIN QLD 4030

**P: (07) 3357 9444**

**E:** brisbanenorth@actforkids.com.au

**Web:** www.actforkids.com.au

ACT for Kids is an Australian charity which works to treat and prevent child abuse. Programs include: Intensive Therapy; Safe Houses; Sexual Abuse Counselling; ACT for Kids Preschool; Safety Classes in Schools; Help for Families at Risk; Mentoring for Teens; and Child Protection Training.

**ADDults with ADHD (NSW) Inc.**

Flat 2 Macquarie Hospital, Gate 51 Wicks Road,  
NORTH RYDE NSW 2113

**P: (02) 9889 5977**

**E:** info@add.org.au

**Web:** www.add.org.au

Telephone Helpline offering support and information to adults and their families. Referral register for professionals and services available in this field. Range of information and awareness campaigns.

**Adults Surviving Child Abuse (ASCA)**

PO Box 597, MILSONS POINT NSW 1565  
King Room Level 1, Kirribilly Neighbourhood Centre,  
16 - 18 Fitzroy Street, KIRIRIBILLI NSW 2061

**P: 1300 657 380**

**E:** admin@asca.org.au

**Web:** www.asca.org.au

Information, referral, support and awareness programs for adult's affected by child abuse.

**Aged Care Australia**

GPO Box 9848, CANBERRA ACT 2601

**P: 1800 500 853**

**E:** agedcare.website@health.gov.au

**Web:** www.agedcareaustralia.gov.au

Online information source including Aged care home finder; Community care service finder; and Aged Care Assessment Team (ACAT) Finder.

**AI-Anon/AI-Ateen**

PO Box 971, PALM BEACH QLD 4221

**P: (07) 5532 4320**

**E:** jacalyni@bigpond.com

For people with family members who are alcoholics. Regular meetings held across the Gold Coast Region.

**Alcohol and Drug Foundation Queensland (ADFQ)**

PO Box 332, SPRING HILL QLD 4004

**P: (07) 3834 0200**

**E:** adfq@adf.org

**Web:** www.adfq.org

NGO dedicated to reducing the individual and social harms associated with alcohol, drug and other addictions and to promoting health enhancing behaviour change. Programs include: AOD Rehabilitation, Gambling, Indigenous, Youth & Adult, Friends and Family, Community Outreach, Education and Prison Support.

**Alzheimer's Association QLD**

11 Abbotsford Road, BOWEN HILLS QLD 4006

**P: 1800 639 331**

**E:** helpline@alzheimersonline.org

**Web:** www.alzheimersonline.org

A 24Hr Helpline providing information and support on Alzheimer's and other forms of dementia.

**Amputees and Families Support Group QLD inc.**

PO Box 848, SPRINGWOOD QLD 4127

**P: (07) 3290 4293**

**E:** admin@afsg.org.au

**Web:** www.afsg.org.au

Provide emotional support and information relevant to limb(s) lost to new and existing amputees, their families and carers.

**Asperger Services Australia**

P O Box 159, VIRGINIA QLD 4014

Shop 4 & 5, 235 Zillmere Road, ZILLMERE QLD 4034

**P: (07) 3865 2911**

**E:** office@asperger.asn.au

**Web:** www.asperger.asn.au

Provides support, referral and information to parents, families, carers, siblings, children and those with Asperger's.

**Australian Drug Foundation (ADF)**

PO Box 818, NORTH MELBOURNE VIC 3051

409 King Street, WEST MELBOURNE VIC 3003

**P: (03) 9278 8100**

**E:** adf@adf.org.au

**Web:** www.adf.org.au

Drug and alcohol Information Services including: The DrugInfo Clearinghouse; Somazone; The Australian Drug Information Network (ADIN) and The DrugInfo Resource Centre Library. Also undertakes community development, research via the Centre for Youth Drug Studies, and provides advocacy leadership and support through the Community Alcohol Action Network.

**Australian Drug Information Network (ADIN)**

PO Box 818, NORTH MELBOURNE VIC 3051

409 King Street, WEST MELBOURNE VIC 3003

**P: (03) 9278 8100**

**E:** adin@adf.org.au

**Web:** www.adin.com.au

Provides a central point of access to quality Internet-based alcohol and drug information provided by prominent organisations in Australia and internationally.

**Autism Gold Coast Inc**

PO Box 2272, BURLEIGH HEADS QLD 4220

**P: (07) 5559 1747**

**E:** admin@autismgoldcoast.com.au

**Web:** www.autismgoldcoast.com.au

A self help, non profit, registered charity, and support group that holds information sessions, workshops and sibling support programs. Also provides a Resource library, telephone and email support and Family activities.

**Autism Queensland**

PO Box 354, SUNNYBANK QLD 4109

473 Hellawell Road, SUNNYBANK HILLS QLD 4109

**P: (07) 3273 0000**

**E:** admin@autismqld.com.au

**Web:** www.autismqld.com.au

Provides a comprehensive range of specialised services and family and respite support for people of all ages living with Autism and their families throughout Queensland.

**BeauCare**

PO Box 572, BEAUDESERT QLD 4285

44 Tina Street, BEAUDESERT QLD 4285

**P: (07) 5541 3762**

**E:** admin@beaucare.org.au

**Web:** www.beaucare.org.au

Provides a broad range of community services including child care, family support, youth development, community development and support services for the frail aged and people with a disability.

**Beenleigh District Community Development Association Inc (Beenleigh Community Centre)**

PO Box 230, BEENLEIGH QLD 4207  
Mansfield Walk, BEENLEIGH QLD 4207

**P: (07) 3287 2840**

**E:** bdcda@beenleigh.org.au

**Web:** www.beenleigh.org.au

Provides crisis counselling, information, referrals and other support for families and individuals, including collaboration with government departments and community-based agencies in the provision of supported housing, physical and mental health strategies and life-skills education.

**Bethany Care Ltd**

PO Box 441, ROBINA QLD 4226

**P: (07) 5501 8070**

**E:** enquiries@bethanycare.org

**Web:** www.bethanycare.org

A range of lifestyle supports such as Women's 'Body Rock', men's groups, special events, Christian counselling, resource library for families, Community access and referrals. Assists people with disabilities aged 5-65 with intellectual, physical, sensory and psychiatric disabilities.

**Blair Athol Accommodation & Support Program**

93 Golden Four Drive, BILINGA QLD 4225

**P: (07) 5536 2173**

**E:** bathol@bigpond.com

**Web:** www.blairathol.org

Crisis accommodation for single men & women, families & young people. Crisis intervention & counselling and lifestyle support. 24/7 Crisis Line and business hours Information service.

**Bond University Psychology Clinic**

Ground Floor Humanities and Social Science Building,  
Bond University, University Drive, ROBINA QLD 4229

**P: (07) 5595 2527**

**E:** psych\_clinic@bond.edu.au

**Web:** www.bond.edu.au/life-at-bond/facilities-services/psychology-clinic

A private university teaching clinic for psychologists undertaking postgraduate study in clinical or forensic psychology, and functions as a centre for clinical research providing psychological services to the Gold Coast community.

**BoysTown**

PO Box 804, WOODRIDGE QLD 4114  
47 Mary Street, WOODRIDGE QLD 4114

**P: (07) 3387 8800**

**E:** kingston@boystown.com.au

**Web:** www.boystown.com.au

Provides support to disadvantaged children and youth aged to 25 with life challenges that include: physical and

emotional abuse, alcohol and drug abuse, homelessness, low literacy, long-term unemployment and mental illness. Services include one-on-one counselling to young people and their families via Kids Helpline and Parentline telephone and online help services.

**Bravehearts Inc.**

9 Byth Street, ARUNDEL QLD 4214

**P: 1800 BRAVE 1 (1800 272 831)**

**E:** admin@bravehearts.org.au

**Web:** www.bravehearts.org.au

Counselling, support and advocacy for children and young people who have been, or are at risk of, child sexual assault and their non-offending family members.

**Care for Life**

**P: (07) 5573 3873**

**E:** rataylor@bigpond.com

**Web:** www.careforlife.org.au

Community education and training in suicide prevention. Supports individuals bereaved by suicide. Produces resources for distribution to schools, youth and community organisations.

**Centacare - Catholic Prison Ministry (CPM)**

PO Box 5251, WEST END QLD 4101

Catholic Prison Ministry 1/53 Tribune Street, SOUTH  
BRISBANE QLD 4101

**P: (07) 3846 7577**

**E:** cpm@cpmqld.com

**Web:** www.centacarebrisbane.net.au

Services to people affected by the criminal justice system including: prison release program; court support; family support and advocacy; Liferaft; referral and networking.

**Centacare Catholic Family and Community Services**

50 Fairway Drive, CLEAR ISLAND WATERS QLD 4226

**P: (07) 5527 7211**

**E:** cgc@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life.

**Centacare Catholic Family and Community Services**

Suite 50/207 Currumburra Road, ASHMORE QLD 4212

**P: (07) 5556 9900**

**E:** ash@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life.

**Centacare Catholic Family and Community Services**

PO Box 289, FORTITUDE VALLEY QLD 4006

58 Morgan Street, FORTITUDE VALLEY QLD 4006

**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life. Counselling programs include Anger Management and Domestic and Family Violence Prevention (groups for men, women and children) and court support services.

**Child Abuse Prevention Service**

PO Box 1235, ASHFIELD NSW 2131

**P: 1800 688 009**

**E:** mail@childabuseprevention.com.au

**Web:** www.childabuseprevention.com.au

24hr National Crisis Line. CAPS aims to alleviate child abuse in all its forms by delivering family support, prevention and community education services.

**Child Development and Behaviour Service**

PO Box 5699, GOLD COAST MC QLD 9726

**P: (07) 5570 8553**

**Web:** www.goldcoasthealth.com.au

A community-based, multidisciplinary health service involved in the assessment and management of children aged 0 to 10 years referred with problems of development, such as communication, movement, emotions, behaviour or socialisation.

**Children by Choice**

237 Lutwyche Road, WINDSOR QLD 4030

**P: (07) 3357 5377**

**E:** advocacy@childrenbychoice.org.au

**Web:** www.childrenbychoice.org.au

Counselling, information and referral for women on ALL options with an unplanned pregnancy: abortion, adoption and parenting. State-wide, free telephone counselling. Face-to-face counselling available at our Brisbane office.

**Christians Against Poverty (CAP)**

1 Balbu Close, BERESFIELD NSW 2322

**P: 1300 227 000**

**E:** admin@capaust.org

**Web:** www.capaust.org

A national debt counselling charity providing professional debt management, practical services and financial education through a network of centres based in local churches.

**Churches of Christ Care Housing**

2/36 Harvest Ct, SOUTHPORT QLD 4215

**P: (07) 5503 0974**

**E:** carehousing@cofcqld.com.au

**Web:** www.care.cofcqlld.com.au

**Churches of Christ Care Housing (Continued)**

Housing options and emergency food, financial, legal and lifestyle assistance for individuals and families on low incomes who are homeless or at risk of becoming homeless. Includes crisis, short, medium or long term accommodation.

**Collective Support**

8 Keen Court, BUNBURY WA 6230

**P: (08) 9795 4604**

**E:** info@collectivesupport.com.au

**Web:** www.collectivesupport.com.au

An online support community that provides support for issues including depression, relationships, parenting, grief, divorce, cancer, domestic violence and sexual assault. Provides access face to face counselling via web cam or opportunities to participate in private group forums.

**Commonwealth Respite and Carelink Centre**

Level 1 23 Main Street, VARSITY LAKES QLD 4213

**P: 1800 052 222**

**E:** carelink.robina@bluecare.org.au

**Web:** www.commcarelink.health.gov.au

Free and confidential information on community aged care, disability, ageing packages, nursing, carer respite, community and other support services available locally.

**Community Care Beenleigh Districts Inc**

Office 3 53 York Street, BEENLEIGH QLD 4207

**P: (07) 3807 7355**

**E:** commcarebeen@optusnet.com.au

**Web:** www.communitycarebeenleigh.com

Individual, relationship & financial counselling; Lifestyle workshops including anger management & self-esteem; Referral & Advocacy.

**Community Resource Unit Inc.**

Level 2/ 43 Peel Street, SOUTH BRISBANE QLD 4101

**P: (07) 3844 2211**

**E:** admin@cru.org.au

**Web:** www.cru.org.au

A NGO comprised of parents, people with disabilities and interested professionals whose focus is the development of leadership and services which are responsive and respectful of the real needs of people with disabilities.

**CounsellingOnline**

**E:** CounsellingOnline@turningpoint.org.au

**Web:** www.counsellingonline.org.au

Free 24/7 web based text-interaction counselling for anyone seeking help with their own drug use or the drug use of a family member, relative or friend.

**Dads in Distress**

PO Box 2333, COFFS HARBOUR NSW 2450

**P: 1300 853 437**

**E:** didsadmin@bigpond.com

**Web:** www.dadsindistress.asn.au

A community based organisation dedicated to reducing the incidence of male suicide resulting from relationship and family breakdown. Events, news, information, meeting information available from hotline.

**Dementia Behaviour Management Advisory Service (DBMAS)**

**P: 1800 699 799**

**Web:** www.dbmasqld.org.au

Works directly with people to help them better understand the reasons and causes of behaviours and to manage and care for people with dementia. 24/7 telephone support and information available.

**Department of Communities**

**P: 13 13 04**

**E:** enquiries@communities.qld.gov.au

**Web:** www.communities.qld.gov.au

Regional Service Delivery Operations; Strategy, Policy and Performance; Housing and Homelessness Services; Child Safety, Youth and Families, Community Participation; Sport and Recreation Services; Disability and Community Care Services; Multicultural Affairs Queensland; Aboriginal and Torres Strait Islander Services; Communities Property Portfolio.

**Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA)**

GPO Box 9820, BRISBANE QLD 4001

Level 1-3 100 Creek Street, BRISBANE QLD 4000

**P: 1300 653 227**

**Web:** www.fahcsia.gov.au

Works to improve the impact and management of relevant Commonwealth Government policies, programs and initiatives. Areas include: Carers; Child Support; Communities; Families & Children; Gambling & Drugs; Housing & Homelessness; Indigenous People; Mental Health; People with Disability; Seniors; Volunteers; Women; International Social Security Agreements.

**Department of Housing and Homelessness Services**

**P: 1300 880 882**

**E:** ICCHousingEnquiries@smartservice.qld.gov.au

**Web:** www.public-housing.qld.gov.au

A range of housing assistance services through social housing, grant funding to community social housing, private rental support, bond loans, rental grants, and tenant support.

**Department of Human Services NSW - Community Services**

98 Blundell Boulevard, TWEED HEADS SOUTH NSW 2486

**P: (07) 5569 9330**

**Web:** www.community.nsw.gov.au

Child protection agency, out of home care and brighter futures. Also disaster recovery.

**Department of Justice and Attorney General - Dispute Resolution Branch**

GPO Box 149, BRISBANE QLD 4001

Level 1, 363 George Street BRISBANE QLD 4000

**P: 1800 017 288**

**E:** mailbox@justice.qld.gov.au

**Web:** www.justice.qld.gov.au/justice-services/dispute-resolution

Mediation offers you an alternative way of settling disputes before they get to court. Trained mediators act as an impartial third party and you through a structured mediation process at centres throughout Queensland.

**Department of Veterans' Affairs (DVA)**

GPO Box 9998, CANBERRA ACT 2601

Lovett Tower, 13 Keltie Street, WODEN ACT 2601

**P: 13 32 54**

**E:** GeneralEnquiries@dva.gov.au

**Web:** www.dva.gov.au

Programs of care, compensation and Commemoration for Australia's veterans, their war widow(er)s and dependents. Nearest VAN Office: 1300 55 1918. Provider enquiry numbers: 1300 550 457 (metropolitan areas). Transport bookings: 1300 550 455 (metropolitan areas). VAPAC 1800 552 580.

**Disability and Community Care Services**

**P: 1800 177 120**

**E:** disabilityinfo@disability.qld.gov.au

**Web:** www.disability.qld.gov.au

Provides support for sectors providing disability, community mental health, and home and community care.

**DRUG ARM Queensland**

PO Box 590, BRISBANE QLD 4001

Level 1, 24 Hamilton Place, BOWEN HILLS QLD 4006

**P: (07) 3620 8800**

**E:** adminqld@drugarm.com.au

**Web:** www.drugarm.com.au

Programs include Outreach Services including Street Outreach Services (SOS) operating in Brisbane, Bundaberg and Toowoomba and MOSHPIT specialised health outreach based in Brisbane. Treatment programs including case managed support, AOD (Alcohol and Other Drugs) Program and the QIDDI, Queensland Illicit Drugs Diversion Initiative also operate in various locations across Queensland.



**DrugInfo Clearinghouse**

Resource Centre 409 King Street,  
WEST MELBOURNE VIC 3003

**P: 1300 85 85 84**

**E:** druginfo@adf.org.au

**Web:** www.druginfo.adf.org.au

A drug prevention network providing easy access to information about alcohol and other drugs, and drug prevention.

**DVconnect Mensline**

P.O. Box 10575, Adelaide Street, BRISBANE QLD 4000

**P: 1800 600 636**

**Web:** www.dvconnect.org

Professional counselling and information and referral, and acts as a strategic point of referral for Queensland men around issues of domestic and family violence, relationship problems and other significant issues for men.

**DVconnect Womensline**

P.O. Box 10575, Adelaide Street, BRISBANE QLD 4000

**P: 1800 811 811**

**Web:** www.dvconnect.org

A 24/7 service for women and their children experiencing domestic and/or family violence. Crisis intervention, support, information, advocacy, telephone counselling, referrals and importantly, state-wide coordination of emergency refuge and shelter placements.

**Eating Disorders Outreach Service**

**P: (07) 5667 2000**

**Web:** www.health.qld.gov.au

CMH Outpatient service for eating disorders. Local community mental health services that provide specialist mental health clinical services to children, adolescents, and their families who present with severe and complex eating disorders within the Gold Coast Region.

**Endeavour Foundation**

PO Box 3555, TINGALPA DC QLD 4173

50 Southgate Avenue, CANNON HILL QLD 4170

**P: (07) 3908 7100**

**E:** Via website

**Web:** www.endeavour.com.au

Offers people with a disability a range of services including: accommodation; aged support; children focussed services; employment and education programs; and lifestyle support.

**Family & Kids-Care Foundation Inc**

254 Jacaranda Avenue, KINGSTON QLD 4114

**P: (07) 3808 5288**

**E:** familykidscare@bigpond.com

**Web:** www.familyandkidscare.com.au

Various services for children and families in the community including practical and emergency assistance and

accommodation support, crisis care, lifestyle support and educational/skills development programs. Telephone support is available 24/7.

**Family Drug Support Australia**

PO Box 7363, LEURA NSW 2780

**P: 1300 368 186**

**E:** admin@fds.ngo.org.au

**Web:** www.fds.org.au

Primarily supports families struggling as a result of drug and alcohol use. Provides a 24/7 volunteer telephone line offering help to diffuse crisis, proffering strategies for coping and giving any information required.

**Family Relationship Centre Gold Coast**

Suite 11 207 Currumburra Road, Ashmore Commercial Centre ASHMORE QLD 4214

**P: (07) 5656 1700**

**E:** rwilson@centacarebrisbane.net.au

**Web:** www.familyrelationships.gov.au

Information and support for families at any stage of their relationship including referral service for specific needs and requirements. Provide joint sessions with parents to help them to focus on the needs of their children and agree on parenting arrangements.

**Family Relationship Service For Carers**

PO Box 289, FORTITUDE VALLEY QLD 4006

58 Morgan Street, FORTITUDE VALLEY QLD 4006

**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Free counselling and mediation to carers and families of people with disabilities. Provides support and assistance to help carers and families, in both crisis and every day situations. Phone and face to face counselling both available.

**Family Relationships Advise Line**

**P: 1800 050 321**

**Web:** www.familyrelationships.gov.au

Provides advice to individuals experiencing relationship or family difficulties including info on family law system, separation, conflict and dispute resolution.

**Family Relationships Online**

**E:** FROhelp@fahcsia.gov.au

**Web:** www.familyrelationships.gov.au

Information about family relationship issues, ranging from building better relationships to dispute resolution, and links to services that can assist them to manage relationship, custody and parenting issues.

**Foundations Child & Family Support Parenting Orders Program**

4/184 Scarborough Street, SOUTHPORT QLD 4215

**P: 1300 854 733**

**E:** goldcoast-pop@foundations-cafs.org.au

**Web:** www.foundations-cafs.org.au

The Parenting Orders Program seeks to provide support, raise awareness and encourage understanding in families experiencing separation.

**Freedom! Gender Identity Association Inc.**

Nerang Neighbourhood Centre, NERANG QLD 4211

**P: 0417 557 130**

**E:** info@freedomgender.org.au

**Web:** www.freedomgender.org.au/

Social support group for anyone who identifies as gender diverse, as well their family, friends and supporters.

**FSG**

PO Box 2597, SOUTHPORT QLD 4215

16 Railway Street, SOUTHPORT QLD 4215

**P: (07) 5564 0655**

**E:** info@fsg.org.au

**Web:** www.fsg.org.au

Committed to innovation in human service delivery in Disability, Mental Health, Aged Care, Child Safety and Carer Support.

**Gambling Help Line**

**P: 1800 858 858**

**E:** generalenquiries@relateqld.com.au

**Web:** www.relationships.com.au

Free face-to-face or telephone counselling for individuals, couples and families; Financial counselling; Support groups; Information and referral.

**Gambling Help Online**

**E:** Via website.

**Web:** www.gamblinghelponline.org.au

24/7 live and email counselling and support services; Integration with state based 24/7 telephone services and face-to-face counselling; and provides extensive website content, information and web links for additional help and information.

**Gold Coast Centre Against Sexual Violence Inc**

PO Box 1924, SOUTHPORT QLD 4215

**P: (07) 5591 1164**

**E:** Via website.

**Web:** www.stopsexualviolence.com

A specialist Sexual Violence intervention and prevention service, providing counselling to women and young women who have been raped and/or sexually assaulted at any time in their lives as well as prevention education to the broader Gold Coast community. No referral is necessary.

**Gold Coast Christian Family Church CareArm**

PO Box 1611, MUDGEERABA QLD 4213

**P: (07) 5525 2477**

**E:** enquiry@gccf.com.au

**Web:** www.gccf.com.au

Family counselling centre for grief, stress, domestic violence, victims of crime, family & pre-marital counselling.

**Gold Coast Drug Council**

West Burleigh Road, BURLEIGH HEADS QLD 4220

**P: (07) 5535 4302 (24 hr helpline)**

**E:** mary@gcdrugcouncil.org.au

**Web:** www.gcdrugcouncil.org.au

Residential facility for Dual Diagnosis specialising in AOD and Mental Health. Youth counselling programs. Headspace GC. Family Support Groups. Family therapist. Medical Centre (bulk-billing), psychiatrists, GPs. Pot Stop Groups. Arts program for youth, peer mentoring.

**Gold Coast Mental Health & ATOD Service Family and Carer Education and Support Program**

**P: (07) 5519 8850**

Education and support for family members and carers of people with a mental illness.

**Gold Coast Mental Health & ATODS (Alcohol, Tobacco and Other Drugs) Service**

Gold Coast Hospital, 108 Nerang Street, SOUTHPORT QLD 4215

**P: (07) 5519 7871**

**Web:** www.goldcoasthealth.com.au

Public services providing assessment, treatment and support to adults, children and older persons who have a mental illness. Services are provided depending on individual need and ranges from inpatient treatment to support in the community.

**Goldbridge Rehabilitation Services**

PO Box 3519, Australia Fair, SOUTHPORT QLD 4215

16 White Street, SOUTHPORT QLD 4215

**P: (07) 5503 1255**

**E:** info@goldbridge.com.au

**Web:** www.goldbridge.com.au

Chronic and habitual licit and illicit drug use problem and compulsive/addiction behaviour services including: Residential Treatment; Transition Care; Education Programs; Community Access Programs and Goldbridge Outreach - information & referral and various family support and counselling services.

**Headway Gold Coast Inc.**

25 Woodlands Way, ARUNDEL QLD 4214

**P: (07) 5574 4311**

**E:** admin@headwaygoldcoast.org

**Web:** www.headwaygoldcoast.org

Support for people (aged 18 to 65) with an acquired brain injury and their families - Transitional Accommodation - Residential Support - Community Support - Day Centre Internet Cafe.

**Horizon Foundation**

PO Box 315, ROBINA DC QLD 4226

34 – 36 Glenferrie Drive, ROBINA QLD 4230

**P: (07) 5575 0222**

**E:** horizon@horizoninc.org

**Web:** www.horizoninc.org

Support and programs for families caring for a child, or adult family member, with a disability. Employment and training is offered to eligible job-seekers who face barriers to employment due to disability, illness, injury or other needs.

**Illoura Child and Family Counselling Centre**

31 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 1955**

**E:** illoura@qb.com.au

**Web:** www.qbc.com.au

Child and Family Counselling; Premarital, Marriage/ Relationship Counselling; Loss & Grief; Stress/ Anxiety/ Depression; Mediation; Addiction; Sexual Abuse; Domestic Violence Counselling. Programs:- Parenting Courses; Family fun days; Women's nights out; Arts and Crafts; Cooking Classes; Christmas Luncheon.

**Integrated Family and Youth Service (IFYS)**

PO Box 1291, MAROOCHYDORE QLD 4558

**P: (07) 5438 3000**

**E:** admin@ifys.com.au

**Web:** www.ifys.com.au

Specialist support and intervention programs for children, young people and families. Provides accommodation, support and counselling services at various locations throughout Queensland.

**Kalwun Aboriginal-Islander Child Care Agency (AICCA)**

PO Box 3880, BURLEIGH DC QLD 4220

14 Kortum Drive, BURLEIGH HEADS QLD 4220

**P: (07) 5520 8600**

**E:** admin@aicca.com.au

**Web:** www.kalwun.com.au

Ensures ATSI people and their families have the right to culturally appropriate advocacy, support, resources and information during the child protection and alternative care process.

**Kalwun Development Corporation**

PO Box 2123, NERANG QLD 4211

**P: (07) 5578 3434**

**E:** kalwunde@kalwun.com.au

**Web:** www.kalwun.com.au

Services and facilities for ATSI people in the areas of housing, health, aged care, child protection and family support, youth and employment. The Kalwun housing program provides affordable long-term accommodation.

**Kingston East Neighbourhood Group Inc**

P.O Box 622, WOODRIDGE QLD 4114

177 Meakin Road, SLACKS CREEK QLD 4127

**P: (07) 3808 1684**

**E:** admin@keng.org.au

**Web:** www.keng.org.au

Promotes personal well-being through access to information, resources and learning opportunities that respond to the needs of the community.

**Lakeview Day Respite Centre**

PO Box 3065, ROBINA TOWN CENTRE QLD 4230

186 Robina Town Centre Drive, Robina Town Centre

ROBINA QLD 4230

**P: (07) 5562 0232**

**Web:** www.fsg.org.au

Works with individuals with a disability who are over 18 years and their family/carer to develop an individual lifestyle support and employment programs.

**Life without Barriers**

Po Box 713, BEENLEIGH QLD 4207

**P: (07) 3442 6600**

**E:** qldstateadmin@lwb.org.au

**Web:** www.lwb.org.au

Assists children and young people, people living with a disability, people living with a mental health issue and other vulnerable persons to live safer and more enriched lives. Links 4 Life, Disability, Healthy Minds, Youth Justice, Immigration, and Homelessness programs.

**Lifeline**

PO Box 307, BROADBEACH QLD 4218

2741 Gold Coast Highway, BROADBEACH QLD 4218

**P: (07) 5579 6000**

**E:** reception.goldcoast@lccq.org.au

**Web:** www.lifeline.org.au/goldcoast

Child, Youth and Family Services; Personal Counselling; Financial Counselling; Anger Management Courses; Child and Youth Sexual Abuse Service; Suicide Bereavement & Grief Support.

**Logan East Community Centre**  
PO Box 1230, SPRINGWOOD QLD 4127  
Corner Cinderella Drive & Vanessa Blvd,  
SPRINGWOOD QLD 4127

**P: (07) 3808 4529**

**E:** [lecna@lecna.org.au](mailto:lecna@lecna.org.au)

**Web:** [www.lecna.org.au](http://www.lecna.org.au)

Emergency relief; NILS; Information and referrals;  
Counselling; School holiday program; Playgroups;  
Recreation Groups; KNIT life-skills parenting program and  
Room Hire.

**Loganlea Community Centre**  
28-32 Timms Street, LOGANLEA QLD 4131  
**P: (07) 3805 8260**

**E:** [admin@loganleacommunity.org.au](mailto:admin@loganleacommunity.org.au)

**Web:** [www.loganleacommunity.org.au](http://www.loganleacommunity.org.au)

A range of activities that include referral and information  
services, youth and study groups, aged services, needs-  
based services as well as family support.

**Lutheran Community Care**  
PO Box 1535, MILTON QLD 4064  
24 McDougall Street, MILTON QLD 4064  
**P: (07) 3511 4037**

**E:** [lcc.admin@lccqld.org.au](mailto:lcc.admin@lccqld.org.au)

**Web:** [www.lccqld.org.au](http://www.lccqld.org.au)

Responds to community needs in the areas of aged care,  
respite, community services & chaplaincy.

**MensLine Australia**

**P: 1300 78 99 78**

**E:** [talkitover@menslineaus.org.au](mailto:talkitover@menslineaus.org.au)

**Web:** [www.menslineaus.org.au](http://www.menslineaus.org.au)

A professional information and referral service for men,  
specialising in family and relationship concerns.

**Mission Australia Family Support**  
PO Box 479, STONES CORNER QLD 4120  
11 Cleveland Street, STONES CORNER QLD 4120  
**P: (07) 3847 8411**

**Web:** [www.missionaustralia.com.au](http://www.missionaustralia.com.au)

Employment training, housing solutions and counselling for  
young people affected by family breakdown, drug and  
alcohol abuse, and mental illness.

**Multicap**

PO Box 4013, EIGHT MILE PLAINS QLD 4113

269 Padstow Road, EIGHT MILE PLAINS QLD 4113

**P: (07) 3340 9000**

**E:** [info@multicap.org.au](mailto:info@multicap.org.au)

**Web:** [www.multicap.org.au](http://www.multicap.org.au)

Support options for people with multiple disabilities, and  
challenging and complex behaviours, their families and  
carers in Queensland. Offers centre based, older carer, and

short term emergency placement Respite Services in  
various locations.

**Multicultural Families Organisation**

**P: (07) 5571 0381**

**E:** [mfamilies@mfo.org.au](mailto:mfamilies@mfo.org.au)

**Web:** [www.mfo.org.au](http://www.mfo.org.au)

Services to multicultural women and families. Referral,  
advocacy, counselling. Assistance with adjustment to a new  
country, and access to translators.

**MultiLink Community Services Inc**

PO Box 146, WOODRIDGE QLD 4114

38 Blackwood Road, LOGAN CENTRAL QLD 4114

**P: (07) 3808 4463**

**E:** [support@multilink.org.au](mailto:support@multilink.org.au)

**Web:** [www.multilink.org.au](http://www.multilink.org.au)

Provides a wide range of youth, aged, disability and  
multicultural services.

**Nerang Neighbourhood Centre**

PO Box 357, NERANG QLD 4211

29 Martin Street, NERANG QLD 4211

**P: (07) 5578 2457**

**E:** [nnc@nncinc.com.au](mailto:nnc@nncinc.com.au)

Information & Referral Services; Support groups for men,  
youth & teens; food bank; yoga; parenting; GROW; African  
community; homicide victims support; community  
development program; and youth justice program.

**Newlife Care**

4 Greenwich Court, ROBINA QLD 4226

**P: (07) 5593 3262**

**E:** [newlifecare@newlife.unitingchurch.org.au](mailto:newlifecare@newlife.unitingchurch.org.au)

**Web:** [www.newlifecareinc.com.au](http://www.newlifecareinc.com.au)

Provides counselling and support to people in the  
community who may be experiencing either discomfort in  
their personal life or their relationship with others. Areas  
include: Anger management; Abuse (Physical,  
psychological and sexual); Anxiety; Child and teenage  
management; Depression; Divorce and separation; Family  
conflict; Financial Counselling; Gambling; Gender Issues;  
Grief and loss; Guilt; Relationship issues; Role issues; Self  
esteem; and Stress management.

**North Gold Coast Early Years Centre**

Corner Martin and White Streets, NERANG QLD 4211

**P: (07) 5578 1346**

**E:** [EYcenquiry@bensoc.org.au](mailto:EYcenquiry@bensoc.org.au)

**Web:** [www.bensoc.org.au](http://www.bensoc.org.au)

Services available to parents who live in the north Gold  
Coast area and have children aged up to eight years or are  
expecting a child. Services include: early childhood  
education and care, parenting information and programs

including Triple P and MAD, family support and health  
services.

**On Track Community Programs Inc**

141 Minjungbal Drive, TWEED HEADS NSW 2486

**P: (07) 5524 9732**

**E:** [admin@ontrack.ngo.org.au](mailto:admin@ontrack.ngo.org.au)

**Web:** [www.ontrack.ngo.org.au](http://www.ontrack.ngo.org.au)

Community based support services for people experiencing  
mental illness, disability, homelessness or extreme  
disadvantage and their families.

**OnTrack**

GPO Box 2434, BRISBANE QLD 4001

**E:** [ontrack@qut.edu.au](mailto:ontrack@qut.edu.au)

**Web:** [www.ontrack.org.au](http://www.ontrack.org.au)

A website offering online psychology services including: free  
online treatment programs, information, advice and facts  
about mental and physical health and where to get help, and  
access to quizzes with immediate feedback.

**Oxenford & Coomera Community Youth Centre**

25 Oxenford Tamborine Road, OXENFORD QLD 4210

**P: (07) 5529 8087**

**E:** [admin@youthcentre.org.au](mailto:admin@youthcentre.org.au)

**Web:** [www.youthcentre.org.au](http://www.youthcentre.org.au)

Aged, Youth & Family Groups and Support; Sport &  
Recreation; Job Readiness Program; Counselling; Maori &  
PI Workshops; JP Service; Free Legal Advice; Free Tax  
Return Help; Hall Hire.

**Ozcare**

PO Box 912, FORTITUDE VALLEY QLD 4006

66 River Terrace, KANGAROO POINT QLD 4169

**P: (07) 3028 9000**

**E:** Via website.

**Web:** [www.ozcare.org.au](http://www.ozcare.org.au)

Aged Care; Community Health; Community Care;  
Community Support - Drug and Alcohol Services,  
Community Access Disability Services, Homeless Men's  
Hostels, Women's Refuges and Shelters, Family  
Accommodation Programs, Rural Families Projects.

**Ozcare Gold Coast Community Health**

PO Box 4094, ROBINA TOWN CENTRE QLD 4230

North Hill Drive, Lot 801 Highfield Drive, ROBINA QLD 4226

**P: (07) 5569 6200**

**E:** [comcare.robina@ozcare.org.au](mailto:comcare.robina@ozcare.org.au)

**Web:** [www.ozcare.org.au](http://www.ozcare.org.au)

A range of care services, including Nursing, Mental Health  
and Allied Health, and Social Support, to members of the  
community, from infants to the aged. Programs provide care  
and assistance 24 hours a day, seven days a week,  
according to client needs.

**Ozcare North Gold Coast Community Support**

PO Box 613, ASHMORE CITY QLD 4214

3 Frinton Street, SOUTHPORT QLD 4215

**P: (07) 5583 7860**

**E:** comcare.labrador@ozcare.org.au

**Web:** www.ozcare.org.au

Community Support - Family Accommodation Programs;  
HACC Homeless Outreach Program; Resident Support Program.

**Palliative Care Information Service**

PO Box 2020, WINDSOR QLD 4030

**P: 1800 772 273**

**E:** info@pcis.org.au

**Web:** www.pcis.org.au

A state-wide telephone service that provides information, emotional and counselling support to individuals affected by life-limiting or terminal illness. All services are provided free of charge to families, friends, carers and health professionals.

**Palm Beach Neighbourhood Centre**

16 Third Avenue, PALM BEACH QLD 4221

**P: (07) 5598 1505**

**Web:** www.palmbeachnc.org.au

Financial counselling, Family, child and youth short term counselling, parenting programs, personal development workshops and self-help groups.

**Paradise Kids**

88 Allied Drive, ARUNDEL QLD 4214

**P: (07) 5574 6853**

**E:** enquiries@paradisekids.org.au

**Web:** www.paradisekids.org.au

Grief & Loss Support Programs for children & their families. Grief Counselling for Adults. Also facilitates parenting and grandparenting support groups.

**Parentline**

PO Box 2000, MILTON QLD 4064

**P: 1300 301 300**

**E:** parentline@boystown.com.au

**Web:** www.parentline.com.au

Confidential telephone and online counselling available. Supports and nurtures positive, caring relationships between parents, children, teenagers and significant other people who are important to the well-being of families.

**Queensland Homicide Victims Support Group (QHVSG)**

PO Box 292, LUTWYCHE QLD 4030

**P: 1800 774 744**

**E:** qhvsg@qhvsg.org.au

**Web:** www.qhvsg.org.au

Provides practical and emotional support to those bereaved by homicide including a 24/7 support line for homicide

victims. Also advocates for reform within the criminal justice system and promotes awareness within the community of the devastating effects of homicide.

**Queensland Injectors Health Network (QuiHN) Ltd**

PO Box 2470, FORTITUDE VALLEY BC QLD 4006

89-101 Gipps Street, FORTITUDE VALLEY QLD 4006

**P: 1800 172 076**

**E:** manager.inhouse@quihn.org

**Web:** www.quihn.org

A state-wide NGO that addresses illicit drug use in the community by providing confidential clinical and non clinical counselling, social support services and life skills programs, non- residential rehabilitation programs, education and training, needle and syringe programs, health promotion, advocacy and outreach services, and information programs that relate to illicit drug use, blood borne viruses, sexual health, and/or psycho social and physical health issues affecting illicit drug users.

**Queensland Injectors Health Network (QuiHN) Ltd**

PO Box 3499, BURLEIGH TOWN CENTRE QLD 4220

12/99 West Burleigh Road, BURLEIGH HEADS QLD 4220

**P: (07) 5520 7900**

**E:** coordinator.positivechanges@quihn.org

**Web:** www.quihn.org

Offers Positive Changes: individual and group counselling; Detox programs; Family support programs; Support groups; Needle & Syringe Programs and Support. Women's Circle group: an informal, non-judgmental child friendly space for women, with or without kids.

**Raising Children Network**

**E:** Via website.

**Web:** www.raisingchildren.net.au

Provides information that can help parents with the day-to-day decisions of raising children, and looking after their own needs.

**Reconnect**

2/36 Newheath Drive, GAVEN QLD 4211

**P: (07) 5500 0374**

**E:** grozingerj@missionaustralia.com.au

**Web:** www.missionaustralia.com.au

Family mediation for 12-18yo who are homeless or at risk of homelessness. Parenting programs and needs responsive groups programs as required.

**Relationships Australia**

13/107 Miles Platting Road, EIGHT MILE PLAINS QLD 4113

**P: 1300 364 277**

**E:** generalenquiries@relateqld.com.au

**Web:** www.relationships.com.au

Delivers a wide range of services including: counselling, family dispute resolution, personal development and education, parenting skills training, men and family relationships programs, specialised family violence programs, early intervention services, child-focused programs and practices, and programs which specifically engage indigenous and culturally and linguistically diverse (CALD) families, groups and communities. Victims Counselling and Support Service: 1300 139 703  
www.vcss.org.au Aftercare Resource Centre: 1800 501 560  
www.aftercareresourcecentre.org.au Gambling Help Service: 1800 858 858 - For services in your local area.

**Salvation Army Beaudesert Community Services Centre**

PO Box 301, BEAUDESERT QLD 4285

Shop 6, 113 Brisbane Street BEAUDESERT QLD 4285

**P: (07) 5541 2909**

**Web:** www.salvos.org.au

Provides practical emergency, food, financial, legal and lifestyle assistance for disadvantaged families, migrants, ethnic communities and individuals facing financial pressure.

**Salvation Army Elanora Community Services Centre**

Kalamunda Close, ELANORA QLD 4221

**P: (07) 5521 0997**

**E:** judy.lee@aue.salvationarmy.org

**Web:** www.salvos.org.au

Provides practical emergency, food, financial, legal and lifestyle assistance for disadvantaged families, migrants, ethnic communities and individuals facing financial pressure.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120

138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spiritus Community Care**

**P: 1300 785 853**

**Web:** www.spiritus.org.au

In-home Nursing and Personal Care; Community Aged Care Packages; Veterans' Home Care; In-home and centre based Respite Services; Social support services; Healthy living wellness programs; Domestic assistance; Palliative care; Chronic conditions self-management; Mobile Acute Care; Homeless Program.



**Spiritus Counselling and Education Services - Kinections**

PO Box 8121, WOOLLOONGABBA QLD 4102

5 Reid Street, WOOLLOONGABBA QLD 4102

**P: 1300 114 397**

**E:** kinections@spiritus.org.au

**Web:** www.kinections.com.au

A family and relationships counselling service providing individual and group counselling and educational services to Queensland families and agencies, including the Family Relationship Services Program (FRSP) and Domestic and Family Violence Program.

**Spiritus Youth Support Service**

**P: (07) 3386 2000**

**Web:** www.spiritus.org.au

Provides young people at risk of homelessness aged 12 to 17, and their families, with support during times of crisis. Counselling and/or mediation services are offered to all young people. Semi independent accommodation is also available to young people over the age of 16 years.

**St Vincent de Paul Society**

**P: (07) 3010 1000**

**E:** state.admin@svdpqld.org.au

**Web:** www.vinnies.org.au

Services for people in need include: aged care, migrant and refugee services, home, hospital, prison and detention centres visitation, homeless person's services, clothing and assistance centres, care for people with psychiatric disabilities, vocational services for people with a disability, drug, alcohol and gambling counselling, financial counselling, disaster recovery and street vans as well as specialised Vinnies Youth services.

**St Vincent de Paul Society - Gold Coast**

PO Box 418, LABRADOR QLD 4215

**P: (07) 5561 4710**

**E:** gcc.office.dc@svdpqld.org.au

**Web:** www.vinnies.org.au

Services to individuals and families including: Home, hospital, aged care and prison visitations; Emergency Assistance & Food Relief; Child & Family Programs, Counselling Services; Home Assistance; Beaudesert Food Division; Beaudesert Housing; and Vinnies Centres. Helpline: (07) 5561 4702. Home Assist: (07) 5598 1073 Home Maintenance: (07) 5561 4701.

**The Australian Red Cross**

PO Box 1822, MILTON QLD 4064

Humanity Place, 49 Park Road MILTON QLD 4064

**P: 1300 554 419**

**E:** qldredcross@redcross.org.au

**Web:** www.redcross.org.au/qld

Aged Care and Health Services - Community Visitors Scheme, Emergency Medical Accommodation Centres, Personal Helpers & Mentors Program; Business, Training and Employment Services; Emergency Services; Family Support Services; First Aid, Health and Safety Services; Community Partnering; Youth and Development Services; Migration support.

**The Family Centre Inc**

Rivendell Drive, TWEED HEADS SOUTH NSW 2486

**P: (07) 5524 8711**

**E:** info@thefamilycentre.org.au

**Web:** www.thefamilycentre.org.au

Provides a range of services to families, including family support & parenting education.

**The Hope Line**

**P: 1300 467 354**

**Web:** www.suicideprevention.salvos.org.au

A National 24/7 Crisis Line for people who have been bereaved by suicide.

**The Salvation Army Counselling Service - Gold Coast**

PO Box 318, SOUTHPORT QLD 4215

**P: (07) 5531 3471**

**E:** goldcoastsalvos@aue.salvationarmy.org

**Web:** www.salvos.org.au

Christian compassion and support, guidance and counsel to individuals, couples and families. The service is open to people of all ages, and in all walks of life.

**The Salvation Army Nerang Community Services Centre**

PO Box 599, NERANG QLD 4211

Unit 5 Dalmar Centre, 43-45 Price Street NERANG QLD 4211

**P: (07) 5596 0764**

**E:** patricia.norman@aue.salvationarmy.org

**Web:** www.salvos.org.au

Provides practical emergency, food, financial, legal and lifestyle assistance for disadvantaged families, migrants, ethnic communities and individuals facing financial pressure.

**The Salvation Army Southport Community Services Centre**

PO Box 1680, SOUTHPORT QLD 4215

3/80 Davenport Street, SOUTHPORT QLD 4215

**P: (07) 5591 2729**

**E:** brian.surch@aue.salvationarmy.org

**Web:** www.salvos.org.au

Provides practical emergency, food, financial, legal and lifestyle assistance for disadvantaged families, migrants, ethnic communities and individuals facing financial pressure.

**Trinity Family Support Network**

186 Robina Town Centre, ROBINA QLD 4230

**P: (07) 5575 7241**

**E:** tfsn@tam.org.au

**Web:** www.tam.org.au

Upon referral, emergency relief can be provided. This includes food parcels, nappies/formula, Telstra bills, Referral to other agencies. Triple P parenting programs are also held throughout the year.

**Tweed Community Health - Child & Family Health Counselling**

Powell Street, TWEED HEADS NSW 2485

**P: (07) 5506 7540**

**Web:** www.ncahs.nsw.gov.au

Child and Family Health Counsellors visit to help children who may be experiencing psychological, social or emotional difficulties and their families.

**Tweed Community Health - Sexual Assault Services**

Florence Street, TWEED HEADS NSW 2485

**P: (07) 5506 7540**

**Web:** www.ncahs.nsw.gov.au

Provides counselling and support to men, women and children who have been sexually assaulted recently or in the past, including non-offending parents/carers and other family members. Also, provides groups for survivors of sexual assault (both adults and children), court support, community education, and 24 hour crisis support.

**Tweed Valley Early Childhood Intervention Service Inc**

PO Box 105, TWEED HEADS NSW 2485

Florence Street, TWEED HEADS NSW 2485

**P: (07) 5506 7558**

**E:** tvecis@alphernet.com.au

Community based support and educational and intervention services for young children with disabilities and those at risk of developmental delay for ages 0-6yrs, and their families.

**Village Community Services Inc.**

Studio Village Community Centre, 87 Village Way

OXENFORD QLD 4210

**P: (07) 5529 8253**

**E:** svccadmin@cirruscomms.com.au

**Web:** www.studiovillage.com.au

Information and referral, community development, activities and events for local community, small community hall available, parenting programs, individual, family and parent support.

**VVCS - Veterans and Veterans Families Counselling Service**

PO Box 166, SPRING HILL QLD 4004  
15 Astor Terrace, SPRING HILL QLD 4000  
**P: 1800 011 046**

**Web:** www.dva.gov.au

Counselling and group programs to Australian veterans, peacekeepers and their families. VVCS is a specialised, free and confidential Australia-wide service with 24hr telephone support; face to face; and outreach and counselling services.

**Wesley Mission Brisbane - Logan City Services**

PO Box 1147, BEENLEIGH QLD 4207

**P: (07) 3287 1290**

**E:** k.clayton@wmb.org.au

**Web:** www.wmb.org.au

Semi-supported independent accommodation for 16-21yrs. Advice, Advocacy and Referral services. Programs for young parents, FAB (family), HOPS (housing options) and more.

**YoungCare**

PO Box 725, SPRING HILL QLD 4004  
75 St Pauls Terrace, SPRING HILL QLD 4000  
**P: 1300 844 727**

**E:** info@youngcare.com.au

**Web:** www.youngcare.com.au

Respite, accommodation, and support for young Australians with high care needs. Youngcare Connect is a free dedicated counselling and referral line for people in need of disability information and advice.

**Youth & Family Service (Logan City) Inc.**

PO Box 727, WOODRIDGE QLD 4114  
376 Kingston Road, SLACKS CREEK QLD 4127  
**P: (07) 3826 1500**

**E:** yfs@yfs.org.au

**Web:** www.yfs.org.au

YFS is a not-for-profit organisation, run by, for and with the local community. People of all ages in Logan City and the surrounding areas use YFS services. We aim to help people overcome problems and reach their goals in life. We offer many different services, from legal advice to disability support; from counselling to help finding work.

**Gambling Support**

**Alcohol and Drug Foundation Queensland (ADFQ)**

PO Box 332, SPRING HILL QLD 4004

**P: (07) 3834 0200**

**E:** adfq@adf.org

**Web:** www.adfq.org

NGO dedicated to reducing the individual and social harms associated with alcohol, drug and other addictions and to

promoting health enhancing behaviour change. Programs include: AOD Rehabilitation, Gambling, Indigenous, Youth & Adult, Friends and Family, Community Outreach, Education and Prison Support.

**Centacare Catholic Family and Community Services**

PO Box 289, FORTITUDE VALLEY QLD 4006  
58 Morgan Street, FORTITUDE VALLEY QLD 4006

**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life. Counselling programs include Anger Management and Domestic and Family Violence Prevention (groups for men, women and children) and court support services.

**Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA)**

GPO Box 9820, BRISBANE QLD 4001  
Level 1-3 100 Creek Street, BRISBANE QLD 4000

**P: 1300 653 227**

**Web:** www.fahcsia.gov.au

Works to improve the impact and management of relevant Commonwealth Government policies, programs and initiatives. Areas include: Carers; Child Support; Communities; Families & Children; Gambling & Drugs; Housing & Homelessness; Indigenous People; Mental Health; People with Disability; Seniors; Volunteers; Women; International Social Security Agreements.

**Family & Kids-Care Foundation Inc**

254 Jacaranda Avenue, KINGSTON QLD 4114

**P: (07) 3808 5288**

**E:** familykidscare@bigpond.com

**Web:** www.familyandkidscare.com.au

Various services for children and families in the community including practical and emergency assistance and accommodation support, crisis care, lifestyle support and educational/skills development programs. Telephone support is available 24/7.

**Gamblers Anonymous**

PO Box 3142, NEWMARKET QLD 4051

**P: 1800 00 22 10**

**E:** info@gansw.org.au

**Web:** www.gansw.org.au

Provides fellowship to men and women who have a gambling problem and who want to recover from their addiction. See website for details of local meetings.

**Gambling Help Line**

**P: 1800 858 858**

**E:** generalenquiries@relateqld.com.au

**Web:** www.relationships.com.au

Free face-to-face or telephone counselling for individuals, couples and families; Financial counselling; Support groups; Information and referral.

**Gambling Help Online**

**E:** Via website.

**Web:** www.gamblinghelponline.org.au

24/7 live and email counselling and support services; Integration with state based 24/7 telephone services and face-to-face counselling; and provides extensive website content, information and web links for additional help and information.

**Newlife Care**

4 Greenwich Court, ROBINA QLD 4226

**P: (07) 5593 3262**

**E:** newlifecare@newlife.unitingchurch.org.au

**Web:** www.newlifecareinc.com.au

Provides counselling and support to people in the community who may be experiencing either discomfort in their personal life or their relationship with others. Areas include: Anger management; Abuse (Physical, psychological and sexual); Anxiety; Child and teenage management; Depression; Divorce and separation; Family conflict; Financial Counselling; Gambling; Gender Issues; Grief and loss; Guilt; Relationship issues; Role issues; Self esteem; and Stress management.

**Relationships Australia**

13/107 Miles Platting Road, EIGHT MILE PLAINS QLD 4113

**P: 1300 364 277**

**E:** generalenquiries@relateqld.com.au

**Web:** www.relationships.com.au

Delivers a wide range of services including: counselling, family dispute resolution, personal development and education, parenting skills training, men and family relationships programs, specialised family violence programs, early intervention services, child-focused programs and practices, and programs which specifically engage indigenous and culturally and linguistically diverse (CALD) families, groups and communities. Victims Counselling and Support Service: 1300 139 703  
www.vcss.org.au Aftercare Resource Centre: 1800 501 560  
www.aftercareresourcecentre.org.au Gambling Help Service: 1800 858 858 - For services in your local area.

**The Buttery Inc**

PO Box 42, BANGALOW NSW 2479

**P: (02) 6687 1111**

**E:** info@buttery.org.au

**Web:** www.buttery.org.au

Residential drug and alcohol rehabilitation centre (Therapeutic Community); outpatient/outreach drug counselling and education services; and outreach/outpatient gambling counselling and education services.

**Gay, Lesbian, Bisexual & Transgender (GLBT) Support****Australian TRANSGENDER SUPPORT ASSOCIATION of QLD**

44 Long Street, CAMP HILL QLD 4152

**P: 07 3843 5024**

**E:** trans.atsa@bigpond.com

**Web:** www.atsaq.com

Medical, Health, Legal and Human Rights Information and support on all aspects of gender reassignment, for the general community and people who are experiencing difficulty with their gender identity. Provides emotional/moral support for people with Gender identity Disorder (formally known as Gender Dysphoria) their families and friends.

**Expanded Horizons**

208 Highfield Drive, ROBINA QLD 4230

**P: (07) 5569 1824**

**E:** g.wallwork@wmb.org.au

**Web:** www.qspace.net.au

A suicide prevention program that supports identified at risk youth aged 12-25 including Lesbian, Gay, Bisexual, Transgender, Intersex, Sistergirls & Questioning (LGBTISQ) & youth from CALD backgrounds. Also facilitates a LGBT youth group called QSpace.

**Freedom! Gender Identity Association Inc.**

Nerang Neighbourhood Centre, NERANG QLD 4211

**P: 0417 557 130**

**E:** info@freedomgender.org.au

**Web:** www.freedomgender.org.au/

Social support group for anyone who identifies as gender diverse, as well their family, friends and supporters.

**Gay and Lesbian Welfare Association (GLWA)**

PO Box 1078, FORTITUDE VALLEY QLD 4006

**P: (07) 3017 1717**

**E:** secretary@glwa.org.au

**Web:** www.glwa.org.au

A non-profit organisation with a focus on the wellbeing of the lesbian, gay, bisexual, transgender and intersex - or LGBTI - communities through operation of the Gay Line and Lesbian line, peer telephone counselling service.

**Gaydads**

**P: Barry 0419 661 145**

Support Group for gay fathers.

**PFLAG (Parents and Friends of Lesbians and Gays)**

**P: (07) 5529 2210**

**E:** lwa.66710@bigpond.com

**Web:** www.pflagbrisbane.org.au

We support and educate the parents of gay and transgender children who are struggling with their children's sexual orientation. We also offer support for gays and transgenders.

**Police LGBTI Liaison Officer - South East Region**

**P: (07) 5570 7823**

**Web:** www.police.qld.gov.au

The Queensland Police liaison to the Lesbian, Gay, Bisexual, Transgender and Intersex (LGBTI) Communities is a strategy designed to ensure that policing services are accessible to all members of the community.

**Police LGBTI Liaison Officer - State Coordinator**

**P: (07) 3234 2111**

**Web:** www.police.qld.gov.au

The Queensland Police liaison to the Lesbian, Gay, Bisexual, Transgender and Intersex (LGBTI) Communities is a strategy designed to ensure that policing services are accessible to all members of the community.

**QAHC Sexual Health Line**

**P: 1800 155 141**

**E:** dwells@qahc.org.au

**Web:** www.men.org.au

Free phone line with staff trained to provide Information, support and referral about sexuality issues and sexual health.

**Queensland Association for Healthy Communities (QAHC)**

PO Box 1372 Eagle, EAGLE FARM BC QLD 4009

30 Helen Street, NEWSTEAD QLD 4006

**P: (07) 3017 1777**

**E:** info@qahc.org.au

**Web:** www.qahc.org.au

Promoting the health and well-being of lesbian, gay, bisexual and transgender Queenslanders. Services include: HIV & Hepatitis C Prevention; Queensland Aboriginal and Torres Strait Islander HIV/AIDS Program; Lesbian, Gay, Bisexual and Transgender Health Systems Project; LGBT Health Issues; Healthy LGBT Communities Fund; LGBT Resource Centre; and The Hope Fund - small grants of goods and services for people living with HIV who are in need.

**Rainbow Alliance (Gold Coast)**

**P: 0466 822 527**

**E:** gcrainbow@live.com

Social and networking group for gay, lesbian, bisexual, transgendered and intersexed people. Various social events and activities organised on the 1st Sunday and 3rd Tuesday of each month. Please note: Support and counselling services are not offered by this group.

**Relationships Australia**

13/107 Miles Platting Road,  
EIGHT MILE PLAINS QLD 4113

**P: 1300 364 277**

**E:** generalenquiries@relateqld.com.au

**Web:** www.relationships.com.au

Delivers a wide range of services including: counselling, family dispute resolution, personal development and education, parenting skills training, men and family relationships programs, specialised family violence programs, early intervention services, child-focused programs and practices, and programs which specifically engage indigenous and culturally and linguistically diverse (CALD) families, groups and communities. Victims Counselling and Support Service: 1300 139 703 www.vcss.org.au Aftercare Resource Centre: 1800 501 560 www.aftercareresourcecentre.org.au Gambling Help Service: 1800 858 858 - For services in your local area.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120

138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spiritus Positive Directions**

**P: 1800 422 313**

**Web:** www.positivedirections.org.au

A state-wide care coordination, information and referral service for People Living with HIV/AIDS (or PLHIV) in Queensland, linking PLHIV to services that they are eligible for.

**Youth & Family Service (Logan City) Inc.**  
PO Box 727, WOODRIDGE QLD 4114  
376 Kingston Road, SLACKS CREEK QLD 4127  
**P: (07) 3826 1500**

**E:** yfs@yfs.org.au

**Web:** www.yfs.org.au

YFS is a not-for-profit organisation, run by, for and with the local community. People of all ages in Logan City and the surrounding areas use YFS services. We aim to help people overcome problems and reach their goals in life. We offer many different services, from legal advice to disability support; from counselling to help finding work.

## General

### Centrelink

**P: 1800 050 004 (Customer Relations)**

**Web:** www.centrelink.gov.au

Centrelink is an Australian Government statutory agency, delivering a range of Commonwealth services to the Australian community. See website for full list of services, contact information and local offices.

### Queensland Forensic Mental Health

**E:** fmhqcmlh@health.qld.gov.au

**Web:** www.health.qld.gov.au/forensicmentalhealth/

This site provides information about the Queensland forensic mental health system.

### Queensland Health Victim Support Service

Brisbane GPO, Locked Bag 3411 BRISBANE QLD 4001  
Ground Floor, 15 Butterfield Street, HERSTON QLD 4006  
**P: 1800 208 005**

**E:** Victim\_Support@health.qld.gov.au

**Web:** www.health.qld.gov.au/qhvss/

If you or someone you know is a victim of an offence where the person has been diverted to the forensic mental health system from the criminal justice system, you can contact the Queensland Health Victim Support Service (QHVSS) to access free, confidential information, counselling and support throughout Queensland.

### Queensland Homicide Victims Support Group (QHVSG)

PO Box 292, LUTWYCHE QLD 4030

**P: 1800 774 744**

**E:** qhvsg@qhvsq.org.au

**Web:** www.qhvsg.org.au

Provides practical and emotional support to those bereaved by homicide including a 24/7 support line for homicide victims. Also advocates for reform within the criminal justice system and promotes awareness within the community of the devastating effects of homicide.

### Queensland Police Service

GPO Box 1440, BRISBANE QLD 4001

Police Headquarters Queensland Police Service,  
200 Roma Street, BRISBANE QLD 4000

**P: (07) 3364 6464**

**Web:** www.police.qld.gov.au

The primary law enforcement agency for the State of Queensland. If you need Police, Fire or Ambulance in an emergency call triple zero (000). If you have any information that may help solve a crime, contact Crime Stoppers on 1800 333 000 (Toll Free).

### Queensland Police Service - South Eastern Region

68 Ferny Avenue, SURFERS PARADISE QLD 4217

**P: (07) 5581 2900**

**Web:** www.police.qld.gov.au

DIAL 000 in an EMERGENCY. For non-urgent matters, contact the Communication Centre of the police district closest to you. Gold Coast: (07) 5581 2900 Logan: (07) 3807 7770

### Volunteers in Policing (VIPs)

GPO Box 1440, BRISBANE QLD 4001

**P: (07) 3234 2111**

**Web:** www.police.qld.gov.au

Volunteers in Policing (VIPs) is a Queensland Police Service (QPS) initiative created to encourage community participation in local policing services. The program aims to enhance community service delivery by forging strong working partnerships between police and the people it serves. In many police divisions Volunteers in Policing provide much needed follow up support to victims of crime.

### Volunteers in Policing (VIPs) Gold Coast

Surfers Paradise Police Complex,

68 Ferny Avenue, SURFERS PARADISE QLD 4217

**P: (07) 5570 7999**

**Web:** www.police.qld.gov.au

The program aims to enhance community service delivery by forging strong working partnerships between police and the people it serves.

### Volunteers in Policing (VIPs) Tweed Heads

52 Recreation Street, TWEED HEADS NSW 2485

**P: (07) 5536 0929**

**E:** vip@police.nsw.gov.au

**Web:** www.police.nsw.gov.au

Community liaison. Court support programs for victims of apprehended violence. Community Programs - Victims of Crime, Neighbourhood Watch, Safety House, Community Care.

## Health & Medical

### 13 HEALTH

**P: 13 43 25 84**

**E:** 13health@health.qld.gov.au

**Web:** www.health.qld.gov.au/13health/default.asp  
24 hour service providing health information and support, referral and triage services. Get advice about a health condition or concern, support for chronic disease and children's health.

### Aboriginal and Torres Strait Islander Community Health Service Brisbane Ltd

55 Annerley Road, WOOLLOONGABBA QLD 4102

**P: (07) 3240 8900**

**E:** adminreception@atsichsbrisbane.org.au

**Web:** www.atsichsbrisbane.org.au

Primary health care is provided along with specialist allied health services; Indigenous Youth Health Services; Healing Centre and Stolen Generation Program; Family and Child Maternal Health; Dental services.

### Aged Care Assessment Team

2109 Gold Coast Hwy, MIAMI QLD 4220

**P: 1300 130 143**

**E:** gchacat@health.qld.gov.au

**Web:** www.health.qld.gov.au

Assists elderly and carers to decide on the types of care to suit needs.

### Aged Care Assessment Team (ACAT) Centre

Suite 9-10 Riverside Professional Centre,

80 - 82 Keith-Compton Drive, TWEED HEADS NSW 2485

**P: (07) 5536 8283**

**Web:** www.ncahs.nsw.gov.au

This team provides an assessment service designed to establish the medical, physical, psychological and social needs of older people to assist them in making the most appropriate decisions to maintain an ongoing quality of life.

### Aged Care Early Intervention and Management Services

Accommodation Block 1, 1-8 Nerang Street,  
SOUTHPORT QLD 2485

**P: (07) 5519 8789**

**E:** aceim@health.qld.gov.au

**Web:** www.health.qld.gov.au

Coordinates the acute care of aged care facility residents and provides education and support to aged facility staff on the gold coast.

### Alcohol, Tobacco and Other Drugs (ATOD)

**P: (07) 3328 9833**

**E:** ATODSWEB@health.qld.gov.au

**Web:** www.health.qld.gov.au/atod

Quality public health and clinical interventions that support Queenslanders to make informed choices about alcohol, tobacco and other drug use.



**Australian General Practice Network (AGPN)**

PO Box 4308, MANUKA ACT 2603

Ground Floor Minter Ellison Building, 25 National Circuit  
FORREST ACT 2601

**P: (02) 6228 0800**

**E:** agpnreception@agpn.com.au

**Web:** www.agpn.com.au

Represents a network of 111 General Practice networks along with 8 state based entities. Activities include health promotion, early intervention and prevention strategies, chronic disease management, medical education and workforce support.

**Australian Health Practitioner Regulation Agency (AHPRA)**

GPO Box 9958, BRISBANE QLD 4001

Level 18, 179 Turbot Street, BRISBANE QLD 4000

**P: 1300 419 495**

**E:** Via website.

**Web:** www.ahpra.gov.au

AHPRA supports the 10 National Boards that are responsible for regulating the 10 health professions (Chiropractic; Dental; Medical; Nursing and Midwifery; Optometry; Osteopathy; Pharmacy; Physiotherapy; Podiatry; Psychology). The primary role of the Boards is to protect the public and they set standards and policies that all registered health practitioners must meet. If you have concerns about the conduct, health and performance of a registered health practitioner, please contact AHPRA on 1300 419 495.

**Australian Indigenous Doctor's Association (AIDA)**

PO Box 3497, MANUKA ACT 2603

Old Parliament House, 18 King Street Terrace PARKES  
ACT 2600

**P: (02) 6273 5013**

**E:** aida@aida.org.au

**Web:** www.aida.org.au

AIDA is a representative organisation for Aboriginal and Torres Strait Islander practitioners. It advocates to improve Indigenous health and achieve equitable health and life outcomes and encourages Indigenous people to work in medicine by supporting Indigenous students and doctors.

**Australian Indigenous HealthInfoNet**

Edith Cowan University,

2 Bradford Street MT LAWLEY WA 6050

**P: (08) 9370 6336**

**E:** healthinfolnet@ecu.edu.au

**Web:** www.healthinfolnet.ecu.edu.au

An Internet resource that makes research and other knowledge readily accessible and connects people to a variety of indigenous community services.

**Blue Care**

PO Box 1539, MILTON BC QLD 4064

**P: (07) 3377 3377**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Allied health services; Commonwealth Carer Respite Centres; Community Aged Care services; Disability services; Domestic & Lifestyle Care Assistance; Retirement Living; Pastoral care and counselling; Residential aged care; Respite services; and Volunteer services.

**Blue Care Beaudesert Community Care and Allied Health Services**

PO Box 340, BEAUDESERT QLD 4285

7 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 2280**

**E:** beaudesert.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Blue Care Beenleigh Community Care and Allied Health Services**

PO Box 484, BEENLEIGH QLD 4207

32-50 Mt Warren Boulevard,

MT WARREN PARK QLD 4207

**P: (07) 3287 2041**

**E:** beenleigh.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers. Volunteer Service also.

**Blue Care Coomera Community Care**

12 Jowett Street, COOMERA QLD 4209

**P: (07) 5573 7433**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, or people with a disability.

**Blue Care Fassifern Community & Respite Care**

PO Box 152, BOONAH QLD 4310

10a Macquarie Street, BOONAH QLD 4310

**P: (07) 5463 2684**

**E:** fassifern.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Blue Care Lower South Coast/Tweed Community Care**

1 Pines Lane, ELANORA QLD 4221

**P: (07) 5534 6177**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, or people with a disability.

**Carelink**

PO Box 3194, LOGANHOLME QLD 4129

**P: 1800 888 002**

**E:** robyncr@ozcare.org.au

**Web:** www.ozcare.org.au

The Ozcare Carelink Medical Alarm ensures seniors and adults with a disability maintain a lifeline to those who care for them. The Alarm is a 24 hour monitoring system that connects clients to help whenever they need it.

**Carrara Health Centre**

**P: (07) 5667 3200**

**Web:** www.health.qld.gov.au

Admittance via Gold Coast and Robina Hospitals following referral and successfully meeting eligibility criteria.

**Child Development and Behaviour Service**

PO Box 5699, GOLD COAST MC QLD 9726

**P: (07) 5570 8553**

**Web:** www.goldcoasthealth.com.au

A community-based, multidisciplinary health service involved in the assessment and management of children aged 0 to 10 years referred with problems of development, such as communication, movement, emotions, behaviour or socialisation.

**Currumbin Clinic**

37 Bilinga Street, CURRUMBIN QLD 4223

**P: (07) 5534 4944**

**E:** currumbinclinic@healthecare.com.au

**Web:** www.currumbinclinic.com.au

A private psychiatric clinic assisting those in need of psychiatric care whether it be mood, anxiety, psychiatric or drug and alcohol related.

**Department of Health and Ageing**

**P: 1800 020 103**

**Web:** www.health.gov.au

Purpose: Better health and active ageing for all Australians, through strengthening evidence-based policy advising, improving program management, research, regulation and partnerships with other government agencies, consumers and stakeholders.

**DRUG ARM Queensland**

PO Box 590, BRISBANE QLD 4001

Level 1, 24 Hamilton Place, BOWEN HILLS QLD 4006

**P: (07) 3620 8800**

**E:** adminqld@drugarm.com.au

**Web:** www.drugarm.com.au

Programs include Outreach Services including Street Outreach Services (SOS) operating in Brisbane, Bundaberg and Toowoomba and MOSHPIT specialised health outreach based in Brisbane. Treatment programs including case managed support, AOD (Alcohol and Other Drugs) Program and the QIDDI, Queensland Illicit Drugs Diversion Initiative also operate in various locations across Queensland.

**Ethnic Communities Council of Queensland (ECCQ)**

PO Box 5916, WEST END QLD 4101

ECCQ House, 253 Boundary Street, WEST END QLD 4101

**P: (07) 3844 9166**

**E:** administration@eccq.com.au

**Web:** www.eccq.com.au

Advocacy; community development initiatives; state-wide health programs; support groups; cross cultural training; multicultural policy development and research and a resource and reference library.

**Family Planning Queensland (FPQ)**

100 Alfred Street, FORTITUDE VALLEY QLD 4006

**P: (07) 3250 0240**

**Web:** www.fpq.com.au

Providing sexual and reproductive health services to the wider Queensland community. This includes clinical health services, educational and training services and a library resource centre.

**Family Planning Queensland (FPQ) - Gold Coast Education Services**

PO Box 1733, SOUTHPORT MC QLD 4215

Level 4, 7 Short Street, SOUTHPORT QLD 4215

**P: (07) 5531 2636**

**E:** gcoastedu@fpq.com.au

**Web:** www.fpq.com.au

Education and training in sexual and reproductive health for teachers, disability workers and allied health professionals. Also providing education and information for parents and carers in regards to child sexual health and behaviour.

**General Practice Gold Coast**

3/5 Executive Drive, BURLEIGH HEADS QLD 4220

**P: (07) 5607 7777**

**E:** admin@gpgc.com.au

**Web:** www.gpgc.com.au

Supports the provision of Primary Mental Health Care on the Gold Coast.

**General Practice Queensland (GPQ)**

GPO Box 2546, BRISBANE QLD 4001

Level 5, 410 Queen Street, BRISBANE QLD 4000

**P: (07) 3105 8300**

**E:** info@gpqld.com.au

**Web:** www.gpqld.com.au

The centre of Queensland's 17 divisions of General practice, aims to foster a dynamic primary health care sector.

**Gold Coast Drug Council**

West Burleigh Road, BURLEIGH HEADS QLD 4220

**P: (07) 5535 4302 (24 hr helpline)**

**E:** mary@gcdrugcouncil.org.au

**Web:** www.gcdrugcouncil.org.au

Residential facility for Dual Diagnosis specialising in AOD and Mental Health. Youth counselling programs. Headspace GC. Family Support Groups. Family therapist. Medical Centre (bulk-billing), psychiatrists, GPs. Pot Stop Groups. Arts program for youth, peer mentoring.

**Gold Coast Mental Health & ATODS (Alcohol, Tobacco and Other Drugs) Service**

Gold Coast Hospital, 108 Nerang Street, SOUTHPORT QLD 4215

**P: (07) 5519 7871**

**Web:** www.goldcoasthealth.com.au

Public services providing assessment, treatment and support to adults, children and older persons who have a mental illness. Services are provided depending on individual need and ranges from inpatient treatment to support in the community.

**Gold Coast Sexual Health Service Miami**

PO Box 44, MIAMI QLD 4220

2019 Gold Coast Highway, MIAMI QLD 4220

**P: (07) 5576 9033**

**E:** sexualhealthgc@health.qld.gov.au

**Web:** www.health.qld.gov.au/sexhealth/help/gold\_coast.asp

Offers testing and treatment for STIs, plus sexual health counselling, information, and advice.

**headspace Gold Coast**

2/126 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5509 5900**

**E:** admin@headspacegoldcoast.org.au

**Web:** www.headspace.org.au/goldcoast

A youth friendly hub that provides services across four core streams: primary health care, mental health and alcohol and other drug (AOD) services, and social/vocational services.

**Health and Community Services Information Line**

GPO Box 8161, BRISBANE QLD 4001

**P: (07) 3837 5986**

**E:** adis@health.qld.gov.au

**Web:** www.health.qld.gov.au

Information and referrals available for health and community services in the Brisbane, Caboolture, Ipswich, Logan, Pine Rivers, Redland, and Redcliffe areas.

**Health Quality and Complaints Commission**

GPO Box 3089, BRISBANE QLD 4001

Level 17 53 Albert Street, BRISBANE QLD 4000

**P: 1800 077 308**

**E:** info@hqcc.qld.gov.au

**Web:** www.hqcc.qld.gov.au

Queensland's independent health watchdog, dedicated to improving the safety and quality of healthcare. The HQCC independently manages healthcare complaints, investigates serious and systemic issues, sets and monitors healthcare standards and promotes health rights.

**Helensvale and Bundall Community Health**

105 Lindfield Road, HELENSVALE QLD 4212

**P: (07) 5580 7800**

**Web:** www.health.qld.gov.au

Adult and child community health services including community nursing assessments, wound management and home visits. Allied health treatment and assessment includes physiotherapy, occupational therapy, social work, psychology, dietetics and podiatry. Pharmacy services are also provided.

**Huntington's Queensland**

PO Box 635, ANNERLEY QLD 4103

Huntington's Queensland,

385 Ipswich Road, ANNERLEY QLD 4103

**P: (07) 3391 8833**

**E:** admin@huntingtonsqld.com

**Web:** www.huntingtonsqld.com

Provides emotional support, information and referral, day respite and support groups to hundreds of families and professionals throughout Queensland.

**Indigenous Allied Health Australia Inc**

PO Box 323, DEAKIN WEST ACT 2600

Unit C, 10 Thesiger Court, DEAKIN WEST ACT 2600

**P: (02) 6285 1010**

**E:** admin@indigenouslyalliedhealth.com.au

**Web:** www.indigenouslyalliedhealth.com.au

Indigenous Allied Health Australia (IAHA), incorporated since June 2009, is the peak body to advocate and support Indigenous Allied Health Professionals.

**Integrated Family and Youth Service (IFYS)**

PO Box 1291, MAROOCHYDORE QLD 4558

**P: (07) 5438 3000**

**E:** admin@ifys.com.au

**Web:** www.ifys.com.au

Specialist support and intervention programs for children, young people and families. Provides accommodation, support and counselling services at various locations throughout Queensland.

**Kalwun Health Service**

PO Box 313, MIAMI QLD 4220

2020 Gold Coast Highway, MIAMI QLD 4220

**P: (07) 5526 1112**

**E:** reception1@kalwun.com.au

**Web:** www.kalwun.com.au

Offers a unique combination of primary health care and community-based services to the Gold Coast Aboriginal and Torres Strait Islander community.

**Logan Women's Health Centre and Wellbeing Centre**

1 Mary Street, KINGSTON QLD 4114

**P: (07) 3808 9233**

**E:** admin@loganwomen.com.au

**Web:** www.loganwomen.com.au

Information & Referral, General Counselling, Visiting Health Professionals, Self Help Groups, Training & Education.

**Logan-Beaudesert District Health Service**

97 - 103 Wembley Road, LOGAN CENTRAL QLD 4114

**P: (07) 3290 8900**

**Web:** www.health.qld.gov.au

Allied health services, domestic assistance, personal care, and social support.

**Medicines Line**

PO Box 1147, STRAWBERRY HILLS NSW 2012

**P: 1300 633 424**

**E:** info@nps.org.au

**Web:**

www.nps.org.au/consumers/ask\_an\_expert/contact\_a\_pharmacist/medicines\_line

A 24/7 health advice line providing consumers with information on prescription, over-the-counter and complementary (herbal/natural/vitamin/mineral) medicines.

**Mental Health Act Liaison Officer**

Mental Health Branch Queensland Health,

FORTITUDE VALLEY QLD 4006

**P: 1800 989 451**

**E:** mha2000@health.qld.gov.au

**Web:** www.health.qld.gov.au/mha2000

Information and advice on Patient Rights, Justices Examination Order (JEO), Classified patient information

order (CPIO), and other issues pertaining to the Mental Health Act 2000.

**Multidisciplinary Pain Centre**

Level 4 Drive James Mayne Building, Royal Brisbane and Women's Hospital, Herston Road, HERSTON QLD 4029

**P: (07) 3636 6141**

**Web:** www.health.qld.gov.au

Offers inpatient and outpatient assessment and care to patients with chronic pain of cancer and non-cancer origin who are referred by registered medical practitioners, general practitioners or specialists.

**North Gold Coast Early Years Centre**

Corner Martin and White Streets, NERANG QLD 4211

**P: (07) 5578 1346**

**E:** EYEnquiry@bensoc.org.au

**Web:** www.bensoc.org.au

Services available to parents who live in the north Gold Coast area and have children aged up to eight years or are expecting a child. Services include: early childhood education and care, parenting information and programs including Triple P and MAD, family support and health services.

**Office of Health Practitioner Registration Boards**

GPO Box 2438, BRISBANE QLD 4001

**P: (02) 3225 2467**

**E:** complaints@healthregboards.qld.gov.au

**Web:** www.healthregboards.qld.gov.au

Each Board is responsible for determination of professional standards, assessment of applications for registration and investigation of complaints. The Boards may institute proceedings against practitioners for unsatisfactory professional conduct.

**Ozcare**

PO Box 912, FORTITUDE VALLEY QLD 4006

66 River Terrace, KANGAROO POINT QLD 4169

**P: (07) 3028 9000**

**E:** Via website.

**Web:** www.ozcare.org.au

Aged Care; Community Health; Community Care; Community Support - Drug and Alcohol Services, Community Access Disability Services, Homeless Men's Hostels, Women's Refuges and Shelters, Family Accommodation Programs, Rural Families Projects.

**Ozcare Gold Coast Community Health**

PO Box 4094, ROBINA TOWN CENTRE QLD 4230

North Hill Drive, Lot 801 Highfield Drive, ROBINA QLD 4226

**P: (07) 5569 6200**

**E:** comcare.robina@ozcare.org.au

**Web:** www.ozcare.org.au

A range of care services, including Nursing, Mental Health and Allied Health, and Social Support, to members of the community, from infants to the aged. Programs provide care and assistance 24 hours a day, seven days a week, according to client needs.

**Ozcare North Gold Coast Community Support**

PO Box 613, ASHMORE CITY QLD 4214

3 Frinton Street, SOUTHPORT QLD 4215

**P: (07) 5583 7860**

**E:** comcare.labrador@ozcare.org.au

**Web:** www.ozcare.org.au

Community Support - Family Accommodation Programs; HACC Homeless Outreach Program; Resident Support Program.

**QLD Poisons Information Centre**

**P: 13 11 26**

**E:** poisons\_info@health.qld.gov.au

**Web:** www.health.qld.gov.au/poisonsinformationcentre

Provides information and advice to assist in the management of poisonings and suspected poisonings.

**Queensland Association for Healthy Communities (QAHC)**

PO Box 1372 Eagle, EAGLE FARM BC QLD 4009

30 Helen Street, NEWSTEAD QLD 4006

**P: (07) 3017 1777**

**E:** info@qahc.org.au

**Web:** www.qahc.org.au

Promoting the health and well-being of lesbian, gay, bisexual and transgender Queenslanders. Services include: HIV & Hepatitis C Prevention; Queensland Aboriginal and Torres Strait Islander HIV/AIDS Program; Lesbian, Gay, Bisexual and Transgender Health Systems Project; LGBT Health Issues; Healthy LGBT Communities Fund; LGBT Resource Centre; and The Hope Fund - small grants of goods and services for people living with HIV who are in need.

**Queensland Forensic Mental Health**

**E:** fmhqmhl@health.qld.gov.au

**Web:** www.health.qld.gov.au/forensicmentalhealth/

This site provides information about the Queensland forensic mental health system.

**Queensland Health**

GPO Box 48, BRISBANE QLD 4001  
Queensland Health Building,  
147-163 Charlotte Street BRISBANE QLD 4000  
**P: (07) 3234 0111**

**Web:** www.health.qld.gov.au

A network of 20 health service districts and the Mater Hospitals, delivering a range of integrated services including hospital inpatient, outpatient and emergency services, community and mental health services, aged care services and public health promotion programs.

**Royal Australian and New Zealand College of Psychiatrists (RANZCP)**

PO Box 261, RBH Post Office, HERSTON QLD 4029  
**P: 1800 337 448**

**E:** ranzcp.qld@ranzcp.org

**Web:** www.ranzcp.org

The principal organisation representing the medical specialty of psychiatry in Australia and New Zealand. Will refer to specific practitioners.

**Royal Australian College of General Practitioners (RACGP)**

RACGP College House, 1 Palmerston Crescent SOUTH MELBOURNE VIC 3205

**P: 1800 331 626**

**E:** racgp@racgp.org.au

**Web:** www.racgp.org.au

The professional organisation that focuses on the safety and quality of general practice.

**Sexual Health & AIDS Counselling Service (SHACS)**

Level 2, 270 Roma Street BRISBANE QLD 4000

**P: (07) 3837 5799**

**E:** Georgia\_Ash@health.qld.gov.au

**Web:** www.health.qld.gov.au/sexhealth/

A wide range of brief to longer-term psychological and counselling services for people living with HIV/AIDS and other sexual health issues.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120  
138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spiritus Positive Directions**

**P: 1800 422 313**

**Web:** www.positivedirections.org.au

A state-wide care coordination, information and referral service for People Living with HIV/AIDS (or PLHIV) in

Queensland, linking PLHIV to services that they are eligible for.

**St Vincent de Paul Society**

**P: (07) 3010 1000**

**E:** state.admin@svdpqld.org.au

**Web:** www.vinnies.org.au

Services for people in need include: aged care, migrant and refugee services, home, hospital, prison and detention centres visitation, homeless person's services, clothing and assistance centres, care for people with psychiatric disabilities, vocational services for people with a disability, drug, alcohol and gambling counselling, financial counselling, disaster recovery and street vans as well as specialised Vinnies Youth services.

**The Australian Red Cross**

PO Box 1822, MILTON QLD 4064

Humanity Place, 49 Park Road MILTON QLD 4064

**P: 1300 554 419**

**E:** qldredcross@redcross.org.au

**Web:** www.redcross.org.au/qld

Aged Care and Health Services - Community Visitors Scheme, Emergency Medical Accommodation Centres, Personal Helpers & Mentors Program; Business, Training and Employment Services; Emergency Services; Family Support Services; First Aid, Health and Safety Services; Community Partnering; Youth and Development Services; Migration support.

**The Park- Centre for Mental Health Treatment, Research and Education**

Locked Bag 500, SUMNER PARK QLD 4074

Corner Ellerton Drive & Wolston Park Road, WACOL QLD 4076

**P: (07) 3271 8222**

**E:** the\_park@health.qld.gov.au

**Web:** www.health.qld.gov.au/the\_park/

A Tertiary Mental Health facility providing a diverse range of mental health services, including extended inpatient care, Dual Diagnosis, Adolescent Rehabilitation, and Forensic Services, mental health research and education.

**Tweed Valley Clinic - Mental Health Inpatient Unit**

Powell Street, TWEED HEADS NSW 2485

**P: (07) 5506 7300**

**Web:** www.ncahs.nsw.gov.au/merit/

An inpatient mental health unit able to accommodate both voluntary and involuntary patients. After hours contact the 24 Hour Mental Health Access Line on 1300 369 968. Please note that this line is only available to the North Coast Health Service Area.

**Homeless & Emergency Welfare****Angels Kitchen**

PO Box 3225, Australia Fair SOUTHPORT QLD 4215

Room 3 Gold Coast Community Centre,

Lawson Street SOUTHPORT QLD 4215

For disadvantaged and marginalised people including the lonely and homeless and those in crisis who need food assistance. Sunday only from 4pm.

**Ashmore Uniting Church**

**P: (07) 5597 2429**

**E:** ashmoreuc@onthenet.com.au

**Web:** www.ashmoreuc.com.au

Op Shop, Food Hampers.

**Blair Athol Accommodation & Support Program**

93 Golden Four Drive, BILINGA QLD 4225

**P: (07) 5536 2173**

**E:** bathol@bigpond.com

**Web:** www.blairathol.org

Crisis accommodation for single men & women, families & young people. Crisis intervention & counselling and lifestyle support. 24/7 Crisis Line and business hours Information service.

**Blue Care Beaudesert Community Care and Allied Health Services**

PO Box 340, BEAUDESERT QLD 4285

7 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 2280**

**E:** beaudesert.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Blue Care Beenleigh Community Care and Allied Health Services**

PO Box 484, BEENLEIGH QLD 4207

32-50 Mt Warren Boulevard,

MT WARREN PARK QLD 4207

**P: (07) 3287 2041**

**E:** beenleigh.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers. Volunteer Service also.



**Blue Care Fassifern Community & Respite Care**

PO Box 152, BOONAH QLD 4310  
10a Macquarie Street, BOONAH QLD 4310

**P: (07) 5463 2684**

**E:** fassifern.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Bond Loan Scheme**

PO Box 4059, ROBINA TOWN CENTRE QLD 4230

**P: (07) 5583 2200**

**E:** ICCHousingEnquiries@smartservice.qld.gov.au

**Web:** www.public-housing.qld.gov.au

Interest free loan for people who cannot afford to pay a full rental bond for private accommodation. Applicants must meet eligibility criteria.

**BoysTown**

PO Box 804, WOODRIDGE QLD 4114  
47 Mary Street, WOODRIDGE QLD 4114

**P: (07) 3387 8800**

**E:** kingston@boystown.com.au

**Web:** www.boystown.com.au

Provides support to disadvantaged children and youth aged to 25 with life challenges that include: physical and emotional abuse, alcohol and drug abuse, homelessness, low literacy, long-term unemployment and mental illness. Services include one-on-one counselling to young people and their families via Kids Helpline and Parentline telephone and online help services.

**Canefields Clubhouse**

Unit 2/10-13 Logandowns Drive,  
MEADOWBROOK QLD 4131

**P: (07) 3807 0951**

**E:** admin@canefieldsclubhouse.org.au /  
employment@canefieldsclubhouse.org.au

**Web:** www.canefieldsclubhouse.org.au

Psychosocial rehabilitation program assisting adults with a diagnosed mental illness to lead socially and vocationally satisfying lives.

**Churches of Christ Care Housing**

2/36 Harvest Ct, SOUTHPORT QLD 4215

**P: (07) 5503 0974**

**E:** carehousing@cofcqld.com.au

**Web:** www.care.cofcqlld.com.au

Housing options and emergency food, financial, legal and lifestyle assistance for individuals and families on low incomes who are homeless or at risk of becoming homeless. Includes crisis, short, medium or long term accommodation.

**Community Care - Uniting Church Mudgeeraba**

PO Box 45, MUDGEERABA QLD 4213  
89 Franklin Drive, MUDGEERABA QLD 4213

**P: (07) 5530 7298**

**E:** mudgeeuc@bipond.com

Community Care Ministry, Op Shop, Drop in Centre, Emergency food relief available for residents of local area, and Counselling services.

**Community Support Agency**

PO Box 3660, ROBINA QLD 4226

56 Gemvale Road, REEDY CREEK QLD 4227

**P: (07) 5522 0802**

**E:** csa@kings.net.au

Emergency Assistance, Food Relief, Employment Training Programs.

**Creflo Dollar**

PO Box 2635, NERANG BC QLD 4211

Unit 1/11-13 Olympic Circuit, SOUTHPORT QLD 4211

**P: (07) 5528 1144**

**Web:** www.creflodollarministries.org

Food Relief - Free tea, coffee, juice, cheese and bacon roll, piece of fruit every Wednesday morning 7.30-9am.

**Department of Communities**

**P: 13 13 04**

**E:** enquiries@communities.qld.gov.au

**Web:** www.communities.qld.gov.au

Regional Service Delivery Operations; Strategy, Policy and Performance; Housing and Homelessness Services; Child Safety, Youth and Families, Community Participation; Sport and Recreation Services; Disability and Community Care Services; Multicultural Affairs Queensland; Aboriginal and Torres Strait Islander Services; Communities Property Portfolio.

**Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA)**

GPO Box 9820, BRISBANE QLD 4001

Level 1-3 100 Creek Street, BRISBANE QLD 4000

**P: 1300 653 227**

**Web:** www.fahcsia.gov.au

Works to improve the impact and management of relevant Commonwealth Government policies, programs and initiatives. Areas include: Carers; Child Support; Communities; Families & Children; Gambling & Drugs; Housing & Homelessness; Indigenous People; Mental Health; People with Disability; Seniors; Volunteers; Women; International Social Security Agreements.

**Department of Housing and Homelessness Services**

**P: 1300 880 882**

**E:** ICCHousingEnquiries@smartservice.qld.gov.au

**Web:** www.public-housing.qld.gov.au

A range of housing assistance services through social housing, grant funding to community social housing, private rental support, bond loans, rental grants, and tenant support.

**Department of Housing and Homelessness Services - Gold Coast Area Office**

PO Box 4059, ROBINA TOWN CENTRE QLD 4230

**P: (07) 5583 2200**

**E:** ICCHousingEnquiries@smartservice.qld.gov.au

**Web:** www.public-housing.qld.gov.au

Community & public housing, bond loans, rental grants.

**Department of Housing and Homelessness Services - Logan Area Office**

PO Box 5, WOODRIDGE QLD 4114

11 Station Road, WOODRIDGE QLD 4114

**P: (07) 3884 9800**

**E:** ICCHousingEnquiries@smartservice.qld.gov.au

**Web:** www.public-housing.qld.gov.au

Community & public housing, bond loans, rental grants.

**Department of Human Services NSW - Community Services**

98 Blundell Boulevard,  
TWEED HEADS SOUTH NSW 2486

**P: (07) 5569 9330**

**Web:** www.community.nsw.gov.au

Child protection agency, out of home care and brighter futures. Also disaster recovery.

**Disability and Community Care Services**

**P: 1800 177 120**

**E:** disabilityinfo@disability.qld.gov.au

**Web:** www.disability.qld.gov.au

Provides support for sectors providing disability, community mental health, and home and community care.

**DRUG ARM Queensland**

PO Box 590, BRISBANE QLD 4001

Level 1, 24 Hamilton Place, BOWEN HILLS QLD 4006

**P: (07) 3620 8800**

**E:** adminqld@drugarm.com.au

**Web:** www.drugarm.com.au

Programs include Outreach Services including Street Outreach Services (SOS) operating in Brisbane, Bundaberg and Toowoomba and MOSHPIT specialised health outreach based in Brisbane. Treatment programs including case managed support, AOD (Alcohol and Other Drugs) Program and the QIDDI, Queensland Illicit Drugs Diversion Initiative also operate in various locations across Queensland.

**DVconnect Womensline**

P.O. Box 10575, Adelaide Street BRISBANE QLD 4000

**P: 1800 811 811**

**Web:** www.dvconnect.org

A 24/7 service for women and their children experiencing domestic and/or family violence. Crisis intervention, support, information, advocacy, telephone counselling, referrals and importantly, state-wide coordination of emergency refuge and shelter placements.

**Eagleby Community Association**

PO Box 5018, EAGLEBY QLD 4207

8-16 Cowper Avenue, EAGLEBY QLD 4207

**P: (07) 3807 3833**

**E:** ecai2@bigpond.com

**Web:** www.eagleby.webs.com

Halls for hire. Also hold playgroup and women's friendship group meetings. Occasional emergency relief when funds are available - Food vouchers & financial assistance.

**Family & Kids-Care Foundation Inc**

254 Jacaranda Avenue, KINGSTON QLD 4114

**P: (07) 3808 5288**

**E:** familykidscare@bigpond.com

**Web:** www.familyandkidscare.com.au

Various services for children and families in the community including practical and emergency assistance and accommodation support, crisis care, lifestyle support and educational/skills development programs. Telephone support is available 24/7.

**Food Aid Inc**

Mal Burke Carpark, Corner Davenport and Hicks Street, SOUTHPORT QLD 4215

**P: (07) 5532 9527**

**E:** mail@foodaid.org.au

**Web:** www.foodaid.org.au

Food Aid aims to help those in our community who are in financial crisis and need of food.

**Gold Coast Project for Homeless Youth Inc.**

PO Box 2316, SOUTHPORT QLD 4215

**P: (07) 5591 3746**

**E:** gcphy@bigpond.net.au

**Web:** www.homelessyouth.com.au

Accommodation, facilities, living skills & welfare advice for young people aged 12-17 homeless or at risk.

**Hands of Compassion**

Locked Bag 2, BURLEIGH BC QLD 4200

3/12 Ramly Drive, BURLEIGH HEADS QLD 4220

**P: (07) 5576 5534**

**E:** admin@jsmiaustralia.org

**Web:** www.heritageoffaith.com.au

Disadvantaged people are able to come to us and access our free service which provides food parcels free of charge.

**Havafeed Community Relief**

2439 Gold Coast Highway, MERMAID BEACH QLD 4218

**P: (07) 5520 3363**

**E:** hopeandvictory@hotmail.com

**Web:** www.havafeed.org

Emergency food relief.

**Homeless Health Outreach Team**

PO Box 1124, ASHMORE CITY QLD 4214

**P: 0403 608 297**

**E:** hazel\_bassett@health.qld.gov.au

Provides health services, including mental health, drug & alcohol services to any person within the Gold Coast region who experiences homelessness, primarily rough sleepers. Not an accommodation service.

**Homeless Persons information Queensland (HPIQ)**

**P: 1800 47 47 53 (1800 HPIQLD)**

A free 24hr/7 day information, advice and support service; can provide info about crisis accommodation, housing, and where to locate food vans and kitchens.

**HOST (HOMELESSNESS OUTREACH SUPPORT TEAM)**

93 Golden Four Drive, BILINGA QLD 4225

**P: (07) 5536 5247**

**E:** bathol@bigpond.com

**Web:** www.blairathol.org

Information and referral for accommodation services throughout the Gold Coast Region. Supports people sleeping rough & those experiencing difficulty accessing the Homelessness Service Team.

**Integrated Family and Youth Service (IFYS)**

PO Box 1291, MAROOCHYDORE QLD 4558

**P: (07) 5438 3000**

**E:** admin@ifys.com.au

**Web:** www.ifys.com.au

Specialist support and intervention programs for children, young people and families. Provides accommodation, support and counselling services at various locations throughout Queensland.

**Kingston East Neighbourhood Group Inc**

P.O Box 622, WOODRIDGE QLD 4114

177 Meakin Road, SLACKS CREEK QLD 4127

**P: (07) 3808 1684**

**E:** admin@keng.org.au

**Web:** www.keng.org.au

Promotes personal well-being through access to information, resources and learning opportunities that respond to the needs of the community.

**Life Care Gold Coast**

456 Pine Ridge Road, COOMBABAH QLD 4216

**P: 0402 792 944**

**E:** malcolm.keynes@generation.org

**Web:** www.generation.org

Food and clothing cooperative. Available to all holders of Pension - LHCC - Newstart - Student Centrelink issued cards.

**Life without Barriers**

Po Box 713, BEENLEIGH QLD 4207

**P: (07) 3442 6600**

**E:** qldstateadmin@lwb.org.au

**Web:** www.lwb.org.au

Assists children and young people, people living with a disability, people living with a mental health issue and other vulnerable persons to live safer and more enriched lives. Links 4 Life, Disability, Healthy Minds, Youth Justice, Immigration, and Homelessness programs.

**Mission Australia Family Support**

PO Box 479, STONES CORNER QLD 4120

11 Cleveland Street, STONES CORNER QLD 4120

**P: (07) 3847 8411**

**Web:** www.missionaustralia.com.au

Employment training, housing solutions and counselling for young people affected by family breakdown, drug and alcohol abuse, and mental illness.

**MultiLink Community Services Inc**

PO Box 146, WOODRIDGE QLD 4114

38 Blackwood Road, LOGAN CENTRAL QLD 4114

**P: (07) 3808 4463**

**E:** support@multilink.org.au

**Web:** www.multilink.org.au

Provides a wide range of youth, aged, disability and multicultural services.

**Nerang Neighbourhood Centre**

PO Box 357, NERANG QLD 4211

29 Martin Street, NERANG QLD 4211

**P: (07) 5578 2457**

**E:** nnc@nncinc.com.au

Information & Referral Services; Support groups for men, youth & teens; food bank; yoga; parenting; GROW; African community; homicide victims support; community development program; and youth justice program.

**New Life Food Barn**

PO Box 775, BIGGERA WATERS QLD 4216  
16 Dunkirk Close, ARUNDEL QLD 4214

**P: (07) 5571 6115**

**E:** foodbarn@intnlc.org

Free and discounted food for pensioners, health card holders, centreline people, out of work, people in hardship. Call for times.

**On Track Community Programs Inc**

141 Minjungbal Drive, TWEED HEADS NSW 2486

**P: (07) 5524 9732**

**E:** admin@ontrack.ngo.org.au

**Web:** www.ontrack.ngo.org.au

Community based support services for people experiencing mental illness, disability, homelessness or extreme disadvantage and their families.

**Ozcare**

PO Box 912, FORTITUDE VALLEY QLD 4006  
66 River Terrace, KANGAROO POINT QLD 4169

**P: (07) 3028 9000**

**E:** Via website.

**Web:** www.ozcare.org.au

Aged Care; Community Health; Community Care; Community Support - Drug and Alcohol Services, Community Access Disability Services, Homeless Men's Hostels, Women's Refuges and Shelters, Family Accommodation Programs, Rural Families Projects.

**Ozcare North Gold Coast Community Support**

PO Box 613, ASHMORE CITY QLD 4214  
3 Frinton Street, SOUTHPORT QLD 4215

**P: (07) 5583 7860**

**E:** comcare.labrador@ozcare.org.au

**Web:** www.ozcare.org.au

Community Support - Family Accommodation Programs; HACC Homeless Outreach Program; Resident Support Program.

**Queensland Youth Housing Coalition**

PO Box 122, PADDINGTON QLD 4064

**P: (07) 3876 2088**

**E:** admin@qyhq.org.au

**Web:** www.queenslandyouthhousing.org.au

A peak body advocating for young homeless people and supporting the services that work with them. Youth housing and accommodation information; Youth Support Coordinators (YSCs); Website provides emergency accommodation providers.

**Reconnect**

2/36 Newheath Drive, GAVEN QLD 4211

**P: (07) 5500 0374**

**E:** grozingerj@missionaustralia.com.au

**Web:** www.missionaustralia.com.au

Family mediation for 12-18yo who are homeless or at risk of homelessness. Parenting programs and needs responsive groups programs as required.

**Rosie's Youth Mission**

PO Box 908, WYNNUM QLD 4178

312 Benowa Road, BENOWA QLD 4217

**P: 1300 ROSIES (1300 767 437)**

**E:** manager@rosies.org.au

**Web:** www.rosies.org.au

Street Outreach to the Homeless, Court Support Program, Visitation and socialisation program to the women prisoners in Numinbah Correctional Centre, Visitation to the young detainees at the Brisbane Youth Detention Centre and Social Justice Educational Program (street retreat) for senior students at participating Colleges.

**Salvation Army Beaudesert Community Services Centre**

PO Box 301, BEAUDESERT QLD 4285

Shop 6, 113 Brisbane Street, BEAUDESERT QLD 4285

**P: (07) 5541 2909**

**Web:** www.salvos.org.au

Provides practical emergency, food, financial, legal and lifestyle assistance for disadvantaged families, migrants, ethnic communities and individuals facing financial pressure.

**Salvation Army Elanora Community Services Centre**

Kalamunda Close, ELANORA QLD 4221

**P: (07) 5521 0997**

**E:** judy.lee@aue.salvationarmy.org

**Web:** www.salvos.org.au

Provides practical emergency, food, financial, legal and lifestyle assistance for disadvantaged families, migrants, ethnic communities and individuals facing financial pressure.

**Set Free Care**

Po Box 2760, SOUTHPORT QLD 4215

**P: (07) 5591 3700**

**E:** sfgc@setfree.org.au

**Web:** www.setfree.org.au

Provide free lunch on Tuesdays & Thursdays at 11am. Food parcels. Emergency food.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120

138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spiritus Community Care**

**P: 1300 785 853**

**Web:** www.spiritus.org.au

In-home Nursing and Personal Care; Community Aged Care Packages; Veterans' Home Care; In-home and centre based Respite Services; Social support services; Healthy living wellness programs; Domestic assistance; Palliative care; Chronic conditions self-management; Mobile Acute Care; Homeless Program.

**Spiritus TRACC**

**P: (07) 5578 0800**

**Web:** www.spiritus.org.au

A residential program for children and young people who have come from backgrounds of abuse and neglect including foster care; an intensive supported foster care (for children with challenging behaviours) and placement who are not yet able to be absorbed into foster care.

**Spiritus Youth Support Service**

**P: (07) 3386 2000**

**Web:** www.spiritus.org.au

Provides young people at risk of homelessness aged 12 to 17, and their families, with support during times of crisis. Counselling and/or mediation services are offered to all young people. Semi independent accommodation is also available to young people over the age of 16 years.

**St Vincent de Paul Society**

**P: (07) 3010 1000**

**E:** state.admin@svdpqld.org.au

**Web:** www.vinnies.org.au

Services for people in need include: aged care, migrant and refugee services, home, hospital, prison and detention centres visitation, homeless person's services, clothing and assistance centres, care for people with psychiatric disabilities, vocational services for people with a disability, drug, alcohol and gambling counselling, financial counselling, disaster recovery and street vans as well as specialised Vinnies Youth services.

**St Vincent de Paul Society - Gold Coast**

PO Box 418, LABRADOR QLD 4215

**P: (07) 5561 4710**

**E:** gcc.office.dc@svdpqld.org.au

**Web:** www.vinnies.org.au

Services to individuals and families including: Home, hospital, aged care and prison visitations; Emergency Assistance & Food Relief; Child & Family Programs, Counselling Services; Home Assistance; Beaudesert Food Division; Beaudesert Housing; and Vinnies Centres. Helpline: (07) 5561 4702. Home Assist: (07) 5598 1073 Home Maintenance: (07) 5561 4701.

**St. Joseph's Youth Service**

15-17 Frances Street, TWEED HEADS NSW 2485

**P: (07) 5589 1800**

**E:** admin@sjys.org.au

Youth Accommodation for 16-21yrs for up to 6 months.

Outreach service target group 14-25yrs. Lifeskills and goal setting programs. Emergency relief.

**StorehouseONE**

Unit 6, Scottsdale Drive, VARSITY LAKES QLD 4226

**P: (07) 5507 6999**

**E:** info@elevationchurch.com.au

**Web:** www.elevationchurch.com.au

A low cost grocery option for low-income families and people in need.

**Surfers Paradise Anglican Crisis Care Inc**

PO Box 11, ISLE OF CAPRI QLD 4217

36 Hamilton Avenue, SURFERS PARADISE QLD 4217

**P: (07) 5531 6013**

**E:** spacc@bigpond.com

Provides medium to long term accommodation for single homeless men. (NOT EMERGENCY) Target group 20-45 years without disabilities and not requiring constant supervision.

**Teen Challenge Qld**

PO Box 895, MT GRAVATT QLD 4122

**P: (07) 3422 1500**

**E:** tcqld@teenchallenge.org.au

**Web:** www.teenchallenge.org.au

Addiction related Crisis Accommodation; Outreach Services; Residential Rehabilitation; and Training. For youth and young adults.

**The Australian Red Cross**

PO Box 1822, MILTON QLD 4064

Humanity Place, 49 Park Road, MILTON QLD 4064

**P: 1300 554 419**

**E:** qldredcross@redcross.org.au

**Web:** www.redcross.org.au/qld

Aged Care and Health Services - Community Visitors Scheme, Emergency Medical Accommodation Centres, Personal Helpers & Mentors Program; Business, Training and Employment Services; Emergency Services; Family Support Services; First Aid, Health and Safety Services; Community Partnering; Youth and Development Services; Migration support.

**The Salvation Army Nerang Community Services Centre**

PO Box 599, NERANG QLD 4211

Unit 5 Dalmar Centre, 43-45 Price Street, NERANG QLD 4211

**P: (07) 5596 0764**

**E:** patricia.norman@aue.salvationarmy.org

**Web:** www.salvos.org.au

Provides practical emergency, food, financial, legal and lifestyle assistance for disadvantaged families, migrants, ethnic communities and individuals facing financial pressure.

**The Salvation Army Southport Community Services Centre**

PO Box 1680, SOUTHPORT QLD 4215

3/80 Davenport Street, SOUTHPORT QLD 4215

**P: (07) 5591 2729**

**E:** brian.surch@aue.salvationarmy.org

**Web:** www.salvos.org.au

Provides practical emergency, food, financial, legal and lifestyle assistance for disadvantaged families, migrants, ethnic communities and individuals facing financial pressure.

**The Salvation Army Still Waters**

PO Box 888, ASHMORE CITY QLD 4214

**P: (07) 5591 1776**

**E:** stillwaters@aue.salvationarmy.org

**Web:** www.salvos.org.au

Short & medium term crisis accommodation for single women and women with children. Lifestyle support including Living skills and parenting skills.

**Transformations**

2 Monaco Street, SURFERS PARADISE QLD 4217

**P: (07) 5592 3677**

**E:** info@transformation.net.au

**Web:** www.transformation.net.au

Crisis accommodation for men, long term Residential Drug and Alcohol Rehabilitation, and Feeding & Community Life Skills programs.

**Trinity Family Support Network**

186 Robina Town Centre, ROBINA QLD 4230

**P: (07) 5575 7241**

**E:** tfsn@tam.org.au

**Web:** www.tam.org.au

Upon referral, emergency relief can be provided. This includes food parcels, nappies/formula, Telstra bills, Referral to other agencies. Triple P parenting programs are also held throughout the year.

**Wesley Mission Brisbane - Logan City Services**

PO Box 1147, BEENLEIGH QLD 4207

**P: (07) 3287 1290**

**E:** k.clayton@wmb.org.au

**Web:** www.wmb.org.au

Semi-supported independent accommodation for 16-21yrs. Advice, Advocacy and Referral services. Programs for young parents, FAB (family), HOPS (housing options) and more.

**Hospitals - Private****Allamanda Private Hospital**

21 Spendlove Street, SOUTHPORT QLD 4215

**P: (07) 5532 6444**

**E:** Via website.

**Web:** www.allamandaprivate.com.au

Provides the full range of both Surgical and Medical services including all Cardiac and Neurological Services.

**Currumbin Clinic**

37 Bilinga Street, CURRUMBIN QLD 4223

**P: (07) 5534 4944**

**E:** currumbinclinic@healthcare.com.au

**Web:** www.currumbinclinic.com.au

A private psychiatric clinic assisting those in need of psychiatric care whether it be mood, anxiety, psychiatric or drug and alcohol related.

**John Flynn Private Hospital**

42 Inland Drive, TUGUN QLD 4224

**P: (07) 5598 9000**

**E:** Via website.

**Web:** www.johnflynnprivate.com.au

Acute care hospital providing services to the population of the Gold Coast and the Tweed Coast.

**Pacific Private Day Hospital**

123 Nerang Street, SOUTHPORT QLD 4215

**P: (07) 5556 6222**

**E:** Via website.

**Web:** www.healthscopehospitals.com.au

Private Hospital with five operating theatres.

**Pindara Private Hospital**

Allchurch Avenue, BENOWA QLD 4217

**P: (07) 5588 9888**

**E:** Via website.

**Web:** www.pindaraprivate.com.au

An acute medical/surgical and maternity hospital serving the north end of the Gold Coast.

**Private Hospitals' Association of Queensland (Inc)**

PO Box 309, KENMORE QLD 4069

**P: (07) 3279 7600**

**E:** lucyf@phaq.org

**Web:** www.phaq.org

Access to information on a wide range of private hospital and private healthcare issues.



## Hospitals - Public

### Carrara Health Centre

**P: (07) 5667 3200**

**Web:** www.health.qld.gov.au

Admittance via Gold Coast and Robina Hospitals following referral and successfully meeting eligibility criteria.

### Gold Coast Hospital

108 Nerang Street, SOUTHPORT QLD 4215

**P: (07) 5519 8211**

**Web:** www.health.qld.gov.au

Primary Public Hospital/Health Service for the Gold Coast Region.

### The Tweed Hospital

Powell Street, TWEED HEADS NSW 2485

**P: (07) 5536 1133**

**Web:** www.ncahs.nsw.gov.au

Tweed Shire public hospital with 24 hour Emergency Services

## Indigenous Support

### Aboriginal & Torres Strait Islander Women's Legal and Advocacy Service (ATSIWLAS)

PO Box 5631, WEST END QLD 4101

32 Balaclava Street, WOOLONGABBA QLD 4102

**P: (07) 3392 3177**

**E:** reception@atsiwl.com.au

**Web:** www.atsiwl.com.au

This organisation provides legal advice, information and referrals for Aboriginal and Torres Strait Islander women, focusing on the areas of domestic violence, family violence and family law. Court support, family support and advocacy are also offered for women experiencing family violence, domestic violence and family law issues. Phone support and legal advice and referrals available for all areas of Queensland.

### Aboriginal and Torres Strait Islander Community Health Service Brisbane Ltd

55 Annerley Road, WOOLONGABBA QLD 4102

**P: (07) 3240 8900**

**E:** adminreception@atsichsbrisbane.org.au

**Web:** www.atsichsbrisbane.org.au

Primary health care is provided along with specialist allied health services; Indigenous Youth Health Services; Healing Centre and Stolen Generation Program; Family and Child Maternal Health; Dental services.

### Aboriginal and Torres Strait Islander Legal Service (Qld) LTD

PO Box 13035, SOUTH BRISBANE QLD 4003

Level 5, 183 North Quay, BRISBANE QLD 4000

**P: (07) 3025 3888**

**E:** info@atsils.org.au

**Web:** www.atsils.org.au

Criminal, civil and family law services to ATSI and families.

### Alcohol and Drug Foundation Queensland (ADFQ)

PO Box 332, SPRING HILL QLD 4004

**P: (07) 3834 0200**

**E:** adfq@adf.org

**Web:** www.adfq.org

NGO dedicated to reducing the individual and social harms associated with alcohol, drug and other addictions and to promoting health enhancing behaviour change. Programs include: AOD Rehabilitation, Gambling, Indigenous, Youth & Adult, Friends and Family, Community Outreach, Education and Prison Support.

### Australian Drug Foundation (ADF)

PO Box 818, NORTH MELBOURNE VIC 3051

409 King Street, WEST MELBOURNE VIC 3003

**P: (03) 9278 8100**

**E:** adf@adf.org.au

**Web:** www.adf.org.au

Drug and alcohol Information Services including: The DrugInfo Clearinghouse; Somazone; The Australian Drug Information Network (ADIN) and The DrugInfo Resource Centre Library. Also undertakes community development, research via the Centre for Youth Drug Studies, and provides advocacy leadership and support through the Community Alcohol Action Network.

### Australian Drug Information Network (ADIN)

PO Box 818, NORTH MELBOURNE VIC 3051

409 King Street, WEST MELBOURNE VIC 3003

**P: (03) 9278 8100**

**E:** adin@adf.org.au

**Web:** www.adin.com.au

Provides a central point of access to quality Internet-based alcohol and drug information provided by prominent organisations in Australia and internationally.

### Australian Indigenous Doctor's Association (AIDA)

PO Box 3497, MANUKA ACT 2603

Old Parliament House, 18 King Street Terrace,

PARKES ACT 2600

**P: (02) 6273 5013**

**E:** aida@aida.org.au

**Web:** www.aida.org.au

AIDA is a representative organisation for Aboriginal and Torres Strait Islander practitioners. It advocates to improve Indigenous health and achieve equitable health and life outcomes and encourages Indigenous people to work in medicine by supporting Indigenous students and doctors.

### Australian Indigenous HealthInfoNet

Edith Cowan University, 2 Bradford Street,

MT LAWLEY WA 6050

**P: (08) 9370 6336**

**E:** healthinfonet@ecu.edu.au

**Web:** www.healthinfonet.ecu.edu.au

An Internet resource that makes research and other knowledge readily accessible and connects people to a variety of indigenous community services.

### Australian Indigenous Psychologists Association (AIPA)

**Web:** www.indigenousspsychology.com.au

AIPA is a professional association working to increase the number of Indigenous psychologists and to lead the change required to deliver equitable, accessible, sustainable, timely and culturally competent psychological care to Aboriginal and Torres Strait Islander peoples in urban, regional and remote Australia.

### Black and White Justice Foundation

PO Box Q1353, QVB POST SHOP NSW 1230

Level 11, 117 York Street, SYDNEY NSW 2000

**P: (02) 9286 3133**

**E:** Via website.

**Web:** www.blackandwhitejustice.org.au

Works with both white and Aboriginal Australian communities to provide practical and moral support in the following areas: General Advocacy, Legal advice and representation, Professional counselling, Legal strategy, and Media coordination.

### Blue Care Beaudesert Community Care and Allied Health Services

PO Box 340, BEAUDESERT QLD 4285

7 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 2280**

**E:** beaudesert.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Blue Care Beenleigh Community Care and Allied Health Services**

PO Box 484, BEENLEIGH QLD 4207

32-50 Mt Warren Boulevard,  
MT WARREN PARK QLD 4207

**P: (07) 3287 2041**

**E:** beenleigh.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers. Volunteer Service also.

**Blue Care Fassifern Community & Respite Care**

PO Box 152, BOONAH QLD 4310

10a Macquarie Street, BOONAH QLD 4310

**P: (07) 5463 2684**

**E:** fassifern.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Bugalwena Services**

PO Box 904, TWEED HEADS NSW 2485

Tweed Heads Hospital,

**P: (07) 5506 7597**

An ATSI service providing Crisis Counselling, Listening, Resource Support, Advocacy and Referral Service.

**Crime and Misconduct Commission (CMC)**

GPO Box 3123, BRISBANE QLD 4001

Level 2 North Tower Green Square,  
515 St Pauls Terrace, FORTITUDE VALLEY QLD

**P: (07) 3360 6060**

**E:** mailbox@cmc.qld.gov.au

**Web:** www.cmc.qld.gov.au

Deals with major crime; integrity and conduct standards; complaints about public sector misconduct; research & prevention of crime & misconduct; intelligence analysis; confiscation of crime proceeds; protection of witnesses; and liaises with Indigenous communities to improve police relations and prevent crime & misconduct.

**Department of Communities**

**P: 13 13 04**

**E:** enquiries@communities.qld.gov.au

**Web:** www.communities.qld.gov.au

Regional Service Delivery Operations; Strategy, Policy and Performance; Housing and Homelessness Services; Child Safety, Youth and Families, Community Participation; Sport and Recreation Services; Disability and Community Care Services; Multicultural Affairs Queensland; Aboriginal and

Torres Strait Islander Services; Communities Property Portfolio.

**Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA)**

GPO Box 9820, BRISBANE QLD 4001

Level 1-3, 100 Creek Street, BRISBANE QLD 4000

**P: 1300 653 227**

**Web:** www.fahcsia.gov.au

Works to improve the impact and management of relevant Commonwealth Government policies, programs and initiatives. Areas include: Carers; Child Support; Communities; Families & Children; Gambling & Drugs; Housing & Homelessness; Indigenous People; Mental Health; People with Disability; Seniors; Volunteers; Women; International Social Security Agreements.

**Department of Health and Ageing**

**P: 1800 020 103**

**Web:** www.health.gov.au

Purpose: Better health and active ageing for all Australians, through strengthening evidence-based policy advising, improving program management, research, regulation and partnerships with other government agencies, consumers and stakeholders.

**DRUG ARM Queensland**

PO Box 590, BRISBANE QLD 4001

Level 1, 24 Hamilton Place, BOWEN HILLS QLD 4006

**P: (07) 3620 8800**

**E:** adminqld@drugarm.com.au

**Web:** www.drugarm.com.au

Programs include Outreach Services including Street Outreach Services (SOS) operating in Brisbane, Bundaberg and Toowoomba and MOSHPIT specialised health outreach based in Brisbane. Treatment programs including case managed support, AOD (Alcohol and Other Drugs) Program and the QIDDI, Queensland Illicit Drugs Diversion Initiative also operate in various locations across Queensland.

**DrugInfo Clearinghouse**

Resource Centre, 409 King Street,

WEST MELBOURNE VIC 3003

**P: 1300 85 85 84**

**E:** druginfo@adf.org.au

**Web:** www.druginfo.adf.org.au

A drug prevention network providing easy access to information about alcohol and other drugs, and drug prevention.

**Ethnic Communities Council of Queensland (ECCQ)**

PO Box 5916, WEST END QLD 4101

ECCQ House, 253 Boundary Street WEST END QLD 4101

**P: (07) 3844 9166**

**E:** administration@eccq.com.au

**Web:** www.eccq.com.au

Advocacy; community development initiatives; state-wide health programs; support groups; cross cultural training; multicultural policy development and research and a resource and reference library.

**Goori House**

PO Box 1186, CLEVELAND QLD 4163

**P: (07) 3821 7633**

**E:** admin@goorihouse.org.au

**Web:** www.goorihouse.org.au

A 24/7 community based service providing brief intervention and diversion strategies for Indigenous men referred for alcohol and other drug problems.

**Indigenous Allied Health Australia Inc**

PO Box 323, DEAKIN WEST ACT 2600

Unit C, 10 Thesiger Court, DEAKIN WEST ACT 2600

**P: (02) 6285 1010**

**E:** admin@indigenousalliedhealth.com.au

**Web:** www.indigenousalliedhealth.com.au

Indigenous Allied Health Australia (IAHA), incorporated since June 2009, is the peak body to advocate and support Indigenous Allied Health Professionals.

**Kalwun Aboriginal-Islander Child Care Agency (AICCA)**

PO Box 3880, BURLEIGH DC QLD 4220

14 Kortum Drive, BURLEIGH HEADS QLD 4220

**P: (07) 5520 8600**

**E:** admin@aicca.com.au

**Web:** www.kalwun.com.au

Ensures ATSI people and their families have the right to culturally appropriate advocacy, support, resources and information during the child protection and alternative care process.

**Kalwun Development Corporation**

PO Box 2123, NERANG QLD 4211

**P: (07) 5578 3434**

**E:** kalwunde@kalwun.com.au

**Web:** www.kalwun.com.au

Services and facilities for ATSI people in the areas of housing, health, aged care, child protection and family support, youth and employment. The Kalwun housing program provides affordable long-term accommodation.

**Kalwun HACC**

PO Box 2123, NERANG QLD 4211

118 Bonogin Road, MUDGEERABA QLD 4213

**P: (07) 5522 9197**

**E:** agedcare@kalwun.com.au

**Web:** www.kalwun.com.au

Supports ATSI people in the Gold Coast area through the ageing process.

**Kalwun Health Service**

PO Box 313, MIAMI QLD 4220  
2020 Gold Coast Highway, MIAMI QLD 4220  
**P: (07) 5526 1112**

**E:** reception1@kalwun.com.au

**Web:** www.kalwun.com.au

Offers a unique combination of primary health care and community-based services to the Gold Coast Aboriginal and Torres Strait Islander community.

**Krurungal Aboriginal & Torres Strait Islander Corporation**

PO Box 544, COOLANGATTA QLD 4225  
F5 & F9 Eastern Ave, COOLANGATTA QLD 4225  
**P: (07) 5536 7911**

**E:** krurungal\_receptionist@live.com

**Web:** www.krurungal.com.au

Welfare, Housing and Resource Services.

**Mibbinbah**

PO Box 2289, BURLEIGH BC QLD 4220  
208 Highfield Drive, ROBINA QLD 4226

**P: (07) 5569 1837**

**E:** jack.bulman@mibbinbah.org

**Web:** www.mibbinbah.org

Committed to improving the health and wellbeing of Aboriginal and Torres Strait Islander males by providing safe spaces, education training and support. Also associated with the ATSI Male Research program.

**Oxenford & Coomera Community Youth Centre**

25 Oxenford Tamborine Road, OXFENFORD QLD 4210  
**P: (07) 5529 8087**

**E:** admin@youthcentre.org.au

**Web:** www.youthcentre.org.au

Aged, Youth & Family Groups and Support; Sport & Recreation; Job Readiness Program; Counselling; Maori & PI Workshops; JP Service; Free Legal Advice; Free Tax Return Help; Hall Hire.

**Queensland Association for Healthy Communities (QAHC)**

PO Box 1372 Eagle, EAGLE FARM BC QLD 4009  
30 Helen Street, NEWSTEAD QLD 4006

**P: (07) 3017 1777**

**E:** info@qahc.org.au

**Web:** www.qahc.org.au

Promoting the health and well-being of lesbian, gay, bisexual and transgender Queenslanders. Services include: HIV & Hepatitis C Prevention; Queensland Aboriginal and Torres Strait Islander HIV/AIDS Program; Lesbian, Gay, Bisexual and Transgender Health Systems Project; LGBT Health Issues; Healthy LGBT Communities Fund; LGBT Resource Centre; and The Hope Fund - small grants of

goods and services for people living with HIV who are in need.

**Relationships Australia**

13/107 Miles Platting Road,  
EIGHT MILE PLAINS QLD 4113

**P: 1300 364 277**

**E:** generalenquiries@relateqld.com.au

**Web:** www.relationships.com.au

Delivers a wide range of services including: counselling, family dispute resolution, personal development and education, parenting skills training, men and family relationships programs, specialised family violence programs, early intervention services, child-focused programs and practices, and programs which specifically engage indigenous and culturally and linguistically diverse (CALD) families, groups and communities. Victims Counselling and Support Service: 1300 139 703  
www.vcss.org.au Aftercare Resource Centre: 1800 501 560  
www.aftercareresourcecentre.org.au Gambling Help Service: 1800 858 858 - For services in your local area.

**Lifestyle & Community Support****A.W.A.R.E Dogs Australia Inc**

PO Box 883, KURANDA QLD 4881

**P: (07) 4093 8152**

**E:** admin@awaredogs.org.au

**Web:** www.awaredogs.org.au

Assistance and Therapy dogs for distressed, mentally ill or disabled individuals.

**Ashmore Retreat**

19 Allunga Avenue, ASHMORE QLD 4214

**P: (07) 5656 1000**

**E:** admin@ashmorelodge.com.au

**Web:** www.retreatcare.com.au

Respite Nursing Home Facility, also offers a home-help service including personal care needs, house cleaning, shopping, social outings and Ageing In Place service.

**BeauVisions Community Mental Health Service**

6 - 12 Petersen Street, BEAUDESERT QLD 4285

**P: (07) 5541 1653**

**E:** mentalhealth@centacarebdst.org.au

An individualised recovery service that provides lifestyle support to adults who experience moderate to severe mental illness.

**Beenleigh District Community Development Association Inc (Beenleigh Community Centre)**

PO Box 230, BEENLEIGH QLD 4207  
Mansfield Walk, BEENLEIGH QLD 4207

**P: (07) 3287 2840**

**E:** bdcda@beenleigh.org.au

**Web:** www.beenleigh.org.au

Provides crisis counselling, information, referrals and other support for families and individuals, including collaboration with government departments and community-based agencies in the provision of supported housing, physical and mental health strategies and life-skills education.

**Bethany Care Ltd**

PO Box 441, ROBINA QLD 4226

**P: (07) 5501 8070**

**E:** enquiries@bethanycare.org

**Web:** www.bethanycare.org

A range of lifestyle supports such as Women's 'Body Rock', men's groups, special events, Christian counselling, resource library for families, Community access and referrals. Assists people with disabilities aged 5-65 with intellectual, physical, sensory and psychiatric disabilities.

**Blair Athol Accommodation & Support Program**

93 Golden Four Drive, BILINGA QLD 4225

**P: (07) 5536 2173**

**E:** bathol@bigpond.com

**Web:** www.blairathol.org

Crisis accommodation for single men & women, families & young people. Crisis intervention & counselling and lifestyle support. 24/7 Crisis Line and business hours Information service.

**Blue Care**

PO Box 1539, MILTON BC QLD 4064

**P: (07) 3377 3377**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Allied health services; Commonwealth Carer Respite Centres; Community Aged Care services; Disability services; Domestic & Lifestyle Care Assistance; Retirement Living; Pastoral care and counselling; Residential aged care; Respite services; and Volunteer services.

**Blue Care Beaudesert Community Care and Allied Health Services**

PO Box 340, BEAUDESERT QLD 4285

7 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 2280**

**E:** beaudesert.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Blue Care Beenleigh Community Care and Allied Health Services**

PO Box 484, BEENLEIGH QLD 4207

32-50 Mt Warren Boulevard,

MT WARREN PARK QLD 4207

**P: (07) 3287 2041**

**E:** beenleigh.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers. Volunteer Service also.

**Blue Care Coomera Community Care**

12 Jowett Street, COOMERA QLD 4209

**P: (07) 5573 7433**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, or people with a disability.

**Blue Care Fassifern Community & Respite Care**

PO Box 152, BOONAH QLD 4310

10a Macquarie Street, BOONAH QLD 4310

**P: (07) 5463 2684**

**E:** fassifern.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Blue Care Lower South Coast/Tweed Community Care**

1 Pines Lane, ELANORA QLD 4221

**P: (07) 5534 6177**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, or people with a disability.

**Blue Care Southport Surfers Paradise Allied Health**

PO Box 692, BIGGERA WATERS QLD 4216

Southport Business Park, Unit 5, 46 Smith Street

SOUTHPORT QLD 4215

**P: (07) 5555 4444**

**E:** southport.ds@bluecare.org.au

**Web:** www.bluecare.org.au

Professional allied health services to individuals at Southport Therapy Centre and at Blue Care residential aged care facilities. Some home visits available for people who are housebound.

**Blue Care Southport Surfers Paradise Lifestyle Community Care**

12 Ahern Street, LABRADOR QLD 4215

**P: (07) 5591 5016**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Personal Care, Social Support, In home and Centre Based Respite available.

**Blue Care Southport Surfers Paradise Nursing Community Care**

88 Muir Street, LABRADOR QLD 4215

**P: (07) 5532 0588**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

General Nursing Care, In home care for DVA. Free Grief Recovery Program; Northern (Labrador) and Southern (Elanora); program is run periodically throughout the year.

**Blue Care Tweed Coast Community Care**

Shop 4a / 34 Oyster Point Road,

BANORA POINT NSW 2486

**P: (07) 5524 6277**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Community Care and Aged Care Home Support.

**BoysTown**

PO Box 804, WOODRIDGE QLD 4114

47 Mary Street, WOODRIDGE QLD 4114

**P: (07) 3387 8800**

**E:** kingston@boystown.com.au

**Web:** www.boystown.com.au

Provides support to disadvantaged children and youth aged to 25 with life challenges that include: physical and emotional abuse, alcohol and drug abuse, homelessness, low literacy, long-term unemployment and mental illness. Services include one-on-one counselling to young people and their families via Kids Helpline and Parentline telephone and online help services.

**Broadbeach Meals On Wheels**

23 T E Peters Drive, BROADBEACH QLD 4218

**P: (07) 5526 2300**

**E:** brbmow@bigpond.net.au

**Web:** www.qmow.org

Delivered meals to frail, aged, younger disabled and their carers.

**Canefields Clubhouse**

Unit 2/10-13 Logandowns Drive,

MEADOWBROOK QLD 4131

**P: (07) 3807 0951**

**E:** admin@canefieldsclubhouse.org.au /

employment@canefieldsclubhouse.org.au

**Web:** www.canefieldsclubhouse.org.au

Psychosocial rehabilitation program assisting adults with a diagnosed mental illness to lead socially and vocationally satisfying lives.

**Carelink**

PO Box 3194, LOGANHOLME QLD 4129

**P: 1800 888 002**

**E:** robyncr@ozcare.org.au

**Web:** www.ozcare.org.au

The Ozcare Carelink Medical Alarm ensures seniors and adults with a disability maintain a lifeline to those who care for them. The Alarm is a 24 hour monitoring system that connects clients to help whenever they need it.

**Centacare Catholic Family and Community Services**

50 Fairway Drive, CLEAR ISLAND WATERS QLD 4226

**P: (07) 5527 7211**

**E:** cgc@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life.

**Centacare Catholic Family and Community Services**

PO Box 289, FORTITUDE VALLEY QLD 4006

58 Morgan Street, FORTITUDE VALLEY QLD 4006

**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life. Counselling programs include Anger Management and Domestic and Family Violence Prevention (groups for men, women and children) and court support services.

**CHARM (Community Health Assessment Relearning & Maintenance Program)**

PO Box 429, MIAMI QLD 4220

2019 Gold Coast Highway, MIAMI QLD 4220

**P: 1300 780 128**

**Web:** www.gpgc.com.au

A program for frail aged and disabled people providing centre based diversional therapy and support for clients that are socially isolated or have problems with daily living skills. Patients can self refer or can be referred by their GPs.

**Complete In - Home Care**

**P: 1800 264 012**

**Web:** www.completecare.com.au

Delivers community support services within the South East Queensland Region. Services include: Social Support, Domestic Assistance, Personal Care, Respite, Community Access and Transport.



**Crossroads Gold Coast**

23 Discovery Drive, HELENSVALE QLD 4212

**P: (07) 5553 9910**

**E:** crossroadsGC@newlife.unitingchurch.org.au

**Web:** www.crossroadsgc.org.au

It's a safe place where people 18yrs+ who have a physical &/or intellectual disability meet every Friday of the state school terms at Newlife Uniting Church from 9am-1.30pm.

**Currambin Happy Group**

Tenth Avenue, PALM BEACH QLD 4221

**P: (07) 5534 3074**

**E:** mowpalmbeach@bigpond.com

Social interaction and friendship for frail aged and anyone needing a friend.

**Department of Communities**

**P: 13 13 04**

**E:** enquiries@communities.qld.gov.au

**Web:** www.communities.qld.gov.au

Regional Service Delivery Operations; Strategy, Policy and Performance; Housing and Homelessness Services; Child Safety, Youth and Families, Community Participation; Sport and Recreation Services; Disability and Community Care Services; Multicultural Affairs Queensland; Aboriginal and Torres Strait Islander Services; Communities Property Portfolio.

**Department of Human Services NSW Ageing, Disability and Home Care - Far North Coast**

PO Box 305, TWEED HEADS NSW 2485

Hutton House 40 Frances Street,

TWEED HEADS NSW 2485

**P: (07) 5536 0400**

**E:** BMFNC@dadhc.nsw.gov.au

**Web:** www.dadhc.nsw.gov.au

Provides support and services to older people, people with disabilities, and their carers in NSW.

**DIAL-AN-ANGEL**

**P: (07) 5591 8891**

**E:** goldcoast@dialanangel.com

**Web:** www.dialanangel.com

Provides all home-based services e.g. domestic housekeeping, child care.

**Disability and Community Care Services**

**P: 1800 177 120**

**E:** disabilityinfo@disability.qld.gov.au

**Web:** www.disability.qld.gov.au

Provides support for sectors providing disability, community mental health, and home and community care.

**DRUG ARM Gold Coast**

7/19 Young Street, SOUTHPORT QLD 4215

**P: (07) 5532 0717**

**E:** adminqld@drugarm.com.au

**Web:** www.drugarm.com.au

Programs include the AOD: Alcohol & Other Drug Program, clinical and prevention program and the Schoolies Week Program.

**DRUG ARM Queensland**

PO Box 590, BRISBANE QLD 4001

Level 1, 24 Hamilton Place, BOWEN HILLS QLD 4006

**P: (07) 3620 8800**

**E:** adminqld@drugarm.com.au

**Web:** www.drugarm.com.au

Programs include Outreach Services including Street Outreach Services (SOS) operating in Brisbane, Bundaberg and Toowoomba and MOSHPIT specialised health outreach based in Brisbane. Treatment programs including case managed support, AOD (Alcohol and Other Drugs) Program and the QIDDI, Queensland Illicit Drugs Diversion Initiative also operate in various locations across Queensland.

**Endeavour Foundation**

PO Box 3555, TINGALPA DC QLD 4173

50 Southgate Avenue, CANNON HILL QLD 4170

**P: (07) 3908 7100**

**E:** Via website

**Web:** www.endeavour.com.au

Offers people with a disability a range of services including: accommodation; aged support; children focussed services; employment and education programs; and lifestyle support.

**Endeavour Services South East Queensland**

PO Box 1105, COORPAROO DC QLD 4151

49 Maynard Street, BURANDA QLD 4102

**P: (07) 3896 6000**

**E:** Via website

**Web:** www.endeavour.com.au

Residential Support Services offering 24hr one on one support, Learning and Lifestyle day support services and Business Services providing supported employment opportunities for people with a disability. Multiple service locations throughout South East Qld.

**Ethnic Communities Council of Queensland (ECCQ)**

PO Box 5916, WEST END QLD 4101

ECCQ House, 253 Boundary Street, WEST END QLD 4101

**P: (07) 3844 9166**

**E:** administration@eccq.com.au

**Web:** www.eccq.com.au

Advocacy; community development initiatives; state-wide health programs; support groups; cross cultural training; multicultural policy development and research and a resource and reference library.

**Family & Kids-Care Foundation Inc**

254 Jacaranda Avenue, KINGSTON QLD 4114

**P: (07) 3808 5288**

**E:** familykidscare@bigpond.com

**Web:** www.familyandkidscare.com.au

Various services for children and families in the community including practical and emergency assistance and accommodation support, crisis care, lifestyle support and educational/skills development programs. Telephone support is available 24/7.

**Federation Hub House**

PO Box 1759, SOUTHPORT QLD 4215

Owen Park, SOUTHPORT QLD 4215

**P: (07) 5591 1750**

**E:** clubfed\_supportteam@mifq.org.au

**Web:** www.mifa.org.au/federation-clubhouse

Provides a quiet space for people with mental illness to come together for social support and activities with individuals who may share similar experiences in life.

**Friendly Lot**

5 Meru Close, SOUTHPORT QLD 4215

**P: (07) 5597 0180**

**E:** leshal@bigpond.net.au

Social support and friendship for people with a disability. Must be able to manage own transport and go out with or without carers. Meets once a month at various locations around North Gold Coast area.

**FSG**

PO Box 2597, SOUTHPORT QLD 4215

16 Railway Street, SOUTHPORT QLD 4215

**P: (07) 5564 0655**

**E:** info@fsg.org.au

**Web:** www.fsg.org.au

Committed to innovation in human service delivery in Disability, Mental Health, Aged Care, Child Safety and Carer Support.

**Gold Coast Community Transport**

PO Box 7209, GOLD COAST MAIL CENTRE QLD 9726

3 Mic Veivers Way, SOUTHPORT QLD 4215

**P: (07) 5531 3312**

**E:** kwinzar@gcrs.com.au

Groups transport for people with a disability and frail aged (anyone HACC eligible). No individual transport.

**Gold Coast District Home and Community Care (HACC)**

PO Box 429, MIAMI QLD 4220

2019 Gold Coast Hwy, MIAMI QLD 4220

**P: 1300 780 128**

**Web:** www.goldcoasthealth.com.au

Domestic home assistance and social support.

**Gold Coast Project for Homeless Youth Inc.**

PO Box 2316, SOUTHPORT QLD 4215

**P: (07) 5591 3746**

**E:** gcphy@bigpond.net.au

**Web:** www.homelessyouth.com.au

Accommodation, facilities, living skills & welfare advice for young people aged 12-17 homeless or at risk.

**Gold Coast Recreation and Sport**

PO Box 7209, GOLD COAST MAIL CENTRE QLD 9726

3 Mic Veivers Way, SOUTHPORT QLD 4215

**P: (07) 5531 3312**

**E:** kwinzar@gcrs.com.au

Provides activities for people with a disability of all age groups.

**Gold Coast Youth Online**

**P: (07) 5581 6732**

**E:** youth@goldcoast.qld.gov.au

**Web:** www.youth.goldcoast.qld.gov.au

Information about youth services, activities and events for youth service organisations, parents and young people of the Gold Coast.

**Goldbridge Rehabilitation Services**

PO Box 3519, Australia Fair SOUTHPORT QLD 4215

16 White Street, SOUTHPORT QLD 4215

**P: (07) 5503 1255**

**E:** info@goldbridge.com.au

**Web:** www.goldbridge.com.au

Chronic and habitual licit and illicit drug use problem and compulsive/addiction behaviour services including: Residential Treatment; Transition Care; Education Programs; Community Access Programs and Goldbridge Outreach - information & referral and various family support and counselling services.

**headspace Gold Coast**

2/126 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5509 5900**

**E:** admin@headspacegoldcoast.org.au

**Web:** www.headspace.org.au/goldcoast

A youth friendly hub that provides services across four core streams: primary health care, mental health and alcohol and other drug (AOD) services, and social/vocational services.

**Headway Gold Coast Inc.**

25 Woodlands Way, ARUNDEL QLD 4214

**P: (07) 5574 4311**

**E:** admin@headwaygoldcoast.org

**Web:** www.headwaygoldcoast.org

Support for people (aged 18 to 65) with an acquired brain injury and their families - Transitional Accommodation - Residential Support - Community Support - Day Centre Internet Cafe.

**Health and Community Services Information Line**

GPO Box 8161, BRISBANE QLD 4001

**P: (07) 3837 5986**

**E:** adis@health.qld.gov.au

**Web:** www.health.qld.gov.au

Information and referrals available for health and community services in the Brisbane, Caboolture, Ipswich, Logan, Pine Rivers, Redland, and Redcliffe areas.

**Home and Community Care Services (HACC)**

GPO Box 806, BRISBANE QLD 4001

Disability Services Queensland, 313 Adelaide Street

BRISBANE QLD 4000

**P: (07) 3898 0100**

**E:** Admin@disability.qld.gov.au

**Web:** www.health.qld.gov.au/hacc

Funds basic maintenance and support services to help frail older people and younger people with disabilities to continue living in their community.

**Home Support Services Queensland**

Po Box 475, FULLARTON SA 5063

**P: 1800 684 175**

**E:** info@hssmail.com.au

**Web:** homesupportservices.com.au

Assist patients to leave hospital with home support, carer and respite services.

**Horizon Foundation**

PO Box 315, ROBINA DC QLD 4226

34 – 36 Glenferrie Drive, ROBINA QLD 4230

**P: (07) 5575 0222**

**E:** horizon@horizoninc.org

**Web:** www.horizoninc.org

Support and programs for families caring for a child, or adult family member, with a disability. Employment and training is offered to eligible job-seekers who face barriers to employment due to disability, illness, injury or other needs.

**House With No Steps Queensland**

PO Box 2213, BURLEIGH MAIL CENTRE QLD 4220

35 Hutchinson Street, BURLEIGH HEADS QLD 4220

**P: (07) 5593 8340**

**E:** queensland@hwns.com.au

**Web:** www.hwns.com.au

Services and opportunities for people with disabilities in Queensland, including various business and employment services; Community Services; Education & Training. Drug and Alcohol Counselling services are available on the Gold Coast and at Logan.

**Just Better Care - Gold Coast**

Suite 18 Lvl 2 Runaway Bay Marina,

247 Bayview Street, RUNAWAY BAY QLD 4216

**P: (07) 5577 3600**

**E:** mailgc@justbettercare.com.au

**Web:** www.justbettercare.com.au

Domestic Assist, Personal Care, Respite, Dementia care, Support for a person with a disability, Transportation or Overnight care, Social Support under HACC Program or privately.

**Kalwun HACC**

PO Box 2123, NERANG QLD 4211

118 Bonogin Road, MUDGEERABA QLD 4213

**P: (07) 5522 9197**

**E:** agedcare@kalwun.com.au

**Web:** www.kalwun.com.au

Supports ATSI people in the Gold Coast area through the ageing process.

**Kingston East Neighbourhood Group Inc**

P.O Box 622, WOODRIDGE QLD 4114

177 Meakin Road, SLACKS CREEK QLD 4127

**P: (07) 3808 1684**

**E:** admin@keng.org.au

**Web:** www.keng.org.au

Promotes personal well-being through access to information, resources and learning opportunities that respond to the needs of the community.

**Lakeview Day Respite Centre**

PO Box 3065, ROBINA TOWN CENTRE QLD 4230

186 Robina Town Centre Drive, Robina Town Centre, ROBINA QLD 4230

**P: (07) 5562 0232**

**Web:** www.fsg.org.au

Works with individuals with a disability who are over 18 years and their family/carer to develop an individual lifestyle support and employment programs.

**Life without Barriers**

Po Box 713, BEENLEIGH QLD 4207

**P: (07) 3442 6600**

**E:** qldstateadmin@lwb.org.au

**Web:** www.lwb.org.au

Assists children and young people, people living with a disability, people living with a mental health issue and other vulnerable persons to live safer and more enriched lives. Links 4 Life, Disability, Healthy Minds, Youth Justice, Immigration, and Homelessness programs.

**Logan East Community Centre**  
PO Box 1230, SPRINGWOOD QLD 4127  
Corner Cinderella Drive & Vanessa Blvd,  
SPRINGWOOD QLD 4127

**P: (07) 3808 4529**

**E:** [lecna@lecna.org.au](mailto:lecna@lecna.org.au)

**Web:** [www.lecna.org.au](http://www.lecna.org.au)

Emergency relief; NILS; Information and referrals;  
Counselling; School holiday program; Playgroups;  
Recreation Groups; KNIT life-skills parenting program and  
Room Hire.

**Logan Women's Health Centre and Wellbeing Centre**

1 Mary Street, KINGSTON QLD 4114

**P: (07) 3808 9233**

**E:** [admin@loganwomen.com.au](mailto:admin@loganwomen.com.au)

**Web:** [www.loganwomen.com.au](http://www.loganwomen.com.au)

Information & Referral, General Counselling, Visiting Health  
Professionals, Self Help Groups, Training & Education.

**Logan-Beaudesert District Health Service**

97 - 103 Wembley Road, LOGAN CENTRAL QLD 4114

**P: (07) 3290 8900**

**Web:** [www.health.qld.gov.au](http://www.health.qld.gov.au)

Allied health services, domestic assistance, personal care,  
and social support.

**Meals on Wheels - Gold Coast District**

2 Whitby Street, SOUTHPORT QLD 4215

**P: (07) 5532 1429**

**E:** [mowsouthport@bigpond.com.au](mailto:mowsouthport@bigpond.com.au)

**Web:** [www.qmow.org](http://www.qmow.org)

Delivered meals to frail, aged, younger disabled and their  
carers.

**Mental Illness Fellowship of Queensland - Gold Coast**

Biggera Waters LPO, PO Box 168,

BIGGERA WATERS QLD 4216

Unit 3/14-28 Ivan Street, ARUNDEL QLD 4214

**P: (07) 5563 8855**

**E:** [goldcoast@mifq.org.au](mailto:goldcoast@mifq.org.au)

**Web:** [www.mifq.org.au](http://www.mifq.org.au)

Provides high quality lifestyle and accommodation support  
services on a needs basis that facilitates the development of  
independence, living skills and social networks within the  
community.

**MontroseAccess Gold Coast**

PO Box 761, LABRADOR QLD 4215

Corner Allied Drive & Byth Street, ARUNDEL QLD 4214

**P: (07) 5509 9300**

**E:** [information@montroseaccess.org.au](mailto:information@montroseaccess.org.au)

**Web:** [www.montroseaccess.org.au](http://www.montroseaccess.org.au)

Community based therapy services, recreation programs  
and respite programs for children and young adults

throughout Queensland with physically disabling conditions  
of varying severity, including acquired brain injury.

**Multicap**

PO Box 4013, EIGHT MILE PLAINS QLD 4113

269 Padstow Road, EIGHT MILE PLAINS QLD 4113

**P: (07) 3340 9000**

**E:** [info@multicap.org.au](mailto:info@multicap.org.au)

**Web:** [www.multicap.org.au](http://www.multicap.org.au)

Support options for people with multiple disabilities, and  
challenging and complex behaviours, their families and  
carers in Queensland. Offers centre based, older carer, and  
short term emergency placement Respite Services in  
various locations.

**Multicultural Communities Council Gold Coast**

PO Box 345, ASHMORE CITY QLD 4214

1 Dominions Road, ASHMORE QLD 4214

**P: (07) 5527 8011**

**E:** [mail@mccgc.com.au](mailto:mail@mccgc.com.au)

**Web:** [www.mccgc.com.au](http://www.mccgc.com.au)

Promotes the wellbeing of CALD communities through  
various advocacy groups, aged services, and lifestyle and  
community support programs.

**MultiLink Community Services Inc**

PO Box 146, WOODRIDGE QLD 4114

38 Blackwood Road, LOGAN CENTRAL QLD 4114

**P: (07) 3808 4463**

**E:** [support@multilink.org.au](mailto:support@multilink.org.au)

**Web:** [www.multilink.org.au](http://www.multilink.org.au)

Provides a wide range of youth, aged, disability and  
multicultural services.

**Nerang Meals On Wheels**

35 Mylor St, NERANG QLD 4211

**P: (07) 5596 1026**

**E:** [nerangmow@hotmail.com](mailto:nerangmow@hotmail.com)

**Web:** [www.qmow.org](http://www.qmow.org)

Delivered meals for frail, aged, younger disabled and their  
carers.

**Newlife Care**

4 Greenwich Court, ROBINA QLD 4226

**P: (07) 5593 3262**

**E:** [newlifecare@newlife.unitingchurch.org.au](mailto:newlifecare@newlife.unitingchurch.org.au)

**Web:** [www.newlifecareinc.com.au](http://www.newlifecareinc.com.au)

Provides counselling and support to people in the  
community who may be experiencing either discomfort in  
their personal life or their relationship with others. Areas  
include: Anger management; Abuse (Physical,  
psychological and sexual); Anxiety; Child and teenage  
management; Depression; Divorce and separation; Family  
conflict; Financial Counselling; Gambling; Gender Issues;

Grief and loss; Guilt; Relationship issues; Role issues; Self  
esteem; and Stress management.

**On Track Community Programs Inc**

141 Minjungbal Drive, TWEED HEADS NSW 2486

**P: (07) 5524 9732**

**E:** [admin@ontrack.ngo.org.au](mailto:admin@ontrack.ngo.org.au)

**Web:** [www.ontrack.ngo.org.au](http://www.ontrack.ngo.org.au)

Community based support services for people experiencing  
mental illness, disability, homelessness or extreme  
disadvantage and their families.

**Ozcare**

PO Box 912, FORTITUDE VALLEY QLD 4006

66 River Terrace, KANGAROO POINT QLD 4169

**P: (07) 3028 9000**

**E:** Via website.

**Web:** [www.ozcare.org.au](http://www.ozcare.org.au)

Aged Care; Community Health; Community Care;  
Community Support - Drug and Alcohol Services,  
Community Access Disability Services, Homeless Men's  
Hostels, Women's Refuges and Shelters, Family  
Accommodation Programs, Rural Families Projects.

**Ozcare - Dementia Advisory and Support Services**

North Hill Drive, ROBINA QLD 4226

**P: (07) 5569 6200**

**E:** [caroline.davitt2ozcare.org.au](mailto:caroline.davitt2ozcare.org.au)

**Web:** [www.ozcare.org.au](http://www.ozcare.org.au)

A state-wide Home and Community Care (HACC) funded  
program designed to assist service providers, people living  
with dementia and their carers. Provides Client care co-  
ordination, Counselling/Support, Information, Advocacy,  
Education and Training.

**Ozcare Gold Coast Community Health**

PO Box 4094, ROBINA TOWN CENTRE QLD 4230

North Hill Drive, Lot 801 Highfield Drive ROBINA QLD 4226

**P: (07) 5569 6200**

**E:** [comcare.robina@ozcare.org.au](mailto:comcare.robina@ozcare.org.au)

**Web:** [www.ozcare.org.au](http://www.ozcare.org.au)

A range of care services, including Nursing, Mental Health  
and Allied Health, and Social Support, to members of the  
community, from infants to the aged. Programs provide care  
and assistance 24 hours a day, seven days a week,  
according to client needs.

**Ozcare North Gold Coast Community Support**

PO Box 613, ASHMORE CITY QLD 4214  
3 Frinton Street, SOUTHPORT QLD 4215

**P: (07) 5583 7860**

**E:** comcare.labrador@ozcare.org.au

**Web:** www.ozcare.org.au

Community Support - Family Accommodation Programs;  
HACC Homeless Outreach Program; Resident Support Program.

**Palm Beach Happy Group**

Tenth Avenue, PALM BEACH QLD 4221

**P: (07) 5535 6444**

**E:** mowpalmbeach@bigpond.com

Social interaction and friendship for frail aged and disabled.

**Palm Beach Share "n" Care Centre**

Tenth Avenue, PALM BEACH QLD 4221

**P: (07) 5535 6444**

**E:** mowpalmbeach@bigpond.com

Variety of activities for over 50's and meals on wheels.

**Paradise Point Meals on Wheels**

PO Box 440, PARADISE POINT QLD 4216

**P: (07) 5577 3188**

**E:** ppmow@bigpond.com

**Web:** www.qmow.org

Delivered meals to frail, aged, younger disabled and their carers.

**QPASTT – Qld Program of Assistance to Survivors of Torture and Trauma**

PO Box 6254, FAIRFIELD QLD 4103

50 Shottery Street, YERONGA QLD 4104

**P: (07) 3391 6677**

**E:** admin@qpastt.org.au

**Web:** www.qpastt.org.au

Services for adults, young people, children and families from refugee backgrounds, who have survived torture or war related trauma. Counselling, advocacy, group work, psycho-education, information sessions, recreational programs. Also offers capacity building and services to other organisations.

**Queensland Association for Healthy Communities (QAHC)**

PO Box 1372 Eagle, EAGLE FARM BC QLD 4009

30 Helen Street, NEWSTEAD QLD 4006

**P: (07) 3017 1777**

**E:** info@qahc.org.au

**Web:** www.qahc.org.au

Promoting the health and well-being of lesbian, gay, bisexual and transgender Queenslanders. Services include: HIV & Hepatitis C Prevention; Queensland Aboriginal and Torres Strait Islander HIV/AIDS Program; Lesbian, Gay,

Bisexual and Transgender Health Systems Project; LGBT Health Issues; Healthy LGBT Communities Fund; LGBT Resource Centre; and The Hope Fund - small grants of goods and services for people living with HIV who are in need.

**Queensland Injectors Health Network (QuiHN) Ltd**

PO Box 2470, FORTITUDE VALLEY BC QLD 4006

89-101 Gipps Street, FORTITUDE VALLEY QLD 4006

**P: 1800 172 076**

**E:** manager.inhouse@quihn.org

**Web:** www.quihn.org

A state-wide NGO that addresses illicit drug use in the community by providing confidential clinical and non clinical counselling, social support services and life skills programs, non- residential rehabilitation programs, education and training, needle and syringe programs, health promotion, advocacy and outreach services, and information programs that relate to illicit drug use, blood borne viruses, sexual health, and/or psycho social and physical health issues affecting illicit drug users.

**Queensland Injectors Health Network (QuiHN) Ltd**

PO Box 3499, BURLEIGH TOWN CENTRE QLD 4220

12/99 West Burleigh Road, BURLEIGH HEADS QLD 4220

**P: (07) 5520 7900**

**E:** coordinator.positivechanges@quihn.org

**Web:** www.quihn.org

Offers Positive Changes: individual and group counselling; Detox programs; Family support programs; Support groups; Needle & Syringe Programs and Support. Women's Circle group: an informal, non-judgmental child friendly space for women, with or without kids.

**Real Community Services (RCS) ABI Support**

Po Box 1249, OXLEY QLD 4075

2145 Ipswich Road, OXLEY QLD 4075

**P: (07) 3725 6500**

**E:** abi@realcommunityservices.com.au

**Web:** www.realcommunityservices.com.au

Assistance to adults and children with an acquired brain injury. RCS collaborates with case managers, allied health professionals and families to provide targeted coordination and support staff to implement rehabilitation programs.

**Real Community Services (RCS) Lifestyle Support**

Po Box 1249, OXLEY QLD 4075

2145 Ipswich Road, OXLEY QLD 4075

**P: (07) 3725 6511**

**E:** swaide@realcommunityservices.com.au

**Web:** www.realcommunityservices.com.au

Responsive coordination and support to clients with a disability and youth within the child protection framework.

**Real Community Services (RCS) Staffing Agency**

Po Box 1249, OXLEY QLD 4075

2145 Ipswich Road, OXLEY QLD 4075

**P: (07) 3725 6500**

**E:** bookings@realcommunityservices.com.au

**Web:** www.realcommunityservices.com.au

Specialises in the recruitment of temporary, permanent and contract (locum) staffing needs in the human services industry.

**Relationships Australia**

13/107 Miles Platting Road, EIGHT MILE PLAINS QLD 4113

**P: 1300 364 277**

**E:** generalenquiries@relateqld.com.au

**Web:** www.relationships.com.au

Delivers a wide range of services including: counselling, family dispute resolution, personal development and education, parenting skills training, men and family relationships programs, specialised family violence programs, early intervention services, child-focused programs and practices, and programs which specifically engage indigenous and culturally and linguistically diverse (CALD) families, groups and communities. Victims Counselling and Support Service: 1300 139 703  
www.vcss.org.au Aftercare Resource Centre: 1800 501 560  
www.aftercareresourcecentre.org.au Gambling Help Service: 1800 858 858 - For services in your local area.

**Riding for the Disabled Association Queensland (RDAQ)**

PO Box 529, BURPENGARY QLD 4505

Shaftesbury Citizenship Campus, Corner Bruce Highway and Deception Bay Road, BURPENGARY QLD 4505

**P: (07) 3888 5277**

**E:** admin@rdaq.org.au

**Web:** www.rdaq.org.au

RDAQ enables people with varying abilities and volunteers the opportunity to experience enjoyment and achieve personal goals through participation in sporting and therapeutic equestrian programmes in a safe and supportive environment, resulting in improved quality of life.

**Riding for the Disabled Association Queensland (RDAQ) Arundel Park**

387 Brisbane Road, COOMBABAH QLD 4216

**P: (07) 5594 0305**

**E:** arundelpark\_rda@iprimus.com.au

**Web:** www.rdaq.org.au

Opportunity for people with varying abilities to enjoy horse riding in a safe environment.



**Riding for the Disabled Association Queensland (RDAQ) Currumbin Valley**

Andres's Road, TALLEBUDGERA QLD 4228

**P: (07) 5536 1224**

**E:** bevhumphries@optusnet.com.au

**Web:** www.rdaq.org.au

Opportunity for people with varying abilities to enjoy horse riding in a safe environment.

**Ryan's Place**

**P: (07) 3299 1444**

**E:** ryansplace@rfq.com.au

**Web:** www.rfq.com.au

A consumer partnered drop-in and activity program for people with mental illness in the Logan-Beaudesert area.

**Sailability Gold Coast Inc**

1 Marina Crescent, HOLLYWELL QLD 4216

**P: 0405 199 934**

**E:** admin@sailabilitygc.org

**Web:** www.sailabilitygc.org

Sailing for people with disabilities. Operates Tuesdays from Southport Yacht Club's Sailing Squadron premises at Hollywell.

**Salvation Army Beaudesert Community Services Centre**

PO Box 301, BEAUDESERT QLD 4285

Shop 6, 113 Brisbane Street, BEAUDESERT QLD 4285

**P: (07) 5541 2909**

**Web:** www.salvos.org.au

Provides practical emergency, food, financial, legal and lifestyle assistance for disadvantaged families, migrants, ethnic communities and individuals facing financial pressure.

**Salvation Army Elanora Community Services Centre**

Kalamunda Close, ELANORA QLD 4221

**P: (07) 5521 0997**

**E:** judy.lee@aue.salvationarmy.org

**Web:** www.salvos.org.au

Provides practical emergency, food, financial, legal and lifestyle assistance for disadvantaged families, migrants, ethnic communities and individuals facing financial pressure.

**Shepherd Community Services**

73 Rio Vista Boulevard, BROADBEACH WATERS QLD 4218

**P: (07) 5592 2247**

**E:** reception@shepherdgoldcoast.org

**Web:** www.centacarebrisbane.net.au/community\_care

In-home Respite Care and Day Centre for people with a disability aged 0-60yrs.

**Someone Who Cares (Qld) Pty Ltd**

Suite 1, 35 Township Drive,

BURLEIGH HEADS QLD 4220

**P: (07) 5520 0122**

**E:** achristine@swconline.com.au

**Web:** www.someonewhocares.com.au

Aged and Disability lifestyle support. We offer a full support service to enable people to remain living in their own home.

**South Coast Area Home And Community Care Office**

Level 6, 8-10 Karp Court, BUNDALL QLD 4217

**P: (07) 5570 8521**

**E:** June\_Wells@health.qld.gov.au

**Web:** www.health.qld.gov.au/hacc

Provides Education, Training and Information in support of the 48 HACC funded Service Providers on the Gold Coast.

**Southern Cross Community Services**

Suite 12, 34 Glenferrie Drive, ROBINA QLD 4230

**P: (07) 5580 8755**

**E:** sharone@sccqld.com.au

**Web:** www.sccqld.com.au

Residential Care, Community Care and Retirement Living. Community care services include domestic assistance, personal support and In-home respite.

**Southern Star Community Services**

Chestnut Street, ELANORA QLD 4221

**P: (07) 5535 3422**

**E:** southernstar1@bigpond.com

**Web:** www.centacarebrisbane.net.au

For persons 5 - 65 years with 1 or more disabilities. In-home respite and variety of day activities.

**Southport Rotary Youth Centre Inc**

PO Box 2760, SOUTHPORT QLD 4215

Corner of Garden & Lawson Streets, SOUTHPORT QLD 4215

**P: (07) 5591 3700**

**E:** sfgc@setfree.org.au

Available for hire for sports and other activities.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120

138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spiritus Community Care**

**P: 1300 785 853**

**Web:** www.spiritus.org.au

In-home Nursing and Personal Care; Community Aged Care Packages; Veterans' Home Care; In-home and centre

based Respite Services; Social support services; Healthy living wellness programs; Domestic assistance; Palliative care; Chronic conditions self-management; Mobile Acute Care; Homeless Program.

**Spiritus Positive Directions**

**P: 1800 422 313**

**Web:** www.positivedirections.org.au

A state-wide care coordination, information and referral service for People Living with HIV/AIDS (or PLHIV) in Queensland, linking PLHIV to services that they are eligible for.

**St Vincent de Paul Society**

**P: (07) 3010 1000**

**E:** state.admin@svdpqld.org.au

**Web:** www.vinnies.org.au

Services for people in need include: aged care, migrant and refugee services, home, hospital, prison and detention centres visitation, homeless person's services, clothing and assistance centres, care for people with psychiatric disabilities, vocational services for people with a disability, drug, alcohol and gambling counselling, financial counselling, disaster recovery and street vans as well as specialised Vinnies Youth services.

**St Vincent de Paul Society - Gold Coast**

PO Box 418, LABRADOR QLD 4215

**P: (07) 5561 4710**

**E:** gcc.office.dc@svdpqld.org.au

**Web:** www.vinnies.org.au

Services to individuals and families including: Home, hospital, aged care and prison visitations; Emergency Assistance & Food Relief; Child & Family Programs, Counselling Services; Home Assistance; Beaudesert Food Division; Beaudesert Housing; and Vinnies Centres. Helpline: (07) 5561 4702. Home Assist: (07) 5598 1073 Home Maintenance: (07) 5561 4701.

**St. Joseph's Youth Service**

15-17 Frances Street, TWEED HEADS NSW 2485

**P: (07) 5589 1800**

**E:** admin@sjys.org.au

Youth Accommodation for 16-21yrs for up to 6 months. Outreach service target group 14-25yrs. Lifeskills and goal setting programs. Emergency relief.

**Telecross**

PO Box 1822, MILTON QLD 4064  
Humanity Place, 49 Park Road, MILTON QLD 4064  
**P: 1300 885 698**

**E:** qldredcross@redcross.org.au

**Web:** www.redcross.org.au/qld

Provides a daily reassurance telephone call to the frail, aged, people with a disability or medically at risk to check on their health and well-being.

**The Australian Red Cross**

PO Box 1822, MILTON QLD 4064  
Humanity Place, 49 Park Road, MILTON QLD 4064  
**P: 1300 554 419**

**E:** qldredcross@redcross.org.au

**Web:** www.redcross.org.au/qld

Aged Care and Health Services - Community Visitors Scheme, Emergency Medical Accommodation Centres, Personal Helpers & Mentors Program; Business, Training and Employment Services; Emergency Services; Family Support Services; First Aid, Health and Safety Services; Community Partnering; Youth and Development Services; Migration support.

**The Disabled Surfers Association of Australia Inc. (DSA) Gold Coast**

PO Box 932, BURLEIGH HEADS QLD 4220  
**P: 0412 191 880**

**E:** dsa@disablersurfers.org

**Web:** www.disabledsurfers.org

Surfing for people with disabilities.

**The Migrant Centre**

Shop 2B, 91 Scarborough Street, SOUTHPORT QLD 4215  
**P: (07) 5591 7261**

**E:** info@migrantcentre.org

**Web:** www.migrantcentre.org

Qualified migration & visa advise; Professional Counselling; Vocational Guidance; Employment; Mediation & Conflict Resolution; Information and referrals; Legal Referrals; Networking, Liaison, Advocacy and Lobbying; Translation & Interpreting; Housing, Rental/Tenancy.

**The Salvation Army Nerang Community Services Centre**

PO Box 599, NERANG QLD 4211  
Unit 5 Dalmar Centre, 43-45 Price Street, NERANG QLD 4211

**P: (07) 5596 0764**

**E:** patricia.norman@aue.salvationarmy.org

**Web:** www.salvos.org.au

Provides practical emergency, food, financial, legal and lifestyle assistance for disadvantaged families, migrants, ethnic communities and individuals facing financial pressure.

**The Salvation Army Southport Community Services Centre**

PO Box 1680, SOUTHPORT QLD 4215  
3/80 Davenport Street, SOUTHPORT QLD 4215

**P: (07) 5591 2729**

**E:** brian.surch@aue.salvationarmy.org

**Web:** www.salvos.org.au

Provides practical emergency, food, financial, legal and lifestyle assistance for disadvantaged families, migrants, ethnic communities and individuals facing financial pressure.

**The Salvation Army Still Waters**

PO Box 888, ASHMORE CITY QLD 4214

**P: (07) 5591 1776**

**E:** stillwaters@aue.salvationarmy.org

**Web:** www.salvos.org.au

Short & medium term crisis accommodation for single women and women with children. Lifestyle support including Living skills and parenting skills.

**Transcord Community Transport Inc**

PO Box 4207, ASHMORE QLD 4214  
Unit 2, 153 Cotlew Street, ASHMORE QLD 4214

**P: (07) 5539 3733**

**E:** transcom@redzone.com.au

Co-ordinates transport to enable frail aged people, people with disabilities and their carers on the Gold Coast to attend allied health, medical appointments and social appointments.

**Transformations**

2 Monaco Street, SURFERS PARADISE QLD 4217

**P: (07) 5592 3677**

**E:** info@transformation.net.au

**Web:** www.transformation.net.au

Crisis accommodation for men, long term Residential Drug and Alcohol Rehabilitation, and Feeding & Community Life Skills programs.

**Trinity Disability Support Service**

**P: (07) 5532 4686**

Independent Living Skills support for people living primarily with a mild to moderate intellectual disability. Clients may have a secondary mental health disability. Client needs to be Disability Services funding eligible.

**Twin Towns Meals On Wheels**

C/O Tweed Heads Hospital, Powell Street, TWEED HEADS NSW 2485

**P: (07) 5506 7481**

Offers practical youth programs and community care services for the elderly including home support and youth homelessness or disengagement from school programs.

**Varsity Lakes Community Resource Centre Inc.**

Jim Harris Park, 20 Mattocks Road,0 VARSITY LAKES QLD 4227

**P: (07) 5593 7006**

**E:** info@varsitylakes.org.au

**Web:** varsitylakes.org.au

Community Support & Referral agency funded by Department of Communities. We offer social activities and programs for community of Varsity Lakes and Burleigh Waters

**Veteran's Home Care**

**P: 133 254**

**E:** vhomecare@dva.gov.au

**Web:** www.dva.gov.au

The Veterans' Home Care (VHC) program provides low level home care services to eligible veterans and war widows and widowers. Arrange an Assessment for Respite Services.

**Vision Australia**

**P: 1300 84 74 66**

**E:** info@visionaustralia.org

**Web:** www.visionaustralia.org

A non-profit leading provider of blindness and low vision services.

**Wesley Mission Brisbane - Gold Coast Service Hub**

208 Highfield Drive, ROBINA QLD 4226

**P: (07) 5569 1800**

**E:** yara@wmb.org.au

**Web:** www.wmb.org.au

Offers practical youth programs and community care services for the elderly including home support and youth homelessness or disengagement from school programs.

**Wesley Mission Brisbane - Logan City Services**

PO Box 1147, BEENLEIGH QLD 4207

**P: (07) 3287 1290**

**E:** k.clayton@wmb.org.au

**Web:** www.wmb.org.au

Semi-supported independent accommodation for 16-21yrs. Advice, Advocacy and Referral services. Programs for young parents, FAB (family), HOPS (housing options) and more.

**Women's Infolink**

**P: 1800 177 577**

**E:** info@women.qld.gov.au

**Web:** www.women.qld.gov.au

Information and referral for community services and government agencies supporting women.

## Men's Support

### Bethany Care Ltd

PO Box 441, ROBINA QLD 4226

**P: (07) 5501 8070**

**E:** enquiries@bethanycare.org

**Web:** www.bethanycare.org

A range of lifestyle supports such as Women's 'Body Rock', men's groups, special events, Christian counselling, resource library for families, Community access and referrals. Assists people with disabilities aged 5-65 with intellectual, physical, sensory and psychiatric disabilities.

### Blair Athol Accommodation & Support Program

93 Golden Four Drive, BILINGA QLD 4225

**P: (07) 5536 2173**

**E:** bathol@bigpond.com

**Web:** www.blairathol.org

Crisis accommodation for single men & women, families & young people. Crisis intervention & counselling and lifestyle support. 24/7 Crisis Line and business hours Information service.

### Centacare Catholic Family and Community Services

Suite 50/207 Currumburra Road, ASHMORE QLD 4212

**P: (07) 5556 9900**

**E:** ash@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life.

### Centacare Catholic Family and Community Services

PO Box 289, FORTITUDE VALLEY QLD 4006

58 Morgan Street, FORTITUDE VALLEY QLD 4006

**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life. Counselling programs include Anger Management and Domestic and Family Violence Prevention (groups for men, women and children) and court support services.

### Dads in Distress

PO Box 2333, COFFS HARBOUR NSW 2450

**P: 1300 853 437**

**E:** didsadmin@bigpond.com

**Web:** www.dadsindistress.asn.au

A community based organisation dedicated to reducing the incidence of male suicide resulting from relationship and family breakdown. Events, news, information, meeting information available from hotline.

### Domestic Violence Prevention Centre Gold Coast Inc

PO Box 409, SOUTHPORT QLD 4215

**P: (07) 5532 9000 (Counselling Line)**

**E:** info@domesticviolence.com.au

**Web:** www.domesticviolence.com.au

Services including crisis intervention, counselling for women and children, groups for women and children, court assistance, men's programs, community education and training, community awareness activities as well as having been the driver for the Gold Coast Domestic Violence Integrated Response.

### DVconnect Mensline

P.O. Box 10575, Adelaide Street, BRISBANE QLD 4000

**P: 1800 600 636**

**Web:** www.dvconnect.org

Professional counselling and information and referral, and acts as a strategic point of referral for Queensland men around issues of domestic and family violence, relationship problems and other significant issues for men.

### Family & Kids-Care Foundation Inc

254 Jacaranda Avenue, KINGSTON QLD 4114

**P: (07) 3808 5288**

**E:** familykidscare@bigpond.com

**Web:** www.familyandkidscare.com.au

Various services for children and families in the community including practical and emergency assistance and accommodation support, crisis care, lifestyle support and educational/skills development programs. Telephone support is available 24/7.

### Family Relationship Centre Gold Coast

Suite 11 207 Currumburra Road, Ashmore Commercial Centre, ASHMORE QLD 4214

**P: (07) 5656 1700**

**E:** rwilson@centacarebrisbane.net.au

**Web:** www.familyrelationships.gov.au

Information and support for families at any stage of their relationship including referral service for specific needs and requirements. Provide joint sessions with parents to help them to focus on the needs of their children and agree on parenting arrangements.

### Gaydads

**P: Barry 0419 661 145**

Support Group for gay fathers.

### Goori House

PO Box 1186, CLEVELAND QLD 4163

**P: (07) 3821 7633**

**E:** admin@goorihouse.org.au

**Web:** www.goorihouse.org.au

A 24/7 community based service providing brief intervention and diversion strategies for Indigenous men referred for alcohol and other drug problems.

### Lifeline

PO Box 307, BROADBEACH QLD 4218

2741 Gold Coast Highway, BROADBEACH QLD 4218

**P: (07) 5579 6000**

**E:** reception.goldcoast@lccq.org.au

**Web:** www.lifeline.org.au/goldcoast

Child, Youth and Family Services; Personal Counselling; Financial Counselling; Anger Management Courses; Child and Youth Sexual Abuse Service; Suicide Bereavement & Grief Support.

### MARS

**P: 0412 600 022**

**E:** franc\_hayes@yahoo.com.au

**Web:** www.marsaustralia.org

Support group for Men Affected by Rape & Sexual Abuse.

### Men's Wellbeing Inc

PO Box 1633, COORPAROO QLD 4151

**P: (07) 3102 4777**

**E:** admin@menswellbeing.org

**Web:** www.menswellbeing.org

Developing the wellbeing of men to foster healthy relationships, families and communities. Experiential programs enable men to support men through groups, gatherings and online resources.

### MensLine Australia

**P: 1300 78 99 78**

**E:** talkitover@menslineaus.org.au

**Web:** www.menslineaus.org.au

A professional information and referral service for men, specialising in family and relationship concerns.

### Nerang Neighbourhood Centre

PO Box 357, NERANG QLD 4211

29 Martin Street, NERANG QLD 4211

**P: (07) 5578 2457**

**E:** nnc@nncinc.com.au

Information & Referral Services; Support groups for men, youth & teens; food bank; yoga; parenting; GROW; African community; homicide victims support; community development program; and youth justice program.

**Oxenford & Coomera Community Youth Centre**

25 Oxenford Tamborine Road, OXENFORD QLD 4210

**P: (07) 5529 8087**

**E:** admin@youthcentre.org.au

**Web:** www.youthcentre.org.au

Aged, Youth & Family Groups and Support; Sport & Recreation; Job Readiness Program; Counselling; Maori & PI Workshops; JP Service; Free Legal Advice; Free Tax Return Help; Hall Hire.

**Ozcare**

PO Box 912, FORTITUDE VALLEY QLD 4006

66 River Terrace, KANGAROO POINT QLD 4169

**P: (07) 3028 9000**

**E:** Via website.

**Web:** www.ozcare.org.au

Aged Care; Community Health; Community Care; Community Support - Drug and Alcohol Services, Community Access Disability Services, Homeless Men's Hostels, Women's Refuges and Shelters, Family Accommodation Programs, Rural Families Projects.

**QPASTT – Qld Program of Assistance to Survivors of Torture and Trauma**

PO Box 6254, FAIRFIELD QLD 4103

50 Shottery Street, YERONGA QLD 4104

**P: (07) 3391 6677**

**E:** admin@qpastt.org.au

**Web:** www.qpastt.org.au

Services for adults, young people, children and families from refugee backgrounds, who have survived torture or war related trauma. Counselling, advocacy, group work, psycho-education, information sessions, recreational programs. Also offers capacity building and services to other organisations.

**Relationships Australia**

13/107 Miles Platting Road,

EIGHT MILE PLAINS QLD 4113

**P: 1300 364 277**

**E:** generalenquiries@relateqld.com.au

**Web:** www.relationships.com.au

Delivers a wide range of services including: counselling, family dispute resolution, personal development and education, parenting skills training, men and family relationships programs, specialised family violence programs, early intervention services, child-focused programs and practices, and programs which specifically engage indigenous and culturally and linguistically diverse (CALD) families, groups and communities. Victims Counselling and Support Service: 1300 139 703  
www.vcss.org.au Aftercare Resource Centre: 1800 501 560  
www.aftercareresourcecentre.org.au Gambling Help Service: 1800 858 858 - For services in your local area.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120

138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spiritus Counselling and Education Services - Kinections**

PO Box 8121, WOOLLOONGABBA QLD 4102

5 Reid Street, WOOLLOONGABBA QLD 4102

**P: 1300 114 397**

**E:** kinections@spiritus.org.au

**Web:** www.kinections.com.au

A family and relationships counselling service providing individual and group counselling and educational services to Queensland families and agencies, including the Family Relationship Services Program (FRSP) and Domestic and Family Violence Program.

**Transformations**

2 Monaco Street, SURFERS PARADISE QLD 4217

**P: (07) 5592 3677**

**E:** info@transformation.net.au

**Web:** www.transformation.net.au

Crisis accommodation for men, long term Residential Drug and Alcohol Rehabilitation, and Feeding & Community Life Skills programs.

**Tweed Community Health - Sexual Assault Services**

Florence Street, TWEED HEADS NSW 2485

**P: (07) 5506 7540**

**Web:** www.ncahs.nsw.gov.au

Provides counselling and support to men, women and children who have been sexually assaulted recently or in the past, including non-offending parents/carers and other family members. Also, provides groups for survivors of sexual assault (both adults and children), court support, community education, and 24 hour crisis support.

**Youth & Family Service (Logan City) Inc.**

PO Box 727, WOODRIDGE QLD 4114

376 Kingston Road, SLACKS CREEK QLD 4127

**P: (07) 3826 1500**

**E:** yfs@yfs.org.au

**Web:** www.yfs.org.au

YFS is a not-for-profit organisation, run by, for and with the local community. People of all ages in Logan City and the surrounding areas use YFS services. We aim to help people overcome problems and reach their goals in life. We offer many different services, from legal advice to disability support; from counselling to help finding work.

**Mental Health Organisations****ARAFMI Tasmania**

PO Box 717, MOONAH TAS 7009

3 Bowen Road, MOONAH TAS 7009

**P: (03) 6228 7448**

**E:** south@arafmitas.org.au

**Web:** www.arafmitas.org.au

Support for families, friends and people with a mental health issue.

**Australian Council of Social Service**

Locked Bag 4777, STRAWBERRY HILLS NSW 2012

Leve 2, 619 Elizabeth Street, REDFERN QLD 2016

**P: (02) 9310 6200**

**E:** info@acoss.org.au

**Web:** www.acoss.org.au

The peak council of the Australian community services and welfare sector.

**Australian Counselling Association (ACA) Inc**

PO Box 88, GRANGE QLD 4051

43C Carberry Street, GRANGE QLD 4051

**P: (07) 3356 4255**

**E:** aca@theaca.net.au

**Web:** www.theaca.net.au

A national progressive professional peak association of counsellors and psychotherapists.

**Australian Indigenous Psychologists Association (AIPA)**

**Web:** www.indigenouspsychology.com.au

AIPA is a professional association working to increase the number of Indigenous psychologists and to lead the change required to deliver equitable, accessible, sustainable, timely and culturally competent psychological care to Aboriginal and Torres Strait Islander peoples in urban, regional and remote Australia.

**Australian Institute for Suicide Research and Prevention (AISRAP)**

Room 1.48 Psychology Building (M24), Griffith University, Messines Ridge Road, MT GRAVATT QLD 4122

**P: (07) 3735 3382**

**E:** aisrap@griffith.edu.au

**Web:** www.griffith.edu.au/health/australian-institute-suicide-research-prevention

Conducts research in all aspects of suicide prevention and manages the Queensland Suicide Register. Also provides education and training for health and allied professionals.



**Australian Mental Health Outcomes and Classification Network**

Locked Bag 7118, PARAMATTA BC NSW 2124

**P: (02) 9840 3833**

**E:** info@amhcn.org

**Web:** www.amhcn.org

The Australian Mental Health Outcomes and Classification Network (AMHOCN) was established by the Australian Government in December 2003 to provide leadership to the mental health sector to support the sustainable implementation of the outcomes and casemix collection as part of routine clinical practice.

**Australian Psychological Society (APS)**

PO Box 38, FLINDERS LANE VIC 8009

Level 11, 257 Collins Street, MELBOURNE VIC 300

**P: (03) 8662 3300**

**E:** contactus@psychology.org.au

**Web:** www.psychology.org.au

The largest professional association for psychologists in Australia. Services include Practitioner and Academic Resources, Continuing Professional Development, Community Information, Study and Career Resources, News, Publications and Products. Call or see website for referral to a psychologist in your area.

**beyondblue: the national depression initiative**

PO Box 6100, HAWTHORNE WEST VIC 3122

**P: 1300 224 636**

**E:** bb@beyondblue.org.au

**Web:** www.beyondblue.org.au

beyondblue is a national, independent, not-for-profit organisation working to address increase awareness and understanding of depression, anxiety and related disorders in Australia. For information on depression, anxiety and related disorders, available treatments and where to get help, visit www.beyondblue.org.au or call the beyondblue info line 1300 22 4636.

**Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA)**

GPO Box 9820, BRISBANE QLD 4001

Level 1-3 100 Creek Street, BRISBANE QLD 4000

**P: 1300 653 227**

**Web:** www.fahcsia.gov.au

Works to improve the impact and management of relevant Commonwealth Government policies, programs and initiatives. Areas include: Carers; Child Support; Communities; Families & Children; Gambling & Drugs; Housing & Homelessness; Indigenous People; Mental Health; People with Disability; Seniors; Volunteers; Women; International Social Security Agreements.

**Disability and Community Care Services**

**P: 1800 177 120**

**E:** disabilityinfo@disability.qld.gov.au

**Web:** www.disability.qld.gov.au

Provides support for sectors providing disability, community mental health, and home and community care.

**Indigenous Allied Health Australia Inc**

PO Box 323, DEAKIN WEST ACT 2600

Unit C, 10 Thesiger Court, DEAKIN WEST ACT 2600

**P: (02) 6285 1010**

**E:** admin@indigenoualliedhealth.com.au

**Web:** www.indigenoualliedhealth.com.au

Indigenous Allied Health Australia (IAHA), incorporated since June 2009, is the peak body to advocate and support Indigenous Allied Health Professionals.

**Inspire Foundation - Reach Out Pro**

PO Box 1790, ROZELLE NSW 2039

102 Beattie Street, BALMAIN NSW 2039

**P: (02) 8585 9300**

**Web:** www.reachoutpro.com.au

Access and advice for health care professionals on a range of technologies and online resources that can be used to enhance the effectiveness of psychosocial support and mental health care provided to young people.

**Mental Health Act 2000**

**E:** mha2000@health.qld.gov.au

**Web:** www.health.qld.gov.au/mha2000

This site provides information, publications, factsheets and brochures about Queensland's mental health legislation.

**Mental Health Act Liaison Officer**

Mental Health Branch Queensland Health,

FORTITUDE VALLEY QLD 4006

**P: 1800 989 451**

**E:** mha2000@health.qld.gov.au

**Web:** www.health.qld.gov.au/mha2000

Information and advice on Patient Rights, Justices Examination Order (JEO), Classified patient information order (CPIO), and other issues pertaining to the Mental Health Act 2000.

**Mental Health Association QLD**

GPO Box 78, BRISBANE QLD 4001

**P: 1300 729 686**

**E:** mhConnect@mentalhealth.org.au

**Web:** www.mentalhealth.org.au

MHAQ provides quality early intervention mental health services and programs that support the community to make mental health connections, develop mental health literacy and participate in employment as a foundation for recovery.

**Mental Health Council of Australia**

PO Box 174, DEAKIN WEST ACT 2600

**P: (02) 6285 3100**

**E:** admin@mhca.org.au

**Web:** www.mhca.org.au

The peak, national non-government organisation representing and promoting the interests of the Australian mental health sector and better mental health for all Australians.

**Mental Health Council of Tasmania (MHCT)**

Suite 5, Mayfair Plaza, 236 Sandy Bay Road,

SANDY BAY TAS 7005

**P: (03) 6224 9222**

**E:** Via website.

**Web:** www.mhct.org

MHCT is the peak body representing the interests of community mental health consumer organisations, carer organisations and service provider organisations. We provide a public voice for people affected by mental illness and the organisations in the community sector that work with them. We advocate for effective public policy on mental health for the benefit of the Tasmanian community as a whole.

**Mental Health Court**

Brisbane Qld 4000,

Level 3 Forestry House, 160 Mary Street,

BRISBANE QLD 4000

**P: (07) 3234 0703**

**E:** registrarmhc@health.qld.gov.au

**Web:** www.courts.qld.gov.au/4428.htm

Decides the state of mind of people charged with criminal offences, hears appeals from the Mental Health Review Tribunal and inquires into the lawfulness of patients' detention in authorised mental health facilities.

**Mental Health Directorate (Qld Health)**

PO Box 2368, FORTITUDE VALLEY BC QLD 4006

Level 2 15 Butterfield Street, HERSTON QLD 4006

**P: (07) 3328 9506**

**Web:** www.health.qld.gov.au/mentalhealth/

Website provides overview of mental health information and services in Queensland Health.

**Mental Health Foundation**

PO Box 78, WODEN ACT 2606

**P: (02) 6282 6658**

**E:** info@mhf.org.au

**Web:** www.mhf.org.au

The Mental Health Foundation is a non government agency, established in 1984, with an innovative approach to the delivery of high quality services for people with mental illness, an involvement in mental health promotion at the community level, and a strong commitment to effective consumer participation in all of its activities.

**Mental Health Foundation of Australia (Victoria)**

270 Church Street, RICHMOND VIC 3121

**P: (03) 9427 0406**

**E:** admin@mentalhealthvic.org.au

**Web:** www.mentalhealthvic.org.au

The Mental Health Foundation of Australia (Victoria) is the oldest Mental Health Association in Australia. It is an organisation of professionals, sufferers, families of sufferers, related organisations concerned with mental health and concerned members of the public.

**Mental Health Law Clinic**

PO Box 3631, SOUTH BRISBANE BC QLD 4101

**P: (07) 3846 6317**

**E:** mhlc@qpilch.org.au

**Web:** www.qpilch.org.au

The Clinic's primary focus is to provide assistance in matters before the Mental Health Review Tribunal and legal problems arising from the application of the Mental Health Act 2000 (Qld). The Clinic cannot represent you before a tribunal or a court. However, if appropriate, we may be able to refer your matter for pro bono legal assistance to a law firm or barrister under one of our referral schemes. Assistance is provided over the telephone and in writing, no face to face interviews.

**Mental Health Resource Service**

North Cairns QLD 4870,

10 Thomas Street, CAIRNS QLD 4870

**P: 07 4051 9622**

**E:** mhrrs@centacarecairns.org

**Web:** www.mentalhealthcentacarecairns.org

Information and referral, Counselling, Self - help groups, Community Education and awareness, Individual transition support from a correctional facility

**Mental Health Review Tribunal**

Brisbane Qld 4000,

Floor 4 80 Albert Street, BRISBANE QLD 4000

**P: 1800 006 478**

**E:** enquiry@mhrt.qld.gov.au

**Web:** www.mhrt.qld.gov.au

The main purpose of the Tribunal is to protect the rights of persons who are receiving involuntary treatment (ITO) for mental illness. It does this by providing regular review to decide whether the involuntary treatment (ITO) needs to continue.

**Mental Illness Education Qld Inc**

PO Box 533, COOLUM BEACH QLD 4573

**P: (07) 5473 9090**

**E:** qld@miea.org.au

**Web:** www.miea.org.au

Provides mental illness awareness programs, including specific Indigenous programs, to education facilities, primarily high schools, across Queensland.

**Mental Illness Fellowship of Queensland - Gold Coast**

Biggera Waters LPO, PO Box 168,

BIGGERA WATERS QLD 4216

Unit 3/14-28 Ivan Street, ARUNDEL QLD 4214

**P: (07) 5563 8855**

**E:** goldcoast@mifq.org.au

**Web:** www.mifq.org.au

Provides high quality lifestyle and accommodation support services on a needs basis that facilitates the development of independence, living skills and social networks within the community.

**Mental Illness Fellowship of South Australia (MIFSA)**

PO Box 310, MARLESTON SA 5033

MIFSA, 5 Cooke Terrace, WAYVILLE SA 5034

**P: (08) 8378 4100**

**E:** mifsa@mifsa.org

**Web:** www.mifsa.org

MIFSA is the largest specialist mental health non government organisation in South Australia. MIFSA offers a diverse range of programs and services for people living with mental illness, carers and the community.

**Mental Illness Fellowship of Victoria**

PO Box 359, CLIFTON HILL VIC 3068

Fairfield Place 276 Heidelberg Road, FAIRFIELD VIC 3078

**P: (03) 8486 4200**

**E:** enquiries@mifellowship.org

**Web:** www.mifellowship.org

Mental Illness Fellowship is Victoria's leading membership based not-for-profit organisation working with people with mental illness, their families and friends to improve their well being. Helpline available for Victorian residents 9am-5pm, Monday to Friday.

**Mental Illness Fellowship of WA Inc (MIFWA)**

P.O. Box 8422, PERTH BC WA 6849

110 Edward Street, PERTH WA 6000

**P: (08) 9228 0200**

**E:** info@mifwa.org.au

**Web:** www.mifwa.org.au/mifwa

The Mental Illness Fellowship of WA Inc (MIFWA) acts as a first point of call for people with mental illness, their carers, family and friends in providing information and support. MIFWA is committed to promoting an understanding of issues relating to mental illness in the community leading to better mental health.

**National Advisory Council on Mental Health (NACMH)**

**E:** NACMH@health.gov.au

**Web:**

www.health.gov.au/internet/mentalhealth/publishing.nsf/Content/National+Advisory+Council+on+Mental+Health

The NACMH provides independent and confidential advice to Government on mental health issues as requested by the Commonwealth Minister for Health and Ageing. The council was established in 2008 and funds of \$2.4 million were made available to support the work of the NACMH over the three years, 2008 - 2011. The council consists of 10 members, appointed as individual experts, rather than representatives of particular organisations, professions, or constituency groups.

**National Mental Health Consumer & Carer Forum**

PO Box 174, DEAKIN WEST ACT 2600

**P: (02) 6285 3100**

**E:** nmhccf@mcha.org.au

**Web:** www.nmhccf.org.au

The combined national voice for consumers and carers participating in the development of mental health policy and sector development in Australia.

**NSW Association for Mental Health**

Level 5, 80 William Street, EAST SYDNEY NSW 2011

**P: (02) 9399 6000**

**E:** mha@mentalhealth.asn.au

**Web:** www.mentalhealth.asn.au

Provides information, support and education to people who are affected by the symptoms of mental illness. MHA provides two information lines: the Mental Health Information Service (1300 794 991) and the Anxiety Disorders Information Line (1300 794 992).

**Psychotherapy and Counselling Federation of Australia**

290 Park Street, NORTH FITZROY VIC 3068

**P: (03) 9486 3077**

**E:** admin@pacfa.org.au

**Web:** www.pacfa.org.au

A peak body for Member Associations which meet the standards as appropriate for professional practitioners within the disciplines of counselling and psychotherapy in the Australian community.

**Queensland Centre for Mental Health Learning (QCMHL)**

Locked Bag 500, SUMNER PARK Queensland 4074,  
Corner Ellerton Drive & Wolston Park Road, WACOL QLD 4076

**P: (07) 3271 8837**

**E:** qcmhl@health.qld.gov.au

**Web:** www.health.qld.gov.au/qcmhl

Delivers a range of training programs and courses for government departments, non-government organisations and consumers and carers in the mental health sector.

**Queensland Council of Social Service (QCOSS)**

PO Box 3786, SOUTH BRISBANE QLD 4101  
Ground Floor, 20 Pidgeon Close, WEST END QLD 4101  
**P: (07) 3004 6900**

**E:** qcoss@qcoss.org.au

**Web:** www.qcoss.org.au

Strives to promote social justice in our society by providing a public voice for and with Queenslanders affected by poverty and inequality, and leads on significant social, health and community sector issues.

**Queensland Forensic Mental Health**

**E:** fmhqmhl@health.qld.gov.au

**Web:** www.health.qld.gov.au/forensicmentalhealth/

This site provides information about the Queensland forensic mental health system.

**Queensland Health Victim Support Service**

Brisbane GPO, Locked Bag 3411 BRISBANE QLD 4001  
Ground Floor, 15 Butterfield Street, HERSTON QLD 4006  
**P: 1800 208 005**

**E:** Victim\_Support@health.qld.gov.au

**Web:** www.health.qld.gov.au/qhvss/

If you or someone you know is a victim of an offence where the person has been diverted to the forensic mental health system from the criminal justice system, you can contact the Queensland Health Victim Support Service (QHVSS) to access free, confidential information, counselling and support throughout Queensland.

**SANE Australia**

**P: 1800 18SANE (7263)**

**E:** helpline@sane.org

**Web:** www.sane.org

Information, advice and referral for anyone concerned about mental illness.

**The Park- Centre for Mental Health Treatment, Research and Education**

Locked Bag 500, SUMNER PARK QLD 4074  
Corner Ellerton Drive & Wolston Park Road,  
WACOL QLD 4076

**P: (07) 3271 8222**

**E:** the\_park@health.qld.gov.au

**Web:** www.health.qld.gov.au/the\_park/

A Tertiary Mental Health facility providing a diverse range of mental health services, including extended inpatient care, Dual Diagnosis, Adolescent Rehabilitation, and Forensic Services, mental health research and education.

**The Queensland Alliance of Mental Illness and Psychiatric Disability Groups Incorporated**

PO Box 696, FORTITUDE VALLEY QLD 4006  
Level 2, 266 Brunswick Street, FORTITUDE VALLEY QLD 4006  
**P: (07) 3832 2600**

**E:** admin@qldalliance.org.au

**Web:** www.qldalliance.org.au

The peak body for the Queensland mental health community sector. Goals are social inclusion and community well-being; a community based, recovery focused mental health system focused; and improved access to information and strategies that promote mental health.

**Top End Association for Mental Health (TEAMhealth) Inc**

GPO Box 4050, DARWIN CITY NT 0801  
Level 5, Cavenagh Street, DARWIN NT 0800

**P: 1300 780 081**

**E:** teamhealth@teamhealth.asn.au

**Web:** www.teamhealth.asn.au

TEAMhealth's services are provided within a model of recovery focussed psychosocial rehabilitation and within the framework of the National Mental Health Plan and Standards. TEAMhealth works closely with other specialist service providers such as Top End Mental Health Services (TEMHS), drug/alcohol services and other non-government organisations.

**Western Australian Association for Mental Health**

City West Lotteries House, 2 Delhi Street,  
WEST PERTH WA 6005

**P: (08) 9420 7277**

**E:** reception@waamh.org.au

**Web:** www.waamh.org.au

WAAMH is the peak body for the community based Mental Health Sector in WA for the benefit of people with mental illness and their carers. We are an information and referral service with over 100 members. We coordinate Mental Health Week in Western Australia.

**Youthbeyondblue**

PO Box 6100, HAWTHORNE WEST VIC 3122

**P: 1300 224 636**

**E:** bb@beyondblue.org.au

**Web:** www.youthbeyondblue.com

Youthbeyondblue is the arm of beyondblue that has a specific focus on young people aged 12 to 25 years. Youthbeyondblue programs and projects centre on early intervention and prevention of high prevalence mental health problems for young people and also on increasing awareness and understanding of depression, anxiety and related disorders in Australian Youth. For information on depression, anxiety and related disorders, available treatments and where to get help, visit [www.youthbeyondblue.com](http://www.youthbeyondblue.com) or call the beyondblue info line 1300 22 4636.

**Multicultural Support****ACCES Services Inc**

P.O. Box 10, LOGAN CENTRAL QLD 4114  
92 Wembley Road, LOGAN CENTRAL QLD 4114  
**P: (07) 3412 8222**

**E:** accessinc@asi.org.au

**Web:** www.accessservicesinc.org.au

Community development, settlement and employment initiatives, and personal support programs to address the needs of disadvantaged community groups including migrants, refugees, humanitarian entrants and temporary protection visa holders.

**African Communities Association Gold Coast Inc. (ACA)**

PO Box 3548, Australia Fair SOUTHPORT QLD 4215  
**P: 0421 357 612**

**E:** info@africancommunities.com.au

**Web:** www.africancommunities.com.au

Support for the African community on the Gold Coast.

**Blue Care Beaudesert Community Care and Allied Health Services**

PO Box 340, BEAUDESERT QLD 4285  
7 Duckett Street, BEAUDESERT QLD 4285  
**P: (07) 5541 2280**

**E:** beaudesert.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Blue Care Beenleigh Community Care and Allied Health Services**

PO Box 484, BEENLEIGH QLD 4207  
32-50 Mt Warren Boulevard, MT WARREN PARK QLD 4207

**P: (07) 3287 2041**

**E:** beenleigh.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers. Volunteer Service also.

**Blue Care Coomera Community Care**

12 Jowett Street, COOMERA QLD 4209  
**P: (07) 5573 7433**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, or people with a disability.

**Blue Care Fassifern Community & Respite Care**

PO Box 152, BOONAH QLD 4310  
10a Macquarie Street, BOONAH QLD 4310

**P: (07) 5463 2684**

**E:** fassifern.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Blue Care Lower South Coast/Tweed Community Care**

1 Pines Lane, ELANORA QLD 4221

**P: (07) 5534 6177**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, or people with a disability.

**CALD Community Action Group**

**P: (07) 5527 8013**

**E:** agnesmaddock@bigpond.com.au

Program for carers and care recipients with disability, mental illness, chronic medical conditions and/or frail-aged and who are from culturally and linguistically diverse backgrounds. Links to community services.

**Carers QLD CALD Program**

**P: (07) 3900 8122**

**E:** cald@carersqld.asn.au

**Web:** www.carersqld.asn.au

To assist HACC eligible of culturally and linguistically diverse backgrounds to access culturally appropriate Home and Community Care Services.

**Co.As.It. Italian Australian Welfare Association Inc.**

PO Box 5017, Q SUPERCENTRE QLD 4218  
18 Fairwy Drive, CLEAR ISLAND WATERS QLD 4221

**P: (07) 5554 6599**

**E:** cristinai@coasit.asn.au

**Web:** www.coasit.asn.au

Respite and multilingual support services for members of CALD Communities. Individual & family crisis support programs; advocacy; community education; counselling; frail aged and disability day-respite and support.

**Department of Communities**

**P: 13 13 04**

**E:** enquiries@communities.qld.gov.au

**Web:** www.communities.qld.gov.au

Regional Service Delivery Operations; Strategy, Policy and Performance; Housing and Homelessness Services; Child Safety, Youth and Families, Community Participation; Sport and Recreation Services; Disability and Community Care

Services; Multicultural Affairs Queensland; Aboriginal and Torres Strait Islander Services; Communities Property Portfolio.

**Department of Immigration and Citizenship (DIAC)**

PO Box 2868, SOUTHPORT QLD 4215  
Level 1 72 Nerang Street, SOUTHPORT QLD 4215

**P: 131 881**

**Web:** www.immi.gov.au

Handles Visa, Immigration, and Citizenship enquiries and applications.

**Ethnic Communities Council of Queensland (ECCQ)**

PO Box 5916, WEST END QLD 4101  
ECCQ House, 253 Boundary Street, WEST END QLD 4101

**P: (07) 3844 9166**

**E:** administration@eccq.com.au

**Web:** www.eccq.com.au

Advocacy; community development initiatives; state-wide health programs; support groups; cross cultural training; multicultural policy development and research and a resource and reference library.

**Immigrant Women's Support Service**

PO Box 5490, WEST END QLD 4101

**P: (07) 3846 3490 (DV)**

**E:** mail@iwss.org.au

**Web:** www.iwss.org.au

Works with women & children of non English speaking background experiencing domestic violence, or have experienced rape or sexual assault.

**Life without Barriers**

Po Box 713, BEENLEIGH QLD 4207

**P: (07) 3442 6600**

**E:** qldstateadmin@lwb.org.au

**Web:** www.lwb.org.au

Assists children and young people, people living with a disability, people living with a mental health issue and other vulnerable persons to live safer and more enriched lives. Links 4 Life, Disability, Healthy Minds, Youth Justice, Immigration, and Homelessness programs.

**Multicultural Communities Council Gold Coast**

PO Box 345, ASHMORE CITY QLD 4214  
1 Dominions Road, ASHMORE QLD 4214

**P: (07) 5527 8011**

**E:** mail@mccgc.com.au

**Web:** www.mccgc.com.au

Promotes the wellbeing of CALD communities through various advocacy groups, aged services, and lifestyle and community support programs.

**Multicultural Families Organisation**

**P: (07) 5571 0381**

**E:** mfamilies@mfo.org.au

**Web:** www.mfo.org.au

Services to multicultural women and families. Referral, advocacy, counselling. Assistance with adjustment to a new country, and access to translators.

**MultiLink Community Services Inc**

PO Box 146, WOODRIDGE QLD 4114  
38 Blackwood Road, LOGAN CENTRAL QLD 4114

**P: (07) 3808 4463**

**E:** support@multilink.org.au

**Web:** www.multilink.org.au

Provides a wide range of youth, aged, disability and multicultural services.

**National Ethnic Disability Alliance (NEDA)**

PO Box 160, COBURG VIC 3058

**P: 1300 486 038**

**E:** office@neda.org.au

**Web:** www.neda.org.au

The national peak organisation representing the rights and interests of people from non-English speaking background (NESB) with disability, their families and carers throughout Australia.

**Nerang Neighbourhood Centre**

PO Box 357, NERANG QLD 4211  
29 Martin Street, NERANG QLD 4211

**P: (07) 5578 2457**

**E:** nnc@nncinc.com.au

Information & Referral Services; Support groups for men, youth & teens; food bank; yoga; parenting; GROW; African community; homicide victims support; community development program; and youth justice program.

**QPASTT – Qld Program of Assistance to Survivors of Torture and Trauma**

PO Box 6254, FAIRFIELD QLD 4103  
50 Shottory Street, YERONGA QLD 4104

**P: (07) 3391 6677**

**E:** admin@qpastt.org.au

**Web:** www.qpastt.org.au

Services for adults, young people, children and families from refugee backgrounds, who have survived torture or war related trauma. Counselling, advocacy, group work, psycho-education, information sessions, recreational programs. Also offers capacity building and services to other organisations.



**Refugee and Immigration Legal Service (RAILS)**

PO Box 5143, WEST END QLD 4101  
Level 1, 170 Boundary Street, WEST END QLD 4101  
**P: (07) 3846 3189**

**E:** admin@rails.org.au

**Web:** www.rails.org.au

Works with volunteers to provide free legal advice, assistance and community education to disadvantaged people.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120  
138 Juliette Street, GREENSLOPES QLD 4120  
**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**St Vincent de Paul Society**

**P: (07) 3010 1000**

**E:** state.admin@svdpqld.org.au

**Web:** www.vinnies.org.au

Services for people in need include: aged care, migrant and refugee services, home, hospital, prison and detention centres visitation, homeless person's services, clothing and assistance centres, care for people with psychiatric disabilities, vocational services for people with a disability, drug, alcohol and gambling counselling, financial counselling, disaster recovery and street vans as well as specialised Vinnies Youth services.

**SWITC (Support With Interpreting, Translating and Communication)**

PO BOX 465, MOOROOKA QLD 4105

**P: (07) 3892 8559**

**E:** switc@deafsq.org.au

**Web:** www.switc.org.au

Accessible to all Disability, HACC and Mental Health organisations who receive funding from Disability Services Queensland providing free interpreting and translations to their clients.

**The Australian Red Cross**

PO Box 1822, MILTON QLD 4064  
Humanity Place, 49 Park Road, MILTON QLD 4064  
**P: 1300 554 419**

**E:** qldredcross@redcross.org.au

**Web:** www.redcross.org.au/qld

Aged Care and Health Services - Community Visitors Scheme, Emergency Medical Accommodation Centres, Personal Helpers & Mentors Program; Business, Training and Employment Services; Emergency Services; Family Support Services; First Aid, Health and Safety Services; Community Partnering; Youth and Development Services; Migration support.

**The Migrant Centre**

Shop 2B, 91 Scarborough Street, SOUTHPORT QLD 4215  
**P: (07) 5591 7261**

**E:** info@migrantcentre.org

**Web:** www.migrantcentre.org

Qualified migration & visa advise; Professional Counselling; Vocational Guidance; Employment; Mediation & Conflict Resolution; Information and referrals; Legal Referrals; Networking, Liaison, Advocacy and Lobbying; Translation & Interpreting; Housing, Rental/Tenancy.

**TIS National - the Translating and Interpreting Service**

**P: 131 450**

**E:** tispromo@immi.gov.au

**Web:** www.immi.gov.au/tis

For people who do not speak English and for the English speakers who need to communicate with them. Available 24/7 for any person or organisation in Australia.

**Obsessive Compulsive Disorder****Anxiety Online**

PO Box 218, HAWTHORNE VIC 3122

**E:** contactus@anxietyonline.org.au

**Web:** www.anxietyonline.org.au

A comprehensive online mental health service offering information, assessment, online diagnosis and treatment programs ("eTherapy") for various anxiety disorders.

**Bond University Psychology Clinic**

Ground Floor Humanities and Social Science Building,  
Bond University, University Drive, ROBINA QLD 4229

**P: (07) 5595 2527**

**E:** psych\_clinic@bond.edu.au

**Web:** www.bond.edu.au/life-at-bond/facilities-services/psychology-clinic

A private university teaching clinic for psychologists undertaking postgraduate study in clinical or forensic psychology, and functions as a centre for clinical research providing psychological services to the Gold Coast community.

**Gold Coast Obsessive Compulsive Disorder Support Group (GCOCDSG)**

GPO Box 78, BRISBANE QLD 4001

Unit 30 3-15 Jackman Street, SOUTHPORT QLD 4215

**P: 1300 729 686**

**E:** mhconnect@mentalhealth.org.au

**Web:** www.mentalhealth.org.au

Group aimed at assisting and supporting people that suffer from Obsessive Compulsive Disorder (OCD), and their families and friends. Group meets on the 1st Wednesday each month 6:30pm until 8:30pm. For more information please contact mhConnect on 1300 729 686 or visit the MHAQ Website Support Groups page.

**Pain Management****Australian Pain Management Association**

GPO Box 2104, BRISBANE QLD 4001

**P: (07) 3391 6629**

**E:** secretary.apma@bigpond.com

**Web:** www.painmanagement.org.au

A health promotion charity providing advocacy, options and community support for sufferers of persistent (chronic) pain, their carers and families. PAIN LINK helpline 1300 340 357.

**Ethnic Communities Council of Queensland (ECCQ)**

PO Box 5916, WEST END QLD 4101

ECCQ House, 253 Boundary Street WEST END QLD 4101

**P: (07) 3844 9166**

**E:** administration@eccq.com.au

**Web:** www.eccq.com.au

Advocacy; community development initiatives; state-wide health programs; support groups; cross cultural training; multicultural policy development and research and a resource and reference library.

**Multidisciplinary Pain Centre**

Level 4 Drive James Mayne Building, Royal Brisbane and Women's Hospital, Herston Road, HERSTON QLD 4029

**P: (07) 3636 6141**

**Web:** www.health.qld.gov.au

Offers inpatient and outpatient assessment and care to patients with chronic pain of cancer and non-cancer origin who are referred by registered medical practitioners, general practitioners or specialists.

**Parenting****ACT for Kids**

PO Box 669, LABRADOR QLD

31 Olsen Avenue, LABRADOR QLD 4215

**P: (07) 5537 5040**

**E:** goldcoast@actforkids.com.au

**Web:** www.abusedchildtrust.com.au

Programs include the Sexual Abuse Outreach Counselling Service; Parenting Programs; Early Intervention Development Allied Health Services for children affected by abuse or neglect; and Protective Behaviour Education for primary school children; Counselling for children up to the age of 12 who have been affected by abuse or neglect; Mums & Bubs group; and an Outreach Team is available from Varsity Lakes.

**ACT for Kids**

PO Box 94, ALBION QLD 4010  
80 Kedron Park Road, WOOLLOOWIN QLD 4030

**P: (07) 3357 9444**

**E:** brisbanenorth@actforkids.com.au

**Web:** www.actforkids.com.au

ACT for Kids is an Australian charity which works to treat and prevent child abuse. Programs include: Intensive Therapy; Safe Houses; Sexual Abuse Counselling; ACT for Kids Preschool; Safety Classes in Schools; Help for Families at Risk; Mentoring for Teens; and Child Protection Training.

**Autism Gold Coast Inc**

PO Box 2272, BURLEIGH HEADS QLD 4220

**P: (07) 5559 1747**

**E:** admin@autismgoldcoast.com.au

**Web:** www.autismgoldcoast.com.au

A self help, non profit, registered charity, and support group that holds information sessions, workshops and sibling support programs. Also provides a Resource library, telephone and email support and Family activities.

**Autism Queensland**

PO Box 354, SUNNYBANK QLD 4109

473 Hellowell Road, SUNNYBANK HILLS QLD 4109

**P: (07) 3273 0000**

**E:** admin@autismqld.com.au

**Web:** www.autismqld.com.au

Provides a comprehensive range of specialised services and family and respite support for people of all ages living with Autism and their families throughout Queensland.

**BeauCare**

PO Box 572, BEAUDESERT QLD 4285

44 Tina Street, BEAUDESERT QLD 4285

**P: (07) 5541 3762**

**E:** admin@beaucare.org.au

**Web:** www.beaucare.org.au

Provides a broad range of community services including child care, family support, youth development, community development and support services for the frail aged and people with a disability.

**Beyond Baby Blues**

Suite 9 North Building, Robina East Quays, 34-36 Glenfarrie Drive ROBINA QLD 4226

**P: (07) 5562 0466**

**E:** lakesiderooms@iinet.net.au

**Web:** www.lakesiderooms.com.au

Perinatal Depression Program Support Group- Free to mums who are pregnant or post birth up to 12 months at risk of depression. Referral via GP.

**Bond University Psychology Clinic**

Ground Floor Humanities and Social Science Building, Bond University, University Drive, ROBINA QLD 4229

**P: (07) 5595 2527**

**E:** psych\_clinic@bond.edu.au

**Web:** www.bond.edu.au/life-at-bond/facilities-services/psychology-clinic

A private university teaching clinic for psychologists undertaking postgraduate study in clinical or forensic psychology, and functions as a centre for clinical research providing psychological services to the Gold Coast community.

**Centacare Catholic Family and Community Services**

50 Fairway Drive, CLEAR ISLAND WATERS QLD 4226

**P: (07) 5527 7211**

**E:** cgc@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life.

**Centacare Catholic Family and Community Services**

PO Box 289, FORTITUDE VALLEY QLD 4006

58 Morgan Street, FORTITUDE VALLEY QLD 4006

**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life. Counselling programs include Anger Management and Domestic and Family Violence Prevention (groups for men, women and children) and court support services.

**Child Development and Behaviour Service**

PO Box 5699, GOLD COAST MC QLD 9726

**P: (07) 5570 8553**

**Web:** www.goldcoasthealth.com.au

A community-based, multidisciplinary health service involved in the assessment and management of children aged 0 to 10 years referred with problems of development, such as communication, movement, emotions, behaviour or socialisation.

**Children by Choice**

237 Lutwyche Road, WINDSOR QLD 4030

**P: (07) 3357 5377**

**E:** advocacy@childrenbychoice.org.au

**Web:** www.childrenbychoice.org.au

Counselling, information and referral for women on ALL options with an unplanned pregnancy: abortion, adoption and parenting. State-wide, free telephone counselling. Face-to-face counselling available at our Brisbane office.

**Collective Support**

8 Keen Court, BUNBURY WA 6230

**P: (08) 9795 4604**

**E:** info@collectivesupport.com.au

**Web:** www.collectivesupport.com.au

An online support community that provides support for issues including depression, relationships, parenting, grief, divorce, cancer, domestic violence and sexual assault. Provides access face to face counselling via web cam or opportunities to participate in private group forums.

**Disability and Community Care Services**

**P: 1800 177 120**

**E:** disabilityinfo@disability.qld.gov.au

**Web:** www.disability.qld.gov.au

Provides support for sectors providing disability, community mental health, and home and community care.

**DRUG ARM Queensland**

PO Box 590, BRISBANE QLD 4001

Level 1, 24 Hamilton Place, BOWEN HILLS QLD 4006

**P: (07) 3620 8800**

**E:** adminqld@drugarm.com.au

**Web:** www.drugarm.com.au

Programs include Outreach Services including Street Outreach Services (SOS) operating in Brisbane, Bundaberg and Toowoomba and MOSHPIT specialised health outreach based in Brisbane. Treatment programs including case managed support, AOD (Alcohol and Other Drugs) Program and the QIDDI, Queensland Illicit Drugs Diversion Initiative also operate in various locations across Queensland.

**Family & Kids-Care Foundation Inc**

254 Jacaranda Avenue, KINGSTON QLD 4114

**P: (07) 3808 5288**

**E:** familykidscare@bigpond.com

**Web:** www.familyandkidscare.com.au

Various services for children and families in the community including practical and emergency assistance and accommodation support, crisis care, lifestyle support and educational/skills development programs. Telephone support is available 24/7.

**Family Relationship Centre Gold Coast**

Suite 11 207 Currumburra Road, Ashmore Commercial Centre, ASHMORE QLD 4214

**P: (07) 5656 1700**

**E:** rwilson@centacarebrisbane.net.au

**Web:** www.familyrelationships.gov.au

Information and support for families at any stage of their relationship including referral service for specific needs and requirements. Provide joint sessions with parents to help them to focus on the needs of their children and agree on parenting arrangements.

**Family Relationships Advise Line****P: 1800 050 321****Web:** www.familyrelationships.gov.au

Provides advice to individuals experiencing relationship or family difficulties including info on family law system, separation, conflict and dispute resolution.

**Family Relationships Online****E:** FROhelp@fahcsia.gov.au**Web:** www.familyrelationships.gov.au

Information about family relationship issues, ranging from building better relationships to dispute resolution, and links to services that can assist them to manage relationship, custody and parenting issues.

**Foundations Child & Family Support Parenting Orders Program**

4/184 Scarborough Street, SOUTHPORT QLD 4215

**P: 1300 854 733****E:** goldcoast-pop@foundations-cafs.org.au**Web:** www.foundations-cafs.org.au

The Parenting Orders Program seeks to provide support, raise awareness and encourage understanding in families experiencing separation.

**FSG**

PO Box 2597, SOUTHPORT QLD 4215

16 Railway Street, SOUTHPORT QLD 4215

**P: (07) 5564 0655****E:** info@fsg.org.au**Web:** www.fsg.org.au

Committed to innovation in human service delivery in Disability, Mental Health, Aged Care, Child Safety and Carer Support.

**Gaydads****P: Barry 0419 661 145**

Support Group for gay fathers.

**Illoura Child and Family Counselling Centre**

31 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 1955****E:** illoura@qb.com.au**Web:** www.qbc.com.au

Child and Family Counselling; Premarital, Marriage/ Relationship Counselling; Loss & Grief; Stress/ Anxiety/ Depression; Mediation; Addiction; Sexual Abuse; Domestic Violence Counselling. Programs:- Parenting Courses; Family fun days; Women's nights out; Arts and Crafts; Cooking Classes; Christmas Luncheon.

**Integrated Family and Youth Service (IFYS)**

PO Box 1291, MAROOCHYDORE QLD 4558

**P: (07) 5438 3000****E:** admin@ifys.com.au**Web:** www.ifys.com.au

Specialist support and intervention programs for children, young people and families. Provides accommodation, support and counselling services at various locations throughout Queensland.

**Jigsaw****P: (07) 5564 8665**

Support group for post-adoptive parents, and relinquishing parents and relatives.

**Kingston East Neighbourhood Group Inc**

P.O Box 622, WOODRIDGE QLD 4114

177 Meakin Road, SLACKS CREEK QLD 4127

**P: (07) 3808 1684****E:** admin@keng.org.au**Web:** www.keng.org.au

Promotes personal well-being through access to information, resources and learning opportunities that respond to the needs of the community.

**Lifeline**

PO Box 307, BROADBEACH QLD 4218

2741 Gold Coast Highway, BROADBEACH QLD 4218

**P: (07) 5579 6000****E:** reception.goldcoast@lccq.org.au**Web:** www.lifeline.org.au/goldcoast

Child, Youth and Family Services; Personal Counselling; Financial Counselling; Anger Management Courses; Child and Youth Sexual Abuse Service; Suicide Bereavement & Grief Support.

**Logan East Community Centre**

PO Box 1230, SPRINGWOOD QLD 4127

Corner Cinderella Drive &amp; Vanessa Blvd,

SPRINGWOOD QLD 4127

**P: (07) 3808 4529****E:** lecna@lecna.org.au**Web:** www.lecna.org.au

Emergency relief; NILS; Information and referrals; Counselling; School holiday program; Playgroups; Recreation Groups; KNIT life-skills parenting program and Room Hire.

**National Pregnancy, Birth and Baby Helpline****P: 1800 882 436****Web:** www.health.gov.au/pregnancyhelpline

Support service providing general information about pregnancy, birthing, post-natal care and parenting in the first 12 months.

**Nerang Neighbourhood Centre**

PO Box 357, NERANG QLD 4211

29 Martin Street, NERANG QLD 4211

**P: (07) 5578 2457****E:** nnc@nncinc.com.au

Information & Referral Services; Support groups for men, youth & teens; food bank; yoga; parenting; GROW; African community; homicide victims support; community development program; and youth justice program.

**North Gold Coast Early Years Centre**

Corner Martin and White Streets, NERANG QLD 4211

**P: (07) 5578 1346****E:** EYenquiry@bensoc.org.au**Web:** www.bensoc.org.au

Services available to parents who live in the north Gold Coast area and have children aged up to eight years or are expecting a child. Services include: early childhood education and care, parenting information and programs including Triple P and MAD, family support and health services.

**Oxenford & Coomera Community Youth Centre**

25 Oxenford Tamborine Road, OXENFORD QLD 4210

**P: (07) 5529 8087****E:** admin@youthcentre.org.au**Web:** www.youthcentre.org.au

Aged, Youth & Family Groups and Support; Sport & Recreation; Job Readiness Program; Counselling; Maori & PI Workshops; JP Service; Free Legal Advice; Free Tax Return Help; Hall Hire.

**Palm Beach Neighbourhood Centre**

16 Third Avenue, PALM BEACH QLD 4221

**P: (07) 5598 1505****Web:** www.palmbeachnc.org.au

Financial counselling, Family, child and youth short term counselling, parenting programs, personal development workshops and self-help groups.

**Paradise Kids**

88 Allied Drive, ARUNDEL QLD 4214

**P: (07) 5574 6853****E:** enquiries@paradisekids.org.au**Web:** www.paradisekids.org.au

Grief & Loss Support Programs for children & their families. Grief Counselling for Adults. Also facilitates parenting and grandparenting support groups.

**Parent to Parent**

PO Box 434, YANDINA QLD 4561

9-11 Ayrshire Road,

KULANGOOR Via YANDINA QLD 4561

**P: (07) 5472 7072****E:** Info@parent2parentqld.org.au**Web:** www.parent2parentqld.org.au

Brings together parents and family members of people with a disability for mutual support and practical information, skill enhancement opportunities together with planning activities.

**Parentline**

PO Box 2000, MILTON QLD 4064

**P: 1300 301 300**

**E:** parentline@boystown.com.au

**Web:** www.parentline.com.au

Confidential telephone and online counselling available. Supports and nurtures positive, caring relationships between parents, children, teenagers and significant other people who are important to the well-being of families.

**Raising Children Network**

**E:** Via website.

**Web:** www.raisingchildren.net.au

Provides information that can help parents with the day-to-day decisions of raising children, and looking after their own needs.

**Reconnect**

2/36 Newheath Drive, GAVEN QLD 4211

**P: (07) 5500 0374**

**E:** grozingerj@missionaustralia.com.au

**Web:** www.missionaustralia.com.au

Family mediation for 12-18yo who are homeless or at risk of homelessness. Parenting programs and needs responsive groups programs as required.

**Relationships Australia**

13/107 Miles Platting Road,  
EIGHT MILE PLAINS QLD 4113

**P: 1300 364 277**

**E:** generalenquiries@relateqld.com.au

**Web:** www.relationships.com.au

Delivers a wide range of services including: counselling, family dispute resolution, personal development and education, parenting skills training, men and family relationships programs, specialised family violence programs, early intervention services, child-focused programs and practices, and programs which specifically engage indigenous and culturally and linguistically diverse (CALD) families, groups and communities. Victims Counselling and Support Service: 1300 139 703  
www.vcss.org.au Aftercare Resource Centre: 1800 501 560  
www.aftercareresourcecentre.org.au Gambling Help Service: 1800 858 858 - For services in your local area.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120

138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spiritus Counselling and Education Services - Kinections**

PO Box 8121, WOOLLOONGABBA QLD 4102

5 Reid Street, WOOLLOONGABBA QLD 4102

**P: 1300 114 397**

**E:** kinections@spiritus.org.au

**Web:** www.kinections.com.au

A family and relationships counselling service providing individual and group counselling and educational services to Queensland families and agencies, including the Family Relationship Services Program (FRSP) and Domestic and Family Violence Program.

**The Family Centre Inc**

Rivendell Drive, TWEED HEADS SOUTH NSW 2486

**P: (07) 5524 8711**

**E:** info@thefamilycentre.org.au

**Web:** www.thefamilycentre.org.au

Provides a range of services to families, including family support & parenting education.

**The Salvation Army Counselling Service - Gold Coast**

PO Box 318, SOUTHPORT QLD 4215

**P: (07) 5531 3471**

**E:** goldcoastsalvos@aue.salvationarmy.org

**Web:** www.salvos.org.au

Christian compassion and support, guidance and counsel to individuals, couples and families. The service is open to people of all ages, and in all walks of life.

**Tweed Community Health - Child & Family Health Counselling**

Powell Street, TWEED HEADS NSW 2485

**P: (07) 5506 7540**

**Web:** www.ncahs.nsw.gov.au

Child and Family Health Counsellors visit to help children who may be experiencing psychological, social or emotional difficulties and their families.

**Village Community Services Inc.**

Studio Village Community Centre, 87 Village Way

OXENFORD QLD 4210

**P: (07) 5529 8253**

**E:** svccadmin@cirruscomms.com.au

**Web:** www.studiovillage.com.au

Information and referral, community development, activities and events for local community, small community hall available, parenting programs, individual, family and parent support.

**Wesley Mission Brisbane - Logan City Services**

PO Box 1147, BEENLEIGH QLD 4207

**P: (07) 3287 1290**

**E:** k.clayton@wmb.org.au

**Web:** www.wmb.org.au

Semi-supported independent accommodation for 16-21yrs. Advice, Advocacy and Referral services. Programs for young parents, FAB (family), HOPS (housing options) and more.

**YHES House - Youth Health & Education Service**

161 Scarborough Street, SOUTHPORT QLD 4215

**P: (07) 5528 5333**

**E:** admin@yhes.org.au

**Web:** www.yhes.org.au

Community organisation providing free services to youth and young parents (12 to 25 yrs) through individual support, counselling, advocacy & referral small groups such as childbirth education, new parent groups and health education

**Youth & Family Service (Logan City) Inc.**

PO Box 727, WOODRIDGE QLD 4114

376 Kingston Road, SLACKS CREEK QLD 4127

**P: (07) 3826 1500**

**E:** yfs@yfs.org.au

**Web:** www.yfs.org.au

YFS is a not-for-profit organisation, run by, for and with the local community. People of all ages in Logan City and the surrounding areas use YFS services. We aim to help people overcome problems and reach their goals in life. We offer many different services, from legal advice to disability support; from counselling to help finding work.

**Post Natal Depression****Beyond Baby Blues**

Suite 9 North Building, Robina East Quays,  
34-36 Glenfarrie Drive, ROBINA QLD 4226

**P: (07) 5562 0466**

**E:** lakesiderooms@iinet.net.au

**Web:** www.lakesiderooms.com.au

Perinatal Depression Program Support Group- Free to mums who are pregnant or post birth up to 12 months at risk of depression. Referral via GP.

**beyondblue: the national depression initiative**

PO Box 6100, HAWTHORNE WEST VIC 3122

**P: 1300 224 636**

**E:** bb@beyondblue.org.au

**Web:** www.beyondblue.org.au

beyondblue is a national, independent, not-for-profit organisation working to address increase awareness and understanding of depression, anxiety and related disorders in Australia. For information on depression, anxiety and related disorders, available treatments and where to get help, visit www.beyondblue.org.au or call the beyondblue info line 1300 22 4636.



### **Lifeline**

PO Box 307, BROADBEACH QLD 4218  
2741 Gold Coast Highway, BROADBEACH QLD 4218  
**P: (07) 5579 6000**  
**E:** reception.goldcoast@lccq.org.au  
**Web:** www.lifeline.org.au/goldcoast  
Child, Youth and Family Services; Personal Counselling;  
Financial Counselling; Anger Management Courses; Child  
and Youth Sexual Abuse Service; Suicide Bereavement &  
Grief Support.

### **Palm Beach Neighbourhood Centre**

16 Third Avenue, PALM BEACH QLD 4221  
**P: (07) 5598 1505**  
**Web:** www.palmbeachnc.org.au  
Financial counselling, Family, child and youth short term  
counselling, parenting programs, personal development  
workshops and self-help groups.

### **PANDA - Post and Antenatal Depression Association**

810 Nicholson Street, NORTH FITZROY VIC 3068  
**P: 1300 726 306**  
**E:** info@panda.org.au  
**Web:** www.panda.org.au  
The National Support Line (1300 726 306) is confidential  
and open to women and men as well family and friends.  
Also assist with referrals to related services and groups.

### **Parentline**

PO Box 2000, MILTON QLD 4064  
**P: 1300 301 300**  
**E:** parentline@boystown.com.au  
**Web:** www.parentline.com.au  
Confidential telephone and online counselling available.  
Supports and nurtures positive, caring relationships  
between parents, children, teenagers and significant other  
people who are important to the well-being of families.

### **Women's Infolink**

**P: 1800 177 577**  
**E:** info@women.qld.gov.au  
**Web:** www.women.qld.gov.au  
Information and referral for community services and  
government agencies supporting women.

### **Post Traumatic Stress Disorder**

#### **Anxiety Online**

PO Box 218, HAWTHORNE VIC 3122  
**E:** contactus@anxietyonline.org.au  
**Web:** www.anxietyonline.org.au  
A comprehensive online mental health service offering  
information, assessment, online diagnosis and treatment  
programs ("eTherapy") for various anxiety disorders.

### **Bond University Psychology Clinic**

Ground Floor Humanities and Social Science Building,  
Bond University, University Drive, ROBINA QLD 4229  
**P: (07) 5595 2527**  
**E:** psych\_clinic@bond.edu.au  
**Web:** www.bond.edu.au/life-at-bond/facilities-  
services/psychology-clinic  
A private university teaching clinic for psychologists  
undertaking postgraduate study in clinical or forensic  
psychology, and functions as a centre for clinical research  
providing psychological services to the Gold Coast  
community.

### **Curumbin Clinic**

37 Bilinga Street, CURRUMBIN QLD 4223  
**P: (07) 5534 4944**  
**E:** curumbinclinic@healthcare.com.au  
**Web:** www.curumbinclinic.com.au  
A private psychiatric clinic assisting those in need of  
psychiatric care whether it be mood, anxiety, psychiatric or  
drug and alcohol related.

### **QPASTT – Qld Program of Assistance to Survivors of Torture and Trauma**

PO Box 6254, FAIRFIELD QLD 4103  
50 Shottery Street, YERONGA QLD 4104  
**P: (07) 3391 6677**  
**E:** admin@qpastt.org.au  
**Web:** www.qpastt.org.au  
Services for adults, young people, children and families from  
refugee backgrounds, who have survived torture or war  
related trauma. Counselling, advocacy, group work, psycho-  
education, information sessions, recreational programs.  
Also offers capacity building and services to other  
organisations.

### **Vietnam Veterans Federation Qld**

PO Box 2817, Nerang Business Centre,  
NERANG QLD 4211  
Corner Cotton & Lavelle Streets, NERANG QLD 4211  
**P: (07) 5578 2233**  
**E:** statesecretaryvfvf@netspace.net.au  
**Web:** www.vvfqld.com.au  
Working for the welfare of all veterans, from all conflicts, and  
veteran's families.

### **VVCS - Veterans and Veterans Families Counselling Service**

PO Box 166, SPRING HILL QLD 4004  
15 Astor Terrace, SPRING HILL QLD 4000  
**P: 1800 011 046**  
**Web:** www.dva.gov.au  
Counselling and group programs to Australian veterans,  
peacekeepers and their families. VVCS is a specialised, free  
and confidential Australia-wide service with 24hr telephone

support; face to face; and outreach and counselling  
services.

### **Prisoner Support**

#### **Alcohol and Drug Foundation Queensland (ADFQ)**

PO Box 332, SPRING HILL QLD 4004  
**P: (07) 3834 0200**  
**E:** adfq@adfq.org  
**Web:** www.adfq.org  
NGO dedicated to reducing the individual and social harms  
associated with alcohol, drug and other addictions and to  
promoting health enhancing behaviour change. Programs  
include: AOD Rehabilitation, Gambling, Indigenous, Youth &  
Adult, Friends and Family, Community Outreach, Education  
and Prison Support.

#### **Alternatives to Violence Project Qld**

PO Box 78, SHERWOOD QLD 4075  
**P: (07) 3286 2593**  
**E:** admin@avpq.org.au  
**Web:** www.avpq.org.au/home  
Community conflict resolution; Prison; and Team Building  
Workshops.

#### **Career Employment Australia**

Level 1 10 Scarborough Street, SOUTHPORT QLD 4215  
**P: (07) 5532 7000**  
**E:** ceagc@ceagroup.com.au  
**Web:** www.ceagroup.com.au  
Provides training across many areas including Business,  
Horticulture, Engineering, Retail, Aged Care, Disability,  
Hospitality, Employability Skills and Community Services.  
Programs: Youth Connections, Offender Reintegration  
Support Service, Prison Training, Productivity Places  
Program, Get Set for Work, Youth Justice Program, Skilling  
Queensland for Work and Work Placement Projects.

#### **Centacare - Catholic Prison Ministry (CPM)**

PO Box 5251, WEST END QLD 4101  
Catholic Prison Ministry 1/53 Tribune Street, SOUTH  
BRISBANE QLD 4101  
**P: (07) 3846 7577**  
**E:** cpm@cpmqld.com  
**Web:** www.centacarebrisbane.net.au  
Services to people affected by the criminal justice system  
including: prison release program; court support; family  
support and advocacy; Liferaft; referral and networking.

**Centacare Catholic Family and Community Services**  
PO Box 289, FORTITUDE VALLEY QLD 4006  
58 Morgan Street, FORTITUDE VALLEY QLD 4006  
**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au  
**Web:** www.centacarebrisbane.net.au  
Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life. Counselling programs include Anger Management and Domestic and Family Violence Prevention (groups for men, women and children) and court support services.

**Department of Community Safety - Queensland Corrective Services (QCS)**

GPO Box 1054, BRISBANE QLD 4001  
State Law Building 50 Ann Street, BRISBANE QLD 4000  
**P: (07) 3277 7111**  
**Web:** www.correctiveservices.qld.gov.au  
Operates correctional centres, district offices and reporting centres across the State. QCS offers a range of programs and interventions to prisoners in custodial centres and offenders on probation or parole to lower the risk of their re-offending.

**Domestic Violence Prevention Centre Gold Coast Inc**

PO Box 409, SOUTHPORT QLD 4215  
**P: (07) 5532 9000 (Counselling Line)**  
**E:** info@domesticviolence.com.au  
**Web:** www.domesticviolence.com.au  
Services including crisis intervention, counselling for women and children, groups for women and children, court assistance, men's programs, community education and training, community awareness activities as well as having been the driver for the Gold Coast Domestic Violence Integrated Response.

**Family & Kids-Care Foundation Inc**

254 Jacaranda Avenue, KINGSTON QLD 4114  
**P: (07) 3808 5288**  
**E:** familykidscare@bigpond.com  
**Web:** www.familyandkidscare.com.au  
Various services for children and families in the community including practical and emergency assistance and accommodation support, crisis care, lifestyle support and educational/skills development programs. Telephone support is available 24/7.

**MERIT-Tweed heads**

Level 3 145 Wharf Street, TWEED HEADS NSW 2485  
**P: (07) 5506 6800**  
**E:** MERIT@nrhs.health.nsw.gov.au  
**Web:** www.ncahs.nsw.gov.au/merit/  
A court diversion program offering individuals who meet eligibility criteria the opportunity to undertake an intensive

drug treatment program which will be monitored by the court.

**Office of the Director of Public Prosecutions**

GPO Box 2403, BRISBANE QLD 4001  
State Law Building, 50 Ann Street BRISBANE QLD 4000  
**P: (07) 3239 6840**  
**E:** mailboxodpp@justice.qld.gov.au  
**Web:** www.justice.qld.gov.au/justice-services/justice-agencies/office-of-the-director-of-public-prosecutions  
Prosecutes criminal matters in the Magistrates (limited), District, Supreme and Mental Health Courts, the Court of Appeal and the High Court of Australia. There are three aspects to the work of the ODPP: legal preparation; court appearances and victim liaison work.

**Ozcare**

PO Box 912, FORTITUDE VALLEY QLD 4006  
66 River Terrace, KANGAROO POINT QLD 4169  
**P: (07) 3028 9000**  
**E:** Via website.  
**Web:** www.ozcare.org.au  
Aged Care; Community Health; Community Care; Community Support - Drug and Alcohol Services, Community Access Disability Services, Homeless Men's Hostels, Women's Refuges and Shelters, Family Accommodation Programs, Rural Families Projects.

**Prison Fellowship Australia (Queensland)**

PO Box 3310, NORMAN PARK QLD 4170  
**P: (07) 3399 3190**  
**E:** qld.office@prisonfellowship.org.au  
**Web:** www.pfi.org.au/qld  
Recruits Chaplains and volunteers for Ministry to prisoners, ex-prisoners, victims and families. Programs: Chaplaincy, Victim/Offender Programs, Art from Inside Exhibition, Lifestyle and Community Support and Training.

**Prison Mental Health Service**

**P: (07) 3271 8729**  
Mental Health services for people in custody.

**Queensland Forensic Mental Health**

**E:** fmhqcmhl@health.qld.gov.au  
**Web:** www.health.qld.gov.au/forensicmentalhealth/  
This site provides information about the Queensland forensic mental health system.

**Queensland Homicide Victims Support Group (QHVSG)**

PO Box 292, LUTWYCHE QLD 4030  
**P: 1800 774 744**  
**E:** qhvsq@qhvsq.org.au  
**Web:** www.qhvsq.org.au  
Provides practical and emotional support to those bereaved by homicide including a 24/7 support line for homicide

victims. Also advocates for reform within the criminal justice system and promotes awareness within the community of the devastating effects of homicide.

**Rosie's Youth Mission**

PO Box 908, WYNNUM QLD 4178  
312 Benowa Road, BENOWA QLD 4217  
**P: 1300 ROSIES (767 437)**  
**E:** manager@rosies.org.au  
**Web:** www.rosies.org.au  
Street Outreach to the Homeless, Court Support Program, Visitation and socialisation program to the women prisoners in Numinbah Correctional Centre, Visitation to the young detainees at the Brisbane Youth Detention Centre and Social Justice Educational Program (street retreat) for senior students at participating Colleges.

**St Vincent de Paul Society**

**P: (07) 3010 1000**  
**E:** state.admin@svdpqld.org.au  
**Web:** www.vinnies.org.au  
Services for people in need include: aged care, migrant and refugee services, home, hospital, prison and detention centres visitation, homeless person's services, clothing and assistance centres, care for people with psychiatric disabilities, vocational services for people with a disability, drug, alcohol and gambling counselling, financial counselling, disaster recovery and street vans as well as specialised Vinnies Youth services.

**St Vincent de Paul Society - Gold Coast**

PO Box 418, LABRADOR QLD 4215  
**P: (07) 5561 4710**  
**E:** gcc.office.dc@svdpqld.org.au  
**Web:** www.vinnies.org.au  
Services to individuals and families including: Home, hospital, aged care and prison visitations; Emergency Assistance & Food Relief; Child & Family Programs, Counselling Services; Home Assistance; Beaudesert Food Division; Beaudesert Housing; and Vinnies Centres. Helpline: (07) 5561 4702. Home Assist: (07) 5598 1073 Home Maintenance: (07) 5561 4701.

**Respite Care**

**Aged Care Australia**

GPO Box 9848, CANBERRA ACT 2601  
**P: 1800 500 853**  
**E:** agedcare.website@health.gov.au  
**Web:** www.agedcareaustralia.gov.au  
Online information source including Aged care home finder; Community care service finder; and Aged Care Assessment Team (ACAT) Finder.

**Alzheimer's Australia (Gold Coast)**  
90 Allied Drive, ARUNDEL QLD 4214  
**P: (07) 5594 0270**

**E:** rhreception@alzgc.asn.au  
**Web:** www.alzheimers.org.au

The peak body providing education, advocacy, information and support for Australians living with dementia, their families and carers. Providing: Support, Information and referrals, Education, Community advocacy and Centre based respite.

**Ashmore Retreat**

19 Allunga Avenue, ASHMORE QLD 4214

**P: (07) 5656 1000**

**E:** admin@ashmorelodge.com.au

**Web:** www.retreatcare.com.au

Respite Nursing Home Facility, also offers a home-help service including personal care needs, house cleaning, shopping, social outings and Ageing In Place service.

**Bethany Care Ltd**

PO Box 441, ROBINA QLD 4226

**P: (07) 5501 8070**

**E:** enquiries@bethanycare.org

**Web:** www.bethanycare.org

A range of lifestyle supports such as Women's 'Body Rock', men's groups, special events, Christian counselling, resource library for families, Community access and referrals. Assists people with disabilities aged 5-65 with intellectual, physical, sensory and psychiatric disabilities.

**Blue Care**

PO Box 1539, MILTON BC QLD 4064

**P: (07) 3377 3377**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Allied health services; Commonwealth Carer Respite Centres; Community Aged Care services; Disability services; Domestic & Lifestyle Care Assistance; Retirement Living; Pastoral care and counselling; Residential aged care; Respite services; and Volunteer services.

**Blue Care Amaroo Aged Care Facility**

PO Box 692, BIGGERA WATERS QLD 4216

68-78 Keith Compton, TWEED HEADS NSW 2485

**P: (07) 5536 1388**

**E:** amaroo@bluecare.org.au

**Web:** www.bluecare.org.au

Residential Pastoral Care, Dementia & Respite Aged Care facility.

**Blue Care Beaudesert Community Care and Allied Health Services**

PO Box 340, BEAUDESERT QLD 4285

7 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 2280**

**E:** beaudesert.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Blue Care Beenleigh Community Care and Allied Health Services**

PO Box 484, BEENLEIGH QLD 4207

32-50 Mt Warren Boulevard, MT WARREN PARK QLD

4207

**P: (07) 3287 2041**

**E:** beenleigh.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers. Volunteer Service also.

**Blue Care Coomera Community Care**

12 Jowett Street, COOMERA QLD 4209

**P: (07) 5573 7433**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, or people with a disability.

**Blue Care Fassifern Community & Respite Care**

PO Box 152, BOONAH QLD 4310

10a Macquarie Street, BOONAH QLD 4310

**P: (07) 5463 2684**

**E:** fassifern.ds@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, people with a disability, people from culturally diverse backgrounds and their carers.

**Blue Care Labrador Gardens Aged Care Facility**

PO Box 692, BIGGERA WATERS QLD 4216

83 Muir Street, LABRADOR QLD 4215

**P: (07) 5571 3622**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Residential Dementia & Low and High Care Aged Care facility.

**Blue Care Lower South Coast/Tweed Community Care**

1 Pines Lane, ELANORA QLD 4221

**P: (07) 5534 6177**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

A variety of Allied Health, Respite and Community Care Services for frail aged, people with dementia or mental illness, or people with a disability.

**Blue Care Milpera Cottage Respite Care**

PO Box 692, BIGGERA WATERS QLD 4216

21 Meron Street, SOUTHPORT QLD 4215

**P: (07) 5532 6639**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Centre Based Respite

**Blue Care Southport Surfers Paradise Allied Health**

PO Box 692, BIGGERA WATERS QLD 4216

Southport Business Park, Unit 5, 46 Smith Street

SOUTHPORT QLD 4215

**P: (07) 5555 4444**

**E:** southport.ds@bluecare.org.au

**Web:** www.bluecare.org.au

Professional allied health services to individuals at Southport Therapy Centre and at Blue Care residential aged care facilities. Some home visits available for people who are housebound.

**Blue Care Southport Surfers Paradise Lifestyle Community Care**

12 Ahern Street, LABRADOR QLD 4215

**P: (07) 5591 5016**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Personal Care, Social Support, In home and Centre Based Respite available.

**Blue Care Southport Surfers Paradise Nursing Community Care**

88 Muir Street, LABRADOR QLD 4215

**P: (07) 5532 0588**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

General Nursing Care, In home care for DVA. Free Grief Recovery Program; Northern (Labrador) and Southern (Elanora); program is run periodically throughout the year.

**Blue Care Tweed Coast Community Care**

Shop 4a / 34 Oyster Point Road,

BANORA POINT NSW 2486

**P: (07) 5524 6277**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Community Care and Aged Care Home Support.

**Blue Care Woodlands Lodge Aged Care Facility**

29 Melbourne Road, ARUNDEL QLD 4214

**P: (07) 5509 9200**

**E:** head.office@bluecare.org.au

**Web:** www.bluecare.org.au

Residential Pastoral Care, Dementia & Respite Aged Care facility.

**Co.As.It. Italian Australian Welfare Association Inc.**

PO Box 5017, Q SUPERCENTRE QLD 4218

18 Fairway Drive, CLEAR ISLAND WATERS QLD 4221

**P: (07) 5554 6599**

**E:** cristinai@coasit.asn.au

**Web:** www.coasit.asn.au

Respite and multilingual support services for members of CALD Communities. Individual & family crisis support programs; advocacy; community education; counselling; frail aged and disability day-respite and support.

**Commonwealth Respite and Carelink Centre**

Level 1 23 Main Street, VARSITY LAKES QLD 4213

**P: 1800 052 222**

**E:** carelink.robina@bluecare.org.au

**Web:** www.commcarelink.health.gov.au

Free and confidential information on community aged care, disability, ageing packages, nursing, carer respite, community and other support services available locally.

**Commonwealth Respite and Carelink Centres**

**P: 1800 052 222**

**E:** commcarelink@health.gov.au

**Web:** www.commcarelink.health.gov.au

Information centres for older people, people with disabilities and those who provide care and services. Provide free and confidential information on community aged care, disability and other support services available locally, interstate or anywhere within Australia.

**Crossroads Gold Coast**

23 Discovery Drive, HELENSVALE QLD 4212

**P: (07) 5553 9910**

**E:** crossroadsGC@newlife.unitingchurch.org.au

**Web:** www.crossroadsgc.org.au

It's a safe place where people 18yrs+ who have a physical &/or intellectual disability meet every Friday of the state school terms at Newlife Uniting Church from 9am-1.30pm.

**Department of Human Services NSW - Community Services**

98 Blundell Boulevard, TWEED HEADS SOUTH NSW 2486

**P: (07) 5569 9330**

**Web:** www.community.nsw.gov.au

Child protection agency, out of home care and brighter futures. Also disaster recovery.

**Department of Human Services NSW Ageing, Disability and Home Care - Far North Coast**

PO Box 305, TWEED HEADS NSW 2485

Hutton House 40 Frances Street, TWEED HEADS NSW 2485

**P: (07) 5536 0400**

**E:** BMFNC@dadhc.nsw.gov.au

**Web:** www.dadhc.nsw.gov.au

Provides support and services to older people, people with disabilities, and their carers in NSW.

**Disability and Community Care Services**

**P: 1800 177 120**

**E:** disabilityinfo@disability.qld.gov.au

**Web:** www.disability.qld.gov.au

Provides support for sectors providing disability, community mental health, and home and community care.

**Endeavour Foundation**

PO Box 3555, TINGALPA DC QLD 4173

50 Southgate Avenue, CANNON HILL QLD 4170

**P: (07) 3908 7100**

**E:** Via website

**Web:** www.endeavour.com.au

Offers people with a disability a range of services including: accommodation; aged support; children focussed services; employment and education programs; and lifestyle support.

**Endeavour Services South East Queensland**

PO Box 1105, COORPAROO DC QLD 4151

49 Maynard Street, BURANDA QLD 4102

**P: (07) 3896 6000**

**E:** Via website

**Web:** www.endeavour.com.au

Residential Support Services offering 24hr one on one support, Learning and Lifestyle day support services and Business Services providing supported employment opportunities for people with a disability. Multiple service locations throughout South East Qld.

**FSG**

PO Box 2597, SOUTHPORT QLD 4215

16 Railway Street, SOUTHPORT QLD 4215

**P: (07) 5564 0655**

**E:** info@fsg.org.au

**Web:** www.fsg.org.au

Committed to innovation in human service delivery in Disability, Mental Health, Aged Care, Child Safety and Carer Support.

**Gold Coast District Home and Community Care (HACC)**

PO Box 429, MIAMI QLD 4220

2019 Gold Coast Hwy, MIAMI QLD 4220

**P: 1300 780 128**

**Web:** www.goldcoasthealth.com.au

Domestic home assistance and social support.

**Headway Gold Coast Inc.**

25 Woodlands Way, ARUNDEL QLD 4214

**P: (07) 5574 4311**

**E:** admin@headwaygoldcoast.org

**Web:** www.headwaygoldcoast.org

Support for people (aged 18 to 65) with an acquired brain injury and their families - Transitional Accommodation - Residential Support - Community Support - Day Centre Internet Cafe.

**Home Support Services Queensland**

Po Box 475, FULLARTON SA 5063

**P: 1800 684 175**

**E:** info@hssmail.com.au

**Web:** homesupportservices.com.au

Assist patients to leave hospital with home support, carer and respite services.

**Just Better Care - Gold Coast**

Suite 18 Lvl 2 Runaway Bay Marina, 247 Bayview Street, RUNAWAY BAY QLD 4216

**P: (07) 5577 3600**

**E:** mailgc@justbettercare.com.au

**Web:** www.justbettercare.com.au

Domestic Assist, Personal Care, Respite, Dementia care, Support for a person with a disability, Transportation or Overnight care, Social Support under HACC Program or privately.

**Lakeview Day Respite Centre**

PO Box 3065, ROBINA TOWN CENTRE QLD 4230

186 Robina Town Centre Drive, Robina Town Centre

ROBINA QLD 4230

**P: (07) 5562 0232**

**Web:** www.fsg.org.au

Works with individuals with a disability who are over 18 years and their family/carers to develop an individual lifestyle support and employment programs.

**Life without Barriers**

Po Box 713, BEENLEIGH QLD 4207

**P: (07) 3442 6600**

**E:** qldstateadmin@lwb.org.au

**Web:** www.lwb.org.au

Assists children and young people, people living with a disability, people living with a mental health issue and other vulnerable persons to live safer and more enriched lives. Links 4 Life, Disability, Healthy Minds, Youth Justice, Immigration, and Homelessness programs.



**Lutheran Community Care**

PO Box 1535, MILTON QLD 4064  
 24 McDougall Street, MILTON QLD 4064  
**P: (07) 3511 4037**

**E:** lcc.admin@lccqld.org.au

**Web:** www.lccqld.org.au

Responds to community needs in the areas of aged care, respite, community services & chaplaincy.

**MontroseAccess Gold Coast**

PO Box 761, LABRADOR QLD 4215  
 Corner Allied Drive & Byth Street, ARUNDEL QLD 4214  
**P: (07) 5509 9300**

**E:** information@montroseaccess.org.au

**Web:** www.montroseaccess.org.au

Community based therapy services, recreation programs and respite programs for children and young adults throughout Queensland with physically disabling conditions of varying severity, including acquired brain injury.

**Multicap**

PO Box 4013, EIGHT MILE PLAINS QLD 4113  
 269 Padstow Road, EIGHT MILE PLAINS QLD 4113  
**P: (07) 3340 9000**

**E:** info@multicap.org.au

**Web:** www.multicap.org.au

Support options for people with multiple disabilities, and challenging and complex behaviours, their families and carers in Queensland. Offers centre based, older carer, and short term emergency placement Respite Services in various locations.

**Multicultural Communities Council Gold Coast**

PO Box 345, ASHMORE CITY QLD 4214  
 1 Dominions Road, ASHMORE QLD 4214  
**P: (07) 5527 8011**

**E:** mail@mccgc.com.au

**Web:** www.mccgc.com.au

Promotes the wellbeing of CALD communities through various advocacy groups, aged services, and lifestyle and community support programs.

**On Track Community Programs Inc**

141 Minjungbal Drive, TWEED HEADS NSW 2486  
**P: (07) 5524 9732**

**E:** admin@ontrack.ngo.org.au

**Web:** www.ontrack.ngo.org.au

Community based support services for people experiencing mental illness, disability, homelessness or extreme disadvantage and their families.

**Ozcare**

PO Box 912, FORTITUDE VALLEY QLD 4006  
 66 River Terrace, KANGAROO POINT QLD 4169  
**P: (07) 3028 9000**

**E:** Via website.

**Web:** www.ozcare.org.au

Aged Care; Community Health; Community Care; Community Support - Drug and Alcohol Services, Community Access Disability Services, Homeless Men's Hostels, Women's Refuges and Shelters, Family Accommodation Programs, Rural Families Projects.

**Ozcare Ashmore Day Respite Centre**

PO Box 1027, ASHMORE CITY QLD 4214  
 100 Usher Avenue, LABRADOR QLD 4215

**P: (07) 5500 2465**

**E:** respite.ashmore@ozcare.org.au

**Web:** www.ozcare.org.au

Day Respite Centres provide quality daytime respite care to the frail, aged, people with disabilities and those with mental health issues.

**Ozcare Burleigh Heads Day Respite Centre**

PO Box 1114, BURLEIGH HEADS QLD 4220  
 8 Matilda Street, BURLEIGH HEADS QLD 4220

**P: (07) 5576 3577**

**E:** respite.burleigh@ozcare.org.au

**Web:** www.ozcare.org.au

Day Respite Centres provide quality daytime respite care to the frail, aged, people with disabilities and those with mental health issues.

**Ozcare Gold Coast Community Health**

PO Box 4094, ROBINA TOWN CENTRE QLD 4230  
 North Hill Drive, Lot 801 Highfield Drive, ROBINA QLD 4226  
**P: (07) 5569 6200**

**E:** comcare.robina@ozcare.org.au

**Web:** www.ozcare.org.au

A range of care services, including Nursing, Mental Health and Allied Health, and Social Support, to members of the community, from infants to the aged. Programs provide care and assistance 24 hours a day, seven days a week, according to client needs.

**Ozcare Keith Turnbull Place Labrador**

52 Imperial Parade, LABRADOR QLD 4215  
**P: (07) 5558 7177**

**E:** cf.labrador@ozcare.org.au

**Web:** www.ozcare.org.au

Residential Centre-based Respite - 24 Hour Care, Low Care - Single Rooms with Ensuites, High Care, Special Care Unit, Married Couples Accommodation, Activities Program, Swimming Pool.

**Ozcare North Gold Coast Community Support**

PO Box 613, ASHMORE CITY QLD 4214  
 3 Frinton Street, SOUTHPORT QLD 4215

**P: (07) 5583 7860**

**E:** comcare.labrador@ozcare.org.au

**Web:** www.ozcare.org.au

Community Support - Family Accommodation Programs; HACC Homeless Outreach Program; Resident Support Program.

**Ozcare Ozanam Villa Burleigh**

20 Matilda Street, BURLEIGH HEADS QLD 4220  
**P: (07) 5576 4055**

**E:** cf.burleigh@ozcare.org.au

**Web:** www.ozcare.org.au

Residential Centre-based Respite - 24 Hour Care, Low Care - Single Rooms with Ensuites and Balconies, High Care, Special Care Unit, Married Couples Accommodation, Fully Furnished Rooms, Activities Program, Library.

**Ozcare Parkwood Gardens**

PO Box 697, LABRADOR QLD 4215  
 100 Usher Avenue, LABRADOR QLD 4215

**P: (07) 5500 2400**

**E:** cf.parkwoodgardens@ozcare.org.au

**Web:** www.ozcare.org.au

Residential Centre-based Respite - 24 Hour Care, Low Care - Single Rooms with Ensuites, High Care, Special Care Unit, Married Couples Accommodation, Activities Program.

**Ozcare Runaway Bay Day Respite Centre**

344 Oxley Drive, RUNAWAY BAY QLD 4216  
**P: (07) 5558 7080**

**E:** respite.runawaybay@ozcare.org.au

**Web:** www.ozcare.org.au

Day Respite Centres provide quality daytime respite care to the frail, aged, people with disabilities and those with mental health issues.

**Prescare inspired Community Care**

1/17 Hickey Street, COOMERA QLD 4212  
**P: (07) 5519 6600**

**E:** msolien@prescare.org.au

**Web:** www.prescare.org.au

In-home Respite Care and Day Centre for carers with adult children aged 18 yrs and over with a disability. Community Aged Care packages CACP. Extended Aged care packages EACH.

**Real Community Services (RCS) ABI Support**

Po Box 1249, OXLEY QLD 4075  
 2145 Ipswich Road, OXLEY QLD 4075  
**P: (07) 3725 6500**

**E:** abi@realcommunityservices.com.au

**Web:** www.realcommunityservices.com.au

Assistance to adults and children with an acquired brain injury. RCS collaborates with case managers, allied health professionals and families to provide targeted coordination and support staff to implement rehabilitation programs.

**Real Community Services (RCS) Lifestyle Support**

Po Box 1249, OXLEY QLD 4075

2145 Ipswich Road, OXLEY QLD 4075

**P: (07) 3725 6511**

**E:** swaide@realcommunityservices.com.au

**Web:** www.realcommunityservices.com.au

Responsive coordination and support to clients with a disability and youth within the child protection framework.

**Real Community Services (RCS) Staffing Agency**

Po Box 1249, OXLEY QLD 4075

2145 Ipswich Road, OXLEY QLD 4075

**P: (07) 3725 6500**

**E:** bookings@realcommunityservices.com.au

**Web:** www.realcommunityservices.com.au

Specialises in the recruitment of temporary, permanent and contract (locum) staffing needs in the human services industry.

**Shepherd Community Services**

73 Rio Vista Boulevard,  
BROADBEACH WATERS QLD 4218

**P: (07) 5592 2247**

**E:** reception@shepherdgoldcoast.org

**Web:** www.centacarebrisbane.net.au/community\_care

In-home Respite Care and Day Centre for people with a disability aged 0-60yrs.

**Southern Cross Community Services**

Suite 12, 34 Glenferrie Drive,  
ROBINA QLD 4230

**P: (07) 5580 8755**

**E:** sharone@sccqld.com.au

**Web:** www.sccqld.com.au

Residential Care, Community Care and Retirement Living. Community care services include domestic assistance, personal support and In-home respite.

**Southern Star Community Services**

Chestnut Street, ELANORA QLD 4221

**P: (07) 5535 3422**

**E:** southernstar1@bigpond.com

**Web:** www.centacarebrisbane.net.au

For persons 5 - 65 years with 1 or more disabilities. In-home respite and variety of day activities.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120

138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**Spiritus ABRI HOME**

**P: (07) 5555 4888**

**Web:** www.spiritus.org.au

Offers high and low care for residents, respite care and secure dementia-specific care. Also offers residents a range of lifestyle services.

**Spiritus Community Care**

**P: 1300 785 853**

**Web:** www.spiritus.org.au

In-home Nursing and Personal Care; Community Aged Care Packages; Veterans' Home Care; In-home and centre based Respite Services; Social support services; Healthy living wellness programs; Domestic assistance; Palliative care; Chronic conditions self-management; Mobile Acute Care; Homeless Program.

**St Mary's Community Services**

42 Anna Street, BEAUDESERT QLD 4285

**P: (07) 5541 1653**

**E:** servicemanager@centacarebdst.org.au

Community services including: respite care, domestic assistance, home modification/maintenance, social support, transport.

**St Vincent de Paul Society**

**P: (07) 3010 1000**

**E:** state.admin@svdpqld.org.au

**Web:** www.vinnies.org.au

Services for people in need include: aged care, migrant and refugee services, home, hospital, prison and detention centres visitation, homeless person's services, clothing and assistance centres, care for people with psychiatric disabilities, vocational services for people with a disability, drug, alcohol and gambling counselling, financial counselling, disaster recovery and street vans as well as specialised Vinnies Youth services.

**YoungCare**

PO Box 725, SPRING HILL QLD 4004

75 St Pauls Terrace, SPRING HILL QLD 4000

**P: 1300 844 727**

**E:** info@youngcare.com.au

**Web:** www.youngcare.com.au

Respite, accommodation, and support for young Australians with high care needs. Youngcare Connect is a free dedicated counselling and referral line for people in need of disability information and advice.

**Schizophrenia****GROW QLD**

PO Box 178, HOLLAND PARK QLD 4121

**P: (07) 3394 4344**

**E:** qld@grow.net.au

**Web:** www.grow.net.au

Mutual/self-help support groups for adults suffering with mental illness. The meetings are structured and follow a 12-step program, are free, confidential and held weekly at various locations.

**Mental Illness Fellowship of Queensland - Gold Coast**

Biggera Waters LPO, PO Box 168,  
BIGGERA WATERS QLD 4216

Unit 3/14-28 Ivan Street, ARUNDEL QLD 4214

**P: (07) 5563 8855**

**E:** goldcoast@mifq.org.au

**Web:** www.mifq.org.au

Provides high quality lifestyle and accommodation support services on a needs basis that facilitates the development of independence, living skills and social networks within the community.

**OnTrack**

GPO Box 2434, BRISBANE QLD 4001

**E:** ontrack@qut.edu.au

**Web:** www.ontrack.org.au

A website offering online psychology services including: free online treatment programs, information, advice and facts about mental and physical health and where to get help, and access to quizzes with immediate feedback.

**Sexual Assault Services****ACT for Kids**

PO Box 669, LABRADOR QLD

31 Olsen Avenue, LABRADOR QLD 4215

**P: (07) 5537 5040**

**E:** goldcoast@actforkids.com.au

**Web:** www.abusedchildtrust.com.au

Programs include the Sexual Abuse Outreach Counselling Service; Parenting Programs; Early Intervention Development Allied Health Services for children affected by abuse or neglect; and Protective Behaviour Education for primary school children; Counselling for children up to the age of 12 who have been affected by abuse or neglect; Mums & Bubs group; and an Outreach Team is available from Varsity Lakes.

**ACT for Kids**

PO Box 94, ALBION QLD 4010  
80 Kedron Park Road, WOOLLOOWIN QLD 4030  
**P: (07) 3357 9444**

**E:** brisbanenorth@actforkids.com.au

**Web:** www.actforkids.com.au

ACT for Kids is an Australian charity which works to treat and prevent child abuse. Programs include: Intensive Therapy; Safe Houses; Sexual Abuse Counselling; ACT for Kids Preschool; Safety Classes in Schools; Help for Families at Risk; Mentoring for Teens; and Child Protection Training.

**Adults Surviving Child Abuse (ASCA)**

PO Box 597, MILSONS POINT NSW 1565  
King Room Level 1, Kirribilly Neighbourhood Centre,  
16 - 18 Fitzroy Street, KIRRIBILLI NSW 2061  
**P: 1300 657 380**

**E:** admin@asca.org.au

**Web:** www.asca.org.au

Information, referral, support and awareness programs for adult's affected by child abuse.

**Bravehearts Inc.**

9 Byth Street, ARUNDEL QLD 4214  
**P: 1800 BRAVE 1 (1800 272 831)**

**E:** admin@bravehearts.org.au

**Web:** www.bravehearts.org.au

Counselling, support and advocacy for children and young people who have been, or are at risk of, child sexual assault and their non-offending family members.

**Brisbane Rape & Incest Survivors Support Centre (BRISSC)**

**P: (07) 3391 0004**

**E:** admin@briscc.org.au

**Web:** www.briscc.org.au

A free, and confidential feminist service for women survivors of sexual violence and their supporters offering telephone support, information and referral; Individual support and counselling; Support groups and workshops; Community education and Social action.

**Brisbane Sexual Assault Service**

Royal Brisbane and Women's Hospital,  
HERSTON QLD 4218

**P: (07) 3636 5207**

**Web:** www.health.qld.gov.au/sexualassault

24 hr crisis contact for recent sexual assault. Counselling service & general information.

**Collective Support**

8 Keen Court, BUNBURY WA 6230

**P: (08) 9795 4604**

**E:** info@collectivesupport.com.au

**Web:** www.collectivesupport.com.au

An online support community that provides support for issues including depression, relationships, parenting, grief, divorce, cancer, domestic violence and sexual assault. Provides access face to face counselling via web cam or opportunities to participate in private group forums.

**Gold Coast Centre Against Sexual Violence Inc**

PO Box 1924, SOUTHPORT QLD 4215

**P: (07) 5591 1164**

**E:** Via website.

**Web:** www.stopsexualviolence.com

A specialist Sexual Violence intervention and prevention service, providing counselling to women and young women who have been raped and/or sexually assaulted at any time in their lives as well as prevention education to the broader Gold Coast community. No referral is necessary.

**Illoura Child and Family Counselling Centre**

31 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 1955**

**E:** illoura@qb.com.au

**Web:** www.qbc.com.au

Child and Family Counselling; Premarital, Marriage/ Relationship Counselling; Loss & Grief; Stress/ Anxiety/ Depression; Mediation; Addiction; Sexual Abuse; Domestic Violence Counselling. Programs:- Parenting Courses; Family fun days; Women's nights out; Arts and Crafts; Cooking Classes; Christmas Luncheon.

**Immigrant Women's Support Service**

PO Box 5490, WEST END QLD 4101

**P: (07) 3846 3490 (DV)**

**E:** mail@iwss.org.au

**Web:** www.iwss.org.au

Works with women & children of non English speaking background experiencing domestic violence, or have experienced rape or sexual assault.

**Lifeline**

PO Box 307, BROADBEACH QLD 4218

2741 Gold Coast Highway, BROADBEACH QLD 4218

**P: (07) 5579 6000**

**E:** reception.goldcoast@lccq.org.au

**Web:** www.lifeline.org.au/goldcoast

Child, Youth and Family Services; Personal Counselling; Financial Counselling; Anger Management Courses; Child and Youth Sexual Abuse Service; Suicide Bereavement & Grief Support.

**MARS**

**P: 0412 600 022**

**E:** franc\_hayes@yahoo.com.au

**Web:** www.marsaustralia.org

Support group for Men Affected by Rape & Sexual Abuse.

**National Domestic Violence and Sexual Assault Helpline**

**P: 1800 200 526**

A confidential 24 hour helpline to talk with experienced counsellors.

**Newlife Care**

4 Greenwich Court, ROBINA QLD 4226

**P: (07) 5593 3262**

**E:** newlifecare@newlife.unitingchurch.org.au

**Web:** www.newlifecareinc.com.au

Provides counselling and support to people in the community who may be experiencing either discomfort in their personal life or their relationship with others. Areas include: Anger management; Abuse (Physical, psychological and sexual); Anxiety; Child and teenage management; Depression; Divorce and separation; Family conflict; Financial Counselling; Gambling; Gender Issues; Grief and loss; Guilt; Relationship issues; Role issues; Self esteem; and Stress management.

**Statewide Sexual Assault Helpline**

**P: 1800 010 120**

Free crisis counselling, information and referral available for any victims of sexual assault, recent or historical, male or female, and family members.

**The Salvation Army Counselling Service - Gold Coast**

PO Box 318, SOUTHPORT QLD 4215

**P: (07) 5531 3471**

**E:** goldcoastsalvos@aue.salvationarmy.org

**Web:** www.salvos.org.au

Christian compassion and support, guidance and counsel to individuals, couples and families. The service is open to people of all ages, and in all walks of life.

**Tweed Community Health - Sexual Assault Services**

Florence Street, TWEED HEADS NSW 2485

**P: (07) 5506 7540**

**Web:** www.ncahs.nsw.gov.au

Provides counselling and support to men, women and children who have been sexually assaulted recently or in the past, including non-offending parents/carers and other family members. Also, provides groups for survivors of sexual assault (both adults and children), court support, community education, and 24 hour crisis support.

**Youth & Family Service (Logan City) Inc.**  
PO Box 727, WOODRIDGE QLD 4114  
376 Kingston Road, SLACKS CREEK QLD 4127  
**P: (07) 3826 1500**

**E:** yfs@yfs.org.au

**Web:** www.yfs.org.au

YFS is a not-for-profit organisation, run by, for and with the local community. People of all ages in Logan City and the surrounding areas use YFS services. We aim to help people overcome problems and reach their goals in life. We offer many different services, from legal advice to disability support; from counselling to help finding work.

### **Suicide Support**

#### **AI SRAP Life Promotion Clinic**

Life Promotion Clinic Room 1.48, Psychology Building (M24), Griffith University Messines Ridge Road, MT GRAVATT QLD 4122

**P: (07) 3735 1168**

**E:** aisrap@griffith.edu.au

**Web:** www.griffith.edu.au/health/australian-institute-suicide-research-prevention/research/life-promotion-clinic

Provides specialised treatment for suicidal behaviour, and whose goal is to reduce morbidity and mortality associated with suicidal behaviours. Referrals are accepted from Queensland public mental health services.

#### **Australian Institute for Suicide Research and Prevention (AISRAP)**

Room 1.48 Psychology Building (M24), Griffith University Messines Ridge Road, MT GRAVATT QLD 4122

**P: (07) 3735 3382**

**E:** aisrap@griffith.edu.au

**Web:** www.griffith.edu.au/health/australian-institute-suicide-research-prevention

Conducts research in all aspects of suicide prevention and manages the Queensland Suicide Register. Also provides education and training for health and allied professionals.

#### **Care for Life**

**P: (07) 5573 3873**

**E:** rataylor@bigpond.com

**Web:** www.careforlife.org.au

Community education and training in suicide prevention. Supports individuals bereaved by suicide. Produces resources for distribution to schools, youth and community organisations.

#### **Coronial Counselling Service**

Queensland Health Forensic and Scientific Services, Forensic Pathology 39 Kessels Road, COOPERS PLAINS QLD 4107

**P: 1800 449 171**

**E:** fss\_counsellors@health.qld.gov.au

**Web:** www.courts.qld.gov.au/1708.htm

Free counselling to relatives of people whose deaths are being investigated by the coroner, Support & Information for those who have lost a loved one to suicide or sudden death. Referrals and requests for counselling are accepted from all coroners' offices in Queensland.

#### **Kids Helpline**

PO Box 2000, MILTON QLD 4064

**P: 1800 551 800**

**E:** admin@kidshelp.com.au

**Web:** www.kidshelp.com.au

A free 24/7 counselling service for young people aged 5-25 years. Counselling is offered by phone, email and over the web.

#### **Lifeline**

PO Box 173, DEAKIN WEST ACT 2600

**P: 13 11 14 (24 hr crisis support service)**

**E:** national@lifeline.org.au

**Web:** www.lifeline.org.au

24/7 telephone crisis support service offers a confidential, non-judgmental service by trained volunteers.

#### **Lifeline**

PO Box 307, BROADBEACH QLD 4218

2741 Gold Coast Highway, BROADBEACH QLD 4218

**P: (07) 5579 6000**

**E:** reception.goldcoast@lccq.org.au

**Web:** www.lifeline.org.au/goldcoast

Child, Youth and Family Services; Personal Counselling; Financial Counselling; Anger Management Courses; Child and Youth Sexual Abuse Service; Suicide Bereavement & Grief Support.

#### **MensLine Australia**

**P: 1300 78 99 78**

**E:** talkitover@menslineaus.org.au

**Web:** www.menslineaus.org.au

A professional information and referral service for men, specialising in family and relationship concerns.

#### **Salvo Care Line**

GPO Box 2210, BRISBANE QLD 4001

**P: 1300 36 36 22**

**E:** salvosaus@aus.salvationarmy.org

**Web:** www.salvos.org.au/sclqld

24/7 telephone counsellors offer a listening ear and help you work through a range of options which might include information and referrals to empower you to change your situation.

#### **Samaritans**

**P: 1800 198 313**

**E:** samaritanscrisisline@bigpond.com

**Web:** www.thesamaritans.org.au

24/7 non-religious, non-judgmental careline offering emotional support to the lonely, despairing and suicidal, or those at risk of becoming so.

#### **Suicide Callback Service**

**P: 1300 659 467**

**E:** enquiries@crisissupport.org.au

**Web:** www.suicidecallbackservice.org.au

24/7 referral line (not a crisis line) which will allow you to make an appointment with a Suicide Call Back Service counsellor.

#### **Suicide Prevention**

**P: 1300 360 980**

**E:** editor@suicideprevention.com.au

**Web:** www.suicideprevention.com.au

An information message on suicide and depression (not for intervention). Telephone suicide prevention service. Free (tape recording) advice from a clinical psychiatrist on dealing with suicidal thoughts.

#### **Suicide Prevention Australia**

PO Box 729, LEICHARDT NSW 2040

**P: (02) 9568 3111**

**E:** info@suicidepreventionaust.org

**Web:** www.suicidepreventionaust.org

Public health advocate in suicide prevention promoting Community awareness and advocacy; Communities/Industry Collaboration; Information Accessibility; Conferences & Events.

#### **Survivors of Suicide Bereavement Support Association Inc**

PO Box 334, SPRINGWOOD QLD 4127

**P: 1300 767 022**

**E:** sosbsa@yahoo.com

**Web:** www.sosbsa.org.au

24/7 help line for those bereaved by suicide or at risk of suicide; information & referral, publications, newsletters and education to the bereaved by suicide; support group meetings in various locations in Queensland; and annual memorial service in Brisbane.

#### **The Hope Line**

**P: 1300 467 354**

**Web:** www.suicideprevention.salvos.org.au

A National 24/7 Crisis Line for people who have been bereaved by suicide.



**White Wreath Association Ltd - Action Against Suicide**  
PO Box 1078, BROWNS PLAINS QLD 4118  
**P: 1300 766 177**

**E:** white.wreath@bigpond.com

**Web:** www.whitewreath.com

Supporting people who have been directly affected by suicide and those who are affected by mental illness/disorders. Services include: 24 hr telephone support line, advocacy support, suicide/mental illness education, and awareness campaigns including National White Wreath Day and Sock It To Suicide.

## Support Groups

### AI-Anon/AI-Ateen

PO Box 971, PALM BEACH QLD 4221

**P: (07) 5532 4320**

**E:** jacalyni@bigpond.com

For people with family members who are alcoholics. Regular meetings held across the Gold Coast Region.

### Alcohol and Drug Foundation Queensland (ADFQ)

PO Box 332, SPRING HILL QLD 4004

**P: (07) 3834 0200**

**E:** adfq@adf.org

**Web:** www.adfq.org

NGO dedicated to reducing the individual and social harms associated with alcohol, drug and other addictions and to promoting health enhancing behaviour change. Programs include: AOD Rehabilitation, Gambling, Indigenous, Youth & Adult, Friends and Family, Community Outreach, Education and Prison Support.

### Alcoholics Anonymous

**P: (07) 5591 2062**

**E:** aagccso@bigpond.net.au

**Web:** www.aa.org.au

24hr helpline providing AA information, meeting times, information and referral for drug and alcohol services.

### Alcoholics Anonymous Helpline

PO Box 299, ANNERLEY QLD 4103

**P: (07) 3255 9162**

**E:** csobris@powerup.com.au

**Web:** homepage.powerup.com.au

24hr helpline providing AA information, meeting times, information and referral for drug and alcohol services.

### Alzheimer's Association QLD

11 Abbotsford Road, BOWEN HILLS QLD 4006

**P: 1800 639 331**

**E:** helpline@alzheimersonline.org

**Web:** www.alzheimersonline.org

A 24Hr Helpline providing information and support on Alzheimer's and other forms of dementia.

### Amputees and Families Support Group QLD inc.

PO Box 848, SPRINGWOOD QLD 4127

**P: (07) 3290 4293**

**E:** admin@afsg.org.au

**Web:** www.afsg.org.au

Provide emotional support and information relevant to limb(s) lost to new and existing amputees, their families and carers.

### Anorexia & Bulimia Support Group

**P: (07) 5522 8865**

**E:** gceda@hotmail.com

Support group for those suffering from anorexia or bulimia.

### Anxiety Self Help Support Group (MHAQ)

GPO Box 78, BRISBANE QLD 4001

Unit 30, 3 - 15 Jackman Street, SOUTHPORT QLD 4215

**P: 1300 729 686**

**E:** mhconnect@mentalhealth.org.au

**Web:** www.mentalhealth.org.au

This group offers a warm, comfortable environment for those people living with anxiety who are seeking to improve their quality of life. The objectives of the group are to provide self help support, education and point people in directions that will help them. Group meets 4th Monday of the month 6:30pm until 8:30pm. For more information please contact mhConnect on 1300 729 686 or visit the MHAQ Website Support Groups page.

### Asperger Services Australia

P O Box 159, VIRGINIA QLD 4014

Shop 4 & 5, 235 Zillmere Road, ZILLMERE QLD 4034

**P: (07) 3865 2911**

**E:** office@asperger.asn.au

**Web:** www.asperger.asn.au

Provides support, referral and information to parents, families, carers, siblings, children and those with Asperger's.

### Autism Gold Coast Inc

PO Box 2272, BURLEIGH HEADS QLD 4220

**P: (07) 5559 1747**

**E:** admin@autismgoldcoast.com.au

**Web:** www.autismgoldcoast.com.au

A self help, non profit, registered charity, and support group that holds information sessions, workshops and sibling support programs. Also provides a Resource library, telephone and email support and Family activities.

### Autism Queensland

PO Box 354, SUNNYBANK QLD 4109

473 Hellawell Road, SUNNYBANK HILLS QLD 4109

**P: (07) 3273 0000**

**E:** admin@autismqld.com.au

**Web:** www.autismqld.com.au

Provides a comprehensive range of specialised services and family and respite support for people of all ages living with Autism and their families throughout Queensland.

### Beyond Baby Blues

Suite 9 North Building, Robina East Quays,  
34-36 Glenferrie Drive, ROBINA QLD 4226

**P: (07) 5562 0466**

**E:** lakesiderooms@iinet.net.au

**Web:** www.lakesiderooms.com.au

Perinatal Depression Program Support Group- Free to mums who are pregnant or post birth up to 12 months at risk of depression. Referral via GP.

### Bipolar Affective Disorder Support Group (MHAQ)

GPO Box 78, BRISBANE QLD 4001

Unit 30, 3 - 15 Jackman Street, SOUTHPORT QLD 4215

**P: 1300 729 686**

**E:** mhconnect@mentalhealth.org.au

**Web:** www.mentalhealth.org.au

This group is designed to provide support for people suffering from Bipolar Affective Disorder. New members are always welcome and no referral is necessary. Relatives and carers are welcome as a support until members are comfortable with the group. Group meets on the 2nd Monday of each month 5:30pm until 7:00pm. For more information please contact mhConnect on 1300 729 686 or visit the MHAQ Website Support Groups page.

### Brisbane Rape & Incest Survivors Support Centre (BRISSC)

**P: (07) 3391 0004**

**E:** admin@brissc.org.au

**Web:** www.brissc.org.au

A free, and confidential feminist service for women survivors of sexual violence and their supporters offering telephone support, information and referral; Individual support and counselling; Support groups and workshops; Community education and Social action.

### CALD Community Action Group

**P: (07) 5527 8013**

**E:** agnesmaddock@bigpond.com.au

Program for carers and care recipients with disability, mental illness, chronic medical conditions and/or frail-aged and who are from culturally and linguistically diverse backgrounds. Links to community services.

**Care for Life****P: (07) 5573 3873****E:** rataylor@bigpond.com**Web:** www.careforlife.org.au

Community education and training in suicide prevention. Supports individuals bereaved by suicide. Produces resources for distribution to schools, youth and community organisations.

**Carers Qld – Gold Coast**

2/1154 Gold Coast Highway, PALM BEACH QLD 4221

**P: (07) 5534 2899****E:** cseely@carersqld.asn.au**Web:** www.carersqld.asn.au

Provides information, community development, counselling, support services and advocacy. Carer Advisory and Counselling Service: 1800 242 636

**Collective Support**

8 Keen Court, BUNBURY WA 6230

**P: (08) 9795 4604****E:** info@collectivesupport.com.au**Web:** www.collectivesupport.com.au

An online support community that provides support for issues including depression, relationships, parenting, grief, divorce, cancer, domestic violence and sexual assault. Provides access face to face counselling via web cam or opportunities to participate in private group forums.

**Commonwealth Carer Resource Centre****P: 1800 242 636****E:** cas@carersqld.asn.au**Web:** www.carersqld.asn.au

Provide details of a number of carers support groups throughout QLD.

**Dads in Distress**

PO Box 2333, COFFS HARBOUR NSW 2450

**P: 1300 853 437****E:** didsadmin@bigpond.com**Web:** www.dadsindistress.asn.au

A community based organisation dedicated to reducing the incidence of male suicide resulting from relationship and family breakdown. Events, news, information, meeting information available from hotline.

**e-hub online services**

Corner Mills &amp; Eggleston Roads, Australian National University, CANBERRA ACT 2000

**P: (02) 6125 2741****E:** ehub@anu.edu.au**Web:** www.eweb.anu.edu.au/

Free anonymous self-help programs based on best available research evidence. BluePages and Beacon provide information about common mental health problems

and where to get help. MoodGYM provides cognitive-behaviour therapy skills for managing and preventing depression. e-couch provides skills training from various therapies to help with depression, anxiety, divorce and grief. BlueBoard provides online peer support for people over 18 years.

**Ethnic Communities Council of Queensland (ECCQ)**

PO Box 5916, WEST END QLD 4101

ECCQ House, 253 Boundary Street WEST END QLD 4101

**P: (07) 3844 9166****E:** administration@eccq.com.au**Web:** www.eccq.com.au

Advocacy; community development initiatives; state-wide health programs; support groups; cross cultural training; multicultural policy development and research and a resource and reference library.

**Family & Friends Support Group****P: (07) 5535 4302****E:** info@gcdrugcouncil.org.au**Web:** www.gcdrugcouncil.org.au

Support for family and friends of those with drug and alcohol problems.

**Family Drug Support Australia**

PO Box 7363, LEURA NSW 2780

**P: 1300 368 186****E:** admin@fds.ngo.org.au**Web:** www.fds.org.au

Primarily supports families struggling as a result of drug and alcohol use. Provides a 24/7 volunteer telephone line offering help to diffuse crisis, proffering strategies for coping and giving any information required.

**Freedom! Gender Identity Association Inc.**

Nerang Neighbourhood Centre, NERANG QLD 4211

**P: 0417 557 130****E:** info@freedomgender.org.au**Web:** www.freedomgender.org.au/

Social support group for anyone who identifies as gender diverse, as well their family, friends and supporters.

**Friendly Lot**

5 Meru Close, SOUTHPORT QLD 4215

**P: (07) 5597 0180****E:** leshal@bigpond.net.au

Social support and friendship for people with a disability. Must be able to manage own transport and go out with or without carers. Meets once a month at various locations around North Gold Coast area.

**Gamblers Anonymous**

PO Box 3142, NEWMARKET QLD 4051

**P: 1800 00 22 10****E:** info@gansw.org.au**Web:** www.gansw.org.au

Provides fellowship to men and women who have a gambling problem and who want to recover from their addiction. See website for details of local meetings.

**Gambling Help Line****P: 1800 858 858****E:** generalenquiries@relateqld.com.au**Web:** www.relationships.com.au

Free face-to-face or telephone counselling for individuals, couples and families; Financial counselling; Support groups; Information and referral.

**Gaydads****P: Barry 0419 661 145**

Support Group for gay fathers.

**Gold Coast Drug Council**

West Burleigh Road, BURLEIGH HEADS QLD 4220

**P: (07) 5535 4302 (24 hr helpline)****E:** mary@gcdrugcouncil.org.au**Web:** www.gcdrugcouncil.org.au

Residential facility for Dual Diagnosis specialising in AOD and Mental Health. Youth counselling programs. Headspace GC. Family Support Groups. Family therapist. Medical Centre (bulk-billing), psychiatrists, GPs. Pot Stop Groups. Arts program for youth, peer mentoring.

**Gold Coast Mental Health Support Groups' Network**

GPO Box 78, BRISBANE QLD 4001

**P: 0407 844 880****E:** gcmhsgn@hotmail.com.au**Web:** www.mentalhealth.org.au

Provides ongoing support and access to training for group facilitators of Gold Coast mental health self help support groups. For more information please contact Anne Mackenzie on 0407 844 880.

**Gold Coast Obsessive Compulsive Disorder Support Group (GCOCDSG)**

GPO Box 78, BRISBANE QLD 4001

Unit 30 3-15 Jackman Street, SOUTHPORT QLD 4215

**P: 1300 729 686****E:** mhconnect@mentalhealth.org.au**Web:** www.mentalhealth.org.au

Group aimed at assisting and supporting people that suffer from Obsessive Compulsive Disorder (OCD), and their families and friends. Group meets on the 1st Wednesday each month 6:30pm until 8:30pm. For more information please contact mhConnect on 1300 729 686 or visit the MHAQ Website Support Groups page.

**GROW QLD**

PO Box 178, HOLLAND PARK QLD 4121

**P: (07) 3394 4344**

**E:** qld@grow.net.au

**Web:** www.grow.net.au

Mutual/self-help support groups for adults suffering with mental illness. The meetings are structured and follow a 12-step program, are free, confidential and held weekly at various locations.

**Huntington's Queensland**

PO Box 635, ANNERLEY QLD 4103

Huntington's Queensland, 385 Ipswich Road ANNERLEY QLD 4103

**P: (07) 3391 8833**

**E:** admin@huntingtonsqld.com

**Web:** www.huntingtonsqld.com

Provides emotional support, information and referral, day respite and support groups to hundreds of families and professionals throughout Queensland.

**Illoura Child and Family Counselling Centre**

31 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 1955**

**E:** illoura@qb.com.au

**Web:** www.qbc.com.au

Child and Family Counselling; Premarital, Marriage/Relationship Counselling; Loss & Grief; Stress/ Anxiety/ Depression; Mediation; Addiction; Sexual Abuse; Domestic Violence Counselling. Programs:- Parenting Courses; Family fun days; Women's nights out; Arts and Crafts; Cooking Classes; Christmas Luncheon.

**Isis - The Eating Issues Centre Inc**

58 Spring Street, WEST END QLD 4101

**P: (07) 3844 6055**

**E:** info@isis.org.au

**Web:** www.isis.org.au

Counselling, information & referral, Therapeutic Groups & Workshops.

**Jigsaw**

**P: (07) 5564 8665**

Support group for post-adoptive parents, and relinquishing parents and relatives.

**Lifeline**

PO Box 307, BROADBEACH QLD 4218

2741 Gold Coast Highway, BROADBEACH QLD 4218

**P: (07) 5579 6000**

**E:** reception.goldcoast@lccq.org.au

**Web:** www.lifeline.org.au/goldcoast

Child, Youth and Family Services; Personal Counselling; Financial Counselling; Anger Management Courses; Child

and Youth Sexual Abuse Service; Suicide Bereavement & Grief Support.

**Logan Women's Health Centre and Wellbeing Centre**

1 Mary Street, KINGSTON QLD 4114

**P: (07) 3808 9233**

**E:** admin@loganwomen.com.au

**Web:** www.loganwomen.com.au

Information & Referral, General Counselling, Visiting Health Professionals, Self Help Groups, Training & Education.

**MAD - Mums and Dads Support Group**

Corner White & Martin Streets, NERANG QLD 4211

**P: (07) 5578 1346**

**E:** lorettao@bensoc.org.au

Support group for Mums and Dads seeking contentment in parenting. Crèche also provided for children under 5 years.

**MARS**

**P: 0412 600 022**

**E:** franc\_hayes@yahoo.com.au

**Web:** www.marsaustralia.org

Support group for Men Affected by Rape & Sexual Abuse.

**Mental Health Consumer and Carer Advisory Group Gold Coast (CAG)**

**E:** bodel2c@bigpond.com

CAG is an important initial step to empowering people with mental illness. This group meets every second Tuesday of the month between 10am and 12pm. Please contact the Mental Health Association Qld on 1300 729 686 for further contact information.

**Narcotics Anonymous**

**P: 1300 352 820**

**E:** gcoastna@gmail.com

**Web:** www.na.org.au

Members learn from one another how to live drug-free and recover from the effects of addiction in their lives. See website for list of meetings across Australia. Call for meeting details.

**Nerang Neighbourhood Centre**

PO Box 357, NERANG QLD 4211

29 Martin Street, NERANG QLD 4211

**P: (07) 5578 2457**

**E:** nnc@nncinc.com.au

Information & Referral Services; Support groups for men, youth & teens; food bank; yoga; parenting; GROW; African community; homicide victims support; community development program; and youth justice program.

**New Horizons Depression Support Group**

PO Box 257, JIMBOOMBA QLD 4280

19 - 33 South Street, JIMBOOMBA QLD 4280

**P: (07) 5547 8077**

**E:** admin@jcca.org.au

**Web:** www.jcca.org.au

Meets at Caddies in South Street, Jimboomba every Tuesday from 9.30am until 11.30am (except during school holidays).

**Newhope**

PO Box 2368, FORTITUDE VALLEY QLD 4006

**P: (07) 5571 6115**

**E:** foodbarn@intnlc.org

General mental health support group program. Meeting Tuesdays 6pm-7.30pm.

**Newlife Uniting Church & Community Centre**

4 Greenwich Court, ROBINA QLD 4226

**P: (07) 5578 9322**

**E:** liz.mcnamee@newlifeunitingchurch.org.au

**Web:** www.newlifeunitingchurch.org.au

Variety of lifestyle and community activities & services available 7 days. Community groups include Life Key recovery groups, loss of self esteem, anxiety & addictions groups. As a church committed to work in and for the community, our facilities are made available to other community groups for hire.

**Northern Gold Coast Depression Support Group (MHAQ)**

GPO Box 78, Brisbane QLD 4001,

Unit 30, 3-15 Jackman Street SOUTHPORT QLD 4215

**P: 1300 729 686**

**E:** mhconnect@mentalhealth.org.au

**Web:** www.mentalhealth.org.au

The group is open to adults who are having, or have had, feelings of depression to share their experiences and personal tips for recovery with the objective of understanding depression with a focus on recovery. Group meets on the 1st Thursday of each month 6:00pm until 8:00pm. For more information please contact mhConnect on 1300 729 686 or visit the MHAQ Website Support Groups page.

**Overeaters Anonymous (Palm Beach)**

**P: (07) 5590 4883**

Support group for people struggling with overeating, bingeing, bulimia, or overexercising. Call for meeting details.

**Overeaters Anonymous (Pam Beach)**

**P: Marie (07) 5525 7599**

Support group for people struggling with overeating, bingeing, bulimia, or overexercising. Call for meeting details.

**Overeaters Anonymous (Paradise Point)****P: (07) 5545 2870****Web:** www.oa.org.au

Support group for people struggling with overeating, bingeing, bulimia, or overexercising. Call for meeting details.

**Overeaters Anonymous (Tweed Heads)****P: Sandra (02) 6672 4665****Web:** www.oa.org.au

Support group for people struggling with overeating, bingeing, bulimia, or overexercising. Call for meeting details.

**Oxenford & Coomera Community Youth Centre**

25 Oxenford Tamborine Road, OXENFORD QLD 4210

**P: (07) 5529 8087****E:** admin@youthcentre.org.au**Web:** www.youthcentre.org.au

Aged, Youth & Family Groups and Support; Sport & Recreation; Job Readiness Program; Counselling; Maori & PI Workshops; JP Service; Free Legal Advice; Free Tax Return Help; Hall Hire.

**Palm Beach Neighbourhood Centre**

16 Third Avenue, PALM BEACH QLD 4221

**P: (07) 5598 1505****Web:** www.palmbeachnc.org.au

Financial counselling, Family, child and youth short term counselling, parenting programs, personal development workshops and self-help groups.

**Paradise Kids**

88 Allied Drive, ARUNDEL QLD 4214

**P: (07) 5574 6853****E:** enquiries@paradisekids.org.au**Web:** www.paradisekids.org.au

Grief & Loss Support Programs for children & their families. Grief Counselling for Adults. Also facilitates parenting and grandparenting support groups.

**Queensland Injectors Health Network (QuiHN) Ltd**

PO Box 2470, FORTITUDE VALLEY BC QLD 4006

89-101 Gipps Street, FORTITUDE VALLEY QLD 4006

**P: 1800 172 076****E:** manager.inhouse@quihn.org**Web:** www.quihn.org

A state-wide NGO that addresses illicit drug use in the community by providing confidential clinical and non clinical counselling, social support services and life skills programs, non- residential rehabilitation programs, education and training, needle and syringe programs, health promotion, advocacy and outreach services, and information programs that relate to illicit drug use, blood borne viruses, sexual health, and/or psycho social and physical health issues affecting illicit drug users.

**Queensland Injectors Health Network (QuiHN) Ltd**

PO Box 3499, BURLEIGH TOWN CENTRE QLD 4220

12/99 West Burleigh Road, BURLEIGH HEADS QLD 4220

**P: (07) 5520 7900****E:** coordinator.positivechanges@quihn.org**Web:** www.quihn.org

Offers Positive Changes: individual and group counselling; Detox programs; Family support programs; Support groups; Needle & Syringe Programs and Support. Women's Circle group: an informal, non-judgmental child friendly space for women, with or without kids.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120

138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853****Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive community based care with just one call to one number.

**The Compassionate Friends Qld Inc.**

505 Bowen Terrace, NEW FARM QLD 4005

**P: (07) 3254 2657****E:** tcfqld@powerup.com.au**Web:** www.compassionatefriendsqld.org.au

Grief support group for those who have lost (at any age) a child, grandchild or sibling.

**The Salvation Army Counselling Service - Gold Coast**

PO Box 318, SOUTHPORT QLD 4215

**P: (07) 5531 3471****E:** goldcoastsalvos@aue.salvationarmy.org**Web:** www.salvos.org.au

Christian compassion and support, guidance and counsel to individuals, couples and families. The service is open to people of all ages, and in all walks of life.

**Tweed Community Health - Child & Family Health Counselling**

Powell Street, TWEED HEADS NSW 2485

**P: (07) 5506 7540****Web:** www.ncahs.nsw.gov.au

Child and Family Health Counsellors visit to help children who may be experiencing psychological, social or emotional difficulties and their families.

**Working Against Violence Support Service (WAVSS)**

PO Box 726, WOODRIDGE QLD 4114

**P: (07) 3808 5566****E:** wavss@wavss.org**Web:** www.wavss.org

Domestic Violence counselling for women and children, Groups for women and children, Support in a crisis, Information and Referral & Court Support.

**Tourette Syndrome****Tourette Syndrome Association of Australia Inc.**

P.O. Box 1173, MAROUBRA NSW 2035

**P: (02) 9382 3726****E:** info@tourette.org.au**Web:** www.tourette.org.au

Voluntary, non-profit organisation; Educational materials; Telephone counselling; Support groups; Advocacy & Family Support.

**Women's Support****Aboriginal & Torres Strait Islander Women's Legal and Advocacy Service (ATSIWLAS)**

PO Box 5631, WEST END QLD 4101

32 Balaclava Street, WOOLONGABBA QLD 4102

**P: (07) 3392 3177****E:** reception@atsiwlslas.com.au**Web:** www.atsiwlslas.com.au

This organisation provides legal advice, information and referrals for Aboriginal and Torres Strait Islander women, focusing on the areas of domestic violence, family violence and family law. Court support, family support and advocacy are also offered for women experiencing family violence, domestic violence and family law issues. Phone support and legal advice and referrals available for all areas of Queensland.

**Abortion Grief Australia Inc**

PO Box 904, CANNING BRIDGE WA 6153

**P: 1300 363 550****Web:** www.abortiongrief.asn.au

24 hour abortion grief and pregnancy crisis help line. Professional development & Community awareness - AGA is Australia's foremost authority on abortion trauma. AGA specialises in partnering with suitable community services to promote, early intervention, healing and prevention of abortion trauma.

**Bethany Care Ltd**

PO Box 441, ROBINA QLD 4226

**P: (07) 5501 8070****E:** enquiries@bethanycare.org**Web:** www.bethanycare.org

A range of lifestyle supports such as Women's 'Body Rock', men's groups, special events, Christian counselling, resource library for families, Community access and referrals. Assists people with disabilities aged 5-65 with intellectual, physical, sensory and psychiatric disabilities.



**Blair Athol Accommodation & Support Program**

93 Golden Four Drive, BILINGA QLD 4225

**P: (07) 5536 2173**

**E:** bathol@bigpond.com

**Web:** www.blairathol.org

Crisis accommodation for single men & women, families & young people. Crisis intervention & counselling and lifestyle support. 24/7 Crisis Line and business hours Information service.

**Brisbane Rape & Incest Survivors Support Centre (BRISSC)**

**P: (07) 3391 0004**

**E:** admin@briscc.org.au

**Web:** www.briscc.org.au

A free, and confidential feminist service for women survivors of sexual violence and their supporters offering telephone support, information and referral; Individual support and counselling; Support groups and workshops; Community education and Social action.

**Centacare Catholic Family and Community Services**

PO Box 289, FORTITUDE VALLEY QLD 4006

58 Morgan Street, FORTITUDE VALLEY QLD 4006

**P: 1800 337 552**

**E:** cfcs@centacarebrisbane.net.au

**Web:** www.centacarebrisbane.net.au

Relationship education, counselling, mediation (family dispute resolution) and community based programs to help people meet the challenges of daily life. Counselling programs include Anger Management and Domestic and Family Violence Prevention (groups for men, women and children) and court support services.

**Children by Choice**

237 Lutwyche Road, WINDSOR QLD 4030

**P: (07) 3357 5377**

**E:** advocacy@childrenbychoice.org.au

**Web:** www.childrenbychoice.org.au

Counselling, information and referral for women on ALL options with an unplanned pregnancy: abortion, adoption and parenting. State-wide, free telephone counselling. Face-to-face counselling available at our Brisbane office.

**Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA)**

GPO Box 9820, BRISBANE QLD 4001

Level 1-3 100 Creek Street, BRISBANE QLD 4000

**P: 1300 653 227**

**Web:** www.fahcsia.gov.au

Works to improve the impact and management of relevant Commonwealth Government policies, programs and initiatives. Areas include: Carers; Child Support; Communities; Families & Children; Gambling & Drugs; Housing & Homelessness; Indigenous People; Mental

Health; People with Disability; Seniors; Volunteers; Women; International Social Security Agreements.

**Domestic Violence Prevention Centre Gold Coast Inc**

PO Box 409, SOUTHPORT QLD 4215

**P: (07) 5532 9000 (Counselling Line)**

**E:** info@domesticviolence.com.au

**Web:** www.domesticviolence.com.au

Services including crisis intervention, counselling for women and children, groups for women and children, court assistance, men's programs, community education and training, community awareness activities as well as having been the driver for the Gold Coast Domestic Violence Integrated Response.

**DVconnect Womensline**

P.O. Box 10575, Adelaide Street, BRISBANE QLD 4000

**P: 1800 811 811**

**Web:** www.dvconnect.org

A 24/7 service for women and their children experiencing domestic and/or family violence. Crisis intervention, support, information, advocacy, telephone counselling, referrals and importantly, state-wide coordination of emergency refuge and shelter placements.

**Family & Kids-Care Foundation Inc**

254 Jacaranda Avenue, KINGSTON QLD 4114

**P: (07) 3808 5288**

**E:** familykidsicare@bigpond.com

**Web:** www.familyandkidsicare.com.au

Various services for children and families in the community including practical and emergency assistance and accommodation support, crisis care, lifestyle support and educational/skills development programs. Telephone support is available 24/7.

**Gold Coast Women's Health Clinic**

Shop 369 Level 1, Pacific Fair Shopping Centre

BROADBEACH QLD 4218

**P: (07) 5539 9344**

Pap Smears, Contraception advice, STD testing, Antenatal care, Menopause Management.

**Illoura Child and Family Counselling Centre**

31 Duckett Street, BEAUDESERT QLD 4285

**P: (07) 5541 1955**

**E:** illoura@qb.com.au

**Web:** www.qbc.com.au

Child and Family Counselling; Premarital, Marriage/ Relationship Counselling; Loss & Grief; Stress/ Anxiety/ Depression; Mediation; Addiction; Sexual Abuse; Domestic Violence Counselling. Programs:- Parenting Courses; Family fun days; Women's nights out; Arts and Crafts; Cooking Classes; Christmas Luncheon.

**Immigrant Women's Support Service**

PO Box 5490, WEST END QLD 4101

**P: (07) 3846 3490 (DV)**

**E:** mail@iwss.org.au

**Web:** www.iwss.org.au

Works with women & children of non English speaking background experiencing domestic violence, or have experienced rape or sexual assault.

**Lifeline**

PO Box 307, BROADBEACH QLD 4218

2741 Gold Coast Highway, BROADBEACH QLD 4218

**P: (07) 5579 6000**

**E:** reception.goldcoast@lccq.org.au

**Web:** www.lifeline.org.au/goldcoast

Child, Youth and Family Services; Personal Counselling; Financial Counselling; Anger Management Courses; Child and Youth Sexual Abuse Service; Suicide Bereavement & Grief Support.

**Logan Women's Health Centre and Wellbeing Centre**

1 Mary Street, KINGSTON QLD 4114

**P: (07) 3808 9233**

**E:** admin@loganwomen.com.au

**Web:** www.loganwomen.com.au

Information & Referral, General Counselling, Visiting Health Professionals, Self Help Groups, Training & Education.

**National Domestic Violence and Sexual Assault Helpline**

**P: 1800 200 526**

A confidential 24 hour helpline to talk with experienced counsellors.

**National Pregnancy, Birth and Baby Helpline**

**P: 1800 882 436**

**Web:** www.health.gov.au/pregnancyhelpline

Support service providing general information about pregnancy, birthing, post-natal care and parenting in the first 12 months.

**Oxenford & Coomera Community Youth Centre**

25 Oxenford Tamborine Road, OXENFORD QLD 4210

**P: (07) 5529 8087**

**E:** admin@youthcentre.org.au

**Web:** www.youthcentre.org.au

Aged, Youth & Family Groups and Support; Sport & Recreation; Job Readiness Program; Counselling; Maori & PI Workshops; JP Service; Free Legal Advice; Free Tax Return Help; Hall Hire.

**Ozcare**

PO Box 912, FORTITUDE VALLEY QLD 4006  
66 River Terrace, KANGAROO POINT QLD 4169

**P: (07) 3028 9000**

**E:** Via website.

**Web:** www.ozcare.org.au

Aged Care; Community Health; Community Care;  
Community Support - Drug and Alcohol Services,  
Community Access Disability Services, Homeless Men's  
Hostels, Women's Refuges and Shelters, Family  
Accommodation Programs, Rural Families Projects.

**Qld Working Women's Service**

**P: 1800 621 458**

**E:** qwwws@qwwws.org.au

**Web:** www.qwwws.org.au

A free, confidential and supportive service to help women  
with a range of work related matters.

**QPASTT – Qld Program of Assistance to Survivors of  
Torture and Trauma**

PO Box 6254, FAIRFIELD QLD 4103  
50 Shottery Street, YERONGA QLD 4104

**P: (07) 3391 6677**

**E:** admin@qpastt.org.au

**Web:** www.qpastt.org.au

Services for adults, young people, children and families from  
refugee backgrounds, who have survived torture or war  
related trauma. Counselling, advocacy, group work, psycho-  
education, information sessions, recreational programs.  
Also offers capacity building and services to other  
organisations.

**Queensland Injectors Health Network (QuiHN) Ltd**

PO Box 3499, BURLEIGH TOWN CENTRE QLD 4220  
12/99 West Burleigh Road, BURLEIGH HEADS QLD 4220

**P: (07) 5520 7900**

**E:** coordinator.positivechanges@quihn.org

**Web:** www.quihn.org

Offers Positive Changes: individual and group counselling;  
Detox programs; Family support programs; Support groups;  
Needle & Syringe Programs and Support. Women's Circle  
group: an informal, non-judgmental child friendly space for  
women, with or without kids.

**Relationships Australia**

13/107 Miles Platting Road,  
EIGHT MILE PLAINS QLD 4113

**P: 1300 364 277**

**E:** generalenquiries@relateqld.com.au

**Web:** www.relationships.com.au

Delivers a wide range of services including: counselling,  
family dispute resolution, personal development and  
education, parenting skills training, men and family  
relationships programs, specialised family violence

programs, early intervention services, child-focused  
programs and practices, and programs which specifically  
engage indigenous and culturally and linguistically diverse  
(CALD) families, groups and communities. Victims  
Counselling and Support Service: 1300 139 703  
www.vcss.org.au Aftercare Resource Centre: 1800 501 560  
www.aftercareresourcecentre.org.au Gambling Help  
Service: 1800 858 858 - For services in your local area.

**Spiritus - Central Referral Agency**

PO Box 167, STONES CORNER QLD 4120  
138 Juliette Street, GREENSLOPES QLD 4120

**P: 1300 785 853**

**Web:** www.spiritus.org.au

The single point of entry for all client referrals to receive  
community based care with just one call to one number.

**Spiritus Amend Program (Assisting Mothers End the  
Need for Drugs)**

18A West Street, BURLEIGH HEADS QLD 4220

**P: (07) 5576 2768**

**E:** amendgoldcoast@spiritus.org.au

**Web:** www.kinections.com.au

An 18-session in home Relapse Prevention & Parenting  
Enhancement program to pregnant and parenting women  
who identify problems with alcohol and other drugs as well  
as support for their families. The program also provides  
direct counselling and support to children aged 0-18 who  
have been affected by a parent's or caregiver's substance  
use.

**Spiritus Counselling and Education Services -  
Kinections**

PO Box 8121, WOOLLOONGABBA QLD 4102  
5 Reid Street, WOOLLOONGABBA QLD 4102

**P: 1300 114 397**

**E:** kinections@spiritus.org.au

**Web:** www.kinections.com.au

A family and relationships counselling service providing  
individual and group counselling and educational services to  
Queensland families and agencies, including the Family  
Relationship Services Program (FRSP) and Domestic and  
Family Violence Program.

**The Salvation Army Still Waters**

PO Box 888, ASHMORE CITY QLD 4214

**P: (07) 5591 1776**

**E:** stillwaters@aue.salvationarmy.org

**Web:** www.salvos.org.au

Short & medium term crisis accommodation for single  
women and women with children. Lifestyle support including  
Living skills and parenting skills.

**Tweed Community Health - Sexual Assault Services**

Florence Street, TWEED HEADS NSW 2485

**P: (07) 5506 7540**

**Web:** www.ncahs.nsw.gov.au

Provides counselling and support to men, women and  
children who have been sexually assaulted recently or in the  
past, including non-offending parents/carers and other  
family members. Also, provides groups for survivors of  
sexual assault (both adults and children), court support,  
community education, and 24 hour crisis support.

**Women's Legal Service**

PO Box 119, ANNERLEY QLD 4103

387 Ipswich Road, ANNERLEY QLD 4103

**P: (07) 3392 0670**

**E:** admin@wlsq.org.au

**Web:** www.wlsq.org.au

Free legal advice and information. Telephone Line open  
9.30am to 1.00pm weekdays. Rural Access Phone Advice  
Line: 1800 457 117, Tuesday from 9.30am - 1.00pm.  
Evening Drop-in or Telephone Advice Sessions Monday,  
Wednesday and Thursday nights 6.00pm-8.00pm.

**Women's Infolink**

**P: 1800 177 577**

**E:** info@women.qld.gov.au

**Web:** www.women.qld.gov.au

Information and referral for community services and  
government agencies supporting women.

**Working Against Violence Support Service (WAVSS)**

PO Box 726, WOODRIDGE QLD 4114

**P: (07) 3808 5566**

**E:** wavss@wavss.org

**Web:** www.wavss.org

Domestic Violence counselling for women and children,  
Groups for women and children, Support in a crisis,  
Information and Referral & Court Support.

**Youth & Family Service (Logan City) Inc.**

PO Box 727, WOODRIDGE QLD 4114

376 Kingston Road, SLACKS CREEK QLD 4127

**P: (07) 3826 1500**

**E:** yfs@yfs.org.au

**Web:** www.yfs.org.au

YFS is a not-for-profit organisation, run by, for and with the  
local community. People of all ages in Logan City and the  
surrounding areas use YFS services. We aim to help people  
overcome problems and reach their goals in life. We offer  
many different services, from legal advice to disability  
support; from counselling to help finding work.

## MENTAL HEALTH PROMOTION CAMPAIGNS



**HAVE THE COURAGE  
TO BE IMPERFECT**  
**TAKE TIME FOR YOURSELF**  
SIGN UP FOR THAT COURSE, JOIN THAT CLUB  
BE ACTIVE EVERY DAY IN AS MANY WAYS AS YOU CAN  
SPEND TIME WITH PEOPLE WHO MAKE YOU FEEL GOOD  
**LAUGH OUT LOUD EACH DAY**  
INVITE YOUR NEIGHBOUR OVER FOR A CUP OF TEA  
DO ONE THING NOW YOU'VE BEEN PUTTING OFF  
**REMEMBER, THIS TOO SHALL PASS**  
FOCUS MORE ON THINGS YOU CAN CONTROL

**It is possible to deal effectively with daily stress and avoid many of its ill effects. We call it coping!**

To find out more about the Mental Health Association QLD's **Stress Less Campaign**, contact us now.

P: 1300 729 686  
E: [mhConnect@mentalhealth.org.au](mailto:mhConnect@mentalhealth.org.au)  
Web: [www.mentalhealth.org.au](http://www.mentalhealth.org.au)



Keeping mentally healthy is just as important as staying physically healthy and it's as easy as A-B-C:  
**Act-Belong-Commit.**

Act-Belong-Commit is a community-based health promotion campaign that encourages people to take action to improve their mental health and wellbeing.

The **Act-Belong-Commit** campaign is about to launch in Queensland. To find out how you can get involved in this exciting health campaign, contact us now.

P: 1300 836 393  
E: [abc@mentallyhealthyqld.org.au](mailto:abc@mentallyhealthyqld.org.au)  
Web: [www.mentalhealth.org.au](http://www.mentalhealth.org.au)



**Mental Health Week is an annual national awareness event held in October every year.**

The aim is to raise awareness of the importance of mental health and wellbeing in the wider community, to increase community awareness and education about mental health issues and to encourage participation in life enhancing lifestyles.

Local and regional events are organised by local groups and communities throughout Queensland.

To find out more about how you can get involved in Mental Health Week in 2011, contact us now.

P: 1300 729 686  
E: [mhConnect@mentalhealth.org.au](mailto:mhConnect@mentalhealth.org.au)  
Web: [www.mentalhealth.org.au](http://www.mentalhealth.org.au)



**P: 1300 729 686**

**E: [mhConnect@mentalhealth.org.au](mailto:mhConnect@mentalhealth.org.au)**

**Web: [www.mentalhealth.org.au](http://www.mentalhealth.org.au)**

Our **mhConnect Division** is focused on supporting the community in making mental health connections, and promoting stronger support networks. With a wide range of useful resources available, our trained staff assist enquirers in finding out about local service providers, support groups or community programs.